



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
Office hours: Tues-Fri.  
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-770-3749  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

**Music Director/Administrator:**

Valerie Yova  
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**Youth Coordinator**

Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:  
Kristi King, President  
Dan Braun, Treasurer  
Benjamin Hedges, Secretary  
Laurie Baker  
Corina Berari  
David Dillon  
Dottie Genatone  
Verne Gish  
Terri Speier

## LITURGY OF ST. JOHN CHRYSOSTOM Sunday, January 28, 2018 Tone 1 / Eothinon 1

### Sunday of the Pharisee and Publican

God-bearing Fathers Ephraim and Isaac the Syrians;  
Venerable Palladios of Antioch; Martyr Charita;  
Venerable Theodosios of Totma in Vologda



## WELCOME TO OUR VISITORS!

We are glad you are with us this morning.  
If you are not Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us at Coffee Hour~ we'd love to meet you!

## ***Calendar for this Week***

### **FAST-FREE WEEK**

#### **Sunday, January 28-Publican & Pharisee**

9:00 a.m. Religious Ed. Ages 3-18 years  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:15 p.m. Choir Rehearsal  
4:00 p.m. St. Barbara Monastery Friends

#### **Monday, January 29**

6:45 a.m. Daily Matins  
4:30 p.m. Outreach dinner at St. Michael's  
Church in Isla vista

#### **Tuesday, January 30**

2:30 p.m. Catechesis Level I  
5:30 p.m. Daily Vespers

#### **Wednesday, January 31-FAST-FREE**

6:45 a.m. Daily Matins  
12:00 p.m. Intercessory Prayer Ministry  
5:45 p.m. Evangelism Team Meeting

#### **Thursday, February 1**

11:00 a.m. Showers of Blessing  
6:00 p.m. Vespers-Liturgy for Feast of the  
Presentation of Our Lord

#### **Friday, February 2-FAST-FREE**

6:45 a.m. Daily Matins

#### **Saturday, February 3**

7:30 a.m. Clergy Meeting  
6:00 p.m. Great Vespers, Confessions

#### **Sunday, February 4-Prodigal Son**

9:00 a.m. Religious Ed. Ages 3-18 years  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
1:00 p.m. College/Young Adult  
Fire on Father

<b>Fr. Nicholas will be gone Feb. 5-8 at the Diocesan Clergy Seminar.</b>
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### ***Sunday Morning Ministries Schedule***

#### **Eucharist Bread**

January 28 Tinyayeva  
February 4 D. Washburn  
February 11 Meyer  
February 18 Dillon

#### **Coffee Hour**

January 28 D. Genatone in memory of  
Al Genatone  
February 4 D. & D. Alexander for their patronal  
feast days (SS. Simeon & Anna)  
February 11 MEATFARE BBQ & 70th Birthday  
Celebration for Fr. Nicholas  
February 18 CHEESEFARE POTLUCK

#### **Greeters**

January 28 D. Washburn/D. Lewis  
February 4 Lange/Baker  
February 11 Morrison/Genatone  
February 18 P. King/K.P. King

#### **Ushers**

January 28 P. King, D. Meyer, R. Barre  
February 4 D. Lewis, C. Speier, J. King  
February 11 D. Washburn, C. Berari, G. Shannon  
February 18 S. Speier, P. Brunner, P. King

#### **Readers**

January 28 T. Harris  
February 1 H. Lange (Feast of Presentation)  
February 4 D. Washburn  
February 10 D. Meyer (Soul Liturgy)  
February 11 M. Kern  
February 18 D. Alexander  
February 18 H. Lange (Forgiveness Vespers)

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses sung by antiphonal choirs, the choir and congregation sing the refrain: **“Remember us, O Lord, when you come in your Kingdom.”**

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY**

**Troparion of the Resurrection**

**Tone 1**

**(Music on p. 40 of Liturgy book)**

While the stone was sealed by the Jews,  
and the soldiers were guarding Thy most pure body,  
Thou didst arise on the third day,  
O Savior, granting life to the world.  
For which cause the heavenly pow’rs  
cried aloud unto Thee, O Giver of life;  
Glory to Thy resurrection, O Christ!  
Glory to Thy kingdom!  
Glory to Thy providence, O Thou  
Who alone art the lover of mankind.

**Troparion to St. Athanasius**

**Tone 3**

**(Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion of The Feast of the Presentation of Our Lord in the Temple**

**Tone 1**

By Your Nativity You sanctified the Virgin’s womb!  
And blessed Simeon’s hands, O Christ God.  
Now You have come and saved us through love.  
Grant peace to all Orthodox Christians, O only Lover of Man!

**TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, Have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,

now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)**  
**(Music on page 63 of Liturgy Book)**

**Tone 8**

Chanter: Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

People: Pray and make your vows before the Lord, our God!

Chanter: **Verse:** *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

People: Pray and make your vows before the Lord, our God!

Chanter: Pray and make your vows

People: ...before the Lord, our God.

