

## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
Office hours: Tues-Fri.  
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-770-3749  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

**Youth Coordinator**

Tyler Speier tyler@stathanasius.org

**Parish Council 2017-2018:**

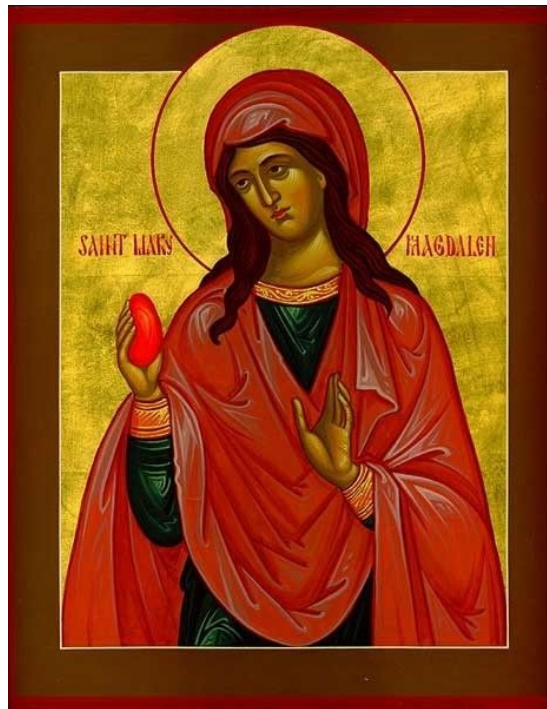
Kristi King, President  
Dan Braun, Treasurer  
Terri Speier, Secretary  
Laurie Baker  
Corina Berari  
David Dillon  
Dottie Genatone  
Verne Gish  
Benjamin Hedges

### LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, July 22, 2018

**Tone 7 / Eothinon 8; Eighth Sunday after Pentecost  
& Eighth Sunday of Matthew**

Mary Magdalene, myrrh-bearer and equal-to-the-Apostles;  
Virgin-martyr Markella of Chios



### WELCOME TO OUR VISITORS!

We are glad you are with us this morning.  
If you are not Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us at Coffee Hour~ we'd love to meet you!

## ***Calendar for this Week***

### **Sunday, July 22**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
2:00 p.m. Memorial for Marceen Speier

### ***Sunday Morning Ministries Schedule***

### **Monday, July 23**

6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal at St. Michael  
University Church in Isla Vista

### **Eucharist Bread**

July 22 Jacobs  
July 29 Sieck  
August 5 Tinyayeva  
August 12 Kern

### **Tuesday, July 24**

5:30 p.m. Daily Vespers

### **Wednesday, July 25**

6:45 a.m. Daily Matins  
12:00 p.m. Intercessory Prayer Group  
7:00 p.m. Parish Council Meeting

### **Coffee Hour**

July 22 J. Kawiecki/C. Harris  
July 29 Meyer  
August 5 Lander  
August 12 Chala

### **Thursday, July 26**

11:00 a.m. Showers of Blessing  
4:00 p.m. Family BBQ at Stow Park

### **Greeters**

July 22 K. Fox/H. Lange  
July 29 Baker/D. Washburn  
August 5 Morrison/Genatone  
August 12 P. King/K.P. King

### **Friday, July 27-MISSION TEAM LEAVES FOR PROJECT MEXICO**

6:45 a.m. Daily Matins  
7:00-8:30 p.m. Seminar with Dn. Rico Monge:  
"Post-Modernism & Christianity -  
Friends or Foes?"

### **Ushers**

July 22 S. Speier, P. Brunner, P. King  
July 29 D. Meyer, R. Barre, C. Berari  
August 5 C. Speier, J. King, D. Washburn  
August 12 C. Berari, G. Shannon, S. Speier

### **Saturday July 28**

10-11:30 a.m. Seminar with Dn. Rico Monge  
6:00 p.m. Vespers/Confession

### **Readers**

July 22 D. Washburn  
July 29 T. Harris  
August 4 R. Barre (Great Vespers)  
August 5 Rdr. H. Lange  
August 12 Rdr. V. Gish

### **Sunday, July 29**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages  
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate  
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was  
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,  
glorified with the Father and the Holy Spirit: save us.

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY**

**Troparion of the Resurrection**

**Tone 7**

**(Music on p. 51 of Liturgy book)**

Thou didst shatter death by Thy Cross;  
Thou didst open paradise to the thief;  
Thou didst turn the sadness of the  
ointment bearing women into joy,  
and didst bid Thine apostles proclaim  
a warning that Thou hast risen, O Christ,  
granting the world the great mercy.

**Troparion for the Holy Myrrhbearer Mary Magdalene**

**Tone 1**

By keeping His commandments and laws, holy Mary Magdalene,  
you followed Christ, Who for our sake was born of the Virgin,  
and in celebrating your most holy memory today,  
we receive forgiveness of sins by your prayers.

