

## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111

**Office hours:** Tues-Fri.

12:00—5:00 p.m.

**Senior Pastor:**

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-770-3749

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

**Music Director/Administrator:**

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Youth Coordinator**

Tyler Speier tyler@stathanasius.org

**Parish Council 2017-2018:**

Kristi King, President

Dan Braun, Treasurer

Benjamin Hedges, Secretary

Laurie Baker

Corina Berari

David Dillon

Dottie Genatone

Verne Gish

Terri Speier

### LITURGY OF ST. JOHN CHRYSOSTOM Sunday, November 26, 2017

**Tone 8 / Eothinon 3; Twenty-fifth Sunday after  
Pentecost & Thirteenth Sunday of Luke**

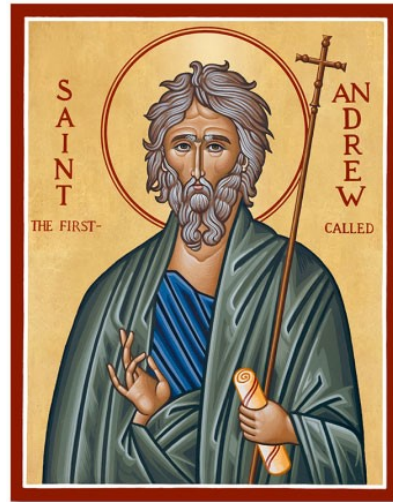
Venerable Alypius the Stylite of Adrianople;

Nikon the Preacher of Repentance;

Venerable Stylianos of Paphlagonia;

New-martyr George of Chios;

Repose of Innocent, First Bishop of Irkutsk



### WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the  
blessed bread during communion.

Please join us at Coffee Hour~ we'd love to meet you!

## ***Calendar for this Week***

### **Sunday, November 26**

#### **NO RELIGIOUS EDUCATION CLASSES**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. THANKSGIVING POTLUCK  
12:00 p.m. Rehearsal with children

### **Monday, November 27**

6:45 a.m. Daily Matins  
4:30 p.m. St. Brigid Outreach Dinner  
at St. Michael's in Isla Vista

### **Tuesday, November 28**

2:30 p.m. Catechesis Level I  
5:30 p.m. Daily Vespers

### **Wednesday, November 29**

6:45 a.m. Daily Matins  
12:00 p.m. Intercessory Prayer Ministry  
5:00 p.m. Evangelism Team Meeting  
6:00 p.m. Advent Paraklesis  
7:00 p.m. Parish Council Meeting

### **Thursday, November 30—Apostle Andrew**

11:00 a.m. Showers of Blessing  
6:30 p.m. Jr. High Youth Group  
7:00 p.m. High School Youth Group  
7:00 p.m. Choir Rehearsal

### **Friday, December 1**

6:45 a.m. Daily Matins

### **Saturday, December 2**

4:30 p.m. Adult Catechism  
6:00 p.m. Great Vespers, Confessions

### **Sunday, December 3**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
4:00 p.m. Vigil for Feast of St. Barbara at  
St. Barbara Monastery  
6:00 p.m. Vespers at St. Barbara Parish

### **The Nativity Fast began on November 15th.**

Also referred to in the West as "Advent," the Nativity Fast is a time of preparation for the coming of our Lord through intensified prayer and fasting. The fast ends when we receive the Eucharist on the Feast of the Nativity.

### **Monday, December 4—Feast of St. Barbara**

10:00 a.m. Liturgy at St. Barbara Monastery  
9:00 a.m. Matins at St. Barbara Parish  
10:00 a.m. Liturgy at St. Barbara Parish

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

November 26 Tinyayeva  
December 3 D. Washburn  
December 10 Meyer  
December 17 Dillon

### **Coffee Hour**

November 26 THANKSGIVING POTLUCK  
December 3 Macdonald  
December 10 Ballew (in memory of Fr. Richard)  
December 17 NEED A HOST

### **Greeters**

November 26 D. Lewis/D. Washburn  
December 3 P. King/L. Baker  
December 10 Fox/Deacon  
December 17 K. & L. Jacobs

### **Ushers**

November 26 D. Lewis, C. Speier, J. King  
December 3 D. Washburn, C. Berar, G. Shannon  
December 10 S. Speier, P. Brunner, P. King  
December 17 D. Meyer, R. Barre, D. Lewis

