



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
11:00 a.m.—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. BASIL THE GREAT

Sunday, April 6, 2014

Tone 8 / Eothinon 8; Fifth Sunday of Great Lent
Commemoration of our Righteous Mother

Mary of Egypt

Eutychios, patriarch of Constantinople;
Venerable Platonida of Nisibis in Syria;
Venerable Gregory Byzantios of the Great Lavra on Athos



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, April 6-St. Mary of Egypt

- 9:00 a.m. Rel. Education for ages 3-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal
5:00 p.m. Teens in grades 9-12
“Love, Sex & Marriage” Session 2
with Fr. Jon Braun, parents are
welcome to attend!

Monday, April 7

- 6:45 a.m. Daily Matins
4:30 p.m. St. Brigid Outreach Dinner at
St. Michael’s in Isla Vista
6:00 p.m. Great Compline

Wednesday, April 9

- 6:45 a.m. Daily Matins
12:00 p.m. Women’s Prayer Group
6:00 p.m. **Presanctified Liturgy at
St. Barbara Greek Church**

Thursday, April 10

- 7:00 p.m. Choir Rehearsal

Friday, April 11

- 6:45 a.m. Daily Matins
6:00 p.m. Canon of Lazarus

Saturday, April 12

- 6:00 p.m. Festal Great Vespers for Palm Sun.

Sunday, April 13— PALM SUNDAY

- 9:00 a.m. Rel. Education for ages 3-18
9:00 a.m. Festal Matins
10:00 a.m. Festal Divine Liturgy
11:45 a.m. Palm Sunday Potluck
5:00 p.m. Choir Rehearsal
6:00 p.m. Bridegroom Matins

LOST AND FOUND

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

AED

(Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office.

Sunday Morning Ministries Schedule

Eucharist Bread

- April 6 Tinyayeva
April 13 Dillon and Gish
April 20 Kern
April 27 G. Braun

Coffee Hour

- April 6 A. Speier/J. Speier/C. Robinson
April 13 PALM SUNDAY POTLUCK
April 20 PASCHA
April 27 McCalmont

Greeters

- April 6 S. & C. Shackelford
April 13 D. & D. Alexander
April 20 Morrison/Genatone/Washburn
April 27 P. King/D. Lewis

Ushers

- April 6 C. Speier, Rita Schneider, P. King
April 13 Jon King, G. Braun Jr., P. King
April 20 S. & L. Speier, P. Brunner
April 27 D. Meyer, R. Barre, D. Lewis

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
("Glory to You, Who have shown us the light..." followed by the Post Doxology Troparion.

THE LITURGY OF THE WORD

GREAT LITANY—New Lenten melody

S. Smolensky
adapted by J. Erickson

1. * 2.

Soprano Alto

A - men. Lord, have mer - cy. Lord, have mer - cy.

Tenor Bass

3. 4. 5.

Lord, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

6.

Lord, have mer - cy. To — Thee, — O Lord.

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes from the Sermon on the Mount

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,

for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AT THE LITTLE ENTRANCE
WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 8

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

Troparion of St. Mary of Egypt

Tone 8

The image of God was truly preserved in you, O Mother,
for you took up the Cross and followed Christ.
By so doing, you taught us to disregard the flesh for it passes away;
but to care instead for the soul, for it is immortal.//
Therefore your spirit, O holy Mother Mary, rejoices with the angels.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
the mediatrix, who was unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

We will sing this new melody for “Holy God” during Great Lent.

It was composed by Nazo Zakkak and dedicated to the St. Athanasius Choir:

Ho - ly God, Ho - ly Might - y,
Ho - ly Im - mor - tal, have mer - cy on us.

Prokeimenon (Preparatory Psalm Verses) before the Epistle

Tone 8

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

Verse: *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

THE EPISTLE READING —Hebrews 9:11-14

Brethren, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) He entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered Himself without blemish to God, purify your conscience from dead works to serve the living God.

