



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Youth Coordinator

Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:

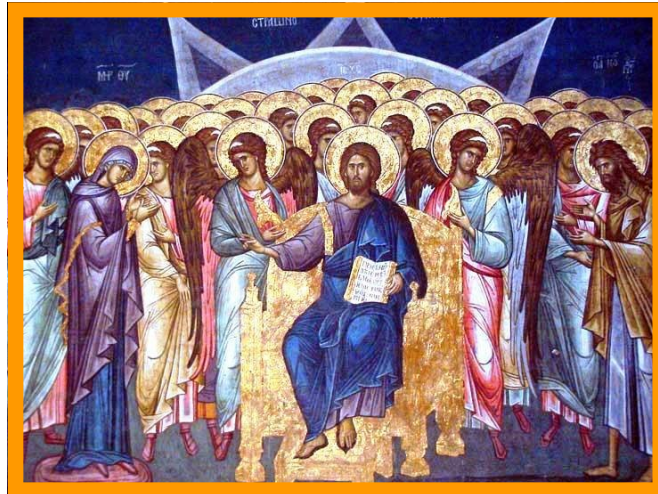
Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Laurie Baker
Corina Berari
David Dillon
Dottie Genatone
Verne Gish
Benjamin Hedges

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, February 11, 2018

Tone 3 / Eothinon 3

Sunday of the Last Judgment (Meat Fare)

Hieromartyr Blaise, Bishop of Sebastia and Companions;
Theodora the Empress;
New-martyr George of Serbia;
Vsevolod, Prince and Wonderworker of Pskov



WELCOME, Metropolitan Joseph!

WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, February 11-Meatfare Sunday

METROPOLITAN JOSEPH'S

PASTORAL VISIT

9:00 a.m.	Religious Ed. Ages 3-18 years
9:00 a.m.	Matins
10:00 a.m.	Hierarchichal Divine Liturgy
11:45 a.m.	Meatfare BBQ and 70th birthday celebration for Fr. Nicholas
12:45 p.m.	Brief musical program in the church

WE BEGIN THE FAST FROM MEAT THIS WEEK.

Monday, February 12

6:45 a.m.	Daily Matins
4:30 p.m.	Outreach dinner at St. Michael's Church in Isla vista

Tuesday, February 13

2:30 p.m.	Catechesis Level I
5:30 p.m.	Daily Vespers

Wednesday, February 14

6:45 a.m.	Daily Matins
12:00 p.m.	Intercessory Prayer Ministry

Thursday, February 15

11:00 a.m.	Showers of Blessing
5:30 p.m.	Daily Vespers
5:45 p.m.	Women's Fellowship Lenten Potluck & Recipe Exchange
7:00 p.m.	Choir Rehearsal

Friday, February 16

ST. NICHOLAS TEEN CAMP 2/16-2/19

6:45 a.m.	Daily Matins
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Saturday, February 17

4:30 p.m.	Adult Catechism
6:00 p.m.	Great Vespers, Confessions

Sunday, February 18– Cheesefare Sunday

9:00 a.m.	Religious Ed. Ages 3-18 years
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Cheesefare POTLUCK
5:15 p.m.	Choir Rehearsal
6:00 p.m.	Forgiveness Vespers

Sunday Morning Ministries Schedule

Eucharist Bread

February 11	Meyer
February 18	Dillon
February 25	Hedges
March 4	Kern

Coffee Hour

February 11	MEATFARE BBQ & 70th Birthday Celebration for Fr. Nicholas
February 18	CHEESEFARE POTLUCK
February 25	Dillon
March 4	D. Washburn/K. Fox

Greeters

February 11	Morrison/Genatone
February 18	P. King/K.P. King
February 25	K. & L. Jacobs
March 4	Fox/ Deacon

Ushers

February 11	D. Washburn, C. Berari, P. King
February 18	S. Speier, P. Brunner, G. Shannon
February 25	D. Meyer, R. Barre, D. Lewis
March 4	C. Speier, J. King, D. Washburn