### **Readers**

November 26 V. Gish  
December 3 T. Harris  
December 6 H. Lange (St. Nicholas Liturgy)  
December 10 D. Meyer  
December 17 D. Washburn

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.  
Blessed are those who mourn, for they shall be comforted.  
Blessed are the meek, for they shall inherit the earth.  
Blessed are those who hunger and thirst after righteousness, for they shall be filled.  
Blessed are the merciful, for they shall obtain mercy.  
Blessed are the pure in heart, for they shall see God.  
Blessed are the peacemakers, for they shall be called the sons of God.  
Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.  
Blessed are you when men shall revile you and shall persecute you, and shall say all  
manner of evil against you falsely for my sake.  
Rejoice and be exceedingly glad, for great is your reward in heaven.

### **FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:**

#### **Troparion of the Resurrection (Music on p. 53 of Liturgy book)**

From the heights Thou didst descend,  
O Compassionate One;  
and Thou didst submit to the three day burial,  
that Thou might deliver us from passion.  
Thou art our Life and our Resurrection,  
O Lord, glory to Thee.

**Tone 8** Byzantine melody  
harmonized by Fr. J. Finley

#### **Troparion to St. Athanasius (Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is  
equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3** Byzantine melody  
harmonized by Fr. J. Finley



**Kontakion for the Preparation of Christ's Nativity****Tone 3** Byzantine melody  
harmonized by F. Karam

The virgin cometh today to the cave  
to give birth, ineffably to bring forth the Word eternal.  
Therefore, rejoice, O earth, at the message;  
with the angels and shepherds give glory to Him  
Who shall appear by His own will as a young child,  
He who is from eternity God.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle****Tone 8** Byzantine melody

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

**Verse:** *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

**EPISTLE READING****Ephesians 4:1-7**

Brethren, I, a prisoner for the Lord, beg you to lead a life worthy of the calling to which you have been called, with all lowliness and meekness, with patience, forbearing one another in love, eager to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope that belongs to your call, one Lord, one faith, one baptism, one God and Father of us all, Who is above all and through all and in all. But grace was given to each of us according to the measure of Christ's gift.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel  
(Music on page 64 of Liturgy Booklet)****Tone 8**

Chanter: Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

**Verse:** Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

**GOSPEL READING**  
**Luke 18:18-27**

At that time, a man came testing Jesus and asking, “Good Teacher, what shall I do to inherit eternal life?” And Jesus said to him, “Why do you call Me good? No one is good but God alone. You know the commandments: ‘Do not commit adultery. Do not kill. Do not steal. Do not bear false witness. Honor your father and mother.’” And the man said, “All these I have observed from my youth.” And when Jesus heard it, he said to him, “One thing you still lack. Sell all that you have and distribute to the poor, and you will have treasure in heaven; and come, follow Me.” But when the man heard this he became sad, for he was very rich. Jesus, seeing him sad, said, “How hard it is for those who have riches to enter the kingdom of God! For it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God.” Those who heard it said, “Then who can be saved?” Jesus said, “What is impossible with men is possible with God.”

**Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

**Communion Hymn**

Praise the Lord from the heavens; praise Him in the Highest! Alleluia! (Ps. 148)

**HOLY COMMUNION**

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,*

*“Father, bless” when you get to the chalice.*

**Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

**PLEASE NOTE THE FOLLOWING CHANGE:**  
**Metropolitan JOSEPH will be with us on**  
**SUNDAY, FEBRUARY 11th (Meatfare Sunday)**  
**for a hierarchical Liturgy and pastoral visit!**  
**(instead of February 4th)**

**NEW!**

# Anaphora

Moderato (♩ = c. 108)

nazo zakkak

Soprano  
Alto

A Mer - cy of Peace, a Sac - ri - fice of Praise.

Tenor  
Bass

S  
A

And with thy spir - it.

T  
B

S  
A

We lift them up un - to the Lord.

T  
B

S  
A

It is meet and right to wor - ship the

T  
B

S  
A

Fa - ther and the Son and the Ho - ly

T  
B

S  
A

Spir - it, the Trin - i - ty

T  
B

S  
A

one in es - sence and un - di - vid - ed.

