



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
Office hours: Tues-Fri.  
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-770-3749  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
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**Youth Coordinator**

Tyler Speier tyler@stathanasius.org

**Parish Council 2017-2018:**

Kristi King, President  
Dan Braun, Treasurer  
Terri Speier, Secretary  
Laurie Baker  
Corina Berari  
David Dillon  
Dottie Genatone  
Verne Gish  
Benjamin Hedges

### LITURGY OF ST. JOHN CHRYSOSTOM Sunday, August 5, 2018

Tone 1 / Eothinon 10;  
Tenth Sunday after Pentecost  
& Tenth Sunday of Matthew  
Martyr Eusignios of Antioch; New-martyr Habakkuk of Thessalonica

### Feast of the Transfiguration of Christ (Transferred from August 6th)



### WELCOME TO OUR VISITORS!

We are glad you are with us this morning.  
If you are not Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us at Coffee Hour~ we'd love to meet you!

## ***Calendar for this Week***

### **Sunday, August 5**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

### ***Sunday Morning Ministries Schedule***

### **Monday, August 6**

6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal at St. Michael  
University Church in Isla Vista

### **Eucharist Bread**

August 5 Tinyayeva  
August 12 Kern  
August 19 Meyer  
August 26 Washburn

### **Tuesday, August 7**

5:30 p.m. Supplicatory Canon to the  
Mother of God

### **Coffee Hour**

August 5 Lander  
August 12 Chala  
August 19 NEED A HOST  
August 26 NEED A HOST

### **Wednesday, August 8**

6:45 a.m. Daily Matins  
12:00 p.m. Intercessory Prayer Group

### **Greeters**

August 5 D. Washburn/Genatone  
August 12 P. King/K.P. King  
August 19 D. Lewis/Deacon  
August 26 K. & L. Jacobs

### **Thursday, August 9**

11:00 a.m. Showers of Blessing  
5:30 p.m. Supplicatory Canon to the  
Mother of God  
7:00 p.m. Choir Rehearsal  
6-8:00 p.m. Summer Youth Group

### **Ushers**

August 5 C. Speier, J. King, D. Washburn  
August 12 C. Berari, G. Shannon, S. Speier  
August 19 P. Brunner, P. King, D. Meyer  
August 26 R. Barre, D. Lewis, C. Speier

### **Friday, August 10**

6:45 a.m. Daily Matins

### **Saturday August 11**

9 a.m.-2:30 p.m. Women's Fellowship Seminar  
6:00 p.m. Vespers/Confession

### **Readers**

August 5 Rdr. H. Lange  
August 12 Rdr. V. Gish  
August 14 D. Alexander (Dormition)  
August 19 Rdr. M. Kern  
August 26 Rdr. H. Lange

### **Sunday, August 12**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses for the Feast of Transfiguration with Refrain**

Vs. Great is the Lord, and greatly to be praised, in the city of our God, in His holy mountain. Who settest fast the mountains by Thy strength, Who art girded about with power.

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Who coverest Thyself with light as with a garment. The mountains shall rejoice at the presence of the Lord, for He cometh; yea, He is come to judge the earth. (*Refrain*)

Vs. Glory...now & ever...Amen. (*Refrain*)

**SECOND ANTIPHON—Psalm verses for the Feast of Transfiguration with Refrain**

Vs. His foundations are in the holy mountains. The Lord loveth the gates of Zion more than all the dwellings of Jacob.

**Refrain: O Son of God, transfigured on Mount Tabor, save us who sing to Thee, Alleluia!**

Vs. Glorious things are spoken of thee, O city of God. (*Refrain*)

Vs. Zion is our mother, a man shall say, and such a man was born in her; and the Most High Himself hath established her. (*Refrain*)  
Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

**THIRD ANTIPHON—Verses with Troparion Refrain for the Feast**

Vs. Of Thy mercies, O Lord, will I sing forever. (Ps. 88:2)

**Refrain: (Music on page 7 of this bulletin.)**

**You were transfigured on the mountain, O Christ God,  
revealing Your glory to Your disciples, as far as they could bear it.  
Let your everlasting light shine upon us sinners,  
through the prayers of the Theotokos. Glory to You, O Giver of light!**

Vs. The heavens shall confess Thy wonders, O Lord, and Thy truth in the congregation of saints. (Refrain)

Vs. Blessed is the people that knoweth jubilation. O Lord, in the light of Thy countenance shall they walk, and in Thy Name shall they rejoice all the day long. (Refrain)

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection**

**Tone 1**

**(Music on p. 40 of Liturgy book)**

While the stone was sealed by the Jews,  
and the soldiers were guarding Thy most pure body,  
Thou didst arise on the third day,  
O Savior, granting life to the world.  
For which cause the heavenly pow'rs  
cried aloud unto Thee, O Giver of life;  
Glory to Thy resurrection, O Christ!  
Glory to Thy kingdom!  
Glory to Thy providence, O Thou  
Who alone art the lover of mankind.

