

ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

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Office hours: Tues-Fri.
11:00 a.m.—5:00 p.m.

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Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
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Parish Council:

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
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Laurence Lander
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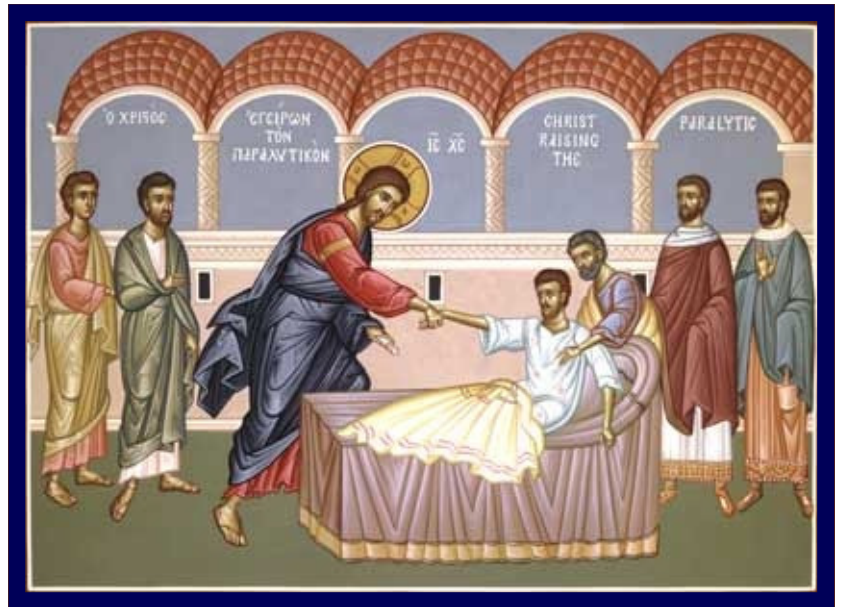
LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, May 11, 2014

Tone 3 / Eothinon 5; Fourth Sunday of Pascha

Sunday of the Paralytic

Hieromartyr Mokios, Priest in Macedonia;
Cyril and Methodios, Equals-to-the-Apostles and
Enlighteners of the Slavs;
New-martyr Argyros of Thessalonica;
Venerable Martyr Olympia of Karyes in Mytilene;
Martyr Joseph of Astrakhan



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, May 11—Sunday of the Paralytic

HAPPY MOTHER'S DAY!!

9:00 a.m.	Religious Ed. 3 yrs-High School
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:15 p.m.	Choir Rehearsal

Monday, May 12

6:45 a.m.	Paschal Daily Matins
5:00 p.m.	Outreach Meal at St. Michael's University Church in Isla Vista

Tuesday, May 13

5:30 p.m.	Paschal Daily Vespers
7:00 p.m.	Catechists Meeting

Wednesday, May 14

6:45 a.m.	Paschal Daily Matins
12:00 p.m.	Women's Prayer Group
6:00 p.m.	Liturgy for Feast of Mid-Pentecost

Thursday, May 15

5:30 p.m.	Paschal Daily Vespers
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Friday, May 16

6:45 a.m.	Paschal Daily Matins
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Saturday, May 17

4:30 p.m.	Bible Study—Book of Acts
6:00 p.m.	Vespers/Confession

Sunday, May 18—Sun. of Samaritan Woman

9:00 a.m.	Religious Ed. 3 yrs-High School
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:15 p.m.	Choir Rehearsal

LOST AND FOUND

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

AED

(Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office.

Sunday Morning Ministries Schedule

Eucharist Bread

May 11	Tinyayeva
May 18	Thomas
May 25	Fr. Nicholas
June 1	G. Braun

Coffee Hour

May 11	Jacobs
May 18	Potluck
May 25	J. & C. Speier
June 1	Kern/Ballew

Greeters

May 11	S. & C. Shackelford
May 18	Morrison/Genatone
May 25	D. & D. Alexander
June 1	D. Washburn/D. Lewis

Ushers

May 11	Jon King, G. Braun Jr., P. King
May 18	S. & L. Speier, P. Brunner
May 25	D. Meyer, R. Barre, D. Lewis
June 1	C. Speier, Rita Schneider, P. King

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Troparion and censes the west side of the Altar Table.