T  
B

S  
A

Ho - ly, ho - ly, ho - ly

T  
B

S  
A

Lord of Sab - a - oth. Heav - en and earth are

T  
B

S  
A

full of Thy glo - - - ry.

T  
B

S  
A

Ho - san - na in the high - est,

T  
B

S  
A

bless - ed is He that comes in the Name of the Lord.

T  
B

S  
A

Ho - san - na in the high - est.

T  
B

S  
A

A - men. A - men.

T  
B

Adagio (♩ = c. 76)

S  
A

*p* We praise Thee, we

T  
B

S  
A  
T  
B

bless Thee, we give

S  
A  
T  
B

thanks un - to Thee O our God,

S  
A  
T  
B

and we pray un - to Thee, O our God.

**ST. NICHOLAS CELEBRATION**  
**SUNDAY, DECEMBER 10, 2017**  
**6:30 p.m.**

**We will celebrate the life of St. Nicholas of Myra with story telling, music, and a fun evening for the whole family. A lenten reception and visit from St. Nicholas will follow the program. Children ages 3-12 will be invited to leave their shoes in the hallway during the program so that St. Nicholas can fill them with treats, and all of the children will participate in welcoming St. Nicholas at the end of the program.**

**PLEASE MARK YOUR CALENDAR  
WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES**

Wednesdays during Advent 6:00 p.m.  
Nov. 29 Dec. 13 & 20

**Advent Paraklesis**

**FEAST OF ST. BARBARA**

Sunday, December 3

Monastery—4:00 p.m. Vigil

St. Barbara Parish in Santa Barbara  
6:00 p.m. Vespers followed by reception

Monday, December 4

Monastery—10:00 a.m. Liturgy

St. Barbara Parish—9:00 a.m. Matins  
10:00 a.m. Liturgy

Wednesday, December 6 6:00 p.m.

**Liturgy for St. Nicholas**

Sunday, December 10 6:30 p.m.

**St. Nicholas Family Night**

**Friday, December 22 9:00-10:30 a.m.**

**Royal Hours of Nativity (Complete)**

**Sunday, December 24 10:00 a.m.  
10:00 p.m.**

**Divine Liturgy (NO MATINS)  
Feast of the Nativity of Christ  
Matins & Liturgy**

Saturday, December 30

At Vespers— Commemoration of the  
Innocents slain by Herod, and prayers for  
souls of infants who have died in childbirth,  
were stillborn or who died as a result of an abortion

Sunday, December 31  
9:00 a.m. Matins/10:00 a.m. Liturgy  
1:00 p.m.

**Transference of the FEAST OF ST. BASIL/  
CIRCUMCISION& NEW YEAR  
BLESSING OF THE GRAVES**

Saturday, Jan. 6 8:30 a.m.

Liturgy for Feast of Epiphany  
and Great Blessing of the Water

Sunday, Jan. 7 After Liturgy

Outdoor Blessing of the Water at Harbor

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

On the homepage, click on **VIEW CALENDAR** at the bottom left.

**OUR SINCERE CONDOLENCES** to Gail Shannon on the departing from this life of her mother, Jeannette. Our sympathies to Courtney, Brody, Travis, and the entire family. May her memory be eternal.

**THERE WILL BE A REHEARSAL TODAY AT 12:00 p.m.** with all of the children ages 3-12 for St. Nicholas Family Night.

### **ROOM FOR RENT at St. Tikhon's House (for Christian men)**

St. TIKHON'S HOUSE has a large bedroom being readied for one or two men of college age men, quiet for prayer and study, low rents----Contact David: 308-0381 or [davidlewis525@hotmail.com](mailto:davidlewis525@hotmail.com).

### **SHOWERS OF BLESSING—IN NEED OF CLOTHING**

Each Thursday from 11 a.m.-1 p.m. we host the Showers of Blessing, a mobile trailer that offers showers and clean clothing to our neighbors who do not have housing. The folks who transport the shower trailer and run the actual showering process are in need of clean clothing in good condition. Here is what is needed:

Men's: jeans and t-shirts (\*\***MOST NEEDED**)

Women's clothing

Coats, hoodies, thermal long underwear for both men and women

Blankets and sleeping bags

Scarves and gloves

**IF YOU HAVE ITEMS TO DONATE, PLEASE PUT THEM IN FRONT OF THE CHURCH OFFICE DOOR WITH A NOTE.** Please do not just drop clothing in the hallway.