**Troparion of Transfiguration**

**Tone 7 Carpatho-Russian**

You were transfigured on the mountain, O Christ God,  
revealing Your glory to Your disciples, as far as they could bear it.  
Let your everlasting light  
shine upon us sinners,  
through the prayers of the Theotokos.  
Glory to You, O Giver of light!

**Kontakion for the Feast of the Transfiguration of Our Lord**      **Tone 7** Carpatho-Russian

You were transfigured on the mountain, O Christ God,  
and Your disciples saw Your glory as far as they were able,  
so that when they saw You crucified,  
they might know that You suffered voluntarily,  
and might proclaim to the world  
that You are truly the radiance of the Father.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon:            With strength!

People:            Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm verses before the Epistle**  
**(Music on page 59 of Liturgy book)**

**Tone 4** Byzantine melody  
harmonized by Fr. J. Finley

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

**Epistle Reading for the Feast of the Transfiguration**  
**2 Peter 1:10-19**

Brethren, be the more zealous to confirm your call and election, for if you do this you will never fall; so there will be richly provided for you an entrance into the eternal kingdom of our Lord and Savior Jesus Christ.

Therefore I intend always to remind you of these things, though you know them and are established in the truth that you have. I think it right, as long as I am in this body, to arouse you by way of reminder, since I know that the putting off of my body will be soon, as our Lord Jesus Christ showed me. And I will see to it that after my departure you may be able at any time to recall these things.

For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we were eyewitnesses of his majesty. For when he received honor and glory from God the Father and the voice was borne to him by the Majestic Glory, "This is my beloved Son, with whom I am well pleased," we heard this voice borne from heaven, for we were with him on the holy mountain. And we have the prophetic word made more sure. You will do well to pay attention to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**

**Tone 8**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

*v: The heavens are Yours; the earth also is Yours. (Ps 88/89:11)*

*v: Blessed are the people who know the festal shout! (Ps 88/89:15a).*

**Gospel Reading for the Feast of the Transfiguration - Matthew 17:1-9**

At that time, Jesus took with him Peter and James and John his brother, and led them up a high mountain apart. And he was transfigured before them, and his face shone like the sun, and his garments became white as light. And behold, there appeared to them Moses and Elijah, talking with him. And Peter said to Jesus, "Lord, it is well that we are here; if you wish, I will make three booths here, one for you and one for Moses and one for Elijah." He was still speaking, when lo, a bright cloud overshadowed them, and a voice from the cloud said, "This is my beloved Son, with whom I am well pleased; listen to him!" When the disciples heard this, they fell on their faces, and were filled with awe. But Jesus came and touched them, saying, "Rise, and have no fear." And when they lifted up their eyes, they saw no one but Jesus only.

And as they were coming down the mountain, Jesus commanded them, "Tell no one the vision, until the Son of man is raised from the dead."

**Meglynarion—Hymn to the Mother of God**

Magnify, O my soul, the Lord who was transfigured on Mount Tabor!  
Your birthgiving was incorruptible!  
God came from your body,  
and appeared on earth in the flesh,  
dwelling among mankind.  
Therefore we magnify you,  
O Theotokos!

**Communion Hymns**

O Lord, we shall walk in the light of Your face, and rejoice in Your name all the day.  
*(Ps 88/89:15b)*

**Instead of "We have seen the True Light," we sing the Troparion of the feast.**

## HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, *“Father, bless”* when you get to the chalice.

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

TROPARION of the TRANSFIGURATION Tone 7,  
Carpatho-Russia:

YOU WERE TRANS-FI-GURED ON THE MOUN-TAIN, O CHRIST GOD,  
REVEAL-ING YOUR GLO-RY TO YOUR DIS-CI -PLES, AS FAR AS THEY  
COULD BEAR IT. LET YOUR E-VER-LASTING LIGHT SHINE U-PON US  
SIN - NERS, THROUGH THE PRAYERS OF THE THE-O -TO -KOS.  
GLORY TO YOU, O GI -VER OF LIGHT.

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).  
On the homepage, click on **VIEW CALENDAR** at the bottom left.

**This coming Tuesday and Thursday we will pray the Supplicatory Canon to the Mother of God at 5:30 p.m., in place of Daily Vespers, in preparation for the Feast of the Dormition.**

**A Santa Barbara Access card was found on the sidewalk outside the church a few weeks ago. The member number ends with 2355. If it is yours, contact the church office.**

**Our second Summer Family Barbecue will be on Thursday, August 16 from 4 p.m. to sundown. Bring your own food, drinks, plates, utensils, etc... The coals will be hot and ready to barbecue by 5:00 p.m. for those who would like to use the grill.**

**A recording of Deacon Rico Monge's presentations given last weekend will be posted to our parish website in the near future. We will let you know when they are available for listening.**

### **MARK YOUR CALENDAR for UPCOMING FEAST DAY CELEBRATIONS:**

**THE DORMITION FAST begins on August 1** and ends on August 14, in the evening after the Vespers Liturgy for the Feast.

**Tuesday, August 14** Vespers Liturgy 6 p.m. for Dormition of the Mother of God

**Saturday, September 8** Divine Liturgy 8:30 a.m. for Nativity of the Theotokos

**Thursday, September 13** Vespers-Liturgy 6 p.m. for Elevation of the Cross

## **TEEN SCENE**

**Junior High teens meet from 6:00-7:30 p.m.  
and High School teens meet from 6:30-8:30 p.m.  
on Thursdays in the Teen Room at the church, unless noted otherwise.**

### **August**

8/9 Summer Youth Group—Both groups 6-8 p.m.  
8/16 All-parish Family BBQ at the park  
8/23 Summer Youth Group—Both groups 6-8 p.m.  
8/30 Summer Youth Group—Both groups 6-8 p.m.



