

ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:
Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:
Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:
Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:
Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

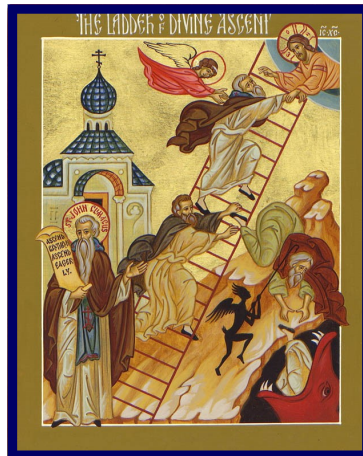
Youth Coordinator
Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:
Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Laurie Baker
Corina Berari
David Dillon
Dottie Genatone
Verne Gish
Benjamin Hedges

LITURGY OF ST. BASIL THE GREAT Sunday, March 18, 2018

**Tone 8 / Eothinon 8
Fourth Sunday of Great Lent
Commemoration of John Climacus,
Author of "The Ladder"**

Cyril, Patriarch of Jerusalem; Martyrs Trophymos and Eukarpos
of Nicomedia and those with them;
Nikolai (Velimirovic), Bishop of Zhicha
who labored in America



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, March 18-St. John Climacus

9:00 a.m. Religious Ed. Ages 3-18 years
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:00 p.m. Choir Rehearsal
1:00 p.m. College/Young Adult
Fire on Father

Monday, March 19

6:45 a.m. Daily Matins
5:00 p.m. Outreach dinner at St. Michael's
Church in Isla vista
6:00 p.m. Great Compline

Tuesday, March 20

2:30 p.m. Catechesis Level I
NO DAILY VESPERS
7:00 p.m. Men's Sticks Gathering

Wednesday, March 21

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry
6:00 p.m. Presanctified Liturgy
7:30 p.m. Parish Council Meeting

Thursday, March 22

11:00 a.m. Showers of Blessing
NO DAILY VESPERS
NO YOUTH GROUP, dinner out after Compline
6:00 p.m. Compline/Canon of St. Andrew
7:30 p.m. Choir Rehearsal

Friday, March 23

6:45 a.m. Daily Matins
6:00 p.m. Akathist to the Mother of God

Saturday, March 24

10:30 a.m. Annunciation Tea
3-5 p.m. Choir Rehearsal
4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers, Confessions

Sunday, March 25- Feast of Annunciation

9:00 a.m. Religious Ed. Ages 3-18 years
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. POT LUCK

Sunday Morning Ministries Schedule

Eucharist Bread

March 18 Tinyayeva
March 25 Fr. Nicholas
April 1 Dn. G. Braun
April 7 Meyer (Holy Saturday Liturgy)
April 8 D. Washburn

Coffee Hour

March 18 Young/Ballew
March 25 **POTLUCK for
Feast of Annunciation
PALM SUNDAY POTLUCK
PASCHA**
April 1
April 8

Greeters

March 18 Lange/Andonian
March 25 Morrison/Genatone
April 1 Lewis/Deacon
April 8 P. King/D. Lewis

Ushers

March 18 P. Brunner, P. King, D. Meyer
March 25 R. Barre, D. Lewis, C. Speier
April 1 J. King, D. Washburn, C. Berari
April 8 G. Shannon, S. Speier, P. Brunner

Readers

March 18 T. Harris
March 21 Rdr. M. Kern
March 24 D. Alexander (Vespers)
March 25 D. Washburn
March 31 R. Barre (Lazarus Saturday)
April 1 Rdr. J. Butler
April 3 D. Meyer (Presanctified)
April 4 Rdr. V. Gish (Presanctified)
April 5 Rdr. M. Kern/T. Harris (Inst. Liturgy)
April 6 R. Barre (Vespers)
April 6 Rdr. H. Lange (Lamentations)
April 7 Lange/Butler/Gish (Vesp-Liturgy)
April 8 Rdr. J. Butler (Paschal Liturgy)

**At the conclusion of Matins, we sing the Great Doxology
and then we sing the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. BASIL THE GREAT**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

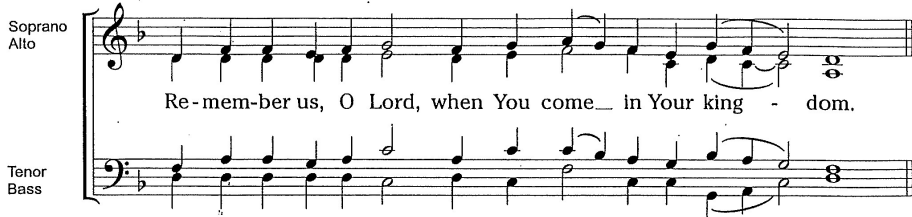
Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes of “Sermon on the Mount”

The choir sings the verses and the congregation joins in on the REFRAIN.

