



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Benjamin Hedges
Karen Jacobs
Dr. Jon King

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, November 8, 2015 Tone 6 / Eothinon 1

The Synaxis of the Archangels Michael, Gabriel,
Raphael and all the bodiless powers of Heaven
& Seventh Sunday of Luke



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, November 8

9:00 a.m. Religious Ed. classes Grades 1-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
HIGH SCHOOL SERVICE PROJECT

Monday, November 9-ST. NEKTARIOS

6:45 a.m. Daily Matins
4:30 p.m. Outreach Meal at St. Michaels'
University Church in Isla Vista

Tuesday, November 10

3:30 p.m. Catechesis Level I
5:30 p.m. Daily Vespers

Wednesday, November 11

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Group

Thursday, November 12

5:30 p.m. Daily Vespers
7:00 p.m. Parish Council Meeting

Friday, November 13

6:45 a.m. Daily Matins
7:00 p.m. Advent Seminar

Saturday, November 14

9:00 a.m. Advent Seminar
4:30 p.m. Adult Catechism
6:00 p.m. Vespers

Sunday, November 15

9:00 a.m. Religious Ed. classes Grades 1-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
6:00 p.m. GIVE THANKS, GOLETA!
Ecumenical gathering at Goleta Valley
Community Center

Sunday Morning Ministries Schedule

Eucharist Bread

November 8 Fr. J. Hedges
November 15 N. Tinyayeva
November 22 Dn. G. Braun
November 29 Kern

Coffee Hour

November 8 Lander
November 15 Meyer
November 22 Dillon
November 29 POTLUCK

Greeters

November 8 D. Genatone, P. Morrison
November 15 D. Washburn, D. Lewis
November 22 K. & L. Jacobs
November 29 K. Fox, P. King

Ushers

November 8 C. Speier, J. King, P. King
November 15 G. Shannon, S. Speier, P. Brunner
November 22 P. King, D. Meyer, R. Barre
November 29 D. Lewis, C. Speier, J. King

Readers

November 7 D. Meyer (Liturgy for St. Rafael)
November 8 H. Lange
November 15 D. Alexander
November 21 R. Barre (Nativity of Theotokos)
November 22 V. Gish
November 29 M. Kern

Valerie will be out of town Nov. 5-17. If you need to send an urgent email announcement out to the parish, please email it to: valerie@stathanasius.org. If you need to get into the church at a time other than a scheduled service, please contact Fr. Nicholas or the appropriate ministry team leader.

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
(“Glory to You, Who have shown us the light...”) followed by the Matins Dismissal
Troparion. Complete text is in front of Liturgy book.

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE LITURGY OF THE WORD

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath
girded Himself.

**Refrain: O Son of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto
ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be in-
carnate of the holy Theotokos and ever-virgin Mary, who without change didst become
man and wast crucified, O Christ our God, trampling down death by death, who art one of
the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection (Music on p. 49 of Liturgy book)

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Tone 6 Byzantine melody
harmonized by Fr. J. Finley

Troparion for the Archangels

Commanders of the heavenly hosts,
we who are unworthy beseech you,
by your prayers encompass us beneath the wings of your immaterial glory,
and faithfully preserve us who fall down and cry to you:
“Deliver us from all harm, for you are the commanders of the powers on high!”

Tone 4 Slavic Chant

Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Presentation of the Theotokos

Tone 4 Slavic Chant

The most pure Temple of the Savior;
the precious Chamber and Virgin;
the sacred Treasure of the glory of God,
is presented today to the house of the Lord.
She brings with her the grace of the Spirit,
therefore, the Angels of God praise her:
“Truly this woman is the abode of Heaven!”

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Page 61 of Liturgy Book)

Tone 6

O Lord save Thy people and bless Thine inheritance. (PS 27/28:9))

Verse: *To Thee will I cry, O Lord, O my God,
do not be silent unto me. (PS 27/28:1)*

EPISTLE READING

Hebrews 2:2-10 (Archangels)

Brethren, if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard Him, while God also bore witness by signs and wonders and various miracles and by gifts of the Holy Spirit distributed according to His own Will.

