

ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane Santa Barbara, CA 93111 **Office hours:** Tues-Fri. 12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-770-3749 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

Music Director/Administrator:

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

Youth Coordinator

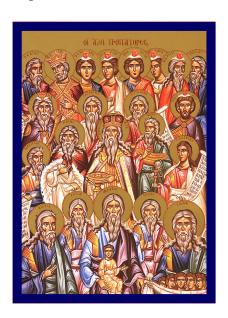
Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:

Kristi King, President
Dan Braun, Treasurer
Benjamin Hedges, Secretary
Laurie Baker
Corina Berari
David Dillon
Dottie Genatone
Verne Gish
Terri Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, December 17, 2017
Tone 3 / Eothinon 6
Sunday of Forefathers (Ancestors) of Christ
Prophet Daniel and the Three Holy Youths Ananias,
Azarias and Mishael;
Dionysios of Zakynthos, the Wonderworker;
New Martyrs Paisios the Hieromonk
and his Disciple Habakkuk the Deacon of Belgrade



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, December 17

Sunday of Ancestors of Christ

9:00 a.m. Religious Education ages 6-18

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

11:45 a.m. Coffee Hour/Rehearsal with kids

1:00 p.m. College/Young Adult

Fire on Father

Monday, December 18

6:45 a.m. Daily Matins

4:30 p.m. St. Brigid Outreach Dinner

at St. Michael's in Isla Vista

NO Men's Sticks Gathering

Tuesday, December 19

2:30 p.m. Cathechesis Level I

5:30 p.m. Vespers—St. John of Kronstadt

Wednesday, December 20

St. John Kronstadt & St. Ignatius of Antioch

6:45 a.m. Daily Matins

12:00 p.m. Intercessory Prayer Ministry

6:00 p.m. Advent Paraklesis

Thursday, December 21

11:00 a.m. Showers of Blessing

5:30 p.m. Daily Vespers

6-8 p.m. Youth Group Christmas Party

7:00 p.m. Choir Rehearsal

Friday, December 22

9-10:30 a.m. Royal Hours of Nativity—ALL

Saturday, December 23

6:00 p.m. Great Vespers, Confessions

Sunday, December 24

Sunday Before Nativity

NO MATINS, NO RELIGIOUS ED. CLASSES

10:00 a.m. Divine Liturgy/Children's Program

11:45 a.m. Coffee Hour, Caroling

10:00 p.m. Matins & Liturgy of the Feast of

the Nativity of Jesus Christ

Sunday Morning Ministries Schedule

Eucharist Bread

December 17 Dillon

December 24 Hedges (Morning)

December 24 Kern (Evening festal liturgy)

December 31 Jacobs January 7 Braun

Coffee Hour

December 17 NO HOST

December 24 SOCIAL TEAM—St. Nicholas

Night Committee

December 31 NEED A HOST

January 7 NEED A HOST

Greeters

December 17 K. & L. Jacobs

December 24 P. King/D. Lewis

December 24 D. Washburn/H. Lange (evening)

December 31 Baker/Deacon

January 7 P. Morrison/D. Genatone

Ushers

December 17 D. Meyer, R. Barre, D. Lewis

December 24 C. Speier, J. King, D. Washburn

December 24 C. Berari, G. Shannon, S. Speier

(evening)

December 31 P. Brunner, P. King, D. Meyer

January 7 R. Barre, D. Lewis, C. Speier

Readers

December 17 D. Washburn

December 24 R. Barre (morning)

December 24 V. Gish (evening)

December 31 H. Lange

January 7 TBA

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or "Sermon on the Mount"

In Thy kingdom remember us, O Lord,

when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,

for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection (Music on p. 44 of Liturgy book)

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death and become the first born from the dead. He hath delivered us from the depths of Hades, granting the world the great mercy.

Troparion for the Forefathers (Ancestors) of Christ Tone 2 (Slavic Chant)

Through <u>faith</u> You justified the <u>Forefathers</u>, betrothing through them the Church of the <u>gen</u>tiles. These <u>saints</u> exult in <u>glory</u>, for from their seed came forth a <u>glorious</u> fruit: <u>she</u> who bore You without seed. So by their prayers, O Christ God, have mercy on us!

Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

Holy Bishop Athanasius, you became a stronghold of Orthodoxy, strengthening the Church through your divine teachings.

Tone 3 Byzantine melody harmonized by Fr. J. Finley

Tone 3 Byzantine melody

harmonized by Fr. J. Finley

Opposing the heretical opinion of Arius, you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God that He may grant us abundant mercy.

Kontakion for the Preparation of Christ's Nativity

The virgin cometh today to the cave to give birth, ineffably to bring forth the Word eternal. Therefore, rejoice, O earth, at the message; with the angels and shepherds give glory to Him Who shall appear by His own will as a young child, He who is from eternity God.

Tone 3 Byzantine melody harmonized by F. Karam

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (sung 3 times)
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 8

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your name forever.

Verse: For You are just in all that You have done for us

EPISTLE READING Colossians (3:4-11)

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel (Music on page 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia! **People: Alleluia, Alleluia, Alleluia!**

v: Moses and Aaron were among His priests; Samuel also was among those who called on His Name. (Ps. 99/100:6)

v: They called to the Lord and He answered them. (Ps 99/100:6)

GOSPEL READING Luke 14:16-24

The Lord spoke this parable: "A man once gave a great banquet, and invited many; and at the time for the banquet he sent his servant to say to those who had been invited, 'Come; for all is now ready.' But, one by one, they all began to make excuses. The first said to him, 'I have bought a field, and I must go out and see it; I pray you, have me excused.' And another said, 'I have bought five yoke of oxen, and I go to examine them; I pray you, have me excused.' And another said, 'I have married a wife, and therefore I cannot come.' So the servant came and reported this to his master. Then the householder in anger said to his servant, 'Go out quickly to the streets and lanes of the city, and bring in the poor and maimed and blind and lame.' And the servant said, 'Sir, what you commanded has been done, and still there is room.' And the master said to the servant, 'Go out to the highways and hedges, and compel people to come in, that my house may be filled. For I tell you, none of those men who were invited shall taste my banquet.' For many are called, but few are chosen."

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

- Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1)
- Rejoice in the Lord, O you righteous; praise befits the just! (Ps 32/33:1

Recessional: "Be Prepared, O Bethlehem"

Be prepared, O Bethlehem, Eden opens now to all; O Ephratha ready make: for within the stable cave, From the Virgin Mary pure, the tree of life has blossomed forth. For her womb is shown to be paradise in spirit; in which is the plant divine from which having truly fed, we will live forevermore, and not die as Adam did. Christ the Lord is born to raise the image that had fallen long before.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

Wednesday, Dec. 20 6:00 p.m. Advent Paraklesis

Friday, December 22 9:00-10:30 a.m. Royal Hours of Nativity (Complete)

Sunday, December 24 10:00 a.m. Divine Liturgy (NO MATINS)

BRIEF PROGRAM BY THE CHILDREN,

COFFEE HOUR

10:00 p.m. Feast of the Nativity of Christ

Matins & Liturgy

Saturday, December 30 At Vespers—Commemoration of the

Innocents slain by Herod, and prayers for souls of infants who have died in childbirth,

Transference of the FEAST OF ST. BASIL/

were stillborn or who died as a result of an abortion

Sunday, December 31

9:00 a.m. Matins/10:00 a.m. Liturgy CIRCUMCISION& NEW YEAR

1:00 p.m. BLESSING OF THE GRAVES

Saturday, Jan. 6 8:30 a.m. Liturgy for Feast of Epiphany

and Great Blessing of the Water

Sunday, Jan. 7 After Liturgy Outdoor Blessing of the Water at the Harbor

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on VIEW CALENDAR at the bottom left.

WE ARE OFFERING AN EXPANDED BOOKSTORE for the next several weeks so that you can purchase Christmas gifts from our wonderful selection of books, jewelry and ornaments. Please try to do your purchasing on your way out to Coffee Hour so that our bookstore volunteers can also get out to Coffee Hour. Thanks!

THERE WILL BE NO MEN'S STICKS GATHERING THIS MONTH. THE NEXT ONE IS SCHEDULED FOR MONDAY, JANUARY 15.

