



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Benjamin Hedges, Secretary
Katie AbuGhazaleh
Richard Barre
Catherine Braun
Dottie Genatone
Verne Gish
Kristi King

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, February 26, 2017

Tone 3 / Eothinon 3

Sunday of Forgiveness (Cheese Fare)

Porphyrios, Bishop of Gaza;

Great-martyr Photeini the Samaritan Woman and those with
her; Martyr Theoklitos and those with him;

New Martyr John of Constantinople



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.

Calendar for this Week

Sunday, February 26– Cheesefare Sunday

9:00 a.m. Religious Education ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal
5:45 p.m. Choir Warm-up
6:00 p.m. Forgiveness Vespers

**NO FRIENDS GATHERING TODAY
AT ST. BARBARA MONASTERY**

Monday, February 27

6:45 a.m. Daily Matins
4:30 p.m. St. Brigid Outreach dinner at
St. Michael's in Isla Vista
6:00 p.m. Great Compline with Canon of
St. Andrew of Crete

Tuesday, February 28

2:30 –4:15 p.m. Catechesis Level I
6:00 p.m. Little Compline/Canon

Wednesday, March 1

6:45 a.m. Daily Matins
11 a.m.-1p.m. Shower of Blessings Ministry
12:00 p.m. Intercessory Prayer Group
6:00 p.m. Presanctified Liturgy

Thursday, March 2

5:30 p.m. Daily Vespers
6:00 p.m. Little Compline/Canon

Friday, March 3

6:45 a.m. Daily Matins
6:00 p.m. Akathist

Saturday, March 4

10 am-2 pm Rita Madden Workshop at
St. Barbara Greek Church
4:30 p.m. Adult Bible Study
6:00 p.m. Great Vespers/Confessions

Sunday, March 5– Sunday of Orthodoxy

9:00 a.m. Religious Education ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
4:30 p.m. Choir Rehearsal
6:00 p.m. Sunday of Orthodoxy Vespers

Sunday Morning Ministries Schedule

Eucharist Bread

February 26 Meyer
March 5 Kern
March 12 Braun
March 19 Sieck

Coffee Hour

February 26 CHEESEFARE POTLUCK
March 5 NEED A HOST
March 12 NEED A HOST
March 19 Keller/Brasel

Greeters

February 26 C. Berari/P. King
March 5 D. Washburn/D. Lewis
March 12 K. & L. Jacobs
March 19 P. King, L. Baker

Ushers

February 26 J. King, D. Washburn, C. Berari
March 5 S. Speier, P. Brunner, P. King
March 12 D. Meyer, R. Barre, D. Lewis
March 19 C. Speier, J. King, D. Washburn

Readers

February 26 D. Meyer
February 26 G. Wiley (Forgiveness Vespers)
March 1 D. Alexander (Presanctified Liturgy)
March 5 M. Kern
March 8 R. Barre (Presanctified Liturgy)
March 11 P. Braun (Soul Liturgy)
March 12 D. Washburn
March 15 V. Gish (Presanctified Liturgy)
March 18 Galen Wiley
March 19 H. Lange

**AT THE END OF THE MATINS SERVICE, WE SING THE
GREAT DOXOLOGY.**

**(“Glory to You, Who have shown us the light...”) followed by the Matins Dismissal
Troparion. Complete text is in front of Liturgy book.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incar-
nate of the holy Theotokos and ever virgin Mary, who without change didst become man and
wast crucified, O Christ our God, trampling down death by death, who art one of the Holy
Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes of “Sermon on the Mount”

The choir sings the verses and the congregation joins in on the REFRAIN.

