



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111

Office hours: Tues-Fri.

12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-770-3749

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

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Youth Coordinator

Tyler Speier tyler@stathanasius.org

Parish Council 2016-2017:

Douglas Meyer, President

Dan Braun, Treasurer

Benjamin Hedges, Secretary

Katie AbuGhazaleh

Richard Barre

Catherine Braun

Dottie Genatone

Verne Gish

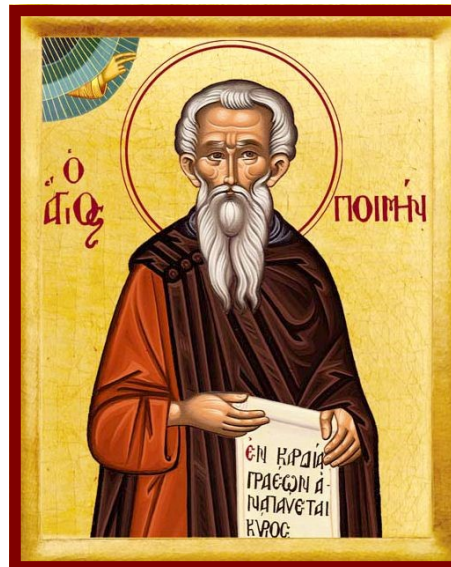
Kristi King

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, August 20, 2017

Tone 3 / Eothinon 1; Twelfth Sunday after Pentecost & Twelfth Sunday of Matthew

Righteous Father Pimen the Great of Egypt;
Hosius the Confessor, Bishop of Cordova; Martyr Anthusa the New;
Newly-revealed Martyr Phanourios of Rhodes;
Caesarius, Bishop of Arles



St. Pimen the Great

**lived from 340-450 and spent most of his life
in a monastery in Egypt.**

WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, August 27

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
4:00 p.m. St. Barbara Monastery Friends
Gathering

Monday, August 28

6:45 a.m. Daily Matins
5:00 p.m. St. Brigid Outreach Dinner
at St. Michael's in Isla Vista

Tuesday, August 29-Beheading of St. John the Baptist

NO DAILY VESPERS

Wednesday, August 30

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry

Thursday, August 31

11:00 a.m. Showers of Blessing Ministry
5:30 p.m. Daily Vespers
NO YOUTH GROUP

Friday, September 1-Church New Year

6:45 a.m. Daily Matins
7:00 P.M. Youth Group Lock-in

Saturday, September 2

6:00 p.m. Great Vespers, Confessions

Sunday, September 3

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

**Fr. Nicholas and Jan will be
away August 27-31.**

**Valerie Yova will be away
August 31-September 5.**

Sunday Morning Ministries Schedule

Eucharist Bread

August 27 Braun
September 3 Fr. Nicholas
September 10 Meyer
September 17 Tinyayeva

Coffee Hour

August 27 Wiley/Baker
September 3 P. Cocores/M. Loulias
September 10 G. Shannon
in memory of Dn. Howard
September 17 **NEED A HOST**

Greeters

August 27 D. Genatone, P. Morrison
September 3 H. Lange, G. Shannon
September 10 K.P. King, D. Washburn
September 17 K. Fox, D. Lewis

Ushers

August 27 G. Shannon, S. Speier, P. Brunner
September 3 P. King, D. Meyer, R. Barre
September 10 D. Lewis, C. Speier, J. King
September 17 D. Washburn, C. Berari, G. Shannon

Readers

August 27 V. Gish
September 3 D. Washburn
September 10 T. Harris
September 17 D. Meyer

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

e Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

n

Only Begotten Son and immortal Word of God who for our salvation didst will to be incar-
nate of the holy Theotokos and ever virgin Mary, who without change didst become man and
wast crucified, O Christ our God, trampling down death by death, who art one of the Holy
Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection

(Music on p. 44 of Liturgy book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Troparion to St. Athanasius

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Kontakion for the Feast of the Nativity of the Theotokos**Tone 4** Slavic Chant

By your nativity, most pure Virgin,
Joachim and Anna are freed from barrenness,
Adam and Eve from the corruption of death.
And we, your people, freed from the guilt of sin,
celebrate and sing to You:
“The barren woman gives birth to the Theotokos,
the Nourisher of our Life.”

