



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

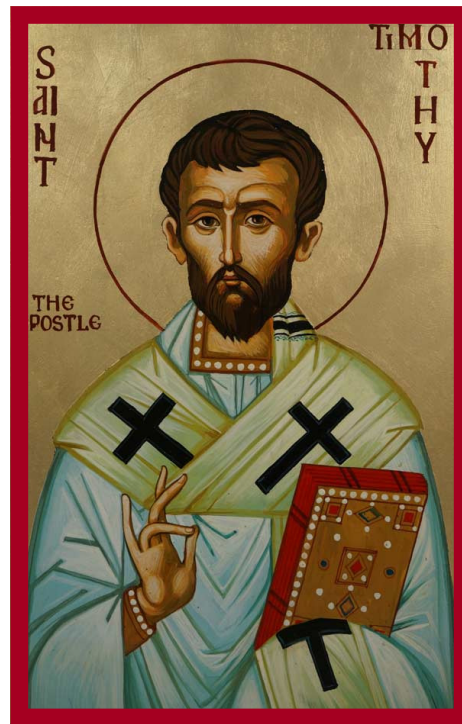
## Parish Council:

Douglas Meyer, President  
Dan Braun, Treasurer  
Benjamin Hedges, Secretary  
Katie AbuGhazaleh  
Richard Barre  
Catherine Braun  
Dottie Genatone  
Verne Gish  
Kristi King

## LITURGY OF ST. JOHN CHRYSOSTOM Sunday, January 22, 2017

### Tone 6 / Eothion 9 Thirty-second Sunday after Pentecost & Fifteenth Sunday of Luke

Holy Apostle Timothy & Anastasios the Persian  
Venerable Joseph the Sanctified of Crete



## WELCOME TO OUR VISITORS!

We are glad you are with us this morning. If you are not Orthodox,  
we invite you to partake of the  
blessed bread during communion.  
Please join us at Coffee Hour~ we'd love to meet you!

# ***Calendar for this Week***

## **Sunday, January 22**

9:00 a.m. Religious Education ages 6-18  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:00 p.m. Choir Rehearsal

## **Monday, January 23**

6:45 a.m. Daily Matins  
4:30 p.m. St. Brigid Outreach dinner at  
St. Michael's in Isla Vista

## **Tuesday, January 24-St. Xenia**

2:30 –4:15 p.m. Catechesis Level I  
5:30 p.m. Daily Vespers

## **Wednesday, January 25**

6:45 a.m. Daily Matins  
11 a.m.-1p.m. Shower of Blessings Ministry  
12:00 p.m. Intercessory Prayer Group  
5:45 p.m. Outreach Team Meeting

## **Thursday, January 26**

5:30 p.m. Daily Vespers  
6:00 p.m. Junior High Youth Group  
6:30 p.m. High School Youth Group  
7:00 p.m. Choir Rehearsal

## **Friday, January 27**

6:45 a.m. Daily Matins

## **Saturday, January 28**

4:30 p.m. Adult Bible Study on Ephesians  
6:00 p.m. Great Vespers/Confessions

## **Sunday, January 29**

9:00 a.m. Religious Education ages 6-18  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:15 p.m. Choir Rehearsal  
4:00 p.m. Monastery Friends Gathering

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

January 22 Sieck  
January 29 Dillon  
February 5 M. Kern  
February 12 Tinyayeva

### **Coffee Hour**

January 22 D. Washburn/C. Brunstead for  
Feast of St. Xenia on Jan. 24  
January 29 Shackelford/Genatone in memory of  
Al Genatone  
February 5 Alexanders-for St. Simeon and St. Anna,  
Farewell Reception for Jennifer Ferraez  
February 12 V. & B. Hedges in honor of Sydney's  
nameday: St. Theodora

### **Greeters**

January 22 K. & L. Jacobs  
January 29 P. King/L. Baker  
February 5 G. Shannon/K. King  
February 12 D. Genatone/P. Morrison

### **Ushers**

January 22 P. King, D. Meyer, R. Barre  
January 29 D. Lewis, C. Speier, J. King  
February 5 D. Washburn, C. Berari, S. Speier  
February 12 P. Brunner, P. King, D. Meyer

### **Readers**

January 22 D. Washburn  
January 29 D. Alexander  
February 1 V. Gish/P. Braun  
February 5 M. Kern  
February 12 T. Harris