Choir: In Your kingdom remember us, O Lord, when You come in Your kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Refrain: REMEMBER US, O LORD, WHEN YOU COME IN YOUR KINGDOM.
Blessed are those who mourn, for they shall be comforted. **REFRAIN**
Blessed are the meek, for they shall inherit the earth. **REFRAIN**
Blessed are those who hunger and thirst after righteousness,
for they shall be filled. **REFRAIN**
Blessed are the merciful, for they shall obtain mercy. **REFRAIN**
Blessed are the pure in heart, for they shall see God. **REFRAIN**
Blessed are the peacemakers, for they shall be called the sons of God. **REFRAIN**
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven. **REFRAIN**
Blessed are you when men shall revile you and shall persecute you,
and shall say all manner of evil against you falsely for my sake. **REFRAIN**
Rejoice and be exceedingly glad, for great is your reward in heaven.

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection

(Music on p. 44 of Liturgy book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Troparion to St. Athanasius

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Kontakion of Cheesefare Sunday

Tone 6 Slavic Chant

O Master, Teacher of wisdom,
Bestower of virtue,
Who teaches the thoughtless and protects the poor,
strengthen and enlighten my heart!
O Word of the Father,
let me not restrain my mouth from crying to You:
“Have mercy on me, a transgressor,
O merciful Lord!”

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon) (Music on page 63 of Liturgy Book)

Tone 8

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

Verse: *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

EPISTLE READING

Romans 13:11-14:4

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for the Master is able to make him stand.

Alleluia before the Gospel (Music on p. 65 of Liturgy Book)

Tone 6

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

v. It is good to give thanks to the Lord, to sing praises to Your Name, O Most High,... (Ps 91/92:1)

v. ...to declare Your mercy in the morning, and Your truth by night. (Ps 91/92:2)

GOSPEL READING

Matthew 6:14-21

The Lord said to His Disciples: If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father Who is in secret; and your Father Who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also.

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **are invited to approach the chalice for a blessing and the blessed bread instead of the Eucharist.**

So that the priest is aware of this, please just say,

“Father, bless” when you get to the chalice.

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

3/3 Christopher & Samantha Nalepa

Birthdays

2/26 Anya Johnson

3/3 Mark Kern

3/4 Juliana Brunner

Patronal Feast Days

3/4 **St. Juliana** Juliana Brunner

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia.

By the Waters of Babylon (Ps. 137)

1. By the Waters of Babylon, there we sat down and wept when we remembered Zion. Alleluia.
2. On the willows there we hung up our lyres. Alleluia.
3. For there our captors required of us songs and our tormentors required mirth. Alleluia.
4. Sing us one of the songs of Zion. Alleluia.
5. How shall we sing the Lord's song in a foreign land? Alleluia.
6. Remember, O Lord, on the day of Jerusalem's fall. Alleluia.

From "Coffee with Sister Vassa":

We all find ourselves in "*a foreign land.*" And not only because of the strangeness of our present-day politics. As the Epistle to the Hebrews reminds us, "*For here have we no enduring city, but we seek one to come.*" (Hebr 13: 14) As children of God and citizens of His kingdom, we sense a certain "homesickness" for a home we presently do not have. Hence our underlying, human sadness, which is always there, if only we stop for a bit to listen for it. It is not a dark kind of sadness for a person of faith, which is why we do, indeed, "sing" in the midst of our "foreign land."

So in our churches we sing these Psalm-verses on the three Sundays preceding Lent, beginning with the Sunday of the Prodigal Son, in order to get in touch with our human sadness in a healthy way. The psalm originally expresses the lament of the Jewish people in their captivity in a "foreign land," Babylon (and at its "rivers," the Tigris and Euphrates), after the conquest of Jerusalem in 586 BC. The conquerors "required songs" of their captives not in order to learn about their faith, but to mock it. In our own situation today, we have similar voices, calling us to "perform" or share of ourselves for the wrong reasons and inauthentically, hiding our sadness. But that kind of "song" brings no benefit either to ourselves or those who hear it. Because the light-filled sadness of a God-centered life is the very place from which all truly-inspired art comes. My "right hand" or God's inspiration "wITHERS" in all my creative work without it.