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Refrain: **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

**Refrain: O Son of God, Who rose from the dead,
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nations! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages.
Amen

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain: Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]
- Glory ...now and ever and unto ages of ages. Amen. [Refrain]

LITTLE ENTRANCE

Clergy: In the gathering places bless ye God the Lord from the Springs of Israel.

**People: O Son of God Who rose from the dead, save us
who sing to Thee, Alleluia!**

**Troparion of the Resurrection
(Music on page 44 of Liturgy Book)**

Tone 3

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
That He may grant us abundant mercy.

Kontakion for the Paralytic**Tone 3**

By Your divine intercession, O Lord,
as You raised up the Paralytic of old,
so raise up my soul, paralyzed by sins and thoughtless acts;
so that being saved I may sing to You://
“Glory to Your power, O compassionate Christ!”

Kontakion for Pascha

Thou didst descend into the tomb O Immortal.
Thou didst destroy the pow'r of death.
In victory Thou didst arise, O Christ God,
proclaiming rejoice to the myrrh-bearing women,
granting peace to Thine apostles,
and bestowing Resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Page 58 of Liturgy Book)****Tone 3**

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!
Shout to God with a voice of joy! (*Ps 46/47:1*)

THE EPISTLE READING— Acts 9:32-42

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord.

Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments, which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Alleluia Refrain and Psalm verses before the Gospel

Tone 3

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

GOSPEL READNG—John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethzatha, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice! Rejoice O pure virgin! Again I say rejoice, your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice, rejoice, O ye people. Shine! Shine! Shine! O New Jerusalem. The glory of the Lord has

shone on you. Exult, now exult and be glad, O Zion. Be radiant, O pure Theotokos, in the resurrection, the resurrection of your son!

Communion Hymn

Receive the Body of Christ; taste the fountain of immortality!

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

IMMEDIATELY FOLLOWING COMMUNION:

Instead of "We have seen the true light, we sing:"Christ is risen" ONE time.

Instead of "Glory...now & ever" at the dismissal, we sing "Christ is risen" THREE times.

At the end of the dismissal prayer the service then continues with the typical Paschal dialogue, as follows:

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Christ is risen.

Faithful: Indeed He is risen

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Glory to His third-day Resurrection.

Faithful: Let us worship His third-day Resurrection.

Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs

Faithful: bestowing life.

English: Christ is risen! Indeed He is risen!

Greek: Christos anesti! Alithos anesti!

Arabic: El Messieh kahm! Hakken kahm!

Slavonic: Christos voskrese! Voistinu voskrese!

Romanian: Hristos a inviat! Adeverat a inviat!

Spanish: Christo ha resucitado! En verdad ha resucitado!

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

5/12 Jim & Gloria Morrison
5/12 Larry & Cheryl Lander
5/13 Hani & Katie AbuGhazaleh
5/17 David & Shirley Dillon

Birthdays

5/11 Benny Madrigal, Brett Williams
5/12 Kevin de Bree
5/14 Brian Sieck
5/17 Kent Fox
5/18 Penny Cocores

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

FR. NICHOLAS AND JAN WILL BE OUT OF TOWN FROM MAY 19-23.

HOW WE SAY THE TRISAGION PRAYERS FROM NOW UNTIL PENTECOST

When saying the Trisagion Prayers both at the beginning of liturgical services and in our private devotions at home, we follow this format until the Feast of Pentecost:

(Skip "O Heavenly King" until Pentecost, in anticipation of the feast.)

Holy God is replaced by "Christ is risen" 3 times

Glory ... now and ever...Amen.

All Holy Trinity....Glory...now and ever...Amen., Lord's Prayer.

MARK YOUR CALENDAR: SUMMER SCHOOL IS JUNE 23-JULY 10!

Summer School is right around the corner. Please reserve the dates for your children in grades 1-6. More information will follow soon about registration.

LITURGY FOR MID-PENTECOST

We will celebrate the Feast of Mid-Pentecost on Wednesday evening, May 14th at 6:00 p.m. This celebration is the midpoint of the fifty days between the Feasts of Pascha and Pentecost. The Troparion of the Midfeast ("In the middle of the Feast, O Savior, fill my thirsting soul with the waters of godliness, as Thou didst cry to all: 'If anyone thirst, let him come to Me and drink.' [John 7:37] O Christ God, Fountain of our life, glory to Thee!") hints at the encounter

of Christ and the Samaritan Woman, which we will commemorate right after Mid-Pentecost.

