

ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane Santa Barbara, CA 93111 **Office hours:** Tues-Fri. 12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-968-2448 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

Music Director/Administrator:

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

Parish Council:

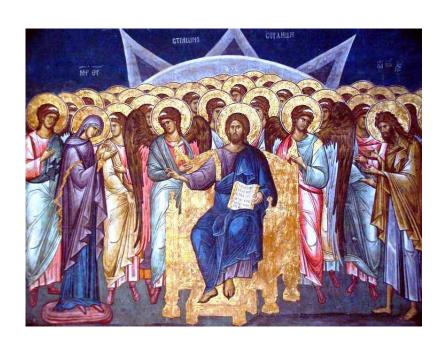
Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, February 15, 2015 Tone 3 / Eothinon 3

Sunday of the Last Judgment (Meat Fare)

Apostle Onesimos of the Seventy; Venerable Eusebios of Syria; Martyr Major of Gaza; Venerable Dalmatos of Siberia



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!

Calendar for this Week

Sunday, February 15

9:00 a.m. Religious Education, ages 3-18

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

11:45 a.m. Coffee/tea on the patio

12:30 p.m. Meatfare Picnic at Tucker's Grove

Monday, February 16

6:45 a.m. Daily Matins

4:30 p.m. Outreach Dinner in Isla Vista

Tuesday, February 17

5:30 p.m. Daily Vespers

Wednesday, February 18

6:45 a.m. Daily Matins

12:00 p.m. Women's Prayer Group

Thursday, February 19

5:30 p.m. Daily Vespers 7:00 p.m. Choir Rehearsal

7:00 p.m. Parish Council Meeting

Friday, February 20-JR. HIGH RETREAT

6:45 a.m. Daily Matins

Saturday, February 21-JR. HIGH RETREAT

4:30 p.m. Adult Catechism

6:00 p.m. Great Vespers/Confessions

Sunday, February 22

9:00 a.m. Religious Education, ages 3-18

9:00 a.m. Matins

10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:00 p.m. Choir Rehearsal
6:00 p.m. Forgiveness Vespers

GREAT LENT BEGINS AT THE CONCLUSION

OF FORGIVENESS VESPERS ON FEB. 22nd.

LOST AND FOUND

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

The AED (Automated External Defibrillator) is located in the foyer, on the ledge of the window

that looks into the church office.

Sunday Morning Ministries Schedule

Eucharist Bread

February 15 Dn. G. Braun February 22 Corie Sieck March 1 Dillon March 8 Meyer

Coffee Hour

February 15 Meatfare Picnic at the park February 22 Cheesefare POTLUCK March 1 NEED A HOST

March 1 NEED ATIC

March 8 Harris

Greeters

February 15 P. King/L. Baker February 22 K. Fox/P. King March 1 K. & L. Jacobs

March 8 G. Shannon/Kristin King

Ushers

February 15 J. King, C. Speier

February 22 S. Speier, P. Brunner, P. King March 1 D. Meyer, R. Barre, D. Lewis March 8 C. Speier, R. Schneider, P. King

Readers

February 14 V. Gish (Soul Liturgy)

February 15 D. Washburn February 22 T. Harris

February 22 D. Meyer (Forgiveness Vespers) February 25 H. Lange (Presanctified Liturgy)

March 1 R. Barre

March 7 T. Harris (Soul Liturgy)

March 8 D. Alexander

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY. ("Glory to You, Who have shown us the light..." - Complete text is in the front of the Liturgy Book.)

THE LITURGY OF THE WORD

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

Refrain: O Son of God Who rose from the dead, save us who sing to Thee, Alleluia!

- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or "Sermon on the Mount"

Music by

In Thy kingdom remember us, O Lord,

P. Mironositsky

when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,

for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

LITTLE ENTRANCE

AS THE CLERGY ENTER THE ALTAR, WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection (Music on p. 44 of Liturgy book)

Tone 3 (Byzantine melody harmonized by Fr. J. Finley)

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death and become the first born from the dead. He hath delivered us from the depths of Hades, granting the world the great mercy.

Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

Tone 3 (Byzantine melody harmonized by Fr. J. Finley)

Holy Bishop Athanasius, you became a stronghold of Orthodoxy, strengthening the Church through your divine teachings. Opposing the heretical opinion of Arius, you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God

that He may grant us abundant mercy.

Kontakion of Meatfare Sunday

Tone 1 (Slavic Chant)

When You, O God, shall come to earth with glory, all things shall tremble, and the river of fire shall flow before Your judgment seat; the books shall be opened, and the hidden things disclosed; then deliver me from the unquenchable fire,// and make me worthy to stand at Your right hand, O Righteous Judge!

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (sung 3 times) +Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Page 57 of Liturgy Book)

Tone 2 (Byzantine melody harmonized by Fr. J. Finley)

The Lord is my strength and my song. He has become my salvation.