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Music on p. 58 of Liturgy book)****Tone 3** Byzantine melody
harmonized by Fr. J. Finley

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!
Shout to God with a voice of joy! (*Ps 46/47:1*)

**EPISTLE READING for the DAY
1 Corinthians. 15:1-11**

Brethren, I would remind you in what terms I preached to you the Gospel, which you received, in which you stand, by which you are saved, if you hold it fast—unless you believed in vain. For I delivered to you as of first importance what I also received, that Christ died for our sins in accordance with the Scriptures, that He was buried, that He rose on the third day in accordance with the Scriptures, and that He appeared to Cephas, then to the Twelve. Then He appeared to more than five hundred brethren at one time, most of whom are still alive, though some have fallen asleep. Then He appeared to James, then to all the Apostles. Last of all, as to one untimely born, He appeared also to me. For I am the least of the Apostles, unfit to be called an Apostle, because I persecuted the church of God. But by the grace of God I am what I am, and His grace toward me was not in vain. On the contrary, I worked harder than any of them, though it was not I, but the grace of God, which is with me. Whether then it was I or they, so we preach and so you believed.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 3

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me.
Ps 30/31:2)

GOSPEL READING for the DAY
Matthew 19:16-26

At that time, a young man came up to Jesus, kneeling and saying, “Good Teacher, what good deed must I do, to have eternal life?” And He said to him, “Why do you call Me good? No one is good but One, that is, God. If you would enter life, keep the commandments.” He said to Him, “Which?” And Jesus said, “You shall not kill, you shall not commit adultery, you shall not steal, you shall not bear false witness, honor your father and mother, and you shall love your neighbor as yourself.” The young man said to Him, “All these I have observed; what do I still lack?” Jesus said to him, “If you would be perfect, go, sell what you possess and give to the poor, and you will have treasure in heaven; and come, follow me.” When the young man heard this, he went away sorrowful; for he had great possessions. And Jesus said to his disciples, “Truly, I say to you, it will be hard for a rich man to enter the Kingdom of Heaven. Again I tell you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God.” When the disciples heard this they were greatly astonished, saying, “Who then can be saved?” But Jesus looked at them and said to them, “With men this is impossible, but with God all things are possible.”

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the*

*priest is aware of this, please just say,
“Father, bless” when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

St. Pimen the Great of Egypt

When asked how to get rid of persistent evil thoughts, the saint replied, "This is like a man who has fire on his left side, and a vessel full of water on his right side. If he starts burning from the fire, he takes water from the vessel and extinguishes the fire. The fire represents the evil thoughts placed in the heart of man by the Enemy of our salvation, which can enkindle sinful desires within man like a spark in a hut. The water is the force of prayer which impels a man toward God."

CELEBRATIONS for this WEEK

Wedding Anniversaries

8/30 Nikolay & Velislava Nikolov
8/30 Josh & Dayli Braun

Birthdays

8/28 Lara Jacobs
8/30 Mitch Denny, Jan Speier
8/31 Peggy King, Timothy Braun
9/2 Benjamin Ballew, John Charles Finley

Patronal Feast Days

8/29	St. Sabina the Martyr	Sabina Shackelford
8/29	St. Theodora of Salonica	Jody Wallace
9/1	Prophetess Abigail, Wife of King David	Abigail Simonsen
9/1	St. Joshua, The Son of Nun	Josh Kern
9/1	St. Penelope, the Holy Virgin Martyr	Penny Cocores

FINANCIAL SNAPSHOT INCOME FOR July, 2017

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$35,100	\$ 14,429

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

ST. BARBARA MONASTERY FRIENDS WILL GATHER TODAY at 4:00 p.m. for a presentation by Fr. Calinic Berger (St. Nicholas Antiochian Cathedral in Los Angeles) on “Inner Prayer and Psalm 50: Daily Renewal.” Vespers will follow at 5:00 p.m. after which will be a potluck supper.

