



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:
Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:
Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:
Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:
Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Youth Coordinator
Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:
Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Laurie Baker
Corina Berari
David Dillon
Dottie Genatone
Verne Gish
Benjamin Hedges

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, August 12, 2018

Tone 2 / Eothinon 11;
Eleventh Sunday after Pentecost
& Eleventh Sunday of Matthew

After-feast of the Transfiguration of Christ
Martyrs Photios and Anikytos of Nicomedia



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, August 12

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:00 p.m. Choir Rehearsal

Monday, August 13

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michael
University Church in Isla Vista

Tuesday, August 14

6:00 p.m. Vespers-Liturgy for the Feast
of the Dormition

Wednesday, August 15-DORMITION

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Group

Thursday, August 16

11:00 a.m. Showers of Blessing
4:00-Sundown Summer Family BBQ at
Stow Park
NO DAILY VESPER

Friday, August 17

6:45 a.m. Daily Matins

Saturday August 18

6:00 p.m. Vespers/Confession

Sunday, August 19

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

August 12 Kern
August 19 Meyer
August 26 Washburn
September 2 Dillon

Coffee Hour

August 12 Chala
August 19 NEED A HOST
August 26 Young
September 2 NEED A HOST

Greeters

August 12 P. King/K.P. King
August 19 D. Lewis/Deacon
August 26 K. & L. Jacobs
September 2 H. Lange/L. Baker

Ushers

August 12 C. Berari, G. Shannon, S. Speier
August 19 P. Brunner, P. King, D. Meyer
August 26 R. Barre, D. Lewis, C. Speier
September 2 J. King, D. Washburn, C. Berari

Readers

August 12 Rdr. V. Gish
August 14 Rdr. M. Kern(Dormition)
August 19 D. Alexander
August 26 Rdr. H. Lange
September 2 D. Meyer

**Fr. Nicholas and Kh. Jan
will be away from
August 20-28.**

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses for the Feast of Transfiguration with Refrain

Vs. Great is the Lord, and greatly to be praised, in the city of our God, in His holy mountain. Who settest fast the mountains by Thy strength, Who art girded about with power.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Who coverest Thyself with light as with a garment. The mountains shall rejoice at the presence of the Lord, for He cometh; yea, He is come to judge the earth. (*Refrain*)

Vs. Glory...now & ever...Amen. (*Refrain*)

SECOND ANTIPHON—Psalm verses for the Feast of Transfiguration with Refrain

Vs. His foundations are in the holy mountains. The Lord loveth the gates of Zion more than all the dwellings of Jacob.

Refrain: O Son of God, transfigured on Mount Tabor, save us who sing to Thee, Alleluia!

Vs. Glorious things are spoken of thee, O city of God. (*Refrain*)

Vs. Zion is our mother, a man shall say, and such a man was born in her; and the Most High Himself hath established her. (*Refrain*)
Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—Verses with Troparion Refrain for the Feast

Vs. Of Thy mercies, O Lord, will I sing forever. (Ps. 88:2)

Refrain: (Music on page 7 of this bulletin.)

**You were transfigured on the mountain, O Christ God,
revealing Your glory to Your disciples, as far as they could bear it.
Let your everlasting light shine upon us sinners,
through the prayers of the Theotokos. Glory to You, O Giver of light!**

Vs. The heavens shall confess Thy wonders, O Lord, and Thy truth in the congregation of saints. (Refrain)

Vs. Blessed is the people that knoweth jubilation. O Lord, in the light of Thy countenance shall they walk, and in Thy Name shall they rejoice all the day long. (Refrain)

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY:**

Troparion of the Resurrection

(Music on p. 42 of Liturgy book)

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow'r,
and when Thou didst raise the dead from beneath the earth,
all the pow'rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, Glory to Thee.

Tone 2 Byzantine melody
harmonized by Fr. J. Finley

Troparion of Transfiguration

You were transfigured on the mountain, O Christ God,
revealing Your glory to Your disciples, as far as they could bear it.
Let your everlasting light
shine upon us sinners,
through the prayers of the Theotokos.
Glory to You, O Giver of light!