Vs. The Lord has chastened me severely but He has not given me over to death.

EPISTLE READING 1 Corinthians 8:8-9:2

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if anyone sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall.

Alleluia Refrain and Psalm verses before the Gospel (Music on p. 65 of Liturgy Book)

Tone 8 (Byzantine)

Chanter: Alleluia, Alleluia! People: Alleluia, Alleluia, Alleluia!

v: Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior! (Ps 94/95:1)

v: Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise! (Ps 94/95:2)

GOSPEL READING—Matthew 25:31-46

The Lord said, "When the Son of man comes in His glory, and all the holy angels with Him, then He will sit on His glorious throne. Before Him will be gathered all the nations, and He will separate them one from another as a shepherd separates the sheep from the goats, and He will place the sheep at His right hand, but the goats at the left. Then the King will say to those at His right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you welcomed Me; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me'. Then the righteous will answer Him, 'Lord, when did we see You hungry and feed You, or thirsty and give You drink? And when did we see You a stranger and welcome You, or naked and clothe You? And when did we see You sick or in prison and visit You?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to Me'. Then He will say to those at His left hand, 'Depart from Me, you cursed, into the eternal fire prepared for the devil and His angels. For I was hungry and you gave Me no food; I was thirsty and you gave Me no drink; I was a stranger and you did not welcome Me; naked and you did not clothe Me; sick and in prison and you did not visit Me'. Then they also will answer, 'Lord, when did we see You hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to You?' Then He will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to Me'. And they will go away into eternal punishment, but the righteous into eternal life."

LITURGY OF THE FAITHFUL

Meglynarion (Hymn to the Mother of God—p. 27 of Liturgy book)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion of the Clergy (Liturgy Book page 32)

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)

By the Waters of Babylon, there we sat down and wept when we remembered Zion. Alleluia. (From the Matins of Meatfare Sunday) Psalm 136/137

Communion of the People (Liturgy Book page 33)

Of Thy mystical Supper, O Son of God, accept me today as a communicant. For I will not speak of thy mysteries to Thine enemies. Neither like Judas will I give Thee a kiss. But like the thief will I confess Thee: Remember me, O Lord, in Thy Kingdom!

Receive the Body of Christ, taste the fountain of immortality.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

Church Etiquette Corner Preparation for and Reception of Holy Communion

In preparation for Holy Communion it is customary not to have any food or beverage that morning. We want our first meal to be the Body and Blood of Christ. (If it is an evening service, no food or beverage should be consumed after the noon meal.) Children are an exception to this, and it is up to parents to determine how children are able to fast before Communion.

It is also important that we are at peace with each other (to the degree possible). We declare that Christ is in our midst and in so declaring that, we also declare that we are at peace with others.

Please approach the chalice with your arms crossed and state the name of your patron saint (or your first name, if you have no patron saint) as you stand before the priest. After Communion, you may venerate the chalice. In consuming the blessed bread after Communion, receive it with reverence, being careful not to drop crumbs on the floor.

CELEBRATTONS for THIS WEEK

Anniversaries

2/19 Ben & Viktoria Hedges

Birthdays

2/15	John Heiduk, Margaret Easbey
2/16	Lee Jacobs
2/19	Jan Finley
2/20	Noelle Ballew
2/21	Tyson Shackelford

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

WE STILL NEED COFFEE HOUR HOSTS FOR THE FOLLOWING DATES. If you are able to host or co-host on one of these dates, please contact Christie Speier Robinson at christie.d.robinsnon@gmail.com.

March 1 (Coming up soon!)

May 24

June 7, 14 and 21

July 12 and 26

August 30

NEXT SUNDAY, February 22nd, is CHEESEFARE SUNDAY Cheesy Potluck after Liturgy: Please bring a cheesy, dairy-rich dish to share!

GREAT LENT BEGINS NEXT SUNDAY EVENING after the Vespers of Forgiveness. Vespers begin at 6:00 p.m. Please make plans for your entire family to join us for this beautiful service, as we have the opportunity to enter into our Lenten journey by giving and receiving forgiveness from each other.

LENTEN SOUP DINNERS

On three Fridays during Great Lent, (Feb. 27, March 20, March 27) we will have our traditional Soup Dinners following the 6:00 p.m. Akathist service. Sign-up lists have been posted on the big bulletin board for volunteers who can bring soup, bread, juice and fruit. We need a couple of people who are willing to take responsibility for the set-up and clean-up for all three of the weeks. If you would consider making this your "ministry" during Lent, please contact Christie Robinson at christie.d.robinson@gmail.com.