Choral Refrain



Soprano
Alto

Re-mem-ber us, O Lord, when You come in Your king - dom.

Tenor
Bass

**LITTLE ENTRANCE
AS THE CLERGY ENTER THE ALTAR, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 8 Byzantine melody

(Music on p. 53 of Liturgy book)

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

Troparion for St. John Climacus (of the Ladder)

Tone 1 (Slavic Chant)

Dweller of the desert and angel in the body,
you were shown to be a wonderworker, O our God-bearing Father John.
You received heavenly gifts through fasting, vigil and prayer,
healing the sick and the souls of those drawn to you by faith.
Glory to Him Who gave you strength!
Glory to Him Who granted you a crown!!!
Glory to Him Who through you grants healing to all!

Troparion to St. Athanasius

Tone 3 Byzantine melody

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of Annunciation**Tone 8** (Byzantine melody)

To thee, our Queen, leader in battle and defender.
We thy people delivered from all peril,
offer hymns of vict'ry and thanksgiving, O Theotokos.
Since thou dost possess invincible power,
set us free from ev'ry calamity.
That we may cry unto thee: Hail O bride without bridegroom.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**BACK TO THE “OLD” WAY OF SINGING
THE PROKEIMENON
(according to the Slavic practice)**

Preparatory Psalm Verses before the Epistle**Tone 8**

Chanter: Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)
Assembly: Pray and make your vows before the Lord, our God!
Chanter Verse: God is known in Judah; His name is great in Israel. (*Ps 75/76:1*)
Assembly: Pray and make your vows before the Lord, our God!
Chanter: Pray and make your vows...
Assembly: ...before the Lord our God

EPISTLE READING**Hebrews 6:13-20**

Brethren, when God made a promise to Abraham, since He had no one greater by whom to swear, He swore by Himself, saying, “Surely I will bless you and multiply you.” And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by one greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of His purpose, He interposed with an oath. So that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest forever after the order of Melchizedek.

ALLELUIA BEFORE THE GOSPEL

Tone 8

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Chanter: Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

People: Alleluia, Alleluia, Alleluia!

Chanter: Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

People: Alleluia, Alleluia, Alleluia!

GOSPEL READING

Mark. (9:16-30)

At that time, a man came to Jesus, kneeling down and saying unto him, "Teacher, I brought my son to you, for he has a dumb spirit. And wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked Thy Disciples to cast it out, and they were not able." And Jesus answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me." And they brought the boy to Him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if Thou canst do anything, have pity on us and help us." And Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, His Disciples asked Him privately, "Why could we not cast it out?" And Jesus said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And Jesus would not have anyone know it; for He was teaching His Disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill Him; and after He is killed, He will rise on the third day."

Meglynarion for Liturgy of St. Basil (Hymn to the Mother of God)

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages: He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **are invited to approach the chalice for a blessing and the blessed bread instead of the Eucharist.**

So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

QUOTE FOR THE WEEK

Keep Fighting!

If you encounter some worldly fascination and are tempted by it, set yourselves in action and overcome it, and thereby you will take one step forward. Every time you come across a temptation, overcome it; don't indulge yourselves and succumb, and soon you will become experienced. How does a warrior acquire skill? By often engaging his enemies.

St. Theophan the Recluse

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on **VIEW CALENDAR** at the bottom left.

PLEASE DON'T FORGET TO UPDATE THE CHURCH OFFICE WHEN YOU MOVE OR CHANGE E-MAIL, CELL PHONE NUMBER OR LAND LINE NUMBER.