BIBLE STUDY ON BOOK OF ACTS

Fr. Nicholas is leading a Bible Study at 4:30 p.m. on Saturdays from May 10th through June 28 on the Book of Acts and Early Church History in the conference room at the church. The chapters to be covered are as follows:

May 10—Birth of the Church	Acts 1-9
May 17—St. Paul’s First Missionary Journey	Acts 12-15
May 24— Jerusalem Council, 2nd & 3rd Missionary Journeys	Acts 15-21
May 31— St. Paul in Jerusalem & Rome	Acts 21-28

BOOK: “The Bible and Church History” by Fr. Thomas Hopko

June 7– Church History, A.D. 100-325 Persecutions and Defense of the Faith	Pages 118-136
June 14-Councils, A.D. 325-900 Creeds and Liturgical Developments	Pages 132-162
June 21– Church History, A.D. 1000-1500 East/West, Russia	Pages 163-182
June 28-Church History, A.D. 1500-2000 Protestant Reformation, Orthodoxy Westward	Pages 183-223

The Fourth Sunday after Pascha is dedicated to Christ’s healing of the Paralytic (*John 5*). The man is healed by Christ while waiting to be put down into the pool of water. Through baptism in the church we too are healed and saved by Christ for eternal life. Thus, in the church, we are told, together with the paralytic, to “sin no more that nothing worse befall you” (*John 5:14*). Our Lord’s question to the man, “Do you want to be healed?” is directed to us as well, reminding us that the gift of life and illumination through the Resurrection brings with it responsibilities. It must be nurtured and shared with others.

In the middle of the Fourth Week, there is a day which is called by the Church, the Feast of Mid-Pentecost. On this day we recall that Christ, “in the middle of the feast” teaches men of His saving mission and offers to all “the waters of immortality” (*John 7:14*). Again we are reminded of the Master’s presence and His saving promise: “*If anyone is thirsty let him come to Me and drink*” (*John 7:37*).

TEEN SCENE

JOURNEY TO ADULTHOOD

Schedule of Activities and Service Projects

Teens in grades 9-12

Sunday, 5/18 at 5 p.m.

Fire on Father

Monday, 6/16

Disneyland Trip

Sunday, 6/22 at 5 p.m.

Fire on Father and end-of-year BBQ

Teens in grades 7-8

Friday, 6/13

Raging Waters Trip

Saturday, 6/21 at 4 p.m.

Graduation BBQ/Dinner

CONGRATULATIONS TO OUR GRADUATES!

Graduating from Dos Pueblos High School:

- Noelle Ballew
- Nicole Berari
- Colton Kronman
- Christina Shackelford
- Brett Williams, who is also receiving an award for Outstanding Student in the T.V./Video Production Program.

Also graduating:

- Luke Speier is graduating from Bishop Diego High School as Class Salutatorian!
- Joshua Dillon is graduating from Providence High School.
- Trent Speier is graduating from Cal Poly.

Get your tickets for "The Music Man"

Friday 5/16 at 7:00 p.m. and Saturday 5/17 at 2:30 & 7:00 p.m.

Porter Theatre at Westmont College

Six of our talented teens will appear in Providence High School's production of the Broadway musical: "The Music Man," with **John Butler in the starring role of Harold Hill**. Also singing in the show are **Madeleine Meyer, Gianni Madrigal, Elleney King, Josh Dillon and Cole Keller**.

For tickets: <http://www.providencesb.org>

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Mother Victoria
Met. Paul & Abp. John of Syria
Peggy K. and Family
Fr. Gordon & Mary Sue W.
The Hartung Family
Greg & Margaret Y.
Mary Ellen B.
Mother Olga
Gail S.

Dean & Penny
Olga G.
Mary & Susan
Baby Christian F.
Molly M.
Joy
Victoria T.
Frances C.
Kathy B.

Melina L.
Duane F.
Susan R.
All those suffering and
in danger in the Ukraine
and Syria
The girls kidnapped in
Nigeria

For repose of the souls of: Galina, Sharon L., Thomas S.,
All who have died in the conflict in the Ukraine and Syria

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS BOOK CENTER** *
* The church bookstore is located in the fellowship hall. The two *
* enclosed cabinets hold icons, books, jewelry and other items that *
* are FOR SALE. Payment should be made at time of purchase and *
* placed in the brown lock box. Make checks payable to “St. Atha- *
* nasius Book Center.” *

-For the children to color during
the homily or at home -

HEALING OF THE PARALYTIC

