

St. Athanasius Antiochian Orthodox Church

A Parish of the Antiochian Orthodox Christian Archdiocese of North America 300 Sumida Gardens Lane, Santa Barbara, CA 93111 Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence Met. JOSEPH, Archbishop of New York & Metropolitan of all N. America

Senior Pastor:

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-770-3749 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

Music Director/Administrator:

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

Teen Program Coordinator
Michael Easbey: measbey@gmail.com
College/Young Adult Coordinator
Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President Dan Braun, Treasurer Terri Speier, Secretary Dorothy Alexander Laurie Baker Corina Berari David Dillon Verne Gish Zak Landrum

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, October 7, 2018 Tone 2 / Eothinon 8; Nineteenth Sunday after Pentecost & Third Sunday of Luke

Martyrs Sergius and Bacchus of Syria Hieromartyr Polychronios of Nicaea; Priest Julian and Deacon Caesarius of Campania; Venerable John the hermit and those with him; Venerable Sergius of Nurma



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, October 7

9:00 a.m. Religious Ed.—grades 1-12

9:00 a.m. Matins 10:00 a.m. Divine Liturgy 11:45 a.m. Coffee Hour

4:00 p.m. All-Parish Strategic Planning

Kick-off followed by dinner

Monday, October 8

6:45 a.m. Daily Matins

5:00 p.m. Outreach dinner at St. Michael's

Church in Isla Vista

Tuesday, October 9—St. Tikhon

4:00 p.m. Catechesis Level One

5:30 p.m. Daily Vespers

Wednesday, October 10

6:45 a.m. Daily Matins

12:00 p.m. Intercessory Prayer Group 7:00 p.m. Parish Council Meeting

Thursday, October 11

11:00 a.m. Showers of Blessing

5:30 p.m. Daily Vespers

6:00 p.m. Jr. High Youth Group 6:30 p.m. Sr. High Youth Group

7:00 p.m. Choir Rehearsal

Friday, October 12-Diocesan Fall Gathering

6:45 a.m. Daily Matins

4:45 p.m. Weekly Akathist at Westmont

College in the Chapel

Saturday October 13-Diocesan Fall Gathering

4:30 p.m. Adult Catechism 6:00 p.m. Vespers/Confession

Sunday, October 14

9:00 a.m. Religious Ed.—grades 1-12

9:00 a.m. Matins

10:00 a.m. Divine Liturgy 11:45 a.m. Coffee Hour 12:15 p.m. Choir Rehearsal

Sunday Morning Ministries Schedule

Eucharist Bread

October 7 Fr. Nicholas
October 14 Sieck
October 21 Tinyayeva
October 28 Meyer

Coffee Hour

October 7 Cocores/Loulias
October 14 NEED A HOST

October 21 Youth Group (for Youth Month)

October 28 J. & C. Speier

Greeters

October 7 K & L Jacobs
October 14 H. Lange/L. Baker
October 21 D. Lewis/D. Washburn

October 28 K. Fox/Deacon

Ushers

October 7
October 14
October 21
October 28
S. Speier, P. Brunner, P. King
D. Meyer, D. Lewis, C. Speier
J. King, D. Washburn, C. Berari
G. Shannon, S. Speier, P. Brunner

Readers

October 7 D. Washburn

October 14 Youth Month Reader October 21 Youth Month Reader

October 27 Rdr. M. Kern (St. Raphael Liturgy)

October 28 T. Harris

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Today the choir will be introducing some new music during the Liturgy of the Word.

GREAT LITANY



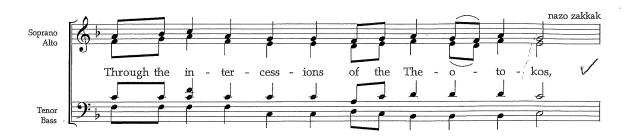
FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;

To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]





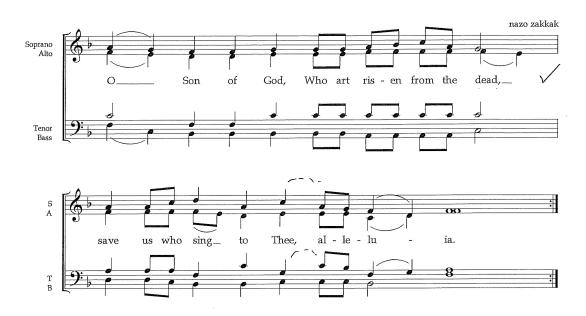
SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee, Alleluia!

- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

SECOND ANTIPHON REFRAIN



Chanter: Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.





THIRD ANTIPHON—The Beatitudes or "Sermon on the Mount"

After each of the verses, the choir and congregation sing the refrain:

"Remember us, O Lord, when you come in your Kingdom."

FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection (Music on p. 42 of Liturgy book)

Tone 2

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow'r,
and when Thou didst raise the dead from beneath the earth,
all the pow'rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, Glory to Thee.

Troparion for Martyrs Sergius and Bacchus

Tone 4

Your holy martyrs Sergius and <u>Bac</u>chus, O Lord, through their sufferings have received incorruptible crowns from <u>You</u>, our God.