Readers

February 11	M. Kern
February 18	D. Alexander
February 18	R. Barre (Forgiveness Vespers)
February 21	H. Lange (Presanctified Liturgy)
February 25	V. Gish
February 28	M. Kern (Presanctified Liturgy)
March 3	T. Harris (Soul Liturgy)
March 4	D. Washburn

**At the conclusion of Matins, we sing the Great Doxology with the Metropolitan
followed by the
TONSURING of Verne Gish & John Butler,
and then we sing the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON

Troparion of the Resurrection

Tone 3

(Music on p. 44 of Liturgy book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection

Tone 3

(Music on p. 44 of Liturgy book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Troparion to St. Athanasius

Tone 3

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of Meatfare Sunday (SUNG BY THE METROPOLITAN)

Tone 1

When Thou comest, O God, to earth with glory,
and all creatures tremble before Thee,
and the river of fire floweth before the Altar,
and the books are opened and sins revealed,
deliver me then from that unquenchable fire,
and make me worthy to stand at Thy right hand, O righteous Judge.

TRISAGION HYMN

- [People] Holy God, Holy Mighty, Holy Immortal, have mercy on us. (2 times)
- [Clergy]: Holy God, Holy Mighty, Holy Immortal, have mercy on us.
- [People] Holy God, Holy Mighty, Holy Immortal, have mercy on us.
- [Clergy]: Holy God, Holy Mighty, Holy Immortal, have mercy on us.
- [People] Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen. Holy Immortal, have mercy on us.
- Holy God;
- [Archbishop] Look down from heaven O Lord and behold and visit this vineyard which Thou hast made with Thy right hand.
- [People] Many years to you, O master. Holy Mighty;
- [Archbishop] Look down from heaven O Lord and behold and visit this vineyard which Thou hast made with Your right hand.
- [People] Many years to you, O master. Holy Immortal;
- [Archbishop] Look down from heaven O Lord and behold and visit this vineyard which Thou hast made with Your right hand.
- [People] Many years to you, O master. Have mercy on us.
- [Deacon] With strength!
- [People] Holy God, Holy Mighty, Holy Immortal, have mercy on us.
- [Deacon] O Lord save the faithful
- [People] O Lord save the faithful.
- [Deacon] O Lord save those of true worship.
- [People] O Lord save those of true worship.
- [Deacon] And hear us!
- [People] And hear us!

THE METROPOLITAN'S PHIMI (Deacon, Clergy, then Choir)

JOSEPH, the most devout, the most reverend, chosen by God, Archbishop of New York and

Metropolitan of all North America, our father and chief shepherd.

May God grant him many years!

Preparatory Psalm Verses before the Epistle

Tone 3 Znamenny Chant

Great is our Lord, and abundant in power, His understanding is beyond measure. (Ps 146/147:5)

v: Praise the Lord! For it is good to sing praises to our God! (Ps 146/147:1)

EPISTLE READING

(For the Sunday of the Last Judgement)

1 Corinthians 8:8-9:2

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care, lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you—a man of knowledge—at table in an idol’s temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother’s falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

Alleluia Refrain and Psalm verses before the Gospel
(Music on p. 65 of Liturgy Book)

Tone 8 (Byzantine)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

v: Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior! (Ps 94/95:1)

v: Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise! (Ps 94/95:2)

GOSPEL READING

(For Sunday of the Last Judgment)