**THE EPISTLE READING**

**Timothy 3:10-15**

Timothy my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, and my sufferings; and what befell me at Antioch, at Iconium, and at Lystra. What persecutions I endured; yet from them all, the Lord rescued me. Indeed all who desire to live a godly life in Christ Jesus will be persecuted, while evil men and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings which are able to instruct you for salvation through faith in Christ Jesus.

**Alleluia before the Gospel**

**Tone 1**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** It is God Who avenges me, and subdues people under me. (*Ps 17/18:47*)

**Verse:** He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (*Ps 17/18:50*)

## THE GOSPEL READING

**Luke 18:10-14**

The Lord spoke this parable: “Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, ‘God, I thank Thee that I am not like other men, extortionists, unjust, adulterers, or even like this tax collector. I fast twice a week; I give tithes of all that I get.’ But the tax collector, standing far off, would not even lift up his eyes to Heaven, but beat his breast, saying, ‘God, be merciful to me a sinner!’ I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted.”

## LITURGY OF THE FAITHFUL

### **Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia.

## HOLY COMMUNION

*In* the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,

*“Father, bless” when you get to the chalice.*

### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that

## ***CELEBRATIONS THIS WEEK***

### **Birthdays**

1/29	Galen Wiley
1/30	Mia Jacobs
1/31	Gloria Morrison
2/3	Velislava Nikolov

### **Patron Saint Commemorations**

1/29	St. Ignatius of Antioch	Tom Williams
1/30	Three Holy Hierarchs	Ben Hedges
2/1	St. Brigid of Kildaire	Regina Moon
2/3	St. Anna the Prophetess	Dorothy Alexander, Leslee Kinmann
2/3	St. Simeon the God-Receiver	Dana Alexander, Tyler Speier

### **YEAR-END FINANCIAL SNAPSHOT—2017**

	<b><u>Gen. Operating</u></b>	<b><u>Building Fund (mortgage)</u></b>
Monthly Goal	\$ 36,000	\$ 14,120
Monthly Actual December 2017	\$103,973	\$ 33,977
<b>GOLF TOURNAMENT 2017</b>		\$ 82,237 towards new construction
<b>TOTAL TITHE INCOME GENERAL OPERATING 2017</b>		
Budget	\$ 447,000	
Actual	\$ 489,026	
<b>TOTAL TITHE INCOME BUILDING FUND 2017</b>		
Budget	\$169,440	
Actual	\$147,454	
Total income General Operating	\$546,558	
Total expenses General Operating	<u>\$514,640</u>	(including gravel parking lot & icon restoration)
Surplus	\$ 31,918	

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).  
On the homepage, click on **VIEW CALENDAR** at the bottom left.

### **HOUSE BLESSINGS**

JANUARY AND THE FEAST OF EPIPHANY begin the season, once again, when we bless our homes for the coming year. Don't forget to schedule your house blessing with one of our priests.

**ST. BARBARA MONASTERY FRIENDS** will gather today at 4:00 p.m. Mother Victoria will give a talk on "What is Worship: The Meaning of the Liturgical Services." The talk is followed by Vespers and a potluck supper.

### **BLESSING OF CANDLES**

All are invited to bring candles from home to be blessed this Thursday evening at the end of the Vespers Liturgy for the Feast of the Presentation of Our Lord.

## **Prayer for the Blessing of Candles**

on the Feast of the Presentation of our Lord in the Temple

*O Lord Jesus Christ, the True Light, Who enlightens everyone born in this world, pour out Your blessing on these candles and sanctify them by the light of Your Grace. Grant also, O Merciful One, that as these lights, kindled with a visible flame, scatter the darkness of night, so may our hearts by an invisible fire – that is, enlightened by the glowing of the Holy Spirit – avoid the blindness caused by every sin. May we see with the cleansed eye of our soul those things that are pleasing to You and necessary for our salvation. Having overcome the darkness of this world, grant us to attain to the light that never fades: For You are our Savior, and to You we send up glory, with Your unoriginate Father, and Your all-holy, good, and life-creating Spirit, now and ever and unto ages of ages. Amen.*

### **PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES**

Thursday, Feb. 1 6:00 p.m.	Vespers-Liturgy for Feast of Presentation of Lord and Blessing of the Candles
Sunday, February 11	MEATFARE SUNDAY <b>MET. JOSEPH WILL BE WITH US.</b> <b>70th Birthday Celebration for Fr. Nicholas</b>
Sunday, February 18	FORGIVENESS SUNDAY Rite of Forgiveness—6:00 p.m.

**MONDAY, FEBRUARY 19—GREAT LENT BEGINS**  
**Friday, March 2 & Saturday, March 3—LENTEN SEMINAR**



**Excerpts from the book “Let Us Attend:  
A Journey through the Orthodox Divine Liturgy”**

**By Fr. Lawrence Farley**

**THE GREAT LITANY**

Having declared our defiance of the world in the opening benediction, (“Blessed is the Kingdom...”) we now take our first step together in the journey, the Great Litany. We call it the “great” litany not just because of its length, but also because it sums up the totality of our needs. The Church here sweeps up the whole world in its great and loving arms, and offers it up to God to be blessed and sanctified and saved. The job of a priest is to offer sacrifice, and the church, as God’s royal priesthood, offers the world back to God. In this intercessory offering, the church leaves out no aspect of human existence. The Church surveys all the earth with its swarming, teeming activity and toil and offers it up to the Lord.

