

St. Athanasius Antiochian Orthodox Church

300 Sumida Gardens Lane Santa Barbara, CA 93111 **Office hours:** Tues-Fri. 12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-968-2448 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

Music Director/Administrator:

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, January 11, 2015
Tone 6 / Eothinon 9;
After-feast of &
Sunday after the Theophany of Christ
Theodosios the Great, Head of Monasteries
(Cenobiarch)

Venerable Theodosios of Philotheou Monastery on Athos; Venerable Agapios of Apamea in Syria; Venerable Michael of Klops, Fool-for-Christ



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!

Calendar for this Week

Divine Liturgy

Choir Rehearsal

Coffee Hour

10:00 a.m.

11:45 a.m. 12:00 p.m.

Sunday, January 11		Sunday Morning Ministries	
9:00 a.m.	Religious Education, Ages 3-18		Schedule
9:00 a.m.	Matins		Scheaute
10:00 a.m.	Divine Liturgy/Trisagion Prayers		•
	For Fr. Jim King	Eucharist Br	
11:45 a.m.	POTLUCK	January 11	Dillon
1:00 p.m.	Outdoor Blessing of Water at	January 18	Meyer
1	Goleta Beach, dessert served at the beach	January 25 February 1	Tinyayeva Fr. Nicholas
5:00 p.m.	College Group "Fire on Father"	Coffee Hour	
		January 11	POTLUCK at church,
<u>Monday, Ja</u>		ourroury 11	DESSERT at the beach after
6:45 a.m.	Daily Matins		Great Blessing of the Water
4:30 p.m.	Outreach Dinner in Isla Vista	January 18	J. Wallerstedt/D. Washburn
		oursury re	in commemoration of St. Xenia
Tuesday, Ja		January 25	Shackelford/Genatone in memory
5:30 p.m.	Daily Vespers	•	of Al Genatone
Wednesday	, January 14	February 1	Alexander (for SS. Simeon & Anna
6:45 a.m.	Daily Matins	C4	
12:00 p.m.	Women's Prayer Group	<u>Greeters</u>	C 0 C Charles 15 1
1	, 1	January 11	S. & C. Shackelford
		January 18	C. Robinson/K. Fox
Thursday, J	anuary 15	January 25	P. King/L. Baker
5:30 p.m.	Daily Vespers	February 1	P. Morrison/D. Genatone
7:00 p.m.	Choir Rehearsal	TI-l-	
1		<u>Ushers</u>	C. Carian D. Calandidan D. Kina
Friday, Jan	uary 16	January 11	C. Speier, R. Schneider, P. King
6:45 a.m.	Daily Matins	January 18	J. King, G. Braun Jr., G. Shannon
	•	January 25	S. Speier, P. Brunner, P. King
Saturday, J	lanuary 17	February 1	D. Meyer, R. Barre, D. Lewis
9:00 a.m.	Parish Council/Fundraising		
	Committee Workshop		
4:30 p.m.	Adult Catechism	Readers	
6:00 p.m.	Great Vespers/Confessions	January 11	D. Washburn
•	*	January 17	T. Harris (Vespers)
Sunday, Jan	nuary 18	January 18	V. Gish
9:00 a.m.	Religious Education, ages 3-18	January 24	P. Braun (Vespers)
9:00 a.m.	Matins	January 25	H. Lange
40.00		T 1	D 14

February 1

February 2

D. Meyer

P. Braun (Feast of Presentation)

& Anna)

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY. ("Glory to You, Who have shown us the light..." - Complete text is in the front of the Liturgy Book.)

THE LITURGY OF THE WORD

First Antiphon—Psalm Verses for the Feast with Refrain

Verse: When Israel went forth from Egypt, the house of Jacob from a people of strange

language, Judah became his sanctuary, Israel his dominion.

Refrain: Through the intercessions of the Theotokos,

O Savior, save us.

Verse: The sea looked and fled, Jordan turned back. What ails you, o sea,

that you flee? O Jordan, that you turn back? [refrain]

Verse: Glory....now and ever... [refrain]

Second Antiphon-Psalm Verses for the Feast with Refrain

Verse: I love the Lord because He has heard the voice of my supplication.

Because He inclined His ear to me, therefore I will call on Him as long as I live.

Refrain: O Son of God baptized in the Jordan, save us who sing to Thee,

Alleluia!

Verse: The snares of death encompassed me; the pangs of hell laid hold on me. I suffered

distress and anguish, then I called on the name of the Lord. [refrain]

Verse: Gracious and righteous is the Lord, and our God is merciful. [refrain]

Glory to the Father and to the Son and to the Holy Spirit,

now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—Psalm Verses with Troparion as refrain

Verse: O give thanks to the Lord, for He is good, For His mercy endures forever!

