

### St. Athanasius Antiochian Orthodox Church

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane Santa Barbara, CA 93111 **Office hours:** Tues-Fri. 12:00—5:00 p.m.

His Eminence Met. JOSEPH, Archbishop of New York & Metropolitan of all N. America

#### **Senior Pastor:**

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

#### **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-770-3749 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

#### **Deacons:**

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

#### **Music Director/Administrator:**

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

#### **Youth Coordinator**

Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:
Kristi King, President
Dan Braun, Treasurer
Benjamin Hedges, Secretary
Laurie Baker
Corina Berari
David Dillon
Dottie Genatone
Verne Gish
Terri Speier

### LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, January 21, 2018
Tone 8 / Eothinon 11
Thirty-second Sunday after Pentecost &
Fifteenth Sunday of Luke

Venerable Maximos the Confessor; Martyr Neophytos of Nicaea; Venerable Zosimas, Bishop of Syracuse in Sicily; Venerable Maximos the Greek of Russia



### WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Coffee Hour~ we'd love to meet you!

### Calendar for this Week

Sunday, January 21-Zaccheus Sunday

9:00 a.m. Religious Ed. Ages 3-18 years

9:00 a.m. Matins

10:00 a.m. Divine Liturgy 11:45 a.m. Coffee Hour

Monday, January 22

6:45 a.m. Daily Matins

4:30 p.m. Outreach dinner at St. Michael's

Church in Isla vista

Tuesday, January 23

2:30 p.m. Catechesis Level I

5:30 p.m. Daily Vespers

Wednesday, January 24-St. Xenia

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry

Thursday, January 25

11:00 a.m. Showers of Blessing

5:30 p.m. Daily Vespers

6-7:30 p.m. Jr. High Youth Group

6:30-8:30 p.m. High School Youth Group

7:00 p.m. Choir Rehearsal

Friday, January 26

6:45 a.m. Daily Matins

Saturday, January 27

6:00 p.m. Great Vespers, Confessions

Sunday, January 28-Publican & Pharisee

9:00 a.m. Religious Ed. Ages 3-18 years

9:00 a.m. Matins

10:00 a.m. Divine Liturgy 11:45 a.m. Coffee Hour

12:15 p.m. Choir Rehearsal

Fr. Nicholas & Kh. Jan will be out of town this week celebrating their 50th Wedding Anniversary!

### Sunday Morning Ministries Schedule

**Eucharist Bread** 

January 21 Fr. Nicholas January 28 Tinyayeva February 4 D. Washburn

February 11 Meyer

**Coffee Hour** 

January 21 Speier Family in honor of

Fr. Nicholas and Kh. Jan

January 28 D. Genatone in memory of

Al Genatone

February 4 D. & D. Alexander for their patronal

feast days (SS. Simeon & Anna)

February 11 MEATFARE BBQ

**Greeters** 

January 21 Fox/Deacon

January 28 D. Washburn/D. Lewis

February 4 Lange/Baker

February 11 Morrison/Genatone

<u>Ushers</u>

January 21 G. Shannon, S. Speier, P. Brunner

January 28 P. King, D. Meyer, R. Barre

February 4 D. Lewis, C. Speier, J. King

February 11 D. Washburn, C. Berari, G. Shannon

Readers

January 21 V. Gish

January 28 T. Harris

February 1 H. Lange (Feast of Presentation)

February 4 D. Washburn

February 10 D. Meyer (Soul Liturgy)

February 11 M. Kern

## At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

## THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

#### **GREAT LITANY**

#### FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

#### Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]

#### SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

### Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

#### THIRD ANTIPHON—The Beatitudes or "Sermon on the Mount"

After each of the verses sung by antiphonal choirs, the choir and congregation sing the refrain: "Remember us, O Lord, when you come in your Kingdom."

# AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Tone 8

Tone 8

Tone 3

Tone 1

# Troparion of the Resurrection (Music on p. 53 of Liturgy book)

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

#### **Troparion for St. Maximos the Confessor**

Champion of Orthodoxy, teacher of purity and of true worship, enlightener of the universe and adornment of hierarchs: all-wise father Maximus, your teachings have gleamed with light upon all things.

Intercede before Christ God to save our souls.

# Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

Holy Bishop Athanasius, you became a stronghold of Orthodoxy, strengthening the Church through your divine teachings. Opposing the heretical opinion of Arius, you explained and taught that the Son is equal in nature with the Father. O holy Father, intercede with Christ God that He may grant us abundant mercy.

#### Kontakion of The Feast of the Presentation of Our Lord in the Temple

By Your Na<u>tivi</u>ty You sanctified the <u>Virgin</u>'s womb! And blessed Simeon's hands, O <u>Christ</u> God. Now You have come and saved <u>us</u> through love. Grant <u>peace</u> to all Orthodox <u>Christians</u>, O only <u>Lover</u> of Man!

#### TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, Have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

# Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 8 (Music on page 63 of Liturgy Book)

Chanter: Pray and make your vows before the Lord, our God! (Ps 75/76:11)

People: Pray and make your vows before the Lord, our God!

Chanter: Verse: God is known in Judah; His name is great in Israel. (Ps 75/76:1)

People: Pray and make your vows before the Lord, our God!

Chanter: Pray and make your vows

People: ...before the Lord, our God.

#### THE EPISTLE READING Timothy. 4:9-15

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and strive, because we have our hope set on the living God, Who is the Savior of all men, especially of those who believe. Command and teach these things. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Until I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. Practice these duties; devote yourself to them, so that all may see your progress.

# Preparatory Psalm Verses with Alleluia Refrain Before the Gospel (Music on page 64 of Liturgy Booklet) Tone 8

Chanter: Alleluia, Alleluia, Alleluia! **People: Alleluia, Alleluia, Alleluia!** 

**Verse:** Come, let us rejoice in the Lord, let us shout with jubilation unto God

our Savior. (Alleluia refrain)

**Verse:** Come before His countenance with thanksgiving, and with psalms let us

shout in jubilation unto Him. (Alleluia refrain)

#### THE GOSPEL READING Luke. 19:1-10

At that time, Jesus entered Jericho and was passing through. And there was a man named Zacchaeus; he was a chief tax collector, and rich. And he sought to see Who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see Jesus, for He was to pass that way. And when Jesus came to the place, He looked up and said to him, "Zacchaeus, make haste and come down; for I must stay at your house today." So he made haste and came down, and received Him joyfully. And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." And Zacchaeus stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded anyone of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham; for the Son of man came to seek and to save the lost."

#### LITURGY OF THE FAITHFUL

#### Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

#### **Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*) Alleluia, Alleluia, Alleluia.

#### **HOLY COMMUNION**

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.

#### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

### CELEBRATIONS THIS WEEK

#### **Wedding Anniversaries**

1/25 John & Nadine de Bruin

#### **Birthdays**

1/21	Jody Wallace
1/24	Fay Young
1/25	Terri Speier
1/27	Jeff Petersilia

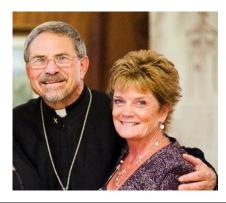
#### **Patron Saint Commemorations**

1/22 Timothy the Apostle
 1/24 St. Xenia
 Timothy Braun
 Darbi Johnson

### **GOD GRANT YOU MANY YEARS!**

# Congratulations on your GOLDEN Wedding Anniversary! We love you, Fr. Nicholas and Jan!

Today we will celebrate Fr. Nicholas and Kh. Jan's 50th wedding anniversary (January 20, 1968) with a Coffee Hour hosted in their honor by their family. How blessed we are to have this "power couple" ministering side by side to all of us in the parish! Please join us for the celebration!



#### ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On the homepage, click on VIEW CALENDAR at the bottom left.

# Fr. Nicholas & Kh. Jan will be out of town this week celebrating their 50th Wedding Anniversary!

#### HOUSE BLESSINGS

JANUARY AND THE FEAST OF EPIPHANY begin the season, once again, when we bless our homes for the coming year. Don't forget to schedule your house blessing with one of our priests.

## **COLLEGE STUDENTS & YOUNG ADULTS:** The Best Spring Break Destination EVER

Advertisements are popping up on social media and all over college campuses with catchy tag lines telling you about the '10 Best Deals for Spring Break' or 'Sunniest Spring Break Destinations'. They all promise you the most fun, the best beaches, the wildest parties and the greatest deal for your money. None of them advertise that you'll be doing anything meaningful. Period. Guaranteed.

Welcome to OCMC/OCF Spring Break Albania; the best alternative to everything else out there. Sign up for a week in which you will see a nation that has risen from the ashes of atheism. A week where you will see what it means to desire Christ first through your interactions with the youth, the youth leaders, the faithful and the church leadership.

Apply for the 2018 OCMC/OCF Spring Break trip to Albania at <a href="https://www.ocmc.org">www.ocmc.org</a> or by calling 1-877-643-6784 and open your heart to participate in the Best Spring Break Destination EVER.

# PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

Thursday, Feb. 1 6:00 p.m. Vesperal-Liturgy for Feast of Presentation of Lord

Sunday, February 11 MEATFARE SUNDAY

MET. JOSEPH WILL BE WITH US. 70th Birthday Celebration for Fr. Nicholas

Sunday, February 18 FORGIVENESS SUNDAY

Rite of Forgiveness—6:00 p.m.

