



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
Office hours: Tues-Fri.  
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-770-3749  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
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**Youth Coordinator**

Tyler Speier tyler@stathanasius.org

**Parish Council 2017-2018:**

Kristi King, President  
Dan Braun, Treasurer  
Benjamin Hedges, Secretary  
Laurie Baker  
Corina Berari  
David Dillon  
Dottie Genatone  
Verne Gish  
Terri Speier

### LITURGY OF ST. JOHN CHRYSOSTOM Sunday, January 14, 2018

**Leave-Taking of the Theophany of Christ**

Holy fathers slain at Sinai and Raithu; Virgin-martyr Agnes;  
Venerable Theodoulos, son of Neilos the Wise of Sinai;  
Nina, equal-to-the-Apostles and enlightener of Georgia;  
Sabbas, first archbishop of Serbia



### WELCOME TO OUR VISITORS!

We are glad you are with us this morning.  
If you are not Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us at Coffee Hour~ we'd love to meet you!

## ***Calendar for this Week***

### **Sunday, January 14**

#### **Leavetaking of Theophany**

9:00 a.m. Religious Ed. Ages 3-18 years  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

### **Monday, January 15**

6:45 a.m. Daily Matins  
4:30 p.m. Outreach dinner at St. Michael's  
Church in Isla vista

### **Tuesday, January 16**

2:30 p.m. Catechesis Level I  
5:30 p.m. Daily Vespers

### **Wednesday, January 17**

6:45 a.m. Daily Matins  
12:00 p.m. Intercessory Prayer Ministry  
6:00 p.m. Vesperal-Liturgy for Feast of  
St. Athanasius the Great

### **Thursday, January 18**

11:00 a.m. Showers of Blessing  
5:30 p.m. Daily Vespers  
6-7:30 p.m. Jr. High Youth Group  
6:30-8:30 p.m. High School Youth Group  
7:00 p.m. Parish Council Meeting

### **Friday, January 19**

6:45 a.m. Daily Matins

### **Saturday, January 20**

6:00 p.m. Great Vespers, Confessions

### **Sunday, January 21-Zaccheus Sunday**

9:00 a.m. Religious Ed. Ages 3-18 years  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

January 14 Sieck  
January 21 Fr. Nicholas  
January 28 Tinyayeva  
February 4 D. Washburn

### **Coffee Hour**

January 14 POTLUCK  
January 21 Speier Family  
January 28 D. Genatone in memory of  
Al Genatone  
February 4 D. & D. Alexander for their patronal  
feast days (SS. Simeon & Anna)

### **Greeters**

January 14 K. & L. Jacobs  
January 21 Fox/Deacon  
January 28 D. Washburn/D. Lewis  
February 4 Lange/Baker

### **Ushers**

January 14 J. King, D. Washburn, C. Berari  
January 21 G. Shannon, S. Speier, P. Brunner  
January 28 P. King, D. Meyer, R. Barre  
February 4 D. Lewis, C. Speier, J. King

### **Readers**

January 14 D. Washburn  
January 17 R. Barre (Liturgy for St. Athanasius)  
January 21 V. Gish  
January 28 T. Harris  
February 1 H. Lange (Feast of Presentation)  
February 4 D. Washburn

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**THE GREAT LITANY**

**First Antiphon—Psalm Verses for the Feast of Theophany with Refrain**

Verse: When Israel went forth from Egypt, the house of Jacob from a people of strange language, Judah became his sanctuary, Israel his dominion.

**Refrain: Through the intercessions of the Theotokos,  
O Savior, save us.**

Verse: The sea looked and fled, Jordan turned back. What ails you, o sea, that you flee? O Jordan, that you turn back? [refrain]

Verse: Glory....now and ever... [refrain]

**Second Antiphon— Psalm Verses for the Feast of Theophany with Refrain**

Verse: I love the Lord because He has heard the voice of my supplication. Because He inclined His ear to me, therefore I will call on Him as long as I live.

**Refrain: O Son of God baptized in the Jordan, save us who sing to Thee,  
Alleluia!**

Verse: The snares of death encompassed me; the pangs of hell laid hold on me. I suffered distress and anguish, then I called on the name of the Lord. [refrain]

Verse: Gracious and righteous is the Lord, and our God is merciful. [refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

**THIRD ANTIPHON—Psalm Verses for the feast of Theophany with Troparion as refrain**

Verse: O give thanks to the Lord, for He is good, For His mercy endures forever!

**Refrain: (Music on back cover.)**

**When You, O Lord, were baptized in the Jordan,  
worship of the Trinity was made manifest!  
For the voice of the Father bore witness to You,  
calling You his beloved Son.  
And the Spirit, in the likeness of a dove  
confirmed the truth of His Word.  
Christ our God, Who has appeared  
and enlightened the world,  
glory to You!**

Verse: Let the house of Israel say: for He is good,  
For His mercy endures forever! **[refrain]**

Verse: Let the house of Aaron say: for He is good,  
For His mercy endures forever! **[refrain]**

**FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE  
ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:**

Blessed is He that cometh in the Name of the Lord. God is the Lord and hath appeared unto us.  
Save us, O Son of God, Who art risen from the dead, who sing unto Thee: Alleluia!