Tone 7 Carpatho-Russian

Troparion to St. Athanasius

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Transfiguration of Our Lord Tone 7 Carpatho-Russian

You were transfigured on the mountain, O Christ God,
and Your disciples saw Your glory as far as they were able,
so that when they saw You crucified,
they might know that You suffered voluntarily,
and might proclaim to the world
that You are truly the radiance of the Father.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 2
(Music on p. 57 of Liturgy book.)**

The Lord is my strength and my song; He has become my salvation. (*Ps 117/118:4*)
v: The Lord has chastened me sorely, but He has not given me over to death.
(Ps 117/118:18)

1 Corinthians 9:2-12

Brethren, you are the seal of my apostleship in the Lord. This is my defense to those who would examine me. Do we not have the right to our food and drink? Do we not have the right to be accompanied by a wife, as the other apostles and the brothers of the Lord and Cephas? Or is it only Barnabas and I who have no right to refrain from working for a living? Who serves as a soldier at his own expense? Who plants a vineyard without eating any of its fruit? Who tends a flock without getting some of the milk? Do I say this on human authority? Does not the law say the same? For it is written in the Law of Moses, "You shall not muzzle an ox when it is treading out the grain." Is it for oxen that God is concerned? Does he not speak entirely for our sake? It was written for our sake, because the plowman should plow in hope and the thresher thresh in hope of a share in the crop. If we have sown spiritual good among you, is it too much if we reap your material benefits? If others share this rightful claim upon you, do not we still more? Nevertheless, we have not made use of this right, but we endure anything rather than put an obstacle in the way of the Gospel of Christ.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 2
(Music on page 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: May the Lord hear you in the day of trouble!
 May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

Matthew 18:23-35

The Lord spoke this parable: “The kingdom of heaven may be compared to a king who wished to settle accounts with his servants. When he began the reckoning, one was brought to him who owed him ten thousand talents; and as he could not pay, his lord ordered him to be sold, with his wife and children and all that he had, and payment to be made. So the servant fell on his knees, imploring him, ‘Lord, have patience with me, and I will pay you everything.’ And out of pity for him the lord of that servant released him and forgave him the debt. But that same servant, as he went out, came upon one of his fellow servants who owed him a hundred denarii; and seizing him by the throat he said, ‘Pay what you owe.’ So his fellow servant fell down and besought him, ‘Have patience with me, and I will pay you.’ He refused and went and put him in prison until he should pay the debt. When his fellow servants saw what had taken place, they were greatly distressed, and they went and reported to their lord all that had taken place. Then his lord summoned him and said to him, ‘You wicked servant! I forgave you all that debt because you besought me; and should not you have had mercy on your fellow servant, as I had mercy on you?’ And in anger his lord delivered him to the jailers, until he should pay all his debt. So also My heavenly Father will do to every one of you, if you do not forgive your brother from your heart.”

Meglynarion—Hymn to the Mother of God

Magnify, O my soul, the Lord who was transfigured on Mount Tabor!
Your birthgiving was incorruptible!
God came from your body,
and appeared on earth in the flesh,
dwelling among mankind.
Therefore we magnify you,
O Theotokos!

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
O Lord, we shall walk in the light of Your face, and rejoice in Your name all the day.
(*Ps 88/89:15b*)

Instead of “We have seen the True Light,” we sing the Troparion of the feast.

TROPARION of the TRANSFIGURATION

Tone 7,
Caspian-Russia

YOU WERE TRANS-FI-GURED ON THE MOUN-TAIN, O CHRIST GOD,

REVEAL-ING YOUR GLO-RY TO YOUR DIS-CI -PLES, AS FAR AS THEY

COULD BEAR IT. LET YOUR E-VER-LASTING LIGHT SHINE U-PON US

SIN - NERS, THROUGH THE PRAYERS OF THE THE-O -TO -KOS,

GLORY TO YOU, O GI -VER OF LIGHT.

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on **VIEW CALENDAR** at the bottom left.

Fr. Nicholas and Kh. Jan will be away from August 20-28.

A Santa Barbara Axxess card was found on the sidewalk outside the church a few weeks ago. The member number ends with 2355. If it is yours, contact the church office.

Our second Summer Family Barbecue will be this Thursday, August 16 from 4 p.m. to sun-down. Bring your own food, drinks, plates, utensils, etc... The coals will be hot and ready to barbecue by 5:00 p.m. for those who would like to use the grill.