LITURGICAL NEW YEAR

The new Liturgical Year begins on September 1st. Most of the service schedule is now posted to the online Google calendar on the church website, along with most other church classes, events and activities. Please get in the habit of consulting this calendar.

UPCOMING FEAST DAY SERVICES

Thursday, September 7

Vesperal-Liturgy for the Feast of the Birth of the Theotokos—6:00 p.m.

Wednesday, September 13

Vesperal-Liturgy for the Feast of the Elevation of the Holy Cross—6:00 p.m.

SUNDAY RELIGIOUS EDUCATION START-UP

All Sunday Religious Education classes will begin on **Sunday, September 17 at 9:00 a.m.**

That would include: Catechesis Level II, Catechesis Level III, Junior High, Senior High

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

8/31 NO YOUTH GROUP

9/1 Friday night LOCK-IN at the church to kick-off the new school year. 7:00 p.m.

9/7 Regular Youth Group times

9/14 Regular Youth Group times

9/21 Regular Youth Group times

9/28 Regular Youth Group times

ONLY 3 WEEKS
until the St. Athanasius Annual
Howard Shannon Golf Tournament!
(Proceeds support the Building Fund)

Have you done your part yet?
There are LOTS of ways to participate:

- ◆ Form a team and sign up to golf
- ◆ Gather a group of friends to attend the dinner
 - ◆ Donate an auction item
 - ◆ Solicit a donation of an auction item
 - ◆ Donate towards Fr. Nicholas'

Hole #10 Sponsorship in memory of Kevin Speier



It's fast and easy to register and donate. Just go to:
<https://www.stathanasius.org/2017-golf-tournament/>

Auction items or questions about the auction go to:
Terri Speier—stspeier@cox.net or 563-2131



It's that time again!

Time to sign up to host a

Coffee Hour

during the 2017-2018 Liturgical Year!

How to Sign up

Sign-ups will be done online again this year. Please consult your family calendar, and then use the online list to sign up.

You can also e-mail a preferred date to suziwiley@cox.net, or give Suzi a call at 805-448-2787. Here is the link to sign up online.

<http://www.stathanasius.org/coffee-hour/>

FEEDBACK FROM COFFEE HOUR SURVEY:

What do you like about Coffee Hour?

- Chatting with friends, chance to catch up with people I rarely see
- Fellowship
- Chance to get something healthy in my stomach after fasting
- Getting to know visitors and our own members better
- For most of us, it is our only interacting during the week with church family
- Great way to meet new people

Any suggestions?

- Better quality coffee
- Move beverage table for better traffic flow
- Maybe include a structured activity sometimes
- Ask the hosts if they actually NEED extra help. Sometimes there are actually too many in the kitchen.
- Safe, enclosed play area for the kids
- Provide music sometimes
- Potluck on regular (monthly?) basis so that we get to share a meal and make deeper connections.
- Need more places to sit
- More shade, more chairs



PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Kh. Mary Sue W.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.

Dean & Penny B.
Angelina, Jase & Alina S.
Mary
Rich and Susan B.
Duane F.
Galina, Nikolai & Nataliya
Joan T.
Friesen Family
Temmo K.
Ethan K.

Tony C.
Mona Z.
Paul F. and Family
Justin B.
Fr. Anthony Y. and Family
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Met. Antonios

All who have died in the conflicts in the Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the foyer of the fellowship hall. The two enclosed cabinets hold icons, books, and other items that are FOR SALE. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in the brown lockbox mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. Athanasius Book Center."

All proceeds go to the parish Building Fund.