For having Your strength, they laid low their <u>ad</u>versaries, and shattered the powerless boldness of <u>de</u>mons.//
Through their intercessions, <u>save</u> our souls!

Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

Tone 3

Holy Bishop Athanasius, you became a stronghold of Orthodoxy, strengthening the Church through your divine teachings. Opposing the heretical opinion of Arius, you explained and taught that the Son is equal in nature with the Father. O holy Father, intercede with Christ God that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times) +Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 1

Reader: The Lord is my strength and my song; He has become my salvation. (Ps 117/118:4)

Choir: The Lord is my strength and my song; He has become my salvation.

Reader: Verse: The Lord has chastened me sorely, but He has not given me over to death.

All: The Lord is my strength and my song; He has become my salvation.

Reader: The Lord is my strength and my song;

All: ...He has become my salvation.

EPISTLE READING 2 Corinthians 11:31-12:9

Brethren, the God and Father of the Lord Jesus, He Who is blessed forever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped his hands. I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who 14 years ago was caught up to the third heaven—whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise—whether in the body or out of the body I do not know, God knows—and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but He said to me, "My grace is sufficient for you, for My power is made perfect in weakness." I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel (Music on page 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia! **People: Alleluia, Alleluia, Alleluia**!

Verse: May the Lord hear you in the day of trouble!

May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

GOSPEL READING Luke 7:11-16

At that time, Jesus went to a city called Nain, and many of His disciples and a great crowd went with Him. As He drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, He had compassion on her and said to her, "Do not weep." And He came and touched the bier, and the bearers stood still. And Jesus said, "Young man, I say to you: arise." And the dead man sat up, and began to speak. And Jesus gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited His people!"

HOMILY

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest! Alleluia! (Ps. 148)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.





Produced with the blessing of His Eminence, Metropolitan JOSEPH of the Antiochian Orthodox Christian Archdiocese of North America

November 2-4, 2018

The Psalms of King David: Poetry, Hymnody & a Guide for Daily Living

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Friday, November 2

6:00-7:00 p.m.

Tours, Bookstore, Icon Exhibit

7:00-8:30 p.m.

"Inner Prayer and Psalm 50: Our Daily Renewal"

Fr. Calinic Berger

Reception, Bookstore, Icon Exhibit following presentation.

Saturday, November 3

12:00-1:00 p.m.

Tours, Bookstore, Icon Exhibit

1:00-2:30 p.m.

"The Book of Psalms: the Prayer Book of the Church

and our Window to Christ." Fr. Calinic Berger

3:00-4:30 p.m.

"Writing with Scripture: Psalms and Earnest Prayer"

Isaac Scott Cairns, Poet

Light refreshments available between sessions and before Vespers.

6:00 p.m.

Great Vespers

Sunday, November 4

TURN CLOCKS BACK ONE HOUR!

9:00 a.m.

Matins Service

10:00 a.m.

Divine Liturgy followed by Coffee Hour

3:30 p.m.

Bookstore & Icon Exhibit available

4:00 p.m.

Sacred Music Concert featuring The Adelfos Ensemble & St. Athanasius Choir

A free-will offering will be taken. Seating is first-come/first-served.

Reception, Bookstore following concert

FOR MORE INFORMATION, GO TO: WWW.STATHANASIUS.ORG OR CALL 805-685-5400



2018 GUEST SPEAKERS & GUEST ARTISTS

Father Calinic Berger was born in Detroit, Michigan and baptized by his maternal grandfather at the St. Simion Romanian Orthodox Church. In 1969 his family moved to California. As a child and as a teen he attended the Orthodox Church of the Redeemer in Los Altos Hills, California where he formed the desire to serve God as a priest. Having graduated from Santa Clara University in 1988 with a bachelor's degree in Electrical Engineering, he later enrolled in the Holy Cross Greek Orthodox School of Theology, graduating in 1994. Following seminary, he enrolled in the doctoral program in Patristics and historical theology at the Catholic University of America in Washington, DC, completing his PhD in 2003. In between and during his theological studies, he worked as an electrical engineer in the semiconductor industry. Feeling called to serve the Church, he decided to leave his job and was ordained to the holy diaconate in 2005 and to the holy



priesthood in 2006. Father Calinic has served as Visiting Professor of Dogmatic Theology at St. Vladimir's Seminary. He has taught and published on Orthodox theology and spiritual life in a variety of venues. He was the pastor of Holy Cross Romanian Orthodox Church in Hermitage, Pennsylvania, from 2006 to 2015. He was appointed assistant pastor at St Nicholas Antiochian Orthodox Cathedral in Los Angeles on December 6, 2015.