For it was not to angels that God subjected the world to come, of which we are speaking. It has been testified somewhere, "What is man that You art mindful of him, or the Son of man, that You carest for Him? You didst make Him for a little while lower than the angels; You have crowned Him with glory and honor, putting everything in subjection under His feet." Now in putting everything in subjection to Him, He left nothing outside His control. As it is, we do not yet see everything in subjection to Him. But we see Jesus, who for a little while was made lower than the angels, crowned with glory and honor because of the suffering of death, so that by the grace of God He might taste death for everyone.

For it was fitting that He, for whom and by whom all things exist, in bringing many sons to glory, should make the Pioneer of their salvation perfect through suffering.

Alleluia Refrain and Psalm verses before the Gospel
(Music on p. 65 of Liturgy Booklet)

Tone 6

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Vs. 1 He Who dwelleth in the help of the Most High shall abide under the shadow of the protection of the God of Heaven. (*Ps 90/91:1*) **Alleluia**

Vs. 2 He will say to the Lord, Thou art my protector and my refuge, my God, in Him will I hope. (*Ps 90/91:2*) **Alleluia**

GOSPEL READING
Luke 8:41-56 (7th of Luke)

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought Him to come to his house, for he had an only daughter, about twelve years of age, and she was dying.

As Jesus went, the people pressed round Him. And a woman, who had had a flow of blood for twelve years, and had spent all her living upon physicians, and could not be healed by anyone, came up behind him, and touched the fringe of his garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched Me?" When all denied it, Peter said, "Master, the multitudes surround You and press upon You!" And You say, "Who touched Me?" But Jesus said, "Someone touched Me; for I perceive that power has gone forth from Me." And when the woman saw that she was not hidden, she came trembling, and falling down before Him declared in the presence of all the people why she had touched Him, and how she had been immediately healed. And Jesus said to her, "Daughter, your faith has made you well; go in peace."

While Jesus was still speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the Teacher anymore." But Jesus on hearing this answered him, "Do not fear; only believe, and she shall be well." And when Jesus came to the house, He permitted no one to enter with Him, except Peter and James and John, and the father and mother of the child. And all were weeping and bewailing her; but Jesus said, "Do not weep; for she is not dead but sleeping." And they laughed at Him, knowing that she was dead. But taking her by the hand Jesus called, saying, "Child, arise." And her spirit returned, and she got up at once; and Jesus directed that something should be given her to eat. And her parents were amazed; but He charged them to tell no one what had happened.

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
"Father, bless" when you get to the chalice.*

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia!

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

PREPARE FOR THE ADVENT FAST by attending this year's ADVENT SEMINAR!

Friday, November 13 7-8:30 p.m. "Come, Lord Jesus!" (Christ is born anew in us!)
Saturday, November 14 9-11:00 a.m. "The Role of the Virgin Mary in our Lives"

JUST A REMINDER THAT THE ADVENT FAST BEGINS ON NOVEMBER 15th.

GIVE THANKS, GOLETA

The churches and community organizations of Goleta will gather, once again, to give thanks for our many blessings on Sunday, November 15th at 6:00 p.m. at the Goleta Valley Community Center.

FEAST OF ST. BARBARA—SCHEDULE OF SERVICES

Thursday, December 3, 2014	6:00 p.m.	Vespers at St. Barbara Greek Parish followed by Lenten meal
	4:00 p.m.	Vigil at St. Barbara Monastery/light supper
Friday, December 4, 2014	9:00 a.m.	Matins at St. Barbara Greek Parish
	9:20 a.m.	Hours at St. Barbara Monastery
	10:00 a.m.	Divine Liturgy at St. Barbara Greek Parish
	10:00 a.m.	Divine Liturgy at St. Barbara Monastery followed by luncheon

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

11/08 Scott and Melissa Williams
11/11 Jason & Jody Wallace

Birthdays

11/8 Justina King
11/9 John Ronan Meyer
11/10 David Lewis
11/11 Lauren King
11/13 Farley Easbey, James Morrison, Leticia Brunner
11/14 Sophia Roberts

Patron Saint Commemorations

11/8 **Archangel Michael**

Michael de Bruin
Michael Easbey
Mick Kronman
Scott Speier

Mitch Denny
Jimmy Easbey
Michael Loulias
Trent Speier

Dn. Richard Easbey
Kent Jacobs
Kevin Speier
Scott Williams

11/9 **St. Nektarios**

Noah Hedges

11/11 **St. Martin of Tours**

Bob Gundersen, Brody Shannon

11/11 **St. Victor of Damascus**

Viktoria Hedges

11/13 **St. John Chrysostom**

Dn. John Young

11/14 **St. Philip the Apostle**

Dn. Gary Braun, Gary Braun Jr., Philip Friesen

GOLETA THANKSGIVING DINNER FOR THOSE IN NEED: THERE ARE MANY WAYS TO HELP!

