



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:
Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:
Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:
Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:
Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Youth Coordinator
Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:
Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Laurie Baker
Corina Berari
David Dillon
Dottie Genatone
Verne Gish
Benjamin Hedges

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, July 8, 2018

**Tone 5 / Eothion 6;
Sixth Sunday after Pentecost
& Sixth Sunday of Matthew**
Great-martyr Procopius of Caesarea in Palestine
New-martyrs Theophanes and Anastasios of Constantinople;
Venerable Theophilus the Myrrh-streaming of
St. Basil Kelli on Athos;
Procopius of Ustug, Fool-for-Christ



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, July 8

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday, July 9

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michael
University Church in Isla Vista

Tuesday, July 10

5:30 p.m. Daily Vespers

Wednesday, July 11

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Group

Thursday, July 12

11:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers

Friday, July 13

6:45 a.m. Daily Matins
5:30 p.m. Women's Fellowship Salad Party

Saturday July 14

6:00 p.m. Vespers/Confession

Sunday, July 15

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Valerie Yova, our parish Administrator, will be out of town from July 5-15. If you need to get into the church building, it is best to come during times when there are daily services or Summer School. Otherwise, you will need to set up a time with Fr. Nicholas or one of the ministry leaders who has a key.

Fr. Nicholas will be attending the Archdiocese Clergy Symposium from July 13-20.

Sunday Morning Ministries Schedule

Eucharist Bread

July 8 Dn. G. Braun
July 15 Hedges
July 22 Jacobs
July 29 Sieck

Coffee Hour

July 8 Wiley/Baker/McIntire
(Traditional Ethiopian Cuisine)
July 15 S. & T. Speier
July 22 NEED A HOST
July 29 Meyer

Greeters

July 8 D. Lewis/P. King
July 15 K. & L. Jacobs
July 22 K. Fox/H. Lange
July 29 Baker/D. Washburn

Ushers

July 8 D. Lewis, C. Speier, J. King
July 15 D. Washburn, C. Berari, G. Shannon
July 22 S. Speier, P. Brunner, P. King
July 29 D. Meyer, R. Barre, D. Lewis

Readers

July 8 D. Meyer
July 14 Rdr. M. Kern (Vespers)
July 15 Rdr. H. Lange
July 22 D. Washburn
July 29 T. Harris

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY**

Troparion of the Resurrection

(Music on p. 47-48 of Liturgy book)

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.

For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Tone 5 Byzantine melody
harmonized by Fr. J. Finley

Troparion for the Martyr Procopius

Your holy martyr Procopius, O Lord,
through his suffering has received an incorruptible crown from You,
our God.

For having Your strength, he laid low his adversaries,
and shattered the powerless boldness of demons.//
Through his intercessions save our souls!

Tone 4

Troparion to St. Athanasius

(Music on page 54 of Liturgy Book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine Melody

Kontakion - Ordinary Sundays**Tone 4 Byzantine melody**

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!
People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Page 60 of Liturgy book)****Tone 5** Byzantine melody
harmonized by Fr. J. Finley

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

Verse: Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

THE EPISTLE READING**Romans. 12:6-14**

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, and serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

Alleluia Refrain and Psalm verses before the Gospel**Tone 5**

Chanter: Alleluia, Alleluia, Alleluia!
People: **Alleluia, Alleluia, Alleluia!**

Verse: I will sing of the mercies of the Lord forever; with my mouth;
I will make known Thy faithfulness to all generations. (*Ps 88/89:1*)

Verse: For Thou hast said: "Mercy shall be built up forever;
In the heavens shall Thy truth be established." (*Ps 88/89:2*)

GOSPEL READING

Matthew 9:1-8

At that time, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith He said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—He then said to the paralytic—"Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, Who had given such authority to men.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia!

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on **VIEW CALENDAR** at the bottom left.

Fr. Nicholas will be attending the Archdiocese Clergy Symposium from July 13-20.

Valerie Yova, our parish Administrator, & Music Director, will be out of town from July 5-15. If you need to get into the church building, it is best to come during times when there are daily services or Summer School. Otherwise, you will need to set up a time with Fr. Nicholas or one of the ministry leaders who has a key.

Thank you to today's quartet (Catherine Braun, Peter Braun, Mary Gish & Verne Gish) and John Butler for their musical leadership while Valerie is away.

Congratulations to Zak Landrum, the newly elected Parish Council member, and Dorothy Alexander, who was appointed to the Parish Council by Fr. Nicholas, per our Archdiocese Constitution and By-laws.