CLERICAL/BOOKKEEPING POSITION IN CHURCH OFFICE 4 HOURS PER WEEK

We are looking for someone to work a half day on Mondays in the church office, to prepare the weekly deposits and enter all donations into a database. The position could also include some other clerical assistance for Fr. Nicholas and Valerie, and the hours might eventually be increased. Some employment experience in bookkeeping, database entry and maintenance, word processing and general computer literacy are required. Possibly a good fit for a stay-at-home mom or a retired individual looking for a few hours of work. If you are interested, please contact Valerie Yova at valerie@stathanasius.org.



INCOME FOR JANUARY 2014

Monthly tithe Goal (includes mortgage payment on bldg.) \$47,000 Received in January \$26,066

Additional Building Fund Donations Received in January \$12,984

As Great Lent 2015 approaches,

please keep the following dates in mind:

After Liturgy

Sunday, February 15

Thursday, February 26

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Sunday, February 22	6:00 p.m.	Forgiveness Vespers
Monday, February 23	First day of Great Lent	
	6:00 p.m.	Great Compline with
		Canon of St. Andrew
Tuesday, February 24	6:00 p.m.	Little Compline with Canon
		of St. Andrew
Wednesday, February 25	6:00 p.m.	Presanctified Liturgy

Friday, February 27 6:00 p.m. Akathist followed by

6:00 p.m.

Soup Dinner

of St. Andrew

Little Compline with Canon

Meatfare Picnic

SAVE THE DATE for our Lenten Seminar, Friday/Saturday March 6-7!

MEATFARE PICNIC TODAY!

Today we will say farewell to meat for the duration of the Great Fast. Join us for our annual Meatfare Picnic at Tucker's Grove (Kiwanis Meadows—Area 5) at 1:00 p.m. All families are asked to bring their own meat to grill (the barbecue will be fired up), a salad or side dish to share and a beverage of choice. Paper dishes, napkins and plastic cutlery will be provided. Please bring your own plates and cutlery if you need something sturdier. We will serve only beverages at Coffee Hour today. (From Highway 101 take Turnpike Road north across Cathedral Oaks Road. The park entrance is straight ahead. Follow signs to area 5.)

COLLECTION FOR PROJECT MEXICO

As we approach Great Lent, we will be collecting the items listed below for St. Innocent Orphanage in Mexico. Please consider making a contribution of a few of these items as a part of your Lenten almsgiving. (Only the items listed, please. They do not need used clothing at this time.) There will be a table set up in the hallway of the church for drop off of these items from now until Sunday, March 8th.



VI-9-12 12 13 140

~ SPRING NEEDS LIST ~

Cleaning Supplies

Dish Soap Pine Sol/Lysol

Disposable Goods

45 & 13 gal. Trash Bags Paper Plates, Bowls & Cups Plastic Forks & Spoons Ziploc Bags (large) Toilet Paper Kleenex

Medicinal

Talc Powder Foot Cream Athlete's Foot Spray

Chapel

Charcoal
Olive Oil
Rose Water
Communion Wine
Votive Candles (2 inch)

Canned Food

Pancake Syrup
Tomato Puree
Canned Vegetables
Fruit Cocktail
Canola & Olive Oil
Jalapenos (sliced)
Mayonnaise
Ketchup
Salad Dressing
Juices/Juice Boxes
Condensed Milk
Jam/Jelly
Canned Tuna
Canned Salmon

Laundry Supplies

Honey

Laundry Detergent Bleach

Dry Food

Dried Pinto Beans only
Flour (wheat & white)
Cream of Wheat
Granola Bars
Cookie Mix
Dinner Rolls
Nesquik
Knorr Seasoning
Parmesan Cheese
Cake Mix
Marshmallows
Sugar

Pascha/Easter

Chocolate Bunnies
Plastic Easter Eggs
Candy for Easter Eggs
Small Toys for Easter Eggs
Small Easter Baskets
Candles for Holy Week





SPONSORSHIP OPPORTUNITIES in support of St. Barbara Monastery

As you know, we are hosting the Yale Russian Male Chorus in a concert on Friday March 13, 2015. All proceeds from the concert will be donated to St. Barbara Monastery to assist with the completion of their new chapel.

We are trying to raise the funds to cover the cost of the concert so that all of the proceeds at the door can be given to the Monastery.

Please consider supporting this effort in one of the following ways:

- Attending the concert and inviting several friends or family members to join you
- **Becoming a \$50 Sponsor** (You will receive 1 concert ticket and be listed as a St. Barbara Monastery Friend in the program.)
- **Becoming a \$100 Sponsor** (You will receive 2 concert tickets and be listed as a St. Barbara Monastery Patron in the program.)
- **Becoming a Corporate Sponsor** with a gift of \$500 or more (You will receive 4 concert tickets, be listed as a corporate sponsor in the program and receive a free print advertisement in the program.)
- A donation of any size if you are not able to attend the concert.

There will be a reception following the concert to meet and greet the singers, who are being hosted on Friday evening by members of our parish.