**Troparion of the Resurrection**

**Tone 7**

**(Music on p. 51 of Liturgy book)**

Thou didst shatter death by Thy Cross;  
Thou didst open paradise to the thief;  
Thou didst turn the sadness of the  
ointment bearing women into joy,  
and didst bid Thine apostles proclaim  
a warning that Thou hast risen, O Christ,  
granting the world the great mercy.

**Troparion of Theophany (MUSIC ON BACK COVER)**

**Tone 1**

When You, O Lord, were baptized in the Jordan,  
worship of the Trinity was made manifest!  
For the voice of the Father bore witness to You,  
calling You his beloved Son.  
And the Spirit, in the likeness of a dove  
confirmed the truth of His Word.  
Christ our God, Who has appeared  
and enlightened the world, glory to You!

**Troparion to St. Athanasius**  
**(Music on p. 54 of Liturgy book)**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is  
equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakian of Theophany**

**Tone 4**

Today You have shone forth to the world, O Lord,  
and the light of Your countenance has been marked on us.  
Knowing You, we sing Your praises:  
“You have come and revealed Yourself, //  
O unapproachable Light.”

**TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, Have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)**

**Tone 1**

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

**Verse:** Rejoice in the Lord, O you righteous! Praise is becoming to the upright.  
(Ps 32/33:1)

**THE EPISTLE READING**

**Ephesians 4:7-13**

Brethren, grace was given to each of us according to the measure of Christ's gift. Therefore, it is said, "When He ascended on high He led a host of captives, and He gave gifts to men." (In saying, "He ascended," what does it mean but that He had also descended into the lower parts of the earth? He who descended is He who also ascended far above all the heavens, that He might fill all things.) And His gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**

**Tone 7**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

**Verse:** To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

**THE GOSPEL READING**

**Matthew. 4:12-17**

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulon and Naphtali, so that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulon and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles—the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of Heaven is at hand."

**LITURGY OF THE FAITHFUL**

**Meglynarion for the Feast of Epiphany  
(Hymn to the Mother of God)**

Magnify, O my soul, the most-pure Virgin Theotokos,  
more honorable than the heavenly hosts!

No tongue knows how to praise you worthily, O Theotokos;  
even Angels are overcome with awe praising you.

But since you are good, accept our faith;  
for you know our love inspired by God!

You are the defender of Christians, and we magnify you.

**Communion of the Clergy (Liturgy Book page 32)**

The grace of God has appeared for the salvation of all. Alleluia. (Titus 2:11)

**INSTEAD OF "We have seen the true light," we sing the Troparion for Epiphany.**

## ***CELEBRATIONS THIS WEEK***

### **Wedding Anniversaries**

1/14 David & Kate Vander Laan  
1/15 John & Elizabeth Heiduk  
1/20 Fr. Nicholas & Jan Speier

### **Birthdays**

1/14 Sabina Shackelford  
1/14 Viktoria Hedges  
1/15 Sophia Johnson, Thomas Ballew  
1/19 John Wallace  
1/20 Evonne Chala

### **Patron Saint Commemorations**

1/14 St. Mungo/Kentigern Kent Fox  
1/14 St. Nina Gail Shannon  
1/17 St. Anthony the Great Beau Brunner, Evonne Chala, Troy Harris, Cole Kronman  
1/18 St. Cyril of Alexandria Owen J. Finley

### **HOLY COMMUNION**

*In* the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,

*“Father, bless” when you get to the chalice.*

### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).  
On the homepage, click on **VIEW CALENDAR** at the bottom left.

### **HOUSE BLESSINGS**

JANUARY AND THE FEAST OF EPIPHANY begin the season, once again, when we bless our homes for the coming year. Don't forget to schedule your house blessing with one of our priests.

## **TEEN SCENE**

**Junior High teens meet from 6:00-7:30 p.m.  
and High School teens meet from 6:30-8:30 p.m.  
on Thursdays in the Teen Room at the church, unless noted otherwise.**

### January 2018

1/11	Thursday Night Youth Group (Fire on Father)
1/18	Thursday Night Youth Group
1/25	Thursday Night Youth Group (at CLOUD 10)

## **PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES**

Wednesday, Jan. 17 6:00 p.m.	Vesperal-Liturgy for Feast of St. Athanasius
Thursday, Feb. 1 6:00 p.m.	Vesperal-Liturgy for Feast of Presentation of Lord
Sunday, February 11	<b>MEATFARE SUNDAY MET. JOSEPH WILL BE WITH US.</b>
Sunday, February 18	<b>FORGIVENESS SUNDAY Rite of Forgiveness—6:00 p.m.</b>

**MONDAY, FEBRUARY 19—GREAT LENT BEGINS**



# California & THE WEST

## Sanctifying the sea

By JOSEF WOODARD  
NEWS-PRESS CORRESPONDENT

With the holidays ended and the early January lull in gear, the tourist population by the waterfront was down somewhat this weekend. Even so, a healthy gathering of visitors to the ever-popular breakwater found themselves in the midst of an uncommon, sanctified event early on Sunday afternoon.