So today let me remember my true home, and not fear the productive sadness of longing for it.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

ANNUNCIATION TEA FOR WOMEN AND GIRLS

This year's Tea will be Saturday, March 25th at 9:30 am. More details to follow.

PLEASE DON'T FORGET TO UPDATE THE CHURCH OFFICE WHEN YOU MOVE OR CHANGE E-MAIL, CELL PHONE NUMBER OR LAND LINE NUMBER.

ATTENTION YOUNG ADULT SINGLES!! The Orthodox Singles retreat is Memorial Day Weekend! See details in the back of this bulletin.

SUNDAY OF ORTHODOXY

CELEBRATION WITH CENTRAL COAST PARISHES

Next Sunday at 6:00 p.m. we will host the Orthodox parishes of the Central Coast for Vespers in celebration of the Triumph of Orthodoxy. Rita Madden will be the guest speaker. Please join us in welcoming our sister parishes into our "home," and contact Christie Speier Robinson if you are able to help with set-up or clean-up for the reception. (christie.d.robinson@gmail.com)

Memory Eternal

Kevin Wesley (Michael) Speier

April 26, 1983—February 15, 2017



Angelina and the entire Speier family thank you for your prayers, support and love over the past 16 months.

A special thank you, also, to the many parishioners who lovingly worked many hours to provide warm hospitality to all who attended the services last week, and to the choir for singing Kevin to heaven with beautiful music.

As Great Lent 2017 approaches,

please keep the following dates for Lenten services in mind:

Sunday, February 26 6:00 p.m. Forgiveness Vespers

FIRST WEEK OF GREAT LENT

Monday, February 27 6:00 p.m. Great Compline with
Canon of St. Andrew

Tuesday, February 28 6:00 p.m. Little Compline with Canon

Wednesday, March 1 6:00 p.m. Presanctified Liturgy

Thursday, March 2 6:00 p.m. Little Compline with Canon

Friday, March 3 6:00 p.m. Akathist

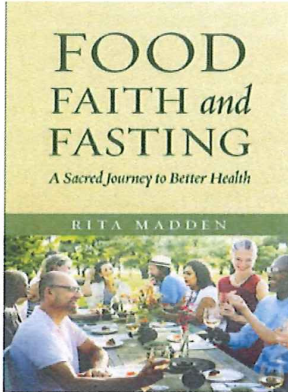
Saturday, March 4 10 a.m.-2 p.m. Workshop: Food, Faith & Fasting
presented by Rita Madden, Nutritionist,
at St. Barbara Greek Church

<http://www.orthodoxspeakers.com/speakers/rita-madden.html>

Sunday, March 5 6:00 p.m. Central Coast Inter-Orthodox
Vespers for Sunday of Orthodoxy
We are hosting the Vespers this year. We will need some
help with set-up, clean-up, and a few food items.

Food, Faith and Fasting

What: A workshop utilizing the Eastern Orthodox Christian Tradition to aid us in caring for body and soul alike. Care for health can be an edifying spiritual discipline. The participant will leave the workshop with practical tools to care for health (and lose weight if needed) in a spiritually minded manner.



When: Saturday, March 4 • 10am-2pm

Where: Saint Barbara Greek Orthodox Church • Orthodox Center
1205 San Antonio Creek Road, Santa Barbara, CA 93111

Speaker: Rita Madden, author of *Food Faith and Fasting* holds a Master of Public Health and is a Registered Dietitian. She also hosts the Podcast Food, Faith and Fasting on Ancient Faith Radio. She is passionate about returning people to traditional ways of eating as a way to care for health.

No entrance fee. Free-will donations will be gratefully accepted.

What's good to eat?

- What foods did God intend for us to eat? What should our relationship with food look like? We will focus on foods that support a person's cultural background and traditions but at the same time aid in weight loss and chronic disease prevention/management.