Matthew 25:31-46

The Lord said, “When the Son of man comes in His glory, and all the angels with Him, then He will sit on His glorious throne. Before Him will be gathered all the nations, and He will separate them one from another as a shepherd separates the sheep from the goats, and He will place the sheep at His right hand, but the goats at the left. Then the King will say to those at His right hand, ‘Come, O blessed of my Father, inherit the kingdom prepared for you from

the foundation of the world; for I was hungry and you gave Me food, I was thirsty and you gave Me drink, I was a stranger and you welcomed Me, I was naked and you clothed Me, I was sick and you visited Me, I was in prison and you came to Me.’ Then the righteous will answer Him, ‘Lord, when did we see Thee hungry and feed Thee, or thirsty and give Thee drink? And when did we see Thee a stranger and welcome Thee, or naked and clothe Thee? And when did we see Thee sick or in prison and visit Thee?’ And the King will answer them, ‘Truly, I say to you, as you did it to one of the least of these My brethren, you did it to Me.’ Then He will say to those at his left hand, ‘Depart from Me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave Me no food, I was thirsty and you gave Me no drink, I was a stranger and you did not welcome Me, naked and you did not clothe Me, sick and in prison and you did not visit Me.’ Then they also will answer, ‘Lord, when did we see Thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to Thee?’ Then He will answer them, ‘Truly, I say to you, as you did it not to one of the least of these, you did it not to Me.’ And they will go away into eternal punishment, but the righteous into eternal life.”

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1)
Alleluia, Alleluia, Alleluia.

THOUGHT FOR THE WEEK as we approach Great Lent:

“The merciful person is he who gives to others what he himself received from God, whether it be money, or food, or strength, a helpful word, a prayer, or anything else he has through which he can express his compassion for

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.*

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

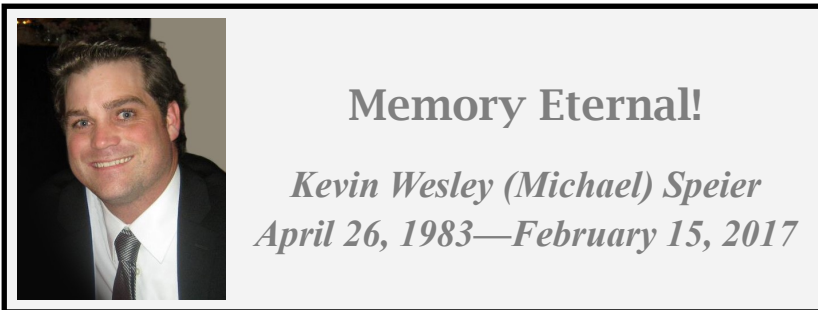
You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on **VIEW CALENDAR** at the bottom left.

WELCOME, METROPOLITAN JOSEPH!

It is our honor and joy to have our shepherd, Metropolitan JOSEPH, with us today for Matins and Divine Liturgy. May God grant him peace, good health and many years!

WOMEN'S FELLOWSHIP will host a Lenten Potluck and Recipe Exchange on Thursday, February 15th at 5:45 p.m. at the residence of Kristin King. Watch for the E-vite!

MANY YEARS to Verne Gish and John Butler, who were tonsured as readers today!



As Great Lent 2018 approaches,
please keep the following dates for Lenten services in mind:

Sunday, February 18 6:00 p.m. Lenten Vespers & Rite of Forgiveness

FIRST WEEK OF GREAT LENT

Monday, February 19	6:00 p.m.	Great Compline with Canon of St. Andrew of Crete
Tuesday, February 20	6:00 p.m.	Little Compline with Canon of St. Andrew of Crete
Wednesday, February 21	6:00 p.m.	Presanctified Liturgy
Thursday, February 22	6:00 p.m.	Little Compline with Canon of St. Andrew of Crete
Friday, February 23	6:00 p.m.	Akathist to the Mother of God
Sunday, February 25	6:00 p.m.	Central Coast Inter-Orthodox Vespers for Sunday of Orthodoxy at Annunciation Church in Santa Maria

Friday, March 2 & Saturday, March 3—LENTEN SEMINAR

Mondays of Great Lent—Great Compline 6 p.m.
Wednesdays of Great Lent—Presanctified Liturgy 6 p.m.
Fridays of Great Lent—Akathist to the Mother of God 6 p.m.