Alleluia before the Gospel

Tone 8

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

Verse: Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

THE GOSPEL READING —Mark 10:32-45

At that time, Jesus took His twelve disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem. And the Son of man will be deliv-

ered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles. And they will mock Him, and scourge Him, and spit upon Him, and kill Him; and after three days He will rise again."

And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we want you to do for us whatever we ask of You." And Jesus said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at Your right hand and one at Your left, in Your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized. But to sit at My right hand or at My left is not Mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of man also came not to be served but to serve, and to give His life as a ransom for many."

LITURGY OF THE FAITHFUL

Meglynarion

All of creation rejoices in you, O Full of Grace:
the assembly of Angels and the race of men.
O sanctified temple and spiritual paradise,
the glory of virgins,
from whom God was incarnate and became a Child –
our God before the ages:
He made your body into a throne,
and your womb He made more spacious than the heavens.
All of creation rejoices in you, O Full of Grace.
Glory to you!

Communion of the Clergy

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)
Alleluia, Alleluia, Alleluia. (*Ps 111/112:6b-7a*)

Communion of the People

Of Thy mystical Supper, O Son of God, accept me today as a communicant. For I will not speak of Thy mysteries to Thine enemies. Neither like Judas will I give Thee a kiss. But like the thief will I confess Thee: Remember me, O Lord, in Thy Kingdom!

Receive the Body of Christ, taste the fountain of immortality. Alleluia.

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, “Father, bless” when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

LENTEN SERVICE SCHEDULE FOR THIS WEEK:

Mondays at 6 :00 p.m.	Great Compline
Wednesdays at 6:00 p.m.	Presanctified Liturgy at St. Barbara Greek Church, followed by light lenten supper and presentation by Fr. Nicholas Speier
Friday at 6:00 p.m.	Little Compline with Canon of Lazarus
Saturday at 8:00 a.m.	Liturgy—Raising of Lazarus followed by Coffee Hour and Work Party
Saturday at 6:00 p.m.	Vespers for Feast of Palm Sunday
Sunday at 9:00 a.m.	Matins for Feast of Palm Sunday
Sunday at 10:00 a.m.	Festal Liturgy of Palm Sunday followed by Potluck
Sunday at 6:00 p.m.	Bridegroom Matins of Holy Week

NOTE: NO DAILY VESPERS ON TUESDAY & THURSDAY DURING LENT.

INCOME FOR MARCH 2014

Tithe Goal:	\$47,000
Received in March:	\$31,858

Building Fund Donations Received in February: \$18,656

(To see how we're doing on our "18 for 18" Building Fund Campaign, please check the Building Fund "thermometer" out by the narthex.)

ANNUAL WORK PARTY ON LAZARUS SATURDAY April 12th from 10:00 a.m.-3:00 p.m.

Even though we are in our brand new building, we still have much to do in order to prepare for Holy Week and Pascha. Please plan to stay after the Liturgy on Lazarus Saturday to lend a hand. There will be a short Coffee Hour after the Liturgy, and a light lenten lunch served for those who stay to work.

We will need help with the following tasks:

- Cleaning of all icons
- Cleaning of the woodwork on iconostasis and wood furniture
- Decorating
- Gathering palms
- Ironing of cloths to be used for Holy Week and Pascha
- Cleaning of altar articles
- Possibly some clean-up outside around the building

There will be activities for the children, and the teens are invited to help make crosses out of the palm fronds.

SERVICES OF HOLY WEEK 2014

(Please note that the Tues-Friday morning services are at 7:00 a.m.)