This month the Men's Sticks will meet on our usual third Monday of the month (August 20, 7:00-9:00pm), however we will meet **at the church**. We'll also try some new stuff. Come hang out with the guys for fun and conversation!

A recording of Deacon Rico Monge's presentations given last weekend will be posted to our parish website in the near future. We will let you know when they are available for listening.

MARK YOU CALENDAR for UPCOMING FEAST DAY CELEBRATIONS:

THE DORMITION FAST began on August 1 and ends on August 14, in the evening after the Vespers Liturgy for the Feast.

Tuesday, August 14 Vespers-Liturgy 6 p.m. for Dormition of the Mother of God

Saturday, September 8 Divine Liturgy 8:30 a.m. for Nativity of the Theotokos

Thursday, September 13 Vespers-Liturgy 6 p.m. for Elevation of the Cross

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

August

8/16 Al-parish Family BBQ at the park
8/23 Summer Youth Group—Both groups 6-8 p.m.
8/30 Summer Youth Group—Both groups 6-8 p.m.

SUNDAY RELIGIOUS EDUCATION

AUTUMN START-UP

All Sunday Religious Education classes will begin on
Sunday, September 16 at 9:00 a.m.

That would include:

- Catechesis Level II
- Catechesis Level III
- Junior High
- Senior High

CELEBRATIONS THIS WEEK

Wedding Anniversaries

- 8/12 Craig & Jenny Speier
- 8/16 Doug & Kristi King

Birthdays

- 8/12 Josh Dillon
- 8/13 Lucas AbuGhazaleh, Dave Dillon
- 8/15 Patrick Gilbert
- 8/17 Susan Barre, Salem Vander Laan

Patronal Feast Days

- 8/14 **Prophet Micah** Micah Landrum
- 8/15 **The Theotokos: Feast of the Dormition**
Jessica Maria Berari, Ginny Braun, Dorian Easbey,
June Easbey, Phyllis Morrison

It's that time again!

Time to sign up to host a **Coffee Hour** during the 2018-2019 Liturgical Year!

We need EVERYONE's participation!

We ask that each parish family/household host or co-host a Coffee Hour once during the year. This is our chance to offer hospitality to guests and provide an opportunity for fellowship for the whole parish after the Sunday Divine Liturgy. Coffee Hour is an important time for bonding and reaching out to each other. It's also a great way to commemorate a birthday, anniversary, name day or to honor the memory of a departed family member. Singles are encouraged to host with a friend or two, or we can partner you with someone who would like to co-host.

Wondering what is expected of you?

Put simply, hosts bring some food and drink, set it up, and clean it up. Some financial assistance is available for those who need it. Our Coffee Hour team, led by Suzi Wiley, has made it really easy for you! We will send out a reminder with full instructions during the week before your hosting date. A **HOW-TO MANUAL with PHOTOS** is posted on the bulletin board in the little kitchen. And our team of Coffee Hour Advisors and Helpers will be on hand to support you.

Coffee Hour Advisors

One of our Coffee Hour "Advisors" will be available each Sunday morning to assist the hosts and answer any questions. Our Coffee Hour Advisor team includes: Laurie Baker, Corina Berari, Chantel Cappuccilli, Karen Jacobs, Cheryl Washburn-Lander, and Suzi Wiley.

Help with the heavy lifting...

Our Coffee Hour Helpers will set up and take down the tables, trash and umbrellas. Our Coffee Hour Helpers team includes: Tom Ballew, Doug King, Glenn Hoppe and Tom Williams.

We can always use some more assistance on our Coffee Hour team. Please contact Suzi Wiley if you would like to join us.

How to sign up to host a Coffee Hour

Sign-ups will be done online again this year. Please consult your family calendar, and then use the online list to sign up. Here is the link to sign up online.

<http://www.stathanasius.org/coffee-hour/>

You can also contact Suzi Wiley with your preferred date, and she will sign you up.

E-mail: suziwiley@cox.net

Mobile Phone: 805-448-2787

Potlucks

The Coffee Hours for certain Sundays are planned as Potlucks. During the week before, we will send out a reminder asking everyone who can to bring some food to share.