NEXT SUNDAY, DECEMBER 24th at the end of Liturgy, the children will perform the songs that they were going to sing on St. Nicholas Night. They will be invited to leave their shoes in the hallway during the Liturgy so that St. Nicholas can leave them a treat, and the jolly ol' bishop just might pay a visit after the program if he can get his sleigh through the fire and smoke! We will have a reception/Coffee Hour afterwards and sing carols. This is all in lieu of our St. Nicholas Night, which was cancelled due to the fires.

Outreach Breakfast on Christmas Morning

Once again, our St. Brigid Ministry Team will be coordinating the lovely Christmas breakfast for the homeless and needy on Dec. 25th at 10:00 a.m. at St. Michael's University Church in Isla Vista. We need lots of help with set-up, clean-up, food preparation, and entertainment, so please sign up to lend a hand in whatever way that you are able. Food needs to arrive at St. Michael's on Christmas morning NO LATER than 9:30 a.m.

You can sign-up on the bulletin board in the hallway, respond to the online invitation, or go to the sign-up page at: https://www.stathanasius.org/signup/christmas/

ONLY IF IT IS ABSOLUTELY IMPOSSIBLE to bring food directly to the breakfast on Christmas morning, food items may be brought to the church on Christmas Eve to either the morning or evening service. If it is a food item that needs to be reheated, PLEASE PUT IT IN A MICROWAVE-SAFE DISH. Please be sure to clearly mark your food "Christmas Breakfast," and leave it in the small kitchenette by the church office.

WE ASK THAT YOU MAKE OUR CLEAN-UP AS SIMPLE AS POSSIBLE BY BRINGING ALL FOOD IN DISPOSABLE TRAYS/PLATTERS.

Thank you for helping us to provide some Christmas joy for the many in our community who have no permanent home and no family! If you have any questions, contact Susan Barre at sohello 123@gmail.com.

The St. Brigid Fellowship Team

CELEBRATIONS THIS WEEK

Wedding Anniversaries

12/18 Gary & Regina Moon

Birthdays

12/17	Jon King
12/18	Dorothy Alexander
12/20	Hudson Zidek
12/22	Zoe Macdonald, Alexander Nikolov, Zachary Nikolov

Patron Saint Commemorations

12/17 St. Miriam Miriam Vander Laan

12/18 Sunday of the Forefathers

King David

Gage Braun, Josh Braun, David Dillon, Jon King, David Lewis, David McCalmont, David Washburn

Daniel the Prophet

Dan Braun, Dexton Daniel Braun, Garrett Gish, Jase Daniel Speier, Dan Washburn

JesseJesse SpeierAdamAdam KingRachelRachel FriesenRebekahRebekah DillonRuthFay YoungJudithJudy Braun

Aaron Howard Lange, Aaron Simonsen, Aaron Sokol

12/18 **St. Zoe of Rome** Zoe Macdonald

12/20 **St. John of Kronstadt** John de Bruin, Jill Wallerstedt

12/22 Great Martyr Anastasia Anastasia Brunner

OUTDOOR BLESSING OF THE WATERS for the Feast of Epiphany Sunday, January 7, 2018

This year we will join St. Barbara's Greek Orthodox Church again for the Outdoor Blessing of the Waters on Sunday, January 7th. We will be meeting them at the Santa Barbara Harbor, near West Beach and the Santa Barbara Yacht Club. Once again, we will be taking a bus down to the harbor at 12:30 p.m. that day, because parking is often difficult to find. Those riding the bus are asked to make a free-will offering to cover the expense to the church.

TEEN SOENE

Junior High teens meet from 6:00-7:30 p.m. and High School teens meet from 6:30-8:30 p.m. on Thursdays in the Teen Room at the church, unless noted otherwise.

December 2017

	<u></u>
12/21	Christmas Party/ White Elephant Gift Exchange
	Jr. High and High School combined 6-8 p.m.
12/28	Thursday Night Youth Group - Movie Night/Hangout
	Jr. High and High School combined 6-8 p.m.

January 2018

1/4	Thursday Night Youth Group
1/7	Outdoor Blessing of the Water (Dive for the Cross)
1/11	Thursday Night Youth Group (Fire on Father)
1/18	Thursday Night Youth Group
1/25	Thursday Night Youth Group

Camp St. Nicholas WINTER CAMP for teens grades 7-12 is Feb. 16-19.
Registration opened on Nov. 27th. Early bird tuition is \$185. For more information and to register, go to: https://www.campstnicholas.com/site/home/

......