Refrain: When You, O Lord, were baptized in the Jordan,

worship of the Trinity was made manifest!

For the voice of the Father bore witness to You,

calling You his beloved Son.

And the Spirit, in the likeness of a dove

confirmed the truth of His Word. Christ our God, Who has appeared

and enlightened the world,

glory to You!

Verse: Let the house of Israel say: for He is good,

For His mercy endures forever! [refrain]

Verse: Let the house of Aaron say: for He is good,

For His mercy endures forever! [refrain]

LITTLE ENTRANCE

AS THE CLERGY ENTER THE ALTAR, WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection (Music on p. 49-50 of Liturgy book)

When Mary stood at Thy grave looking for Thy sacred body, angelic pow'rs shone above Thy revered tomb, and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted there-by, Thou did meet the Virgin and didst give life to the world. O Thou Who art risen from the dead, O Lord, glory to Thee.

Tone 6 (Byzantine melody harmonized by Fr. J. Finley)

Troparion of Epiphany

When You, O Lord, were baptized in the Jordan, worship of the Trinity was made manifest! For the voice of the Father bore witness to You, calling You his beloved Son.

Tone 1 (Byzantine Chant)

And the Spirit, in the likeness of a dove confirmed the truth of His Word. Christ our God, Who has appeared and enlightened the world, glory to You!

Troparion of St. Theodosius the Great

Tone 8 (Slavic Chant)

By a flood of <u>tears</u> you <u>made</u> the desert <u>fer</u>tile, and your longing for <u>God</u> brought forth <u>fruits</u> in a<u>bun</u>dance. By the radiance of <u>mir</u>acles you il<u>lu</u>mined the whole <u>universe</u>. Our Father <u>Theodosius</u>, pray to Christ God to <u>save</u> our souls!

Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

Tone 3 (Byzantine melody harmonized by Fr. J. Finley)

Holy Bishop Athanasius, you became a stronghold of Orthodoxy, strengthening the Church through your divine teachings. Opposing the heretical opinion of Arius, you explained and taught that the Son is equal in nature with the Father. O holy Father, intercede with Christ God that He may grant us abundant mercy.

Kontakian of Epiphany

Tone 4 (Slavic Chant)

Today You have shone forth to the <u>world</u>, O Lord, and the light of Your countenance has been <u>marked</u> on us. Knowing You, we sing Your <u>praises</u>: "You have come and re<u>vealed</u> Yourself,// O unapproachable Light."

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (sung 3 times) +Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Music on p. 56 of Liturgy book)

Tone 1 (Byzantine Chant harmonized by Fr. J. Finley)

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Verse: Rejoice in the Lord, O you righteous! Praise is becoming to the upright.

(Ps 32/33:1)

EPISTLE READING—Hebrews 13:17-21 (for St. Theodosios)

Brethren, obey your leaders and submit to them; for they are keeping watch over your souls, as men who will have to give account. Let them do this joyfully, and not sadly, for that would be of no advantage to you.

Pray for us, for we are sure that we have a clear conscience, desiring to act honorably in all things. I urge you the more earnestly to do this in order that I may be restored to you the sooner.

Now may the God of peace who brought again from the dead our Lord Jesus, the Great Shepherd of the sheep, by the blood of the eternal covenant, equip you with everything good that you may do His will, working in you that which is pleasing in his sight, through Jesus Christ; to whom be glory forever and ever. Amen.

Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia! **People:** Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; with my mouth;

I will make known Thy faithfulness to all generations. (Ps 88/89:1)

Alleluia...

Verse: For Thou hast said: "Mercy shall be built up forever;

In the heavens shall Thy truth be established." (Ps 88/89:2) Alleluia...

GOSPEL READING— Matthew 4:12-17

At that time when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulon and Naphtali, that what was spoken by the prophet Isaiah might be fulfilled:

"The land of Zebulon and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles -- the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned."

From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

LITURGY OF THE FAITHFUL

Meglynarion (Hymn to the Mother of God—p. 27 of Liturgy book)

Magnify, O my soul, the most-pure Virgin Theotokos, more honorable than the heavenly hosts!

No tongue knows how to praise you worthily, O Theotokos; even Angels are overcome with awe praising you. But since you are good, accept our faith; for you know our love inspired by God! You are the defender of Christians, and we magnify you.