Palm Sunday, 4/13	Bridegroom Matins	6:00 p.m.
Monday, 4/14	Bridegroom Matins	6:00 p.m.
Tuesday, 4/15	Presanctified Liturgy	7:00 a.m.
	Bridegroom Matins	6:00 p.m.
Wednesday, 4/16	Presanctified Liturgy	7:00 a.m.
	Holy Unction	6:00 p.m.
Thursday, 4/17	Institution Liturgy	7:00 a.m.
	Matins with 12 Passion Gospels	6:00 p.m.
Friday, 4/18	Royal Hours	7:00 a.m.
	Royal Hours	12:15 p.m.
	Burial Vespers	3:00 p.m.
	Lamentation Matins	7:00 p.m.
	All-night Vigil	10:00 p.m.
Saturday, 4/19	Vesperal Liturgy celebrating Christ's Victory over Hades	8:00 a.m.
Sunday, 4/20	Paschal Procession, Matins, Liturgy	5:00 a.m.
	Break-fast	8:00 a.m.
	Agape Vespers	9:30 a.m.
	Picnic at Tucker's Grove	3:00 p.m.

St. Mary of Egypt

Died around the year 400 A.D.

Commemorated April 1



Mary was born in Egypt and at the age of 12 entered into a life of debauchery and prostitution. She lived many years in this life, and one day, driven by an adulterous flame, boarded a boat bound for Jerusalem. In the Holy City she attempted to enter a church to venerate the Holy Cross, but an invisible force denied her entry. Stricken with fear, she gazed at an icon of the Theotokos and prayed that she might be able to enter to church to venerate the Cross. She confessed and repented of her sinful life, and it was

only after this that she was able to enter the church. She heard a voice saying, "If you cross over the Jordan you will find peace." Immediately she bought three loaves of bread and crossed the Jordan River.

She remained in the wilderness for 48 years in great torment and fear, struggling with her passionate thoughts. She ate vegetation to survive. She saw the Elder Zosimos in the wilderness and told him her story, begging him to bring her Holy Communion on the same day the next year. He did, and saw her walking upon the water of the Jordan River. She had attained great communion with God. The next year he returned to bring her Holy Communion and found her body, lifeless. He returned to the monastery and related her life and the miracles he saw performed. She is commemorated on the fifth Sunday of Great Lent as an image of great repentance and confession.

PARKING DURING HOLY WEEK AND PASCHA

By Palm Sunday, we will be able to park on the grassy area at the front of our property, closest to Hollister, so there should be plenty of parking for Holy Week and Pascha!

On Pascha morning, the turn-around will be blocked off from both directions for the breakfast. To park on the back side of the property, you will need to go around the side of the church (closest to the Mentor Office Park) to get to the back parking lot.

PASCHA CELEBRATION 2014

It's that time of year again!

PASCHA BREAKFAST

Immediately following the Divine Liturgy on Pascha we will celebrate together with our traditional BREAK-fast at our new Church!

Due to limited kitchen facilities we will again be "downsizing" our morning festivities a bit. Please plan **now** to put together a family Easter basket. Add to it your own family favorites and include some meats, eggs, cheeses, etc.

Back by popular demand, Stan will barbeque sausages We will provide the Pascha Cheese, sliced ham, deviled eggs and beverages. Agape Vespers (with the Gospel read in many languages) will follow the breakfast. Please see the food sign-up list on the bulletin board in the hallway at the church. We need volunteers to bring:

- Deviled eggs (48 halves, or please respond with how many you will bring)
- Large fancy assorted cheese platters (plated and ready to serve 20 people)
- Large assorted fruit platters (plated, ready to serve 20 people)
- Homemade sweet Easter breads (yeast breads, cinnamon rolls, etc...)
- Set up and clean up help



PASCHA PICNIC

The main focus of our celebration this year will be the afternoon PICNIC at Kiwanis Meadows/Tuckers Grove at 3pm. The deacons will barbeque tri-tip for all. Bread will be provided. Please bring a large salad (green, potato, pasta, fruit) to share and your own place settings and beverages. There will of course be games, activities for our children, plus music and lots of wonderful fellowship. Plan to attend this special day for our church family. It is a great opportunity to bring your non-Orthodox friends and family members, as well!