Isaac Scott Cairns was born in Tacoma, Washington November 19,1954. He received his B.A. in English from Western Washington University in 1977, his M.A. in English Writing from Hollins College in 1979, his M.F.A. in Creative Writing from Bowling Green State University in 1981, and his Ph.D. from University of Utah in 1990. He has taught literature and writing courses at Bowling Gree n State University, Kansas State University, University of Utah, Westminster College of Salt Lake City, University of North Texas, Old Dominion University, and University of Missouri. Librettist, essayist, translator, and author of multiple poetry collections, Scott Cairns was



Curators' Distinguished Professor of English at University of Missouri, until leaving that position to serve as Director of the Low-Residency MFA Program at Seattle Pacific University. His poems and essays have appeared in *Poetry*, *Image*, *Paris Review*, *The Atlantic Monthly*, *The New Republic*, and many other venues, and both have been anthologized in multiple editions of *Best American Spiritual Writing*. He has blogged for the Religion Section of *The Huffington Post*. His recent books include *Slow Pilgrim*: *The Collected Poems* (2015), *Idiot Psalms* (2014), *Short Trip to the Edge* (spiritual memoir, 2016), *Endless Life* (translations and adaptations of Christian mystics, 2014), and a book-length essay, *The End of Suffering* (2009). He received a Guggenheim Fellowship in 2006, and the Denise Levertov Award in 2014. His new poetry collection, *Anaphora*, will appear from Paraclete Press in spring, 2019, and his current projects include *Descent to the Heart*, verse adaptations of selections from the writings of Saint Isaak of Syria.

The Adelfos Ensemble was founded in 2004 as a men's a-cappella ensemble under the direction of Dr. Michael Eglin. Since 2010 it has been a mixed-voice choral ensemble under the direction of Temmo Korisheli, who took it over in 2008. The group programs a broad repertoire of music spanning a millennium and many cultures, from ancient chant and Renaissance motets to folksong arrangements and contemporary works. Their goal is to offer the best of a-cappella and other choral music to audiences in the Santa Barbara area through live performances and recordings. In 2015, Adelfos collaborated with American Orthodox composer Nazo Zakkak on a CD ("Luxari") of Orthodox hymns that was released in 2016.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On the homepage, click on VIEW CALENDAR at the bottom left.

TO SIGN UP ONLINE TO HOST A COFFEE HOUR IN 2018-19, GO TO:

http://www.stathanasius.org/coffee-hour/
You can also contact Suzi Wiley: suziwiley@cox.net Cell: 805-448-2787

TAKE-THEM-A-MEAL MINISTRY

The Meals ministry e-mail list needs to be updated! If you did NOT receive an e-mail this week from Margaret Easbey and would like to be included in future meal delivery opportunities please get in touch by e-mailing moveasbey@gmail.com. If you don't like e-mail you can also receive a call or text! Contact Margaret at (805) 266-9110 to let her know. Finally, feel free to opt out by responding to the e-mail that you would like to be removed from the list.

THE NEXT MEN'S STICKS GATHERING will be on Monday, October 15th at 7 p.m. at the home of Troy and Carla Harris.

UPCOMING SERVICES & ACTIVITIES

Liturgy for St. Raphael of Brooklyn

Saturday, October 27 at 8:30 a.m.

Prayer Vigil in front of Planned Parenthood

Saturday, October 27 at 10:30 a.m.

PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the "40 Days for Life Vigil" - September 26-November 4, 2018)

O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

10/07 Benny & Michelle Madrigal

10/13 Verne & Joanne Gish

Birthdays

10/8 **Troy Harris**

Jason Wallace, Jennifer Speier 10/9

10/10 Michiel de Bruin

Patronal Feast Days

10/13 St. Benjamin Benjamin Ballew, Benny Madrigal

on Thursdays in the Teen Room at the church, unless noted otherwise.

TEEN SCENE Junior High teens meet from 6:00-7:30 p.m. and High School teens meet from 6:30-8:30 p.m. on Thursdays in the Teen Room at the church, unless noted of	
Sunday, 10/7 Thursday, 10/11 Thursday, 10/18 Thursday, 10/25	All-parish Gathering at 4:00 p.m. Regular Youth Group times Regular Youth Group times Regular Youth Group times
Al	- WEDNESDAY NIGHT I Hallow's Eve Party oups at 6pm—location TBA

Blessing of Music Ministry (Choir & Chanters) September 30, 2018







PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH Mother Victoria Met. Paul & Abp. John Fr. Romanos (O.C.M.C. priest, Congo) Mother Christophora

Fr. Jon B. Dn. Richard E. Kh. Diane C. Greg & Margaret Y. Hoppe Family Gail S. Penny B. and Family

Duane F. Joan and Steve T. Friesen family Richard and Susan B.

Ethan & Cole K. Tony E. Fr. Dimitrie V. Monsignor John Y. Gaylen C.

Zac B. Terri Lynn & Hannah Rose Lauren

Cheryl G. Jerry J. Elka Jimmy Phoebe L.

Elizabeth J. Gabriel M. Devin

Kh. Carla Z. Sharmaine & Emma Sue & Tim B. Glenn H. Evonne C.

All those suffering and in danger in Ukraine, Africa, and the Middle East

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For repose of the souls of: Dean B., Kevin A.

All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the wooden box in the narthex will be said silently at the altar at most services. During the Great Entrance of the Divine Liturgy, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

★ The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets con- ★ 🛠 taining items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, 🛠 ※ etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books
★ * are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or * * chain. Payment should be made at time of purchase and placed in brown lockbox on wall next * * to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in * the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