**Troparion to St. Athanasius**

**Tone 3**

**(Music on page 54 of Liturgy Book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays****Tone 4**

O undisputed intercessor of Christians,  
The mediatrix, who was unrejected by the Creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith, for thou art good.  
Hasten to us with intercessions, O Theotokos,  
who dost ever intercede for those who honor thee.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle      Tone 7**

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

**THE EPISTLE READING****Corinthians 1:10-17**

Brethren, I appeal to you, by the Name of our Lord Jesus Christ, that all of you agree and that there be no dissension among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest anyone should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to preach the Gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**

**Tone 7**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Thy Verse:** It is good to give thanks to the Lord, and to sing praises to  
Name, O Most High. **Alleluia...**

**Verse:** To declare Thy mercy in the morning, and Thy truth  
in the night. **Alleluia...**

**GOSPEL READING**

**Matthew 14:14-22**

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to Him, "We have only five loaves here and two fish." And He said, "Bring them here to Me." Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to Heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then Jesus made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.

**Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

**Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)  
Alleluia, Alleluia, Alleluia!

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, *“Father, bless” when you get to the chalice.*

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

### INCOME FOR MAY 2018

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$37,500	\$ 14,120
Monthly Actual	\$42,979	\$ 8,880

### INCOME FOR JUNE 2018

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 37,500	\$ 14,120
Monthly Actual	\$ 28,287	\$ 8,024

Goal for Tithes first 6 months	\$227,979
Actual Tithes Jan-June	<u>221,845</u>
Shorfall	<b>\$ 6,134</b>
Building Fund Goal for Jan-June	\$ 84,720
Actual Building Fund donations Jan-June	<u>56,130</u>
Shortfall	<b>\$ 28,590</b>

## **“Post Modernism & Christianity: Friends or Foes?”**

Deacon Rico Paul Monge—Presenter

**Friday evening, July 27 7:00-8:30 p.m.**  
**Saturday, July 28 10:00-11:30 a.m.**

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).  
On the homepage, click on **VIEW CALENDAR** at the bottom left.

**THE KICK-OFF GATHERING FOR OUR STRATEGIC PLANNING PROCESS** will be on Sunday, October 7 from 4-6 p.m., followed by dinner. More information to follow.

**JOIN US THIS THURSDAY, JULY 26th from 4 p.m.-sundown at Stow Park Area 1** for a parish FAMILY BBQ! Bring your own everything. The coals will be hot and ready by 5:00 p.m. for you to grill. Bring softball/baseball equipment, if you have it. (580 N. La Patera Lane)

### **MARK YOU CALENDAR for UPCOMING FEAST DAY CELEBRATIONS:**

**THE DORMITION FAST begins on August 1** and ends on August 14, in the evening after the Vespertal Liturgy for the Feast.

**Sunday, August 5** Transfiguration of the Lord (commemorated at Sunday Matins and Liturgy on Aug. 5th, transferred from Aug. 6.)

**Tuesday, August 14** Vespertal Liturgy 6 p.m. for Dormition of the Mother of God

### ***CELEBRATIONS THIS WEEK***

#### **Wedding Anniversaries**

7/19 Fr. John & Jan Finley (SORRY—WE MISSED THEM LAST WEEK!)  
7/25 Zak and Kellie Landrum  
7/27 Zach & Sarah Brasel

#### **Patron Saint Feast Days**

7/22	<b>St. Mary Magdalene</b>	Madeleine Meyer, Nancy Gilbert
7/24	<b>St. Christina the Martyr</b>	Kristin King, Kristina Papazacharioudakis Christie Robinson, Christina Shackelford, Jordan Williams
7/25	<b>St. Anna, Mother of the Theotokos (her repose)</b>	Anna Grace Butler



Save  
the  
Date

ST. ATHANASIOS  
ORTHODOX CHURCH

THE HOWARD SHANNON  
GOLF TOURNAMENT  
& DINNER

september 21  
TWO THOUSAND EIGHTEEN

GLEN ANNIE GOLF CLUB  
SANTA BARBARA, CA

[www.stathanasios.org/golf](http://www.stathanasios.org/golf)



**Congratulations to our  
BIBLE BOWL TEAM!**

**They took FIRST Place at this year's Parish Life Conference!  
Many thanks to all who contributed to their travel expenses  
to the finals at the Antiochian Village this weekend.**

(from left to right: Tom Ballew, Fr. Nicholas, Michael Easbey, Adam King, Peter Speier)

## TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.  
and High School teens meet from 6:30-8:30 p.m.  
on Thursdays in the Teen Room at the church, unless noted otherwise.**

### July

7/26 Family BBQ at Stow Park Area 1

### August

8/2 No Youth Group (Say a prayer for our teens at Project Mexico)

8/9 Summer Youth Group—Both groups 6-8 p.m.