2017 St. Nicholas Drive for the Needy

ST. BRIGID FELLOWSHIP IS COLLECTING ITEMS FOR THE HOMELESS and those in need to be distributed at our outreach breakfast on Christmas morning. Please keep this in mind as you are doing holiday shopping and consider purchasing an item for the collection. We are asking for:

- · white or dark athletic socks
- warm hats, scarves and mittens
- new or gently used/clean sweatshirts and jackets (Both men's & women's)

Drop your donated items in the large, **RED** box in the hallway.

Please do NOT gift-wrap the donated items, and please limit your gifts to the specific items requested. Thanks!!

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Angelina, Jase & Alina S.
Rich and Susan B.
Duane F.

Galina, Nikolai & Nataliya

Joan T.
Bette Friesen & Family
Ethan K.
Tony C.
Paul F. and Family
Justin B.
Fr. Anthony Y. and Family
Bill & Robin H. and Family
Tony E.
Clifford Y.
Alma G.
Guadalupe
Phyllis M.
John D.

Michael A. & Edward S., who are studying in Russia
Fr. Wayne W. & Family
Dan & Athena W.
Drew, Stephanie & Parker W.
Devin
Alicia V.
Fr. Dimitrie V.
Paula H.
Monsignor John Y.
John H.—Firefighrer

All those suffering and

Africa, and the Middle East

in danger in Ukraine,

For repose of the souls of:

Kh. Lynn W., Steve, Jeannette

All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Preparation of the Bread and







Safe Cleanup of Fire Ash

The recent fires have deposited large amounts of ash on indoor and outdoor surfaces in areas near the fire. Questions have been raised about possible dangers from contact with the ash and safe disposal procedures. The ash deposited by forest fires is relatively nontoxic and similar to ash that might be found in your fireplace. However, any ash will contain small amounts of cancer-causing chemicals. In addition, fire ash may be irritating to the skin, especially to those with sensitive skin. If the ash is breathed, it can be irritating to the nose and throat and may cause coughing. Exposure to ash in air might trigger asthmatic attacks in people who already have asthma. Therefore, in order to avoid possible health problems the following is recommended.

- Do not allow children to play in the ash.
- Wash ash off children's toys before children play with them.
- Clean ash off house pets.
- Wear gloves, long sleeved shirts, and long pants and avoid skin contact.
- If you do get ash on your skin, wash it off as soon as possible.
- If you have a vegetable garden or fruit trees, wash the fruit or vegetables thoroughly before eating them.
- Avoid getting ash into the air as much as possible. Do not use leaf blowers or take other
 actions that will put ash into the air.
- Shop vacuums and other common vacuum cleaners do not filter out small particles, but rather blow such particles out the exhaust into the air where they can be breathed. The use of shop vacuums and other non-HEPA filter vacuums is not recommended. HEPA filter vacuums could be used, if available.
- Well fitting dust masks may provide some protection during cleanup. A mask rated N-95 or P-100 will be more effective than simpler dust or surgical masks in blocking particles from ash. In general, many ash particles are larger than those found in smoke; thus, wearing a dust mask can significantly reduce (but not completely eliminate) the amount of particles inhaled.
- Persons with heart or lung disease should consult their physician before using a mask during post-fire cleanup.
- Gentle sweeping of indoor and outdoor hard surfaces followed by wet mopping is the best
 procedure in most cases. A damp cloth or wet mop may be all that is needed on lightly
 dusted areas.
- The Regional Water Control Quality Board has asked the public to avoid washing ash into storm drains whenever possible.
- If ash is wet down, use as little water as possible.
- Collected ash may be disposed of in the regular trash. Ash may be stored in plastic bags or
 other containers that will prevent it from being disturbed.

Ash and debris inside burned structures may contain more toxic substances than forest fire ash because of the many synthetic and other materials present in buildings. Older buildings in particular may contain asbestos and lead. A more cautious approach should be taken in the removal of ash and other debris from inside burned structures. A NIOSH Interim fact sheet addressing burned structure clean up safety is attached.