COLLEGE SCHOLARSHIPS AVAILABLE

The Antiochian Archdiocese is offering several scholarships of \$2500 each to college students who are in one of their first four years of study. Applicants must be regularly attending members of a parish within the Antiochian Archdiocese. The deadline for application is May 15. Application packets are available in the foyer of the church, or at: <http://ww1.antiochian.org/scholarships>

CLOTHING FOR SHOWERS OF BLESSING MINISTRY

As you are doing your spring cleaning, keep in mind that the Showers of Blessing has an ongoing need for **gently-used** clothing. **MOST NEEDED ITEMS ARE MEN'S BLUE JEANS AND T-SHIRTS.** Please drop donated clothing in front of the church office **DOOR**, in the little hallway by the copier, **NOT** in the foyer of the church, and please be sure to put a note/label on it so that we know it was not left by mistake. If there is no note on it, it will go in the Lost and Found.

SAVE THE DATE!

Friday, May 11, 2018 — 7:30 p.m.

**We will present the St. Petersburg Men's Ensemble
in Orthodox Liturgical Music and Slavic Folk Songs**

CELEBRATIONS THIS WEEK

Birthdays

3/18	Doug King
3/21	Jacob Wallace
3/22	Sarah Brasel

Patronal Feast Days

3/20	St. Photini the Samaritan Woman	Sarah Brasel
------	---------------------------------	--------------

**Great Lent 2018
Special Services**

◆ Mondays March 19, 26	6:00 p.m.	Great Compline
◆ Wednesday, March 21	6:00 p.m.	Pre-sanctified Liturgy with Eucharist
◆ Friday, March 23	6:00 p.m.	Akathist to the Mother of God
◆ Thursday, March 22	6:00 p.m.	Compline with Canon of St. Andrew
◆ Wednesday, March 28	6:00 p.m.	Presanctified Liturgy at St. Barbara Greek Church
◆ Friday, March 30	6:00 p.m.	Canon of Lazarus
◆ Saturday, March 31	8:30 a.m.	Lazarus Saturday Liturgy

INCOME FOR JANUARY 2018

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$37,500	\$ 14,120
Monthly Actual	\$33,964	\$ 10, 479

INCOME FOR FEBRUARY 2018

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 37,500	\$ 14,120
Monthly Actual	\$ 49,462	\$ 9,150



Please Join Us
for
the Women's Fellowship Annual
Annunciation Tea

St. Athanasius Orthodox Church
300 Sumida Gardens Lane Santa Barbara, CA 93111

Saturday, March 24, 2018
10:30 a.m.-12:00 p.m.

Featuring :

*A talk by Mother Paraskeva of St. Barbara Monastery,
Devotions, Short Musical Program and Refreshments*

Donation paid at the door:

Adults \$10
Girls 12 and under \$5

Proceeds benefit the charitable projects of the Antiochian Orthodox
Women of North America.

If you would like to assist with food, set-up or clean-up, please contact
Cheryl Washburn-Lander at 698-1485/ cherylynn.sb@gmail.com
or go to Sign-up Genius at: <http://www.signupgenius.com/go/5080b4aaca92ba5fc1-annunciation>



SERVICES OF HOLY WEEK 2018

(Please note that the Tues-Friday morning services are at 7:00 a.m.)

Palm Sunday, 4/1	Bridegroom Matins (Full Choir)	6:00—7:15 p.m. (Finish times are approximate.)
Monday, 4/2	Bridegroom Matins	6:00 –7:15 p.m.
Tuesday, 4/3	Presanctified Liturgy Bridegroom Matins	7:00—8:15 a.m. 6:00-7:20 p.m.
Wednesday, 4/4	Presanctified Liturgy Holy Unction	7:00—8:15 a.m. 6:00-7:40 p.m.
Thursday, 4/5	Institution Liturgy Matins with 12 Passion Gospels	7:00-8:20 a.m. 6:00-8:30 p.m.
Friday, 4/6	Royal Hours Burial Vespers (Full choir) Lamentation Matins (Full choir) All-night Vigil	9:00-11:00 a.m. 3:00-4:00 p.m. 7:00-8:50 p.m. 10:00 p.m.-6:00 a.m.
Saturday, 4/7	Vesperal Liturgy celebrating Christ's Victory over Hades (Full Choir)	8:30 a.m.-10:15 a.m.
Sunday, 4/8	Paschal Procession, Matins Liturgy, Blessing of baskets (Full Choir) Break-fast Agape Vespers Picnic at Tucker's Grove	5:00—8:00 a.m. 8:00 a.m. 9:30-10:15 a.m. 3:00 p.m.