**AT THE END OF THE MATINS SERVICE, WE SING THE  
GREAT DOXOLOGY.**

**(“Glory to You, Who have shown us the light...” ) followed by the Matins Dismissal  
Troparion. Complete text is in front of Liturgy book.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**THE LITURGY OF THE WORD**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses sung by antiphonal choirs, the choir and congregation sing the refrain: **“Remember us, O Lord, when you come in your Kingdom.”**

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY**

#### **Troparion of the Resurrection**

**Tone 6** Byzantine melody

**(Music on p. 49 of Liturgy book)**When Mary stood at Thy grave looking for Thy sacred body, angelic pow'rs shone above Thy revered tomb, and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted there-by, Thou did meet the Virgin and didst give life to the world. O Thou Who art risen from the dead, O Lord, glory to Thee.

#### **Troparion to Apostle Timothy**

**Tone 4** Slavic chant

Having learned goodness and maintaining continence in all things, you were arrayed with a good conscience as befits a priest. From the chosen Vessel you drew ineffable mysteries; you kept the faith and finished a course equal to His.// Bishop-martyr Timothy, entreat Christ God that our souls may be saved!

#### **Troparion to St. Anastasios**

**Tone 4** Slavic chant

Your holy martyr Anastasios, O Lord, through his suffering has received an incorruptible crown from You, our God. For having Your strength, he laid low his adversaries, and shattered the powerless boldness of demons.// Through his intercessions save our souls!

**Troparion to St. Athanasius**  
**(Music on p. 54 of Liturgy book)**

**Tone 3** Byzantine melody  
harmonized by Fr. J. Finley

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion of The Feast of the Presentation of Our Lord in the Temple**

**Tone 1**

By Your Nativity You sanctified the Virgin's womb!  
And blessed Simeon's hands, O Christ God.  
Now You have come and saved us through love.  
Grant peace to all Orthodox Christians, O only Lover of Man!

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)**  
**(Page 61 of Liturgy Book)**

**Tone 6**

O Lord save Thy people and bless Thine inheritance. (PS 27/28:9))

**Verse:** *To Thee will I cry, O Lord, O my God,  
do not be silent unto me. (PS 27/28:1)*

## Timothy. 4:9-15

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and strive, because we have our hope set on the living God, Who is the Savior of all men, especially of those who believe. Command and teach these things. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Until I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. Practice these duties; devote yourself to them, so that all may see your progress.

**Alleluia Refrain and Psalm verses before the Gospel**  
(Music on p. 65 of Liturgy Booklet)

**Tone 6**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

Vs. 1 He Who dwelleth in the help of the Most High shall abide under the shadow of the protection of the God of Heaven. (*Ps 90/91:1*) **Alleluia**

Vs. 2 He will say to the Lord, Thou art my protector and my refuge, my God, in Him will I hope. (*Ps 90/91:2*) **Alleluia**

## GOSPEL READING

### Luke. 19:1-10

At that time, Jesus entered Jericho and was passing through. And there was a man named Zacchaeus; he was a chief tax collector, and rich. And he sought to see Who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see Jesus, for He was to pass that way. And when Jesus came to the place, He looked up and said to him, "Zacchaeus, make haste and come down; for I must stay at your house today." So he made haste and came down, and received Him joyfully. And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." And Zacchaeus stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded anyone of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham; for the Son of man came to seek and to save the lost."

## LITURGY OF THE FAITHFUL

### Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia.

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the

priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## WE NEED HELP WITH A REWARDING MINISTRY

**You will be “showered with blessings!”**

We need three or four folks from our parish who are retired or free during the day from 10:30 a.m.-1:30 p.m. on Wednesdays to help with the Shower of Blessings Ministry. There is already a team of people in place who run the shower truck. We get anywhere from 15—30 people each week who come and receive the blessing of a free shower. What we offer as a parish is a bit of hospitality and friendship. We serve simple refreshments and visit with our guests. That is where we need some help. The commitment of the team members involves:

Brewing a large pot of coffee and filling a dispenser with water

Making sandwiches (usually peanut butter and jelly)

Setting up a 2 tables

Putting out the refreshments (sometimes also goodies left from coffee hour)

Clean-up

The ideal would be for two people to work together each week. **If you are interested, please contact Fr. Nicholas or Valerie Yova. [office@stathanasius.org](mailto:office@stathanasius.org)**