8/16 All-parish Family BBQ at the park

8/23 Summer Youth Group—Both groups 6-8 p.m.

8/30 Summer Youth Group—Both groups 6-8 p.m.

**Congratulations to Zak Landrum, the newly elected Parish Council member,  
and Dorothy Alexander, who was appointed to the Parish Council by Fr. Nicholas,  
per our Archdiocese Constitution and By-laws.**

Their 3-year term begins this September and runs through August of 2021.

Thank you to all who participated in the election process, including those who made nominations, all those who were willing to be nominated, and all those who cast their vote.



Many thanks to our outgoing Parish Council members,  
Ben Hedges & Dottie Genatone, for three years of faithful service!!

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Romanos (O.C.M.C. priest, Congo)  
Mother Christophora  
Fr. Jon B.  
Dn. Richard E.  
Kh. Diane C.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Dean & Penny B.  
Duane F.  
Joan and Steve T.  
Friesen family

Ethan & Cole K.  
Tony E.  
Fr. Dimitrie V.  
Monsignor John Y.  
Gaylen C.  
Zac B.  
Terri Lynn & Hannah Rose  
Lauren  
Cheryl G.  
Jerry J.  
Elka  
Elizabeth J.  
Jimmy  
Phoebe L.  
Gabriel M.

All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East

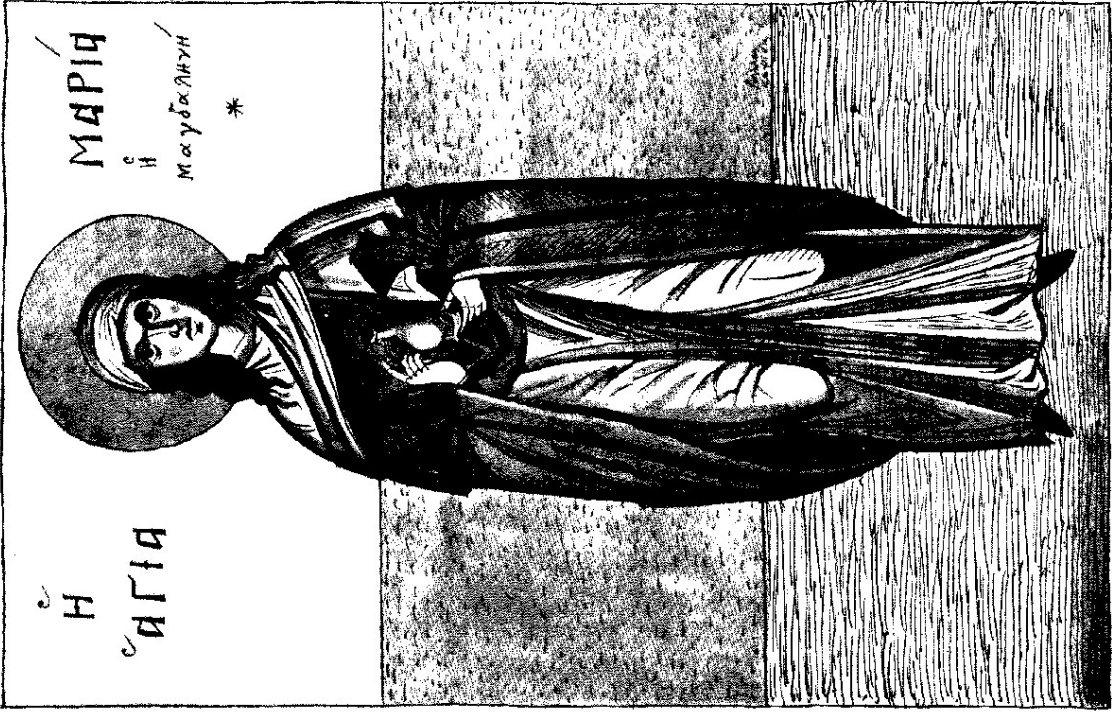
**For repose of the souls of:** John D., Marceen S., Jacqueline M., Pat W., Jeffery L., Wayne H., Dn. Mark  
All who have died in the conflicts in Ukraine Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

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 \* **ST. ATHANASIUS BOOK CENTER** \*  
 \* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, \*  
 \* etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books \*  
 \* are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or \*  
 \* chain. Payment should be made at time of purchase and placed in brown lockbox on wall next \*  
 \* to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in \*  
 \* the rack are FREE, as are the 12-month liturgical calendars.) \*  
 \*  
 \* **All proceeds go to the parish Building Fund.** \*  
 \*  
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МАРІЯ  
І  
МАРУСЯНИ \*

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АГІЯ