The day's festivities cost the church over \$4,000 and we typically collect only around \$2,000 from those who participate. Please help us to break even on the costs for the day. We are asking for a donation for each adult and child participating in order to help cover the cost of the day's festivities. You can pay in advance at the table set up during Coffee Hour on the two Sundays before Pascha, or you can pay in the food line on Pascha. Pricing is as follows:

- Adults: \$10 for breakfast only**
\$15 for breakfast and picnic
- Children: \$7 flat fee**
- (Maximum charge per family: \$60)**

Of course we could use some help with preparation and clean up and with the children's activities. Please email June @ june1211@msn.com or call 805.705.3668 to volunteer.

TEEN SCENE

JOURNEY TO ADULTHOOD

Schedule of Activities and Service Projects

Teens in grades 9-12

Sunday, 4/6 at 5 p.m.	“Love, Sex & Marriage—Part II” - presentation at the church by Fr. Jon Braun. Parents are invited! Pre-dinner snacks served.
Sunday, 4/27 at 5 p.m.	Fire on Father
Sunday, 5/18 at 5 p.m.	Fire on Father
Sunday, 6/15 at 5 p.m.	Fire on Father
Monday, 6/16	Disneyland

Teen in grades 11-12 only

Friday, 4/18 at 10 p.m.	All-night Vigil after Lamentation Matins service
Sunday, 5/4	Game Night
Sunday, 6/29	Game Night and Graduation BBQ

Teens in grades 7-8

Sunday, 4/6 at 5 p.m.	“Love, Sex & Marriage—Part II” - presentation at the church
Saturday, 4/26	In-N-Out Burger and S’mores Night
Saturday, 5/3	Saturday morning beach clean-up at Goleta Beach
Sunday, 5/11	Movie Night
Thursday, 6/12	Raging Waters
Sunday, 6/22	Graduation BBQ/Dinner

FIRST ANNUNCIATION TEA

in our new building a huge success!

Last Saturday, March 29th, over 60 women and girls gathered to honor the Mother of God, and to enjoy a time of fellowship. And we were able to raise \$586 for the Antiochian Women 2014 Project to help the orphans in Syria! Watch for some photos of the Tea in the next few weeks! Many thanks to our coordinators, **Christie Robinson—Chairperson, Cheryl Washburn-Lander—Refreshments, and Jan Speier—Program/Music.** Many thanks, also, to all those who helped with set-up, clean-up, music, preparing our beautiful young girls for a mini fashion show, and providing the lovely refreshments!

Decorations:

Lisa Ballew
Asia Ballew

Fashion Show:

Angel Speier
Rachel Friesen
Elleney King
Mary Gish
Leticia Brunner

Music:

Valerie Yova
Melissa Braun
Holly Finley
Stephanie Braun
Catherine Braun

Refreshments:

Violet Gray
Carla Harris
Sarah Keller
Shirley Dillon
Corina Berari
Jill Wallerstedt
Jody Wallace

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Mother Victoria
Met. Paul & Abp. John of Syria
Peggy K. and Family
Fr. Gordon & Mary Sue W.
Fr. Luke H. and Family
Greg & Margaret Y.
Mary Ellen B.
Mother Olga
Gail S.

Olga G.
Mary & Susan
Baby Christian F.
Molly M.
Joy
Victoria T.
Frances C.

All those suffering and
in danger in the Ukraine
Kathy B.
Melina L.
Duane F.
Susan R.

For repose of the souls of: His Eminence, Metropolitan Philip, Archpriest Alexander Atty,
Leona G., Pat M., Galina (mother of Nadine de Bruin)
All who have died in the conflict in the Ukraine, Sharon L.

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS BOOK CENTER** *
*
* The church bookstore is located in the fellowship hall. The two *
* enclosed cabinets hold icons, books, jewelry and other items that *
* are FOR SALE. Payment should be made at time of purchase and *
* placed in the brown lock box. Make checks payable to “St. Atha- *
* nasius Book Center.” *
*

-For the children to color during
the homily or at home -

