



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:
Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:
Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:
Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:
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Youth Coordinator
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Parish Council 2017-2018:
Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Laurie Baker
Corina Berari
David Dillon
Dottie Genatone
Verne Gish
Benjamin Hedges

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, August 19, 2018 Tone 3 / Eothinon 1; Twelfth Sunday after Pentecost & Twelfth Sunday of Matthew

After-feast of the Dormition of the Theotokos
Holy Martyr Andrew the Commander and those with him;
Venerable Theophanes of Docheiariou Monastery on Athos



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, August 19

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday, August 20

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michael
University Church in Isla Vista
7:00 p.m. Men's Sticks Gathering
at the church

Tuesday, August 21

NO DAILY VESPERS

Wednesday, August 22

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Group

Thursday, August 23

11:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6-8:00 p.m. Summer Youth Group
7:00 p.m. Choir Rehearsal

Friday, August 24

6:45 a.m. Daily Matins

Saturday August 25

6:00 p.m. Vespers/Confession

Sunday, August 26

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
4:00 p.m. St. Barbara Monastery Friends

<p>Fr. Nicholas and Kh. Jan will be away from August 20-28.</p>
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Sunday Morning Ministries Schedule

Eucharist Bread

August 19 Meyer
August 26 Washburn
September 2 Dillon
September 9 Braun

Coffee Hour

August 19 Berari
August 26 Young
September 2 NEED A HOST
September 9 Shannon

Greeters

August 19 D. Lewis/Deacon
August 26 K. & L. Jacobs
September 2 H. Lange/L. Baker
September 9 D. Lewis/D. Washburn

Ushers

August 19 P. Brunner, P. King, D. Meyer
August 26 R. Barre, D. Lewis, C. Speier
September 2 J. King, D. Washburn, C. Berari
September 9 G. Shannon, S. Speier, P. Brunner

Readers

August 19 D. Alexander
August 26 Rdr. H. Lange
September 2 D. Meyer
September 8 D. Alexander (Liturgy for Nativity of
Theotokos)
September 9 Rdr. J. Butler

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

First Antiphon verses for the Feast of Dormition with refrain:

Vs. Shout with joy to God, all the earth. Declare His works among the nations. O give thanks unto the Lord and call upon His name.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. In the city of our God, in His holy mountain, His place hath been made in peace, and His dwelling in Zion. **[Refrain]**

Vs. Glory to the Father & to the Son & to the Holy Spirit, now & ever...Amen. **[Refrain]**

Second Antiphon verses for the Feast of the Dormition & refrain

Vs. The Lord loves the gates of Zion more than all the dwelling of Jacob.

**Refrain: O Son of God, who rose from the dead, save us who sing to Thee:
Alleluia!**

Vs. Glorious things are spoken of thee, O city of God. **[Refrain]**

Vs. God hath laid her foundation unto eternity. We have thought, O God, of Thy mercy in the midst of Thy people. **[Refrain]**

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—Verses with Troparion Refrain for the Feast

Vs. Ready is my heart, O God, ready is my heart; I will sing and chant in my glory.

**In giving birth you preserved your virginity.
In falling asleep you did not forsake the world, O Theotokos.
You were translated to life, O Mother of Life,
and by your prayers you deliver our souls from death.**

Vs. What shall I render to the Lord for all that He hath given me? [**Refrain**]

Vs. I will receive the cup of salvation, and call upon the name of the Lord. [*Refrain*]

FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection

Tone 3 Byzantine melody

(Music on p. 44 of Liturgy book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Troparion of the Feast of the Dormition

Tone 1 Slavic Chant

In giving birth you preserved your virginity.
In falling asleep you did not forsake the world, O Theotokos.
You were translated to life, O Mother of Life,
and by your prayers you deliver our souls from death.

Troparion to St. Athanasius

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of Dormition**Tone 2** Serbian Chant

Neither the tomb, nor death, could hold the Theotokos,
who is constant in prayer and our firm hope in her intercessions.
For being the Mother of Life, //
she was translated to life by the One Who dwelt in her virginal womb.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Music on p. 58 of Liturgy book)****Tone 3** Byzantine melody

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!
Shout to God with a voice of joy! (*Ps 46/47:1*)

**EPISTLE READING
1 Corinthian 15:1-11**

Brethren, I would remind you in what terms I preached to you the Gospel, which you received, in which you stand, by which you are saved, if you hold it fast—unless you believed in vain. For I delivered to you as of first importance what I also received, that Christ died for our sins in accordance with the Scriptures, that He was buried, that He rose on the third day in accordance with the Scriptures, and that He appeared to Cephas, then to the Twelve. Then He appeared to more than five hundred brethren at one time, most of whom are still alive, though some have fallen asleep. Then He appeared to James, then to all the Apostles. Last of all, as to one untimely born, He appeared also to me. For I am the least of the Apostles, unfit to be called an Apostle, because I persecuted the church of God. But by the grace of God I am what I am, and His grace toward me was not in vain. On the contrary, I worked harder than any of them, though it was not I, but the grace of God, which is with me. Whether then it was I or they, so we preach and so you believed.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 3