A small choir lined up along the part of the concrete wall facing the Yacht Club. On the stretch of beach before the choir, a temporary altar was set up, attended by three Greek Orthodox priests and deacons, in full vestments and regalia but bare of feet, reading from a special ceremony, interspersed with the choir's chanting. At a specific moment in the proceedings, they also offered blessings for young divers symbolically — and actually — retrieving crosses from the sea.

It was all part of the "Blessings of the Waters & Santa Barbara Fisherman," a collaborative effort of the Santa Barbara-based Saint Barbara Greek Orthodox Church and the newer St. Athanasius Antiochian Orthodox Church in Goleta. Although this is the third annual Epiphany Celebration in Santa Barbara, the tradition is blessed with antiquity, on the Orthodox Sunday known as Theophany, after a "Great Sanctification of Water" in the church.

The blessing ceremony is tied to an ancient tradition for Orthodox churches near the sea or a large body of water, and in Santa Barbara, is customized as a blessing for fishermen, divers, swimmers and that site-specific demographic in Southern California, surfers. In its deeper, venerable tradition, the blessing ceremony also commemorates the baptism of Jesus by John the Baptist, in the water of the Jordan River.

Father Bob Fox, pastor of the Saint Barbara Greek Orthodox church, commented before the service that "this year, we have an especially large amount to be grateful for. The majority of this city was

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preserved. I see a couple of you here now who were evacuated from their homes and were worried about the dangers of a fire overtaking their homes. But yet, they are here today and very thankful that God had preserved them."

"There were a number of people who did lose everything, and we're very thankful that there are a lot of people who, in Christian love, are reaching out to them and helping them to rebuild. It's time like this where we are challenged to go to where the root of our faith is."

Fr. Nicholas Speier, pastor of the Goleta congregation, read "Today the nature of the waters is sanctified, and the Jordan is parted in two; it holds back the stream of its own waters, seeing the Master wash himself." Later in the sacred text, the priest listed a series of specific prayers and spiritual entreaties, such as "for travelers by sea, by land and by air, the sick, the suffering, captives and their salvation, let us pray to the Lord. That this water may be sanctified by the power and operation and descent of the Holy Spirit."

At the end of the of reading/chanting of the "Out-of-Doors Blessing of Water" service, with the ambient sound of crashing waves in the background, Fr. Fox added that, fol-



ERICK MADRID / NEWS-PRESS

From left, Thomas Ballew, Father Bob Fox, Father Nicholas Speier and Father Jon Hedges participate in the annual Blessings of the Waters and Santa Barbara Fisherman ceremony on Sunday.



Father Fox blesses Sierra Boatwright.

lowing the blessing and veneration of the cross, the priests would be walking around the working area of the harbor, to "bless the fishing fleets, so they will bring prosperity to Santa Barbara through the coming year."

Worshippers filed down to the al-

tar for individual blessings by the priests, and then headed up to the Yacht Club patio, for a meal of clam chowder, with special t-shirts for the young divers. In short, this was not just another Sunday at the Harbor.

email: [news@newspress.com](mailto:news@newspress.com)

**THEOPHANY 2018  
OUT OF DOORS  
BLESSING OF THE  
WATER**



**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Jon Braun  
Dn. Richard E.  
Kh. Diane C.  
Fr. Patrick and Vanessa K.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Dean & Penny B.  
Angelina, Jase & Alina S.  
Rich and Susan B.  
Duane F.  
Galina, Nikolai & Nataliya

Joan T.  
Bette Friesen & Family  
Ethan K.  
Tony C.  
Paul F. and Family  
Justin B.  
Fr. Anthony Y. and Family  
Bill & Robin H. and Family  
Tony E.  
Clifford Y.  
Alma G.  
Guadalupe  
Phyllis M.  
John D.  
Evonne C.  
Phoebe L.

Fr. Wayne W. & Family  
Dan & Athena W.  
Drew, Stephanie & Parker W.  
Devin  
Alicia V.  
Fr. Dimitrie V.  
Paula H.  
Monsignor John Y.  
Antonio  
Glenn R.  
  
All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East

**For repose of the souls of:** Tony M., Kh. Lynn W., Steve, Jeannette  
All who have died in the conflicts in Ukraine Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS BOOK CENTER**

\* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

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TROPARIUM OF THEOPHANY (Epiphany)

Contemporary Byzantine Chant

TONE 1

When You O Lord were bap-tized in the Jor-dan,  
 wor-ship of the Tri-ni-ty was made ma-ni-fest, For th  
 voice of the Fa-ther bore wit-ness to You call-ing  
 You His Be-lo-ved Son and the Spi-rit in the like-  
 of a dove con-firmed the truth of His Word. O  
 Christ our God, who has ap-peared and en-light  
 ened the world, Glo-ry to You (Last time only)