**THANKS TO ALL WHO HAVE DONATED CLOTHING IN THE PAST FEW WEEKS!!**

### **ST. BRIGID CHRISTMAS OUTREACH BREAKFAST**

We will also be collecting new and very gently used clothing for the St. Brigid Christmas breakfast. Next week we will announce details on the specific items of clothing being collected.

## ***CELEBRATIONS THIS WEEK***

### **Birthdays**

11/26	Judy Braun
11/27	Shirley Dillon
12/1	Anya Madrigal, Lydia Sieck

### **Patron Saint Commemorations**

11/27	St. James of Persia	James Dillon
11/30	St. Andrew the Apostle	Johannes De Bruin, Ryan Franzen, Andrew Macdonald, Andrew Meyer, Andy Simonsen



**Pre-Advent Seminar 2017**  
**“Love & Purity”**  
**taught by Mother Melania & Fr. Nicholas**



## **TEEN SCENE**

**Junior High teens meet from 6:00-7:30 p.m.  
and High School teens meet from 6:30-8:30 p.m.  
on Thursdays in the Teen Room at the church, unless noted otherwise.**

### **November 2017**

11/30 Thursday Night Youth Group

### **December 2017**

12/7 Thursday Night Youth Group

12/14 Thursday Night Youth Group (Fire on Father)

12/21 Christmas Party with White Elephant Gift Exchange

12/28 Thursday Night Youth Group - Movie Night/Hangout

### **January 2018**

1/4 Thursday Night Youth Group

1/7 Outdoor Blessing of the Water (Dive for the Cross)

1/11 Thursday Night Youth Group

1/18 Thursday Night Youth Group (Fire on Father)

1/25 Thursday Night Youth Group

## **REVISED ADULT CATECHISM SCHEDULE:**

11/4	The Music of Liturgy	12/9	Sacraments
11/11	NO CLASS—Advent Seminar	12/16	Cycle of Prayers, pp. 60-68
11/18	Holy Spirit	12/23	NO CLASS
11/25	NO CLASS (Thanksgiving Weekend)	12/30	NO CLASS
12/2	Church Art & Architecture	1/6	The Church Year I, pp. 70-117
		1/13	The Church Year II, pp. 117-151

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Jon Braun  
Dn. Richard E.  
Kh. Diane C.  
Fr. Patrick and Vanessa K.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Dean & Penny B.  
Angelina, Jase & Alina S.  
Rich and Susan B.  
Duane F.  
Galina, Nikolai & Nataliya

Joan T.  
Bette Friesen & Family  
Ethan K.  
Tony C.  
Paul F. and Family  
Justin B.  
Fr. Anthony Y. and Family  
Bill & Robin H. and Family  
Tony E.  
Clifford Y.  
Alma G.  
Guadalupe  
Phyllis M.  
John D.

Michael A. & Edward S., who are  
studying in Russia  
Lynn & Fr. Wayne W. & Family  
Dan & Athena W.  
Drew, Stephanie & Parker W.

All those suffering and  
in danger in the Ukraine,  
Africa, and the Middle East

**For repose of the souls of:** Mary, James P., Victims of Las Vegas shooting;  
All who have died in the conflicts in the Ukraine Africa & the Middle East

### ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Preparation of the Bread and Wine for Communion).

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\* **ST. ATHANASIUS BOOK CENTER** \*  
\* The church bookstore is located in the foyer of the fellowship hall. The two \*  
\* enclosed cabinets hold icons, books, and other items that are FOR SALE. \*  
\* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- \*  
\* ment should be made at time of purchase and placed in the brown lockbox \*  
\* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. \*  
\* Athanasius Book Center." \*  
\* **All proceeds go to the parish Building Fund.** \*  
\* \*\*\*\*\*

## A PRAYER FOR ADVENT

*Lord, Jesus Christ, at your holy birth you deemed a lowly cave to be a fit dwelling place, so in your mercy make our souls and bodies temples worthy to contain you, the uncontainable God.*

*And as we make our Advent journey, open our ears to heed the prophets' warning to "Prepare the way of the Lord!"*

*For we glorify you along with the angels and shepherds,  
Father, Son and Holy Spirit.*

*Amen.*