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. *(Ps 30/31:1)*

Verse: Be unto me a God and protector, and a house of refuge to save me.
(Ps 30/31:2)

GOSPEL READING
Matthew. (19:16-26)

At that time, a young man came up to Jesus, kneeling and saying, "Good Teacher, what good deed must I do, to have eternal life?" And He said to him, "Why do you call Me good? No one is good but One, that is, God. If you would enter life, keep the commandments." He said to Him, "Which?" And Jesus said, "You shall not kill, you shall not commit adultery, you shall not steal, you shall not bear false witness, honor your father and mother, and you shall love your neighbor as yourself." The young man said to Him, "All these I have observed; what do I still lack?" Jesus said to him, "If you would be perfect, go, sell what you possess and give to the poor, and you will have treasure in heaven; and come, follow me." When the young man heard this, he went away sorrowful; for he had great possessions. And Jesus said to his disciples, "Truly, I say to you, it will be hard for a rich man to enter the Kingdom of Heaven. Again I tell you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God." When the disciples heard this they were greatly astonished, saying, "Who then can be saved?" But Jesus looked at them and said to them, "With men this is impossible, but with God all things are possible."

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "*Father, bless*" when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

FAREWELL

We were sad to say farewell to Gary and Regina Moon last Sunday. They have moved back to the Atlanta, Georgia area to be near their two daughters.

Gary and Regina moved here in 2011 and since then Gary has served as Executive Director of the Martin Family Institute and Dallas Willard Center for Christian Spiritual Formation at Westmont College.

Gary and Regina traveled extensively during their time in Santa Barbara, doing research for Gary's recently released biography of Dallas Willard, running spiritual retreats and training other facilitators in spiritual formation, as well as taking care of aging parents and visiting their daughters in Georgia. But whenever they were in town, they called St. Athanasius "home." Regina was chrismated into the Orthodox Faith in our parish in April of 2015. Their spiritual wisdom, humor, kindness and friendship will be sorely missed. May God grant them many years and bless this next chapter of their journey. They plan to visit Santa Barbara several times each year, so we will look forward to seeing them again!



Congratulations to Gary Moon on the recent release of his biography of Dallas Willard!

(Available on Amazon.com and through many other online bookstores.)

"Reading this biography has made Dallas's writings on spiritual formation all the more relevant and believable. If you have found Dallas's other books to be helpful in your spiritual life, reading this biography will round out the story and drive those points home. If you haven't read Dallas's other books, this biography is the perfect place to begin. Chances are that meeting Dallas in the pages of this biography will start you on the journey of a lifetime." - **Steve Porter, professor of theology and philosophy, Biola University.**

"I am straining for the words to convey my deep gratitude for both a life so well lived and a story so well told. I cannot recommend this paradigm-shifting, page-turning, potentially life-altering biography highly enough. Take, read, and be changed." - **Carolyn Arends, recording artist, author, and Renovare Director of Education**

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on **VIEW CALENDAR** at the bottom left.

Fr. Nicholas and Kh. Jan will be away from August 20-28.

This month the Men's Sticks will meet on our usual third Monday of the month (August 20, 7:00-9:00pm), however we will meet **at the church**. We'll also try some new stuff. Come hang out with the guys for fun and conversation! - Howard Lange

MARK YOUR CALENDAR for UPCOMING FEAST DAY CELEBRATIONS:

Saturday, September 8 Divine Liturgy 8:30 a.m. for Nativity of the Theotokos

Thursday, September 13 Vespers-Liturgy 6 p.m. for Elevation of the Cross

Silent Auction

We looking for donated items big and small. Our wish list includes gift certificates (spa, restaurants, outdoor activities, entertainment, hotel), vacation homes, autographed sports items or your special talent (paintings, design, handmade jewelry, your special trade or talent). We have Donation Request Letters and Tax Receipts you may give to the business/individual you solicit. All donated items are due Friday, September 7th. Please contact Terri Speier (stspeier@cox.net) or Jody Wallace (805 208-6150) if you have questions.

Also, we need **baskets in good condition** for the auction. If you are going through your supply and tossing some out - toss them our way!

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

August

8/23 Summer Youth Group—Both groups 6-8 p.m.
8/30 Summer Youth Group—Both groups 6-8 p.m.

SUNDAY RELIGIOUS EDUCATION

AUTUMN START-UP

All Sunday Religious Education classes will begin on
Sunday, September 16 at 9:00 a.m.

That would include:

Catechesis Level II
Catechesis Level III
Junior High
Senior High

Day and Time for Level I Catechesis session TBA.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

8/12 Glenn & Liz Hoppe (We missed them last week.)
8/19 Richard & Susan Barre
8/22 Jamie & Tiffany VanWagoner

Birthdays

8/22 Edward Severy
8/23 Ivan de Bruin, Johannes de Bruin, Chris Robinson

Patronal Feast Days

8/20 **Samuel the Prophet** Bob Newsome

It's that time again!

Time to sign up to host a **Coffee Hour** during the 2018-2019 Liturgical Year!

We need EVERYONE's participation!