MONDAY, FEBRUARY 19—GREAT LENT BEGINS Friday, March 2 & Saturday, March 3—LENTEN SEMINAR

# Understanding the Divine Liturgy History, Meaning, Form & Function

### Excerpts from the book "Let Us Attend: A Journey through the Orthodox Divine Liturgy" By Fr. Lawrence Farley

#### "Blessed is the Kingdom!"

The Liturgy we pray today has undergone many changes, developments, and evolutions in the past centuries. It begins now with the mighty and triumphal opening benediction, "Blessed is the Kingdom of the Father and of the Son and of the Holy Spirit!" to which the assembled Church responds "Amen!" (The Church added this opening exclamation in about the eleventh century.) As the celebrant chants this, he takes the Holy Gospel in his hands and blesses the altar table with it, making the sign of the cross over the place where the sacrament of the Kingdom is to be celebrated, thus preparing the table for its holy use. Significantly, our eucharistic worship opens with this glorious exclamation of joy, blessing the name of the Triune God for the Kingdom and salvation that He gives us. Through this opening cry we utter a prophetic shout of defiance; we throw down a gauntlet before the feet of the world, offering a ringing challenge to all the dying and deadly values of this age.

In responding with the amen, we do not merely accept the celebrant's proclamation as true and align ourselves with God and His Kingdom against the false gods of the world. More than that, we also seal what has been said. The celebrant's benediction and prayer, through the amen, now become the prayer of the Church. The amen is not superfluous, but essential, revealing the nature and dignity of the lay people in the Church. The celebrant cannot utter the amen to his own prayer, for that is the job of the assembled faithful; without them and their liturgical response, there can be no Liturgy and no Church. This is why the canons do not permit the priest to celebrate the Liturgy without a congregation. The Body of Christ consists of both priest and people and contains a multitude of callings, tasks, and offices.

Without the liturgical amen of the people, the priest's opening benediction remains no more than his individual pious wish, his devout and private prayer. But when the congregation responds, "Amen," the priest's utterance becomes the opening prayer of the Church, the first note in the Church's song, the first movement of the journey to the Kingdom. By uttering this first amen, the laity reveal themselves in all their divine dignity as the priestly people of God.

### TEEN SOENE

Junior High teens meet from 6:00-7:30 p.m. and High School teens meet from 6:30-8:30 p.m. on Thursdays in the Teen Room at the church, unless noted otherwise.

#### January 2018

1/25 Thursday Night Youth Group (at CLOUD 10)

#### February 2018

2/1 NO Regular Youth Group

Come to 6 p.m. Liturgy for the Feast of the

Presentation of Our Lord. We will go to Kyle's Kitchen afterwards. Bring the whole family! Everyone pays

their own tab.

2/8 Thursday Night Youth Group

2/15 Thursday Night Youth Group (FIRE ON FATHER)

2/22 NO Regular Youth Group

First week of GREAT LENT. Come to the

Canon of St. Andrew at 6 p.m. Mexican dinner out afterwards, depending upon how many show up.

#### **BIBLE BOWL**

The Parish Life Conference is in Portland July 4-8. If you are interested in being on our Bible Bowl team, please let Tyler know A.S.A.P. so that he can start working on transportation, study sessions, and other details.

#### PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

#### Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH Mother Victoria Met. Paul & Abp. John Fr. Jon Braun Dn. Richard E. Kh. Diane C.

Fr. Patrick and Vanessa K. Greg & Margaret Y. Hoppe Family

Gail S.

Dean & Penny B. Angelina, Jase & Alina S. Rich and Susan B.

Duane F.

Galina, Nikolai & Nataliya

Joan T.

Bette Friesen & Family

Ethan K. Tony C.

Paul F. and Family Justin B.

Fr. Anthony Y. and Family Bill & Robin H. and Family

Tony E. Clifford Y. Alma G. Guadalupe Phyllis M. John D.

Evonne C. Phoebe L.

Fr. Wayne W. & Family Dan & Athena W.

Drew, Stephanie & Parker W.

Devin Alicia V. Fr. Dimitrie V. Paula H.

Monsignor John Y.

Antonio Glenn R.

All those suffering and in danger in Ukraine, Africa, and the Middle East

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Tony M., Kh. Lynn W. For repose of the souls of:

All who have died in the conflicts in Ukraine Africa & the Middle East

#### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the wooden box in the narthex will be said silently at the altar at most services. During the Great Entrance of the Divine Liturgy, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Preparation of the Bread and Wine for Communion).

## ST. ATHANASIUS BOOK CENTER

\* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets con-\* taining items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, \* ※ etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books ※ are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or ※ ★ chain. Payment should be made at time of purchase and placed in brown lockbox on wall next ★ \* to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in \* the rack are FREE, as are the 12-month liturgical calendars.)

\* All proceeds go to the parish F \*\*

### All proceeds go to the parish Building Fund.

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