How should we eat?

- St. Paul teaches whether we eat or drink or do anything it should be done for the Glory of God. We will focus on portion control and bringing our bodies into balance for the purpose of weight management/loss and chronic disease prevention.

What about exercise and stress management?

- Self-care is critical when it comes to maintaining our spiritual practice. This section focuses on how exercise needs to be a joyful part of our life and why this self-care is needed. People will walk away with tips on how to fit exercise into their day without feeling like exercise needs to be a burden.
- The word is out... unmanaged stress negatively impacts health. So again, self-care is important. We'll discuss what stress does to the body and how to manage it.

What about fasting?

- Fasting is an ancient tool that can benefit both our body and soul alike.
- We will discuss ways to practice healthful fasting.

A Lenten lunch will be served.

**A chocolate eating lesson
will also take place!**



If you have questions and/or to register, please contact:

Email: office@saintbarbara.net

Phone: (805) 683-4492

Sponsored by the Central Coast Orthodox Clergy Association

Very Reverend Father
Michel Najim, Ph.D., *Dean*

Deacons
Rev. John Germain



Assistant Pastors
Rev. Fr. Calinic Berger
Rev. Fr. George Taweel
Rev. Fr. Paul Olson
Archdeacon
Rev. George Shishim

St. Nicholas Antiochian Orthodox Christian Cathedral

2300 WEST 3RD STREET | LOS ANGELES, CALIFORNIA 90057 | PHONE: (213) 382-6269 | FAX: (213) 382-0175
cathedral@stnicholasla.com | www.stnicholasla.com

February 17, 2017

St. Athanasius
300 Sumida Gardens Lane, Santa Barbara, CA 93111

Dear St. Athanasius,

On behalf of the Camp St. Nicholas Legacy Committee, thank you for your generous contribution of \$100 to the campaign for Emergency Repairs for St. Nicholas Camp. St. Nicholas Cathedral is a 501(c)3 charitable organization, so your contribution may be 100% tax deductible to the extent allowed by law.

We are delighted to let you know that your support has contributed to a very successful fundraising campaign, and we have reached our goal! Because of dedicated and committed Orthodox Christians such as yourself, we will be able to make the critical repairs necessary at our beloved Camp and it will be safe for our children, grandchildren, brothers and sisters.

As you know, camp attendance fees and other earned revenues come nowhere near covering the expense of maintaining the Camp, so we have been blessed by Metropolitan Joseph to form the Camp Legacy Committee to raise critically needed funds for the repair and upkeep of the facility, and to build a base of support for the future. Another important goal of this group is to provide an opportunity for fellowship through camp "reunion" events. With your contribution, you are now a member of the Camp Legacy Committee and we will be communicating with you from time to time to report on the use of the funds we raise, as well as to let you know about reunion activities. Should you not wish to be listed on the committee roster, please email us at Campstnick@gmail.com and let us know.

You will be receiving a separate invitation, but please mark your calendar for our Donor Thank You Reception on Saturday, February 25 which is being held at St. Luke's, Garden Grove, at 5 PM. Thank you again for your contribution to this important effort and for your investment in Camp St. Nicholas.

Yours in Christ,

V. Rev. Fr. Michel Najim

Fr. Calinic Berger

Very Reverend Father Michel Najim, Ph.D., *Dean*

Rev. Fr. Calinic Berger, *Assistant Pastor*

Stephen P. Ajalat

Dr. Edward Deeb Jr.

Fred Milkie Jr.

Laurie Rowihab

Co-Chairs, Camp St. Nicholas Legacy Committee

This Acknowledgement of your contribution to St. Nicholas Antiochian Orthodox Christian Cathedral (Tax ID No.95-1992967) is provided pursuant to Section 170(f)(8) of the Internal Revenue Code. St. Nicholas Antiochian Orthodox Christian Cathedral did not provide any goods or services in whole or partial consideration of the above contribution. Please retain this letter for your tax records.