We ask that each parish family/household host or co-host a Coffee Hour once during the year. This is our chance to offer hospitality to guests and provide an opportunity for fellowship for the whole parish after the Sunday Divine Liturgy. Coffee Hour is an important time for bonding and reaching out to each other. It's also a great way to commemorate a birthday, anniversary, name day or to honor the memory of a departed family member. Singles are encouraged to host with a friend or two, or we can partner you with someone who would like to co-host.

Wondering what is expected of you?

Put simply, hosts bring some food and drink, set it up, and clean it up. Some financial assistance is available for those who need it. Our Coffee Hour team, led by Suzi Wiley, has made it really easy for you! We will send out a reminder with full instructions during the week before your hosting date. A **HOW-TO MANUAL with PHOTOS** is posted on the bulletin board in the little kitchen. And our team of Coffee Hour Advisors and Helpers will be on hand to support you.

Coffee Hour Advisors

One of our Coffee Hour "Advisors" will be available each Sunday morning to assist the hosts and answer any questions. Our Coffee Hour Advisor team includes: Laurie Baker, Corina Berari, Chantel Cappuccilli, Karen Jacobs, Cheryl Washburn-Lander, and Suzi Wiley.

Help with the heavy lifting...

Our Coffee Hour Helpers will set up and take down the tables, trash and umbrellas. Our Coffee Hour Helpers team includes: Tom Ballew, Doug King, Glenn Hoppe and Tom Williams.

We can always use some more assistance on our Coffee Hour team. Please contact Suzi Wiley if you would like to join us.

How to sign up to host a Coffee Hour

Sign-ups will be done online again this year. Please consult your family calendar, and then use the online list to sign up. Here is the link to sign up online.

<http://www.stathanasius.org/coffee-hour/>

You can also contact Suzi Wiley with your preferred date, and she will sign you up.

E-mail: suziwiley@cox.net

Mobile Phone: 805-448-2787

Potlucks

The Coffee Hours for certain Sundays are planned as Potlucks. During the week before, we will send out a reminder asking everyone who can to bring some food to share.

We will also schedule a Potluck on any week where there is no Coffee Hour host.

Many thanks to all of our hosts for the past year, and to all who contributed to our many potlucks! We are looking forward to another year of active participation by all in this parish ministry.

And many, many thanks to Suzi Wiley for her dedication and superb leadership this past year as our Coffee Hour Coordinator!



**THE 2018
HOWARD SHANNON
GOLF
TOURNAMENT**

SEPTEMBER 21, 2018

**Proceeds will go towards the patio
expansion & shade structure!**

LETS DO IT AGAIN!!!
DON'T FORGET TO INVITE FRIENDS
TO GOLF & DINNER

Sponsors & Tickets

All golfers receive Lunch, Door Prizes, Entry into Putting Contest & Dinner

CORPORATE SPONSOR: \$5000

Full sponsor advertising throughout tournament
Includes 4 golfers + 4 additional dinner guests

DIAMOND SPONSOR: \$2500

Advertisement at tournament
Includes 2 golfers + 2 additional dinner guests

PLATINUM SPONSOR: \$1000

Sponsor a hole at the tournament
Includes 1 golfer + 1 additional dinner guest

GOLD SPONSOR: \$500

Share a hole with 1 other sponsor
Includes 2 dinner tickets

SILVER SPONSOR: \$300

Share a sign with 3 other sponsors

FOURSOME: \$650

Includes lunch and dinner

SINGLE GOLFER: \$175

Includes lunch and dinner

DINNER ONLY: \$60

Dinner, auction, music & fun!
High School and Older only please



**Help us to complete the expansion of our patio,
including the pergola (shade structure) above,
plus an extension of the brick area
and a play area for the children on the grass.**

Please support this year's Golf Tournament by:

- Making a donation
- Registering to golf and/or attending the dinner
 - Securing or donating auction items
 - Bringing a friend!

PROCEEDS THIS YEAR GO TOWARDS THE PATIO PROJECT.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

- | | | |
|--------------------------------------|--------------------------|-----------------------------|
| Metropolitan JOSEPH | Ethan & Cole K. | Devin |
| Mother Victoria | Tony E. | Kh. Carla Z. |
| Met. Paul & Abp. John | Fr. Dimitrie V. | |
| Fr. Romanos (O.C.M.C. priest, Congo) | Monsignor John Y. | All those suffering and |
| Mother Christophora | Gaylen C. | in danger in Ukraine, |
| Fr. Jon B. | Zac B. | Africa, and the Middle East |
| Dn. Richard E. | Terri Lynn & Hannah Rose | |
| Kh. Diane C. | Lauren | |
| Greg & Margaret Y. | Cheryl G. | |
| Hoppe Family | Jerry J. | |
| Gail S. | Elka | |
| Dean & Penny B. | Elizabeth J. | |
| Duane F. | Jimmy | |
| Joan and Steve T. | Phoebe L. | |
| Friesen family | Gabriel M. | |

For repose of the souls of: Kevin A., John D., Marceen S., Jacqueline M., Pat W., Jeffery L.
All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas’ office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