(When the “Full Choir” is not indicated, services will be led by smaller ensembles of chanters.)

PASCHA CELEBRATION 2018

It's that time of year again!

PASCHA BREAK-FAST

This year immediately following the Diving Liturgy, we will be seated on our patio to enjoy our Pascha Breakfast together. The church will provide sweet yeast breads, cheese, and a beverage bar of coffee, juice and chocolate milk.

Please bring a breakfast/brunch potluck item to share. (Egg dish, crockpot ham, quiche, fruit etc.) All items should be cut and ready to serve.

Also, please bring your Easter basket to be blessed. Now is the time for your family or group of friends to start thinking about what you will put in your special basket! Suggestions are sliced meats, cheeses, fruit, eggs, chocolates, etc. Baskets will be set on tables at the front of the church on the left side, and will be blessed at the end of the Paschal Liturgy.

Our famous barbeque will happen in the afternoon!
***Please note we are dropping the price of the day
to reflect the change of menu in the morning!**

PASCHA PICNIC

The main focus of our celebration this year will be the afternoon PICNIC at Kiwanis Meadows/Tuckers Grove at 3 p.m. We will barbeque tri-tip, and bread will be provided. **Please bring a large salad (green, potato, pasta, fruit) to share and your own place settings and beverages.** As always, there will be games, activities for our children, plus music and lots of wonderful fellowship. Plan to attend this special day for our church family. It is a great opportunity to bring your non-Orthodox friends and family members, as well!

In order to cover the cost of the day's festivities, we are asking for a donation for each adult and child participating. You can pay in advance online through the parish website (www.stathanasius.org) or you can pay in the food line at the barbecue.

Pricing is as follows:

Adults:	\$8 for breakfast only
	\$18 for breakfast and picnic
Children:	\$ 7 flat fee
	(Maximum charge per family: \$80)



For some helpful information and recipes for your Pascha basket:

<http://saintspeterandpaulnh.org/cgi-bin/EasterBasket.cgi>

<http://orthodoxeducation.blogspot.com/2014/04/pascha-basket.html>

<http://www.theologic.com/oflweb/lentpask/basket.htm>

<http://whatimcookingnow.blogspot.com/2010/04/all-about-pascha-baskets.html>

PASCHA EGG HUNT

Time to prepare for the fun!

If you have kids who will be participating in the egg hunt at the Pascha picnic, it's time to start thinking about getting your plastic eggs and candy/toys/coins! Don't wait until the last minute when it might be hard to find them. Please bring 12-18 filled eggs per child with you to the picnic (along with a basket or bag for your child to collect eggs). Please make sure you consider any non-church family and friends you will be inviting and bring enough for them as well. If you can do more than a dozen, that really helps for people who would like to participate but don't have the means to bring eggs. Contact Katie AbuGhazaleh at 453-5324 with any questions. Thank you!

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

Thurs. 3/22/18 - No Thursday Night Youth Group - Compline Service
(then burritos afterwards for anyone who wants to attend!)

Thurs. 3/29/18 - No Thursday Night Youth Group (Special Event Saturday)

Sat. 3/31/18 - Lazarus Saturday (come help at work party!),
7:30pm - 9:30pm Broomball after Vespers



**Youth Group at CLOUD NINE
January 25, 2018**

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Romanos (O.C.M.C. priest, Congo)
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Angelina, Jase & Alina S.
Rich and Susan B.
Duane F.
Galina, Nikolai & Nataliya

Joan T.
Bette Friesen & Family
Ethan K.
Tony C.
Paul F. and Family
Justin B.
Fr. Anthony Y. and Family
Tony E.
Alma G.
Guadalupe
Phyllis M.
John D.
Fr. Wayne W. & Family
Fr. Dimitrie V.
Monsignor John Y.
Antonio

Glenn R.
Steve (Zach Brasel's father)
Gaylen C.
Zac B.
Carla B.
Kent F.
Merrily M.

Victims of Santa Barbara fires and mudslides
All those suffering and in danger in Ukraine, Africa, and the Middle East

For repose of the souls of:

Alyson, Dawn, Valentin, Tony M.

All who have died in the conflicts in Ukraine Africa & the Middle East
Those who lost their lives in the Santa Barbara fires and mudslides

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS BOOK CENTER** *
* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.) *
* **All proceeds go to the parish Building Fund.** *