# *CELEBRATIONS for THIS WEEK*

## Wedding Anniversaries

1/25 John & Nadine de Bruin

## Birthdays

1/24 Melissa Williams, Fay Young

1/25 Terri Speier

1/27 Jeff Petersilia

1/29 Galen Wiley

## Patron Saint Commemorations

1/22 Timothy the Apostle

Timothy Braun

1/24 St. Xenia

Dayli Braun, Zennia Braun, Darbi Johnson,  
Melissa Williams

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### **HOUSE BLESSING APPOINTMENTS**

The Grace of God is imparted to us in the holy water ("The Grace of Redemption). It is time, once again, to make an appointment for your home to be blessed. Please call one of the priests listed on the front of the bulletin to set up a time, preferably when all members of the household can be present.

**THE ST. STEPHEN'S STUDY GROUP** is meeting next on January 29 after church! They are currently discussing "The Orthodox Church" by Met. Kallistos Ware. All Are welcome! Please call or email Michael Easbey with any questions - 805-705-6121 or [measbey@gmail.com](mailto:measbey@gmail.com).

### **A REMINDER ABOUT YOUR MONTHLY DONATION CHECKS:**

Please stipulate each month on your check or online payments exactly how you would like the funds allocated. If nothing is noted, the full amount of the donation will go to tithe income.

### **ADULT BIBLE STUDY**

We will be studying Paul's letter to the Ephesians on Saturdays at 4:30 p.m. before Great Vespers. Come join us for a good study and discussion!



# SCHEDULE FOR UPCOMING FEAST DAYS & CELEBRATIONS

## **FEAST OF THE PRESENTATION OF OUR LORD in the Temple**

Wednesday, February 1, 2017 at 6:00 p.m. Vespers-Liturgy

## **MARK YOUR CALENDAR FOR THE PARISH 30th ANNIVERSARY CELEBRATION February 17-19, 2017 (Presidents Weekend)**

### **Friday, Feb. 17**

7-8:30 p.m.

Pre-Lenten Seminar: Session I  
Paul (Howard) Finley on the Beatitudes  
Reception

8:30 p.m.

### **Saturday, February 18**

11:00 a.m.-12:15 p.m.

Pre-Lenten Seminar Session II

12:15 p.m.-1:15 p.m.

Lunch

1:15-2:30 p.m.

Pre-Lenten Seminar Session III

6:00 p.m.

Great Vespers

7:00 p.m.

“Coming Home” video

Introductory remarks by Fr. John Finley

7:45 p.m.

Reception

### **Sunday, February 19 - Meatfare Sunday**

9:00 a.m.

Matins/Divine Liturgy

11:45 a.m.

Group photos taken inside

12:15 p.m.

Luncheon outside (Meatfare BBQ)

1:30 p.m.

Brief musical program inside

2:00 p.m.

Dessert/coffee

# TEEN TEEN SCENE

January—February, 2017

**Unless noted otherwise, the Junior Highers meet from 6:00-7:30 p.m. on Thursdays, and the High Schoolers meet from 6:30-8:30 p.m.**

Thursday, January 26 Regular Youth Group Sessions

Thursday, February 2 Regular Youth Group Sessions

Thursday, February 9 Regular Youth Group Sessions

Thursday, February 16 Regular Youth Group Sessions

Thursday, February 23 Combined Youth Group—All Teens 6:30pm - 8:30pm  
*Meet at Rusty's Pizza on Turnpike at 6:30pm for Dinner. Walk over to Cloud 10 for Dodgeball and Trampoline Fun!*

## INCOME FOR NOVEMBER 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$34,874	\$ 14,184

## INCOME FOR DECEMBER 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$53,127	\$ 16,764

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Jon Braun  
Dn. Richard E.  
Kh. Diane C.  
Kh. Mary Sue W.  
Fr. Patrick and Vanessa K.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Dean & Penny B.  
Kevin & Angel S.

Baby Emma  
Mary  
Susan B.  
Baby Christian F.  
Duane F.  
Galina, Nikolai & Nataliya  
Olga Marie G.  
Emily F.  
Joan T.  
Terri-Lynn & Hannah Rose H.  
Jared E.