We will also schedule a Potluck on any week where there is no Coffee Hour host.

Many thanks to all of our hosts for the past year, and to all who contributed to our many potlucks! We are looking forward to another year of active participation by all in this parish ministry.

And many, many thanks to Suzi Wiley for her dedication and superb leadership this past year as our Coffee Hour Coordinator!



**THE 2018
HOWARD SHANNON
GOLF
TOURNAMENT**

SEPTEMBER 21, 2018

**Proceeds will go towards the patio
expansion & shade structure!**

LETS DO IT AGAIN!!!
DON'T FORGET TO INVITE FRIENDS
TO GOLF & DINNER

Sponsors & Tickets

All golfers receive Lunch, Door Prizes, Entry into Putting Contest & Dinner

CORPORATE SPONSOR: \$5000

Full sponsor advertising throughout tournament
Includes 4 golfers + 4 additional dinner guests

DIAMOND SPONSOR: \$2500

Advertisement at tournament
Includes 2 golfers + 2 additional dinner guests

PLATINUM SPONSOR: \$1000

Sponsor a hole at the tournament
Includes 1 golfer + 1 additional dinner guest

GOLD SPONSOR: \$500

Share a hole with 1 other sponsor
Includes 2 dinner tickets

SILVER SPONSOR: \$300

Share a sign with 3 other sponsors

FOURSOME: \$650

Includes lunch and dinner

SINGLE GOLFER: \$175

Includes lunch and dinner

DINNER ONLY: \$60

Dinner, auction, music & fun!
High School and Older only please



Ken Ralph, Executive Director
P.O. Box 1135 Goleta, CA 93116
805-253-3837 — showersofblessingiv@gmail.com

Howard Lange
7632 Hollister Ave. #348
Goleta, CA 93117

August 2, 2018

Dear Howard,

Thank you and the entire St. Athanasius congregation, AmeriCorps, St. Vincent de Paul, and LDS volunteers for supporting the ministry of Showers of Blessing. Providing us shower space helps to meet the hygiene, nutrition, and well-being needs of our houseless neighbors.

Your willingness to assist with food, hygiene, laundry, and clothes distribution is most appreciated. Thank you for coordinating the food preparation and distribution at St. Athanasius on Thursdays.

With your help, we are progressing toward our goal of providing 6,500 showers this year. Your consistent service is the backbone of our being able to provide these critically needed supplies and services.

Your concern and commitment to the greater community of Santa Barbara, Goleta, and Isla Vista are most appreciated. We look forward to a long-lasting relationship together, serving individuals who live in the most challenging circumstances.

Most sincerely,

A handwritten signature in black ink, appearing to read "Ken Ralph", written over a horizontal line.

Ken Ralph, Executive Director

**Many thanks to Howard Lange and our entire
Showers of Blessing Thursday morning team!**

Joe Ballew, Lisa Ballew, Tom Ballew, Penny Cocores,
Bob Gundersen, Carla Harris, Jerry Jones, Mike Loulias,
Jill Wallerstedt, and Fay Young

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

- | | | |
|--------------------------------------|--------------------------|-----------------------------|
| Metropolitan JOSEPH | Ethan & Cole K. | Troy H. - travel |
| Mother Victoria | Tony E. | Devin |
| Met. Paul & Abp. John | Fr. Dimitrie V. | |
| Fr. Romanos (O.C.M.C. priest, Congo) | Monsignor John Y. | All those suffering and |
| Mother Christophora | Gaylen C. | in danger in Ukraine, |
| Fr. Jon B. | Zac B. | Africa, and the Middle East |
| Dn. Richard E. | Terri Lynn & Hannah Rose | |
| Kh. Diane C. | Lauren | |
| Greg & Margaret Y. | Cheryl G. | |
| Hoppe Family | Jerry J. | |
| Gail S. | Elka | |
| Dean & Penny B. | Elizabeth J. | |
| Duane F. | Jimmy | |
| Joan and Steve T. | Phoebe L. | |
| Friesen family | Gabriel M. | |

For repose of the souls of: Kevin A., John D., Marceen S., Jacqueline M., Pat W., Jeffery L.
All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas’ office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