A huge thank you...

**...to all those who donated to the
St. Athanasius Choir CD Project!**

We could not have done it without your help!

Golden Tones (\$500-\$1,000)

Dn. Gary & Melissa Braun
Terry Bartlett (in honor of Dean Brunner)

Silver Suites (\$100-\$250)

Bonnie Alexander
Richard & Lisa Ballew
Richard & Susan Barre
Fr. Jon Braun
Mary Dibs (in honor of Fr. Nicholas & Jan Speier)
Kh. Marilyn Gillquist (in memory of Fr. Peter Gillquist)
Dr. Scott & Terri Speier
Mark & Dee Kern
Troy & Carla Harris

Bronze Ballades (\$10-\$99)

Dana & Dorothy Alexander
Phil & Monica Brewer
Stephanie Braun
Carla Brunstead
Evonne Chala (in memory of Silvia Yova)
Mary Gish
Temmo Korisheli
Michael & Penny Loulias
Nancy Musci
Jennifer Saksen
David Washburn
Maria Waterhouse
Michael & Cameron Whittaker
Dan & Suzi Wiley

SING TO THE LORD A NEW SONG!

The St. Athanasius Orthodox Church Choir sings some of its favorite hymns
Valerie Yova, Music Director



The Choir CD is here and available for purchase!

Please visit the CD table today and purchase your copy.

...And a few for your friends and relatives!

\$17 per CD

\$15 per CD if you buy 3 or more

A parish of the Antiochian Orthodox Christian Church

SING TO THE LORD A NEW SONG! PS. 97

ST. ATHANASIUS ORTHODOX CHURCH CHOIR

- | | |
|--|--|
| 1) Joyfully with One True Voice
V. Rev. John Finley (2:43) | 15) Gladsome Light (Hymn of Vespers)
Nazo Zakkak (Dedicated by the composer to Stephanie Braun & Mary Gish) (2:12) |
| 2) Christ is Risen (Troparion of Pascha), Vladimir Morosan, dedicated to V. Rev. Jon Braun (1:43) | 16) Holy God, N. Zakkak (composed for St. Athanasius Choir) (2:53) |
| 3) Thy Bridal Chamber (Troparion of Bridegroom Matins)
Kievan Chant, arr. A. Arkhangelsky adapted by V. Morosan (2:14) | 17) It is Truly Meet, N. Zakkak (dedicated by the composer to V. Yova) (1:31) |
| 4) Great Litany by Nazo Zakkak
Celebrant: Deacon Gary Braun (3:29) | 18) Cherubic Hymn, N. Zakkak (4:03) |
| 5) Anaphora by V. Rev. Sergei Glagolev
Celebrants: V. Rev. Jon Braun, V. Rev. Nicholas Speier (4:58) | 19) Blessed be the Name of the Lord, N. Zakkak (1:03) |
| 6) In the Flesh (Exapostilarion of Pascha)
Galician melody, harm. & arr. W. G. Obleschuk (2:53) | 20) Today is the Beginning of Our Salvation
Troparion of Feast of Annunciation, Nazo Zakkak (1:46) |
| 7) The Jesus Prayer
Gornensky Monastery Chant (1:52) | 21) Kontakion for the Feast of the Nativity of Christ
V. Rev. John Finley (1:39) |
| 8) Rejoice, O Virgin Theotokos
V. Rev. John Finley (2:10) | 22) Exapostilarion for the Feast of the Nativity of Christ, Byzantine Chant (1:28) |
| 9) Cherubic Hymn V. Rev. John Finley (2:10) | 23) Exapostilarion for the Feast of the Nativity of Christ
J. Sakellarides/Gellsinger (1:49) |
| 10) Prokeimenon for Feast of the Nativity of Christ
V. Rev. John Finley, Chanter: Stephanie Braun (0:56) | 24) Holy God, Original melody Fr. David Wey, arr. V. Rev. J. Finley (4:32) |
| 11) The Wise Thief (Exapostilarion of Holy Friday Matins)
Byzantine melody, arr. V. Rev. J. Finley (1:12) | 25) Worthy is the Lamb by V. Rev. John Finley
Solo by V. Rev. John Finley
Chorus: Valerie Yova, Melissa Walker Braun & Jami Brunner Stetler (4:10) |
| 12) By the Waters of Babylon
Znamenny Chant, harm. A. Arkhangelsky, set in English and edited by V. Morosan (4:05) | 26) I have Seen the Kingdom by Dn. Douglas King
Vocalists: Catherine Braun, Stephanie Braun, John Butler, Mary Gish, Verne Gish, Jim Morrison (2:35) |
| 13) Receive the Body of Christ (Communion Hymn)
Original melody John Butler & Madeleine Meyer harm. V. Yova & N. Zakkak
Chanter: Mary M. Gish III, Conducted by John Butler (3:25) | 27) Within These Walls by Dn. Douglas King
Solos: Jim Morrison, Melissa Walker Braun, Verne Gish, Jami Brunner Stetler
Added in chorus: John Butler, Valerie Yova (2:32) |
| 14) O, Isaiah, Dance Your Joy (Wedding Troparia)
Nazo Zakkak (1:36) | 28) Troparion to St. Athanasius
Byzantine melody, arr. V. Rev. J. Finley (1:24) |
| | 29) Memory Eternal by V. Rev. J. Finley (0:55) |
| | 30) Alleluia by V. Rev. Sergei Glagolev
Chanter: John Butler (1:47) |