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**WOMEN'S FELLOWSHIP AUGUST ACTIVITY**

SEMINAR WITH FR. NICHOLAS:

*“The Peace that passes All Understanding”*

SATURDAY, AUGUST 11, 2018

**Schedule:**

8:30 a.m. - Light Refreshments

9:00 a.m. - First Session

10:15 a.m. - Break with Light Refreshments

10:45 a.m. - Second Session

12:15 p.m. - Lunch

\$10/person

Please RSVP by Thursday, August 9th to the Evite  
or to [christie.d.robinson@gmail.com](mailto:christie.d.robinson@gmail.com)

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***CELEBRATIONS THIS WEEK***

**Wedding Anniversaries**

8/10 Dean & Penny Brunner

**Birthdays**

8/7 Howard Lange

8/8 Joshua Kern, Steve Thomas

8/9 Craig Speier, Scott Speier, Verne Gish

8/11 Phyllis Morrison, Aaron Simonsen

**Patronal Feast Days**

8/9 St. Herman of Alaska Verne Gish

## **It's that time again!**

Time to sign up to host a **Coffee Hour** during the 2018-2019 Liturgical Year!

### **We need EVERYONE's participation!**

We ask that each parish family/household host or co-host a Coffee Hour once during the year. This is our chance to offer hospitality to guests and provide an opportunity for fellowship for the whole parish after the Sunday Divine Liturgy. Coffee Hour is an important time for bonding and reaching out to each other. It's also a great way to commemorate a birthday, anniversary, name day or to honor the memory of a departed family member. Singles are encouraged to host with a friend or two, or we can partner you with someone who would like to co-host.

### **Wondering what is expected of you?**

Put simply, hosts bring some food and drink, set it up, and clean it up. Some financial assistance is available for those who need it. Our Coffee Hour team, led by Suzi Wiley, has made it really easy for you! We will send out a reminder with full instructions during the week before your hosting date. A **HOW-TO MANUAL with PHOTOS** is posted on the bulletin board in the little kitchen. And our team of Coffee Hour Advisors and Helpers will be on hand to support you.

### **Coffee Hour Advisors**

One of our Coffee Hour "Advisors" will be available each Sunday morning to assist the hosts and answer any questions. Our Coffee Hour Advisor team includes: Laurie Baker, Corina Berari, Chantel Cappuccilli, Karen Jacobs, Cheryl Washburn-Lander, and Suzi Wiley.

### **Help with the heavy lifting...**

Our Coffee Hour Helpers will set up and take down the tables, trash and umbrellas. Our Coffee Hour Helpers team includes: Tom Ballew, Doug King, Glenn Hoppe and Tom Williams.

**We can always use some more assistance on our Coffee Hour team.  
Please contact Suzi Wiley if you would like to join us.**

### **How to sign up to host a Coffee Hour**

Sign-ups will be done online again this year. Please consult your family calendar, and then use the online list to sign up. Here is the link to sign up online.

<http://www.stathanasius.org/coffee-hour/>

You can also contact Suzi Wiley with your preferred date, and she will sign you up.

E-mail: [suziwiley@cox.net](mailto:suziwiley@cox.net)

Mobile Phone: 805-448-2787

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Romanos (O.C.M.C. priest, Congo)  
Mother Christophora  
Fr. Jon B.  
Dn. Richard E.  
Kh. Diane C.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Dean & Penny B.  
Duane F.  
Joan and Steve T.  
Friesen family

Ethan & Cole K.  
Tony E.  
Fr. Dimitrie V.  
Monsignor John Y.  
Gaylen C.  
Zac B.  
Terri Lynn & Hannah Rose  
Lauren  
Cheryl G.  
Jerry J.  
Elka  
Elizabeth J.  
Jimmy  
Phoebe L.  
Gabriel M.  
Troy H. - travel

All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East

**For repose of the souls of:** John D., Marceen S., Jacqueline M., Pat W., Jeffery L., Wayne H., Dn. Mark  
All who have died in the conflicts in Ukraine Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS BOOK CENTER**

\* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

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Save  
the  
Date

ST. ATHANASIUS  
ORTHODOX CHURCH

THE HOWARD SHANNON  
GOLF TOURNAMENT  
& DINNER

september 21  
TWO THOUSAND EIGHTEEN

GLEN ANNIE GOLF CLUB  
SANTA BARBARA, CA

[www.stathanasius.org/golf](http://www.stathanasius.org/golf)