Communion of the Clergy (Liturgy Book page 32)

Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*) The grace of God has appeared for the salvation of all. Alleluia. (Titus 2:11)

Communion of the People (Liturgy Book page 33)

Of Thy mystical Supper, O Son of God, accept me today as a communicant. For I will not speak of thy mysteries to Thine enemies. Neither like Judas will I give Thee a kiss. But like the thief will I confess Thee: Remember me, O Lord, in Thy Kingdom!

Receive the Body of Christ, taste the fountain of immortality.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

	1/14	Kate and David Vand	er Laan
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1/15 John and Liz Heiduk

Birthdays

1/11	Monica Brewer
1/14	Viktoria Hedges, Sabina Shackelford
1/15	Thomas Ballew, Sophia Johnson
1/16	Kent Jacobs

Patron Saint Commemorations

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1/12	St. Tatiana the Martyr	Tatiana Speier
1/14	St. Nina	Gail Shannon
1/14	St. Mungo/Kentigern	Kent Fox
1/17	St. Anthony	Beau Brunner, Evonne Chala, Troy Harris,
	·	Cole Kronman

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: **www.stathanasius.org.**

EPIPHANY CELEBRATION TODAY AT GOLETA BEACH

We will do the service of the **Great Blessing of the Water** at Goleta Beach today at 1:00 p.m. along with St. Barbara Greek Parish, followed by dessert.

IT'S HOUSE BLESSING TIME AGAIN!

Don't forget to contact one of the priests of our parish to bless your home as we begin the New Year and celebrate the Feast of Epiphany. Start the year off on the right foot by asking God's blessing and protection on your dwelling and all who live there.

WEST COAST GALA CELEBRATION FOR ENTHRONEMENT OF METROPOLITAN JOSEPH—SATURDAY, JANUARY 31st

We have some tickets available for the Gala celebration, which will be held at the Sheraton Universal Hotel in Universal City. Cocktails are at 6:00 p.m. and dinner is at 7:30 p.m. Please let Fr. Nicholas know if you are interested in representing our parish at this event.

LOST AND FOUND

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

AED

(Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office.

UPCOMING FEAST DAY CELEBRATIONS

Feast of Saints Athanasius & Cyril (Patron saint of our parish)

Saturday, January 17 6:00 p.m. Great Vespers

Sunday, January 18 9:00 a.m. Matins

10:00 a.m. Divine Liturgy

Feast of the Presentation of our Lord in the Temple

Monday, February 2 6:00 p.m. Divine Liturgy

Below is a Christmas greeting we received from Nathan and Gabriela Hoppe, whose mission work in Albania our parish is supporting in 2015 with monthly support of \$250.

Dear Fr. Micholas and community,

One of our initiatives this fall has been a children's program at the newly

Opened parish of All Saints, with an attendance of 80-100 per week.

Please pray with us as we share with them the Christmas story

for the first time, so that they may join us in proclaiming:

Christ is Born! Glorify Him!

Bhank you for partnering with us in this ministry.

Merry Christmas!

With love in Christ,

Gabriela

TEEN SCENE

JOURNEY TO ADULTHOOD

Schedule of Activities and Service Projects

For more information, contact Lara Jacobs —Teen Program Coordinator at: cpejacobs@gmail.com

High School — Grades 9-12

Sunday, January 11	4:30-6:00 pm	Girls Small Group	Teen Room
Sunday, January 11	6:00-7:30 pm	Boys Small Group	Teen Room
Sunday, January 18		Cloud 10	Cloud 10
Sunday, January 25	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home
		Serve Project- St.	
Monday, January 26		Bridid Dinner	

Junior High School—Grades 7-8

Saturday, January 10	Vespers + After	Service Project	Meet at SAOC for Vespers
Sunday, January 18	TBA	Cloud 10	Cloud 10



PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH	Greg & Margaret Y.	Katie Zoe
Mother Victoria	Mary Ellen B.	Yvette B.
Met. Paul & Abp. John	Gail S.	Marliese Z.
of Syria	Dean & Penny	All those suffering and
Fr. Thomas H.	Mary & Susan	in danger in the Ukraine,
Dn. Richard E.	Baby Christian F.	Nigeria, and the
Dn. Scott J.	Duane F.	Middle East
Peggy K. and Family	Larry L.	Cheri W.
Fr. Gordon & Mary Sue W.	Sandy S.	Hoppe Family
The Hartung Family	Drew W.	Kh. Marilyn G.

For repose of the souls of: Anthony B. (Santa Barbara policeman), Fr. Michael R.,

All who have died in the conflicts in the Ukraine,

Syria and Palestine

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).



FOR THE CHILDREN TO COLOR DURING THE HOMILY OR AT HOME