



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
Office hours: Tues-Fri.  
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-770-3749  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
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**Youth Coordinator**

Tyler Speier tyler@stathanasius.org

**Parish Council 2017-2018:**

Kristi King, President  
Dan Braun, Treasurer  
Terri Speier, Secretary  
Laurie Baker  
Corina Berari  
David Dillon  
Dottie Genatone  
Verne Gish  
Benjamin Hedges

### LITURGY OF ST. JOHN CHRYSOSTOM Sunday, July 29, 2018

#### Tone 8 / Eothinon 9; Ninth Sunday after Pentecost & Ninth Sunday of Matthew

Holy Martyr Kallinikos of Gangra in Asia Minor;  
Holy Virgin Martyr Theodota of Bithynia;  
Pious Emperor Theodosios the Younger;  
Constantine III, Patriarch of Constantinople;  
Lupus the Confessor, Bishop of Troyes;  
Martyr Serapia of Antioch



### WELCOME TO OUR VISITORS!

We are glad you are with us this morning.  
If you are not Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us at Coffee Hour~ we'd love to meet you!

## ***Calendar for this Week***

### **Sunday, July 29**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
4:00 p.m. St. Barbara Monastery Friends  
Gathering

### **Monday, July 30**

6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal at St. Michael  
University Church in Isla Vista

### **Tuesday, July 31**

5:30 p.m. Daily Vespers

### **Wednesday, August 1-Dormition Fast Begins**

6:45 a.m. Daily Matins  
12:00 p.m. Intercessory Prayer Group

### **Thursday, August 2**

#### **MISSION TEAM RETURNS FROM MEXICO**

11:00 a.m. Showers of Blessing  
5:30 p.m. Daily Vespers  
7:00 p.m. Choir Rehearsal

#### **NO YOUTH GROUP**

### **Friday, August 3**

6:45 a.m. Daily Matins

### **Saturday August 4**

6:00 p.m. Vespers/Confession

### **Sunday, August 5**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

July 29 Sieck  
August 5 Tinyayeva  
August 12 Kern  
August 19 Meyer

### **Coffee Hour**

July 29 Meyer  
August 5 Lander  
August 12 Chala  
August 19 NEED A HOST

### **Greeters**

July 29 Baker/D. Washburn  
August 5 Morrison/Genatone  
August 12 P. King/K.P. King  
August 19 D. Lewis/Deacon

### **Ushers**

July 29 D. Meyer, R. Barre, C. Berari  
August 5 C. Speier, J. King, D. Washburn  
August 12 C. Berari, G. Shannon, S. Speier  
August 19 P. Brunner, P. King, D. Meyer

### **Readers**

July 29 T. Harris  
August 4 R. Barre (Great Vespers)  
August 5 Rdr. H. Lange  
August 12 Rdr. V. Gish  
August 14 D. Alexander (Dormition)  
August 19 Rdr. M. Kern

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages  
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate  
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was  
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,  
glorified with the Father and the Holy Spirit: save us.

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY**

**Troparion of the Resurrection**

**(Music on p. 53 of Liturgy book)**

From the heights Thou didst descend,  
O Compassionate One;  
and Thou didst submit to the three day burial,  
that Thou might deliver us from passion.  
Thou art our Life and our Resurrection,  
O Lord, glory to Thee.

**Tone 8** Byzantine melody  
harmonized by Fr. J. Finley

**Troparion to St. Athanasius**

**(Music on page 54 of Liturgy Book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3**

**Kontakion for the Feast of the Transfiguration of Our Lord**      **Tone 7** Carpathian Chant

You were transfigured on the mountain, O Christ God,  
and Your disciples saw Your glory as far as they were able,  
so that when they saw You crucified,  
they might know that You suffered voluntarily,  
and might proclaim to the world  
that You are truly the radiance of the Father.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon:            With strength!

People:            Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle**

**Tone 8** Byzantine melody

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

**Verse:** *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

**THE EPISTLE READING**

**1 Corinthians 3:9-17**

Brethren, we are God's fellow workers; you are God's field, God's building. According to the grace of God given to me, like a skilled master builder I laid a foundation, and another man is building upon it. Let each man take care how he builds upon it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if any one builds on the foundation with gold, silver, precious stones, wood, hay or straw, each man's work will become manifest; for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each one has done. If the work which any man has built on the foundation survives, he will receive a reward. If any man's work is burned up, he will suffer loss, though he himself will be saved, but only as through fire. Do you not know that you are God's temple and that God's Spirit dwells in you? If anyone destroys God's temple, God will destroy him; for God's temple is holy, and you are that temple.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**  
(Music on page 64 of Liturgy Booklet)

**Tone 8**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** Come, let us rejoice in the Lord, let us shout with jubilation unto  
God our Savior.

**Verse:** Come before His countenance with thanksgiving, and with psalms  
let us shout in jubilation unto Him.

**GOSPEL READING**

**Matthew 14:22-34**

At that time, Jesus made the Disciples get into the boat and go before Him to the other side, while He dismissed the crowds. And after He had dismissed the crowds, He went up on the mountain by Himself to pray. When evening came, He was there alone, but the Disciples' boat by this time was many furlongs distant from the land, beaten by the waves; for the wind was against them. And in the fourth watch of the night He came to them, walking on the sea. But when the Disciples saw Jesus walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out for fear. But immediately He spoke to them, saying, "Take heart, it is I; have no fear." And Peter answered Him, "Lord, if it is Thee, bid me come to Thee on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus; but when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me!" Jesus immediately reached out His hand and caught him, saying to him, "O man of little faith, why did you doubt?" And when they got into the boat, the wind ceased. And those in the boat worshiped Him, saying, "Truly, Thou art the Son of God." And when they had crossed over, they came to land at Gennesaret.

**Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

**Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)  
Alleluia, Alleluia, Alleluia!

### HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

### INCOME FOR MAY 2018

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$37,500	\$ 14,120
Monthly Actual	\$42,979	\$ 8,880

### INCOME FOR JUNE 2018

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 37,500	\$ 14,120
Monthly Actual	\$ 28,287	\$ 8,024

Goal for Tithes first 6 months	\$227,979
Actual Tithes Jan-June	<u>221,845</u>
Shorfall	<b>\$ 6,134</b>
Building Fund Goal for Jan-June	\$ 84,720
Actual Building Fund donations Jan-June	<u>56,130</u>
Shortfall	<b>\$ 28,590</b>

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).  
On the homepage, click on **VIEW CALENDAR** at the bottom left.

**WELCOME** to **Deacon Rico Paul and Sara Monge**, who are visiting with us this weekend with their children, Diego, Pablo, Katerina and Alexandra. Thank you so much, Dn. Rico, for spending time sharing thoughts, ideas and information with us this weekend.

**THE KICK-OFF GATHERING FOR OUR STRATEGIC PLANNING PROCESS** will be on Sunday, October 7 from 4-6 p.m., followed by dinner. More information to follow.

### **MARK YOUR CALENDAR for UPCOMING FEAST DAY CELEBRATIONS:**

**THE DORMITION FAST begins on August 1** and ends on August 14, in the evening after the Vespers Liturgy for the Feast.

**Sunday, August 5** Transfiguration of the Lord (commemorated at Sunday Matins and Liturgy on Aug. 5th, transferred from Aug. 6.)

**Tuesday, August 14** Vespers Liturgy 6 p.m. for Dormition of the Mother of God

### ***CELEBRATIONS THIS WEEK***

#### **Birthdays:**

7/29 Douglas Meyer, Phoebe Lenhart  
7/30 Emily King, Dean Papazacharioudakis, Jackson Stetler, Nikolai Rice  
7/31 Jeremiah Hoppe  
8/1 Michael Andonian  
8/3 David Vander Laan  
8/4 Lauren Shackelford

#### **Patron Saint Feast Days**

7/30	St. Angelina of Serbia	Angelina Speier
8/3	St. Lydia, Seller of the Purple Cloth	Lydia Sieck



Save  
the  
Date

ST. ATHANASIUS  
ORTHODOX CHURCH

THE HOWARD SHANNON  
GOLF TOURNAMENT  
& DINNER

september 21  
TWO THOUSAND EIGHTEEN

GLEN ANNIE GOLF CLUB  
SANTA BARBARA, CA

[www.stathanasius.org/golf](http://www.stathanasius.org/golf)



**Congratulations to our  
BIBLE BOWL TEAM!**

**They took THIRD PLACE at this year's NATIONAL FINALS!  
Many thanks to all who contributed to their travel expenses  
to the Antiochian Village in Pennsylvania.  
(Peter Speier, Tom Ballew, Coach Michael Easbey, Adam King)**

## TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.  
and High School teens meet from 6:30-8:30 p.m.  
on Thursdays in the Teen Room at the church, unless noted otherwise.**

### August

- 8/2 No Youth Group (Say a prayer for our teens at Project Mexico)  
8/9 Summer Youth Group—Both groups 6-8 p.m.  
8/16 All-parish Family BBQ at the park  
8/23 Summer Youth Group—Both groups 6-8 p.m.  
8/30 Summer Youth Group—Both groups 6-8 p.m.

## ORTHODOX CHRISTIAN WEBSITES

Antiochian Orthodox Archdiocese	<a href="http://www.antiochian.org">www.antiochian.org</a>
Orthodox Church in America	<a href="http://oca.org">http://oca.org</a>
Greek Orthodox Archdiocese	<a href="https://www.goarch.org">https://www.goarch.org</a>
Ancient Faith Radio	<a href="http://www.ancientfaith.com">www.ancientfaith.com</a>
Orthodox Christian Fellowship (OCF)	<a href="http://www.ocf.net">www.ocf.net</a>
Orthodox Christian Mission Center (OCMC)	<a href="http://www.ocmc.org">www.ocmc.org</a>
Orthodox Christian Network [Internet TV]	<a href="http://www.myocn.net">www.myocn.net</a>
Project Mexico & St. Innocent Orphanage	<a href="http://www.projectmexico.org">www.projectmexico.org</a>
St. Vladimir's Seminary Bookstore	<a href="https://www.svspress.com">https://www.svspress.com</a>
St. Tikhon's Seminary Bookstore	<a href="https://www.stspress.com">https://www.stspress.com</a>



***Congratulations and many years to  
Aaron & Aviva Sokoll***

***on the birth of their son,  
Lev Sokoll Kana***

***June 27, 2018***

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Romanos (O.C.M.C. priest, Congo)  
Mother Christophora  
Fr. Jon B.  
Dn. Richard E.  
Kh. Diane C.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Dean & Penny B.  
Duane F.  
Joan and Steve T.  
Friesen family

Ethan & Cole K.  
Tony E.  
Fr. Dimitrie V.  
Monsignor John Y.  
Gaylen C.  
Zac B.  
Terri Lynn & Hannah Rose  
Lauren  
Cheryl G.  
Jerry J.  
Elka  
Elizabeth J.  
Jimmy  
Phoebe L.  
Gabriel M.

All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East

**For repose of the souls of:** John D., Marceen S., Jacqueline M., Pat W., Jeffery L., Wayne H., Dn. Mark  
All who have died in the conflicts in Ukraine Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS BOOK CENTER**

\* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

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