COFFEE HOUR HOSTS ARE STILL NEEDED FOR THE FOLLOWING SUNDAYS. July 22 August 19 and 26

Please go online and sign up if you have not hosted yet this year, or talk to Suzi Wiley.
<http://www.stathanasius.org/coffee-hour/>

THE JUNE WOMEN'S FELLOWSHIP GATHERING was rescheduled for this Friday, July 13 at 5:30 p.m. at Jan Speier's home. Ladies, look for an Evite from Christie Robinson. If you did not receive the evite but would like to attend, contact Christie at christie.d.robinson@gmail.com.

THE KICK-OFF GATHERING FOR OUR STRATEGIC PLANNING PROCESS will be on Sunday, October 7 from 4-6 p.m., followed by dinner. More information to follow.

MARK YOU CALENDAR UPCOMING FEAST DAY CELEBRATIONS

Sunday, August 5 Transfiguration of the Lord (commemorated at Sunday Matins and Liturgy on Aug. 5th, transferred from Aug. 6.)

Tuesday, August 14 Vesperal Liturgy 6 p.m. for Dormition of the Mother of God

CELEBRATIONS THIS WEEK

Wedding Anniversaries

7/10 Chris & Christie Robinson
7/12 Jon & Kristin King

Birthdays

7/8 Nestan Tsiskaridze
7/9 Laurie Baker
7/11 David Washburn, Fr. John Carrillo
7/12 Hani AbuGhazaleh, Paige Zidek
7/13 Larry Lander

Patronal Feast Days

7/8 Saints Priscilla and Aquila Julie Gross
7/13 Archangel Gabriel Cheryl Giordani, Gabriel Speier, Jamie Van Wagoner

Save
the
Date

ST. ATHANASIOS
ORTHODOX CHURCH

THE HOWARD SHANNON
GOLF TOURNAMENT
& DINNER

september 21
TWO THOUSAND EIGHTEEN

GLEN ANNIE GOLF CLUB
SANTA BARBARA, CA

www.stathanasios.org/golf

Thank you to our amazing
Summer School 2018 Staff!!



Fr. Nicholas Speier—Upper Grades
Mary Gish assisted by Elleney King—Lower Grades
Jody Wallace—Administration



Teen Assistants:

Julianna Ballew
Tom Ballew
Jessica Berari
Ann Grace Butler
Elizabeth Butler
Jeremiah Hoppe
Luke Hoppe
Adam King
Bella Madrigal
Hannah Sieck
Lucy Speier
Peter Speier
Jack Wiebe

TEEN SCENE

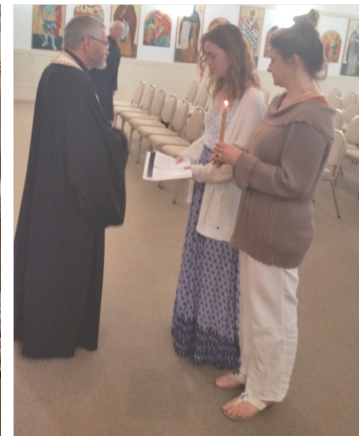
**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

- 7/12 Summer Youth Group—Both groups 6-8 p.m.
- 7/19 Summer Youth Group—Both groups 6-8 p.m.
- 7/26 Family BBQ at the park

- 8/2 No Youth Group (Say a prayer for our teens at Project Mexico)
- 8/9 Summer Youth Group—Both groups 6-8 p.m.
- 8/16 All-parish Family BBQ at the park
- 8/23 Summer Youth Group—Both groups 6-8 p.m.
- 8/30 Summer Youth Group—Both groups 6-8 p.m.

WELCOME TO DELANEY CATHERINE NEWHOUSE,

who was
chrismated into the
Orthodox Faith last
Sunday. God bless
her and grant her
many years, along
with her sponsor,
Lisa Ballew!



“Post Modernism & Christianity: Friends or Foes?”

Deacon Rico Paul Monge—Presenter

Friday evening, July 27 7:00-8:30 p.m.

Saturday, July 28 10:00-11:30 a.m.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Romanos (O.C.M.C. priest, Congo)
Mother Christophora
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Duane F.
Joan and Steve T.
Friesen family

Ethan & Cole K.
Tony E.
Fr. Dimitrie V.
Monsignor John Y.
Gaylen C.
Zac B.
Terri Lynn & Hannah Rose
Lauren
Cheryl G.
Jerry J.
Elka
Elizabeth J.
Jimmy
Phoebe L.
Gabriel M.

All those suffering and
in danger in Ukraine,
Africa, and the Middle East

For repose of the souls of: John D., Marceen S., Jacqueline M., Pat W., Jeffery L., Wayne H., Dn. Mark
All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