His Eminence
The Most Reverend
Metropolitan JOSEPH



Archbishop of New York and
Metropolitan of
All North America

ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
OF NORTH AMERICA

Great Fast, 2018

TO BE READ FROM THE PULPIT AND PRINTED IN THE BULLETIN

If you cannot remember everything, instead of everything, I beg you, remember this without fail, that not to share our own wealth with the poor is theft from the poor and deprivation of their means of life; we do not possess our own wealth but theirs.

-Saint John Chrysostom

Beloved in Christ,

Greetings and blessings to you in the Name of Our Lord, God, and Savior Jesus Christ!

As we look ahead to our journey into the Great Fast on Meatfare Sunday, our Holy Orthodox Church offers us a stark and fearful reminder of the coming of Our Lord in glory to judge all the tribes and nations of the earth. He teaches in the gospel reading that He will judge us according to whether we ministered to Him by our ministering to the needy, the sick, and the imprisoned. As we begin this time of fasting and increased attendance at divine services, we are thus reminded not to forget our calling to also increase our love and care for others – especially through almsgiving.

One of the truly beautiful ministries of our Archdiocese is the *Food for Hungry Program*. During these days of the Great Fast, we can sit together with our families and make the intentional decision to do with less that we may share with others. While we learn from experience that we can indeed live more simply, we should remember – as we are exhorted by Saint John in the quotation above – that the wealth we have is truly not ours but the possession of those without. I call on all of the faithful of our Archdiocese to offer bountiful support to this grace-bestowing, life-giving program.

As we begin our journey to the Life-giving and Saving Passion and Glorious Resurrection of Our Lord, let us offer to Him a pleasing fast that is not simply a time of abstaining from foods but a time of fervent love of God and neighbor, victory over our passions, reconciliation with our enemies, and generous outreach to the needy, infirm, and imprisoned.

Praying for all of you to be granted a holy, pure, and grace-filled fast, I remain,

Your Father in Christ,

+JOSEPH
Archbishop of New York and Metropolitan of all North America

"The disciples were first called Christians in Antioch" (Acts 11: 26)

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CELEBRATIONS THIS WEEK

Wedding Anniversaries

2/13 Tom & Darbi Johnson
2/14 Paul & Kirsten Franzen

Birthdays

2/14 Fr. Nicholas Speier
2/15 John Heiduk, Margaret Easbey

Patronal Feast Days

2/11 St. Theodora the Empress Sydney Hedges

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

February 2018

2/15 Thursday Night Youth Group (FIRE ON FATHER)
2/22 NO Regular Youth Group
First week of GREAT LENT. Come to the
Canon of St. Andrew at 6 p.m. Mexican dinner out
afterwards, depending upon how many show up.

BIBLE BOWL

The Parish Life Conference is in Portland July 4-8.
If you are interested in being on our Bible Bowl team,
please let Tyler know A.S.A.P. so that he can start working
on transportation, study sessions, and other details.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Angelina, Jase & Alina S.
Rich and Susan B.
Duane F.
Galina, Nikolai & Nataliya

Joan T.
Bette Friesen & Family
Ethan K.
Tony C.
Paul F. and Family
Justin B.
Fr. Anthony Y. and Family
Bill & Robin H. and Family
Tony E.
Clifford Y.
Alma G.
Guadalupe
Phyllis M.
John D.
Evonne C.
Phoebe L.

Fr. Wayne W. & Family
Dan & Athena W.
Drew, Stephanie & Parker W.
Devin
Alicia V.
Fr. Dimitrie V.
Paula H.
Monsignor John Y.
Antonio
Glenn R.
Steve (Zach Brasel's father)
Kent F.
Gaylen C.
Victims of Santa Barbara fires and mudslides
All those suffering and in danger in Ukraine, Africa, and the Middle East

For repose of the souls of: Valentin, Tony M.

All who have died in the conflicts in Ukraine Africa & the Middle East

Those who lost their lives in the Santa Barbara fires and mudslides

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