If you are interested in being an individual or corporate sponsor for this event, please contact Christie Speier Robinson at christie.d.robinson@gmail.com, or 455-4312.

The Yale Russian Male Chorus

conducted by Mark Bailey, Artistic Director



in concert Friday, March 13, 2015 at 7:30 p.m. St. Athanasius Orthodox Church



300 Sumida Gardens Lane Santa Barbara, CA 93111 (facing Hollister between Patterson and Ward)

Tickets: \$15 at the door only \$10 Students & Seniors OPEN SEATING

Proceeds will benefit the Chapel Building Fund of St. Barbara Monastery in Santa Paula, CA

Founded in 1953, the YRC served as a powerful force toward the preservation of Russian choral music during the Cold War era. It is now recognized as one of the world's most important performance ensembles of Slavic music. The YRC's repertoire, which spans from the 12th to the 21st centuries, includes a variety of sacred and secular music, including ancient chant, cultural songs, and major choral works by Tchaikovsky, Rimsky-Korsakoff, and Rachmaninoff.

For more information, go to: www.stathanasius.org or call 805-685-5400

TEEN SCENE

JOURNEY TO ADULTHOOD

Schedule of Activities and Service Projects

For more information, contact Lara Jacobs —Teen Program Coordinator at: cpejacobs@gmail.com

High School — Grades 9-12

Sunday, March 8	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home
Sunday, March 15	5:00-7:00 pm	Minute to Win It	SAOC
Monday, Marh 23	4:00-6:00pm	Family Event: Service Project:	St. Michael's Church in IV
		St. Brigid Outreach Dinner	
Saturday March 28		Annunciation Tea (Girls)	SAOC
Sunday March 29	4:30-6:00 pm	Girls Small Group	Teen Room
	6:00-7:30 pm	Boys Small Group	Teen Room
Fri./Sat. April 10-11	8:00pm Fri-10 am. Sat.	All Night Vigil	SAOC
Sunday, April 19	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home
Sunday , April 26	5:00-7:00 pm	Progressive Dinner	ТВА

Junior High School—Grades 7-8

Fri,, Feb. 20-Sat., Feb. 21	Weekend	Monastery Retreat	St. Barbara Monastery
Sunday March 1	6:00 p.m.	Pan Orthodox Vespers	St. Barbara Parish
		and Messy Games	
Sunday, March 22	5:00-6:30	Minute to Win It	SAOC
Saturday March 28		Annunciation Tea (Girls)	SAOC
Friday April 10	9:00 - ??	All Night Vigil Reading	SAOC
Saturday, April 18	7:00-8:30 pm	Activity	SAOC

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH Hoppe Family Marliese Z.

Mary Ellen B. All those suffering and Mother Victoria Met. Paul & Abp. John Gail S. in danger in the Ukraine, of Syria Dean & Penny Nigeria, and the Middle East

Fr. Thomas H. Mary & Susan Cheri W.

Dn. Richard E. Baby Christian F. Kh. Marilyn G. Dn. Scott J. Duane F. Stan and Donna F.

Molly M. Peggy K. and Family Larry L. Fr. Gordon & Mary Sue W. Sandy S. D. Washburn

The Hartung Family Drew W. Chris and Claire D.

Greg & Margaret Y. Yvette B.

For repose of the souls of: Dn. David D., Anthony B. (Santa Barbara policeman), All who have died in the conflicts in the Ukraine, Syria and Palestine

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

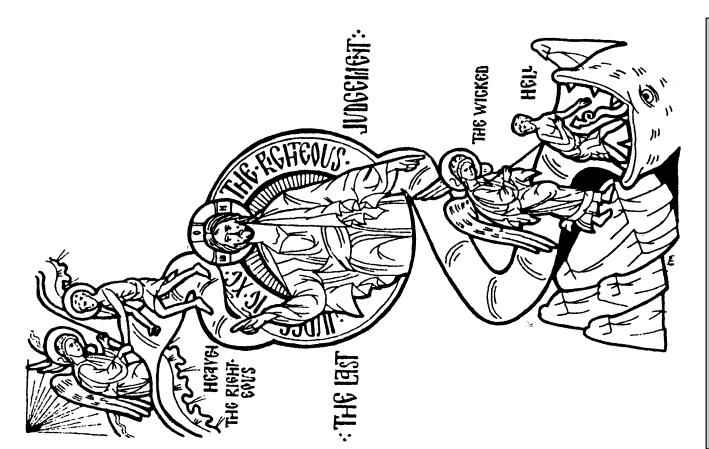
Prayer requests put into the wooden box in the narthex will be said silently at the altar at most services. During the Great Entrance of the Divine Liturgy, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and

Make checks payable to "St. Athanasius Book Center."

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FOR THE CHILDREN TO COLOR DURING THE HOMILY OR AT HOME