Total Time: 72:15



St. Athanasius Antiochian Orthodox Christian Church
300 Sumida Gardens Lane, Santa Barbara, CA 93111 | www.stathanasius.org

TEEN SCENE

March, 2017

Unless noted otherwise, the Junior Highers meet from 6:00-7:30 p.m. on Thursdays, and the High Schoolers meet from 6:30-8:30 p.m.

- 3/2 Canon of St. Andrew at 6pm.
Since it's the first week of Lent, we'll be attending this service at 6pm.
- 3/9 Thursday Night Youth Group
- 3/16 Thursday Night Youth Group
- 3/23 Thursday Night Youth Group
- 3/30 Canon of St. Andrew at 6pm.

ORTHODOX SINGLES RETREAT

MEMORIAL DAY WEEKEND—May 26-29, 2017

Sponsored by University of St. Katherine
1637 Capalina Rd., San Marcos, CA

- \$300 for housing, meals, visit to San Diego Zoo including lunch
- Registration deadline—April 15th (Limited to first 200 people)
- Program includes: Worship, Speakers, OS Survivor Game, Service Project, Softball Game, Zoo Trip, OS Got Talent (bring an instrument, your voice, or the two-step!)

For more information & registration form, e-mail Donna Marie Fletcher at OrthodoxSinglesRetreat@mail.com.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Kh. Mary Sue W.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Angelina, Jase & Alina S.

Baby Emma
Mary
Susan B.
Baby Christian F.
Duane F.
Galina, Nikolai & Nataliya
Olga Marie G.
Emily F.
Joan T.
Terri-Lynn & Hannah Rose H.
Jared E.

James
Alma G.
Dawn L.
Michael L., Penny C. and Family
Greg Z.
Carmen G.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Kevin S., Matushka Juliana S., Greg M., Ted C. Fr. Paul D.,
All who have died in the conflicts in the Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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ST. ATHANASIUS BOOK CENTER
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* The church bookstore is located in the foyer of the fellowship hall. The two
* enclosed cabinets hold icons, books, and other items that are FOR SALE.
* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay-
* ment should be made at time of purchase and placed in the brown lockbox
* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St.
* Athanasius Book Center."
*
All proceeds go to the parish Building Fund.
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