This year our parish, along with Christ the King Episcopal Church and Jubilee Church will be participating in The Goleta Vineyard's 25th Annual Thanksgiving Dinner for the poor and needy. It will be held at the Goleta Valley Community Center just down the street at 5679 Hollister Ave. This has become a wonderful expression of God's love in action towards the Goleta community. You don't have to be present to participate, although the interaction with other Christians and those being served is a wonderful blessing to experience. Even an hour of your time is a wonderful way to show Christ's love for the people of this community. Consider volunteering as a family project on Thanksgiving Day! Or join a group from our parish who will go over after our Akathist service on Nov. 25th and help with the set-up. If you are unable to physically participate, you can make a donation toward the purchase of food. There are envelopes in the narthex. Donations can be put in our tithe box.

See the bulletin board in the narthex for a sign-up list and more information. They especially need help with clean-up from 2:00-5:30 p.m. because so many of the volunteers need to go home to be with their families in the afternoon. (A great "ministry" for singles!)

If you have any questions, contact David Washburn at:
david.washburn64@gmail.com or [615-428-3427](tel:615-428-3427) .

TEEN SCENE

Activities—Autumn 2015

High School

Date	Activity	Time and Location
Sunday, 11/8	Rescue Mission Service Project	Meet at SAOC. Time TBA
Sunday, 11/22	Fire on Father	5:00 p.m. at Fr. Nicholas & Jan's
Sunday, 12/6	White Elephant Gift Exchange	5:00 p.m., Location TBA
Sunday, 12/13	St. Nicholas Night	Meet at 4:00 pm. to set up

Junior High School

All activities are on Saturdays after Vespers

Saturday, 12/5	Christmas Party
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MARK YOUR CALENDAR UPCOMING FEAST DAYS & OTHER LITURGICAL SERVICES

Wednesday, November 18	Advent Paraklesis	6:00 p.m.
Saturday, November 21	Feast of Presentation of the Theotokos	8:30 a.m.
Wednesday, November 25	Akathist of Thanksgiving	6:00 p.m.
Wednesday, December 2	Advent Paraklesis	6:00 p.m.
Thurs, Dec 3/Fri. ,Dec. 4	Feast of St. Barbara celebrated at St. Barbara Monastery & St Barbara parish (times listed on previous page)	
Wednesday, December 9, 16, & 23	Advent Paraklesis	6:00 p.m.

PRAAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Dn. Richard E.
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family
Kh. Mary Ellen B.
Gail S.
Dean & Penny
Kevin & Angel
Mary

Susan B.
Baby Christian F.
Duane F.
Stan and Donna F.
Angel, Helen and Family
Joy
Terri-Lynn H.
Hannah Rose H.
Holly C.
Temmo K.
Paige
Galina, Nikolai & Nataliya

Nikita
Marina
Olga Marie G.
Krista & Family
Emily F.
Joan, Jerry, Brenda
Kevin O.
Delaney N.
Sabina S.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Joe, Kh. Sissy

All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS BOOK CENTER** *
* The church bookstore is located in the fellowship hall. The two *
* enclosed cabinets hold icons, books, jewelry and other items that *
* are FOR SALE. Payment should be made at time of purchase and *
* placed in the brown lock box ON THE BOOKSTORE SHELF. *
* Make checks payable to "St. Athanasius Book Center." *



SAVE THE DATE: ST. NICHOLAS CELEBRATION

Sunday, December 13 , 2015 6:00 p.m.

We will celebrate the life of St. Nicholas of Myra on Sunday, December 13th at with story telling, music, drama and a fun evening for the whole family. A lenten reception and visit from St. Nicholas will follow the program. Children ages 3-12 will be invited to leave their shoes in the hallway during the program so that St. Nicholas can fill them with treats, and all of the children will participate in welcoming St. Nicholas at the end of the program.

NEW THIS YEAR: COSTUME CONTEST!

All children ages 1-12 are asked to dress as one of the following:

- A child of the world (other countries)
- A character from the life of St. Nicholas of Myra (more details and examples to follow soon) or a saint of the church/patron saint.

Prizes will be given by age groups.