“In peace let us pray to the Lord.” The Church begins by inviting all to pray “in peace,” invoking first of all “the peace from above” and “the salvation of our souls.” Because of this, some call this litany “the peace litany.” Peace is fundamental not only to this prayer, but to all prayer and to the Christian life itself. Without internal peace, we cannot know God, much less come before Him as His priesthood and offer acceptable intercession. (For this reason the faithful exchange “the peace” later in the service before the prayer of the Eucharist, the *anaphora*, is offered.)

For each of these petitions and needs, the faithful lift up the cry, “Lord have mercy!” (Greek *Kyrie eleison*). Though the English word “mercy” has a rather juridical feel (recalling the plea of a condemned man for mercy and pardon from a judge), the Greek has a wider meaning. In this repeated response, the Church prays not only for God’s generosity. The “mercy” we beg is the equivalent of the Hebrew term *hesed*, variously translated not only “mercy” (in the King James Version), but also “steadfast love,” “lovingkindness.” In this litany we cry for God’s covenant loyalty, His faithfulness revealed to His children in acts of saving strength. When we pray over and over again, “Lord, have mercy!” we are beseeching the God of our fathers to lift us up from all the pits into which we stumble.

The great litany originally did not come at this point in the service. Rather, it formed the intercessory prayers of the people after the reading of the lessons and the dismissal of the catechumens. During the ninth century, it came to be offered also right after the so-called “little entrance” with the Gospel book, before the Trisagion, and was sometimes called the “litany of the Trisagion.” Around the eleventh century, the Church began to recite it in its present position as well, immediately before the antiphons. Only from the thirteenth century onwards was it recited at its present place and there only. In the present form of the Byzantine Liturgy, the first thing the faithful do when they assemble is to pray for the world. Before the assembly does anything else...it kneels before the needy of the earth in an intercessory act of *kenosis* (self-emptying) to pray for the whole world. Christ is the Savior of the world and, following her divine Lord, the Church also keeps the whole world close to her heart.

## **TEEN SCENE**

**Junior High teens meet from 6:00-7:30 p.m.  
and High School teens meet from 6:30-8:30 p.m.  
on Thursdays in the Teen Room at the church, unless noted otherwise.**

### **February 2018**

- 2/1 NO Regular Youth Group  
Come to 6 p.m. Liturgy for the Feast of the  
Presentation of Our Lord. We will go to Kyle's Kitchen  
afterwards. Bring the whole family! Everyone pays  
their own tab.
- 2/8 Thursday Night Youth Group
- 2/15 Thursday Night Youth Group (FIRE ON FATHER)
- 2/22 NO Regular Youth Group  
First week of GREAT LENT. Come to the  
Canon of St. Andrew at 6 p.m. Mexican dinner out  
afterwards, depending upon how many show up.

### **BIBLE BOWL**

The Parish Life Conference is in Portland July 4-8.  
If you are interested in being on our Bible Bowl team,  
please let Tyler know A.S.A.P. so that he can start working  
on transportation, study sessions, and other details.

**The Parish Photo Directory is now available for you to view  
online or to download to your computer at:**

**<https://www.stathanasius.org/parishioner-documents/>**

You do not need a password to access the online directory, however you cannot get to it from the homepage of the website. It is "buried" within the site so you need to either click on the link or copy and paste the link it into your browser. We did this in order to keep it a bit more private but easily accessible to members. If you would like to order a hard copy of the directory, please email the office at [office@stathanasius.org](mailto:office@stathanasius.org), or sign up on the list at the church on the large bulletin board.

Because so many folks prefer to store things digitally these days, we felt it would be a wiser use of the parish's resources to only print copies for those who want them. We plan to update the online version of the directory at least every six months, so feel free to submit changes at any time.

Thanks so much for your patience, and for sending along your photos!

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Mother Christophora  
Met. Paul & Abp. John  
Fr. Jon Braun  
Dn. Richard E.  
Kh. Diane C.  
Fr. Patrick and Vanessa K.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Dean & Penny B.  
Angelina, Jase & Alina S.  
Rich and Susan B.

Duane F.  
Galina, Nikolai & Nataliya  
Joan T.  
Bette Friesen & Family  
Ethan K.  
Tony C.  
Paul F. and Family  
Justin B.  
Fr. Anthony Y. and Family  
Bill & Robin H. and Family  
Tony E.  
Clifford Y.  
Alma G.  
Guadalupe  
Phyllis M.

John D.  
Evonne C.  
Phoebe L.  
Fr. Wayne W. & Family  
Dan & Athena W.  
Drew, Stephanie & Parker W.  
Devin  
Alicia V.  
Fr. Dimitrie V.  
Paula H.  
Monsignor John Y.  
Antonio  
Glenn R.  
Steve (Zach Brasel's father)

**For repose of the souls of:** Tony M., Kh. Lynn W.

All who have died in the conflicts in Ukraine Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS BOOK CENTER**

\* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

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