James  
Alma G.  
Dawn L.  
Michael L., Penny C. and Family  
Greg Z.  
All those suffering and  
in danger in the Ukraine,  
Africa, and the Middle East

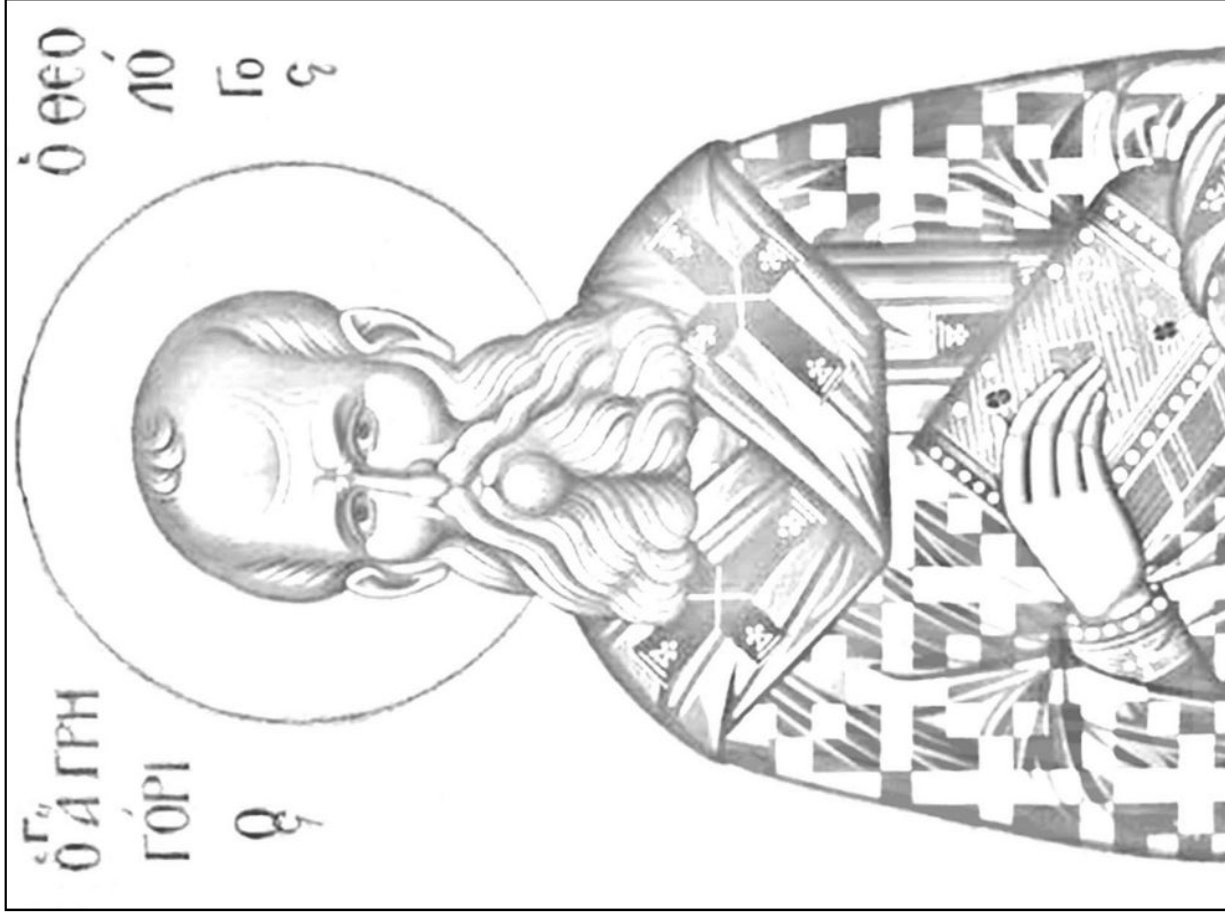
**For repose of the souls of:** Greg M., Ted C. Fr. Paul D., All who have died in the conflicts in the Ukraine Africa & the Middle East

### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS BOOK CENTER**  
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\* The church bookstore is located in the foyer of the fellowship hall. The two  
\* enclosed cabinets hold icons, books, and other items that are FOR SALE.  
\* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay-  
\* ment should be made at time of purchase and placed in the brown lockbox  
\* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St.  
\* Athanasius Book Center."  
\*  
**All proceeds go to the parish Building Fund.**  
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**St. Gregory the Theologian  
Commemorated on January 25th**