



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America  
300 Sumida Gardens Lane, Santa Barbara, CA 93111  
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York & Met-  
ropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-770-3749  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

**Teen Program Coordinator**

Michael Easbey: measbey@gmail.com

**College/Young Adult Coordinator**

Mitchell Denny: mitchdennyjr@gmail.com

**Parish Council 2018-2019:**

Kristi King, President  
Dan Braun, Treasurer  
Terri Speier, Secretary  
Dorothy Alexander  
Laurie Baker  
Corina Berari  
David Dillon  
Verne Gish  
Zak Landrum

## LITURGY OF ST. JOHN CHRYSOSTOM

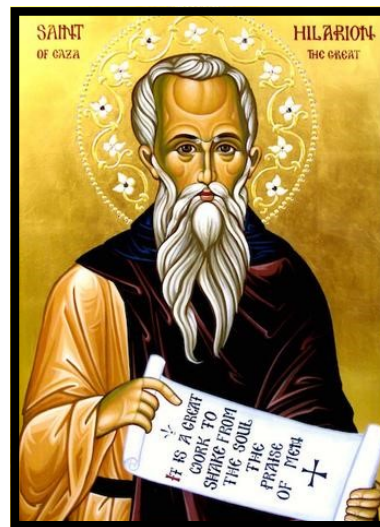
**Sunday, October 21, 2018**

**Tone 4 / Eothinon 10;**

**Twenty-first Sunday after Pentecost  
& Sixth Sunday of Luke**

Venerable Hilarion the Great of Palestine

Christodoulos of Patmos the Wonderworker;  
Martyrs Socrates and Theodota at Ancyra;  
Venerable-confessors Vissarion & Sophronios of Ciorara,  
& Martyr Oprea of Salistie in Romania



## WELCOME TO OUR VISITORS!

We are glad you are with us this morning.  
If you are not Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us at Coffee Hour~ we'd love to meet you!

## ***Calendar for this Week***

### **Sunday, October 21**

9:00 a.m. Religious Ed.—grades 1-12  
 9:00 a.m. Matins  
 10:00 a.m. Divine Liturgy  
 11:45 a.m. Coffee Hour  
 12:15 p.m. Choir Rehearsal

### **Monday, October 22**

6:45 a.m. Daily Matins  
 5:00 p.m. Outreach dinner at St. Michael's  
 Church in Isla Vista

### **Tuesday, October 23**

4:00 p.m. Catechesis Level One  
 5:30 p.m. Daily Vespers

### **Wednesday, October 24**

6:45 a.m. Daily Matins  
 12:00 p.m. Intercessory Prayer Group  
 5:15 p.m. Evangelism Team Meeting

### **Thursday, October 25**

11:00 a.m. Showers of Blessing  
 5:30 p.m. Daily Vespers  
 6:00 p.m. Jr. High Youth Group  
 6:30 p.m. Sr. High Youth Group  
 7:00 p.m. Vespers at St. Demetrios Parish

### **Friday, October 26—St. Demetrios**

6:45 a.m. Daily Matins  
 10:00 a.m. Liturgy at St. Demetrios Parish  
 4:45 p.m. Weekly Akathist at Westmont  
 College in the Chapel

### **Saturday October 27**

8:30 a.m. Liturgy for St. Raphael  
 10:30 a.m. Prayer Vigil in front of Planned  
 Parenthood, Santa Barbara  
 4:30 p.m. Adult Catechism  
 6:00 p.m. Vespers/Confession

### **Sunday, October 28**

9:00 a.m. Religious Ed.—grades 1-12  
 9:00 a.m. Matins  
 10:00 a.m. Divine Liturgy  
 11:45 a.m. Coffee Hour  
 12:20-1:20 p.m. Choir Dress Rehearsal

**OCTOBER**  
**is**  
**STEWARDSHIP MONTH**  
**at**  
**ST. ATHANASIUS**

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

October 21 Tinyayeva  
 October 28 Washburn  
 November 4 Cocores  
 November 11 Meyer

### **Coffee Hour**

October 21 Youth Group (for Youth Month)  
 October 28 J. & C. Speier  
 November 4 P. Brunner (in memory of Cyrus)  
 November 11 Vander Laan

### **Greeters**

October 21 D. Lewis/D. Washburn  
 October 28 K. Fox/Deacon  
 November 4 L. Hopper/P. King  
 November 11 P. Morrison/D. Genatone

### **Ushers**

October 21 J. King, D. Washburn, C. Berari  
 October 28 G. Shannon, S. Speier, P. Brunner  
 November 4 P. King, D. Meyer, D. Lewis  
 November 11 C. Speier, J. King, D. Washburn

### **Readers**

October 21 H. Sieck—Youth Month reader  
 October 27 Rdr. M. Kern (St. Raphael Liturgy)  
 October 28 T. Harris  
 November 4 Rdr. J. Butler  
 November 11 Rdr. H. Lange

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

## THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

### GREAT LITANY

1 Lord, have mer - cy. Lord, have mer - cy. nazo zakkak

2 Lord, have mer - cy. Lord, have mer - cy.

3 Lord, have mer - cy. Lord, have mer - cy.

4 Lord, have mer - cy. Lord, have mer - cy.

6 Most holy The - o - - to - kos, save us.

To Thee, O Lord. A - - men.

The musical score is written for four voices: Soprano, Alto, Tenor, and Bass. It consists of six numbered sections. The first two sections are for the first and second readings of the Great Litany. The third and fourth sections are for the third and fourth readings. The fifth section is for the 'nazo zakkak' (Lord, have mercy) refrain. The sixth section is for the 'Most holy Theotokos' (Theotokos, save us) refrain. The lyrics are in English, with the Greek text 'nazo zakkak' and 'Theotokos' included. The music is in a simple, homophonic style, typical of traditional church music.

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

Musical score for Soprano and Tenor/Bass parts. The Soprano part is written on a treble clef staff with a key signature of one flat (B-flat). The Tenor/Bass part is written on a bass clef staff with the same key signature. The lyrics are: "Through the in - ter - cess - ions of the The - o - to - kos, nazo zakkak". A checkmark is visible at the end of the Soprano line.

Musical score for Soprano and Tenor/Bass parts. The Soprano part is written on a treble clef staff with a key signature of one flat (B-flat). The Tenor/Bass part is written on a bass clef staff with the same key signature. The lyrics are: "O Sav - ior save us." The Soprano part ends with a double bar line and a fermata over the final note.

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee, Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

## SECOND ANTIPHON REFRAIN

nazo zakkak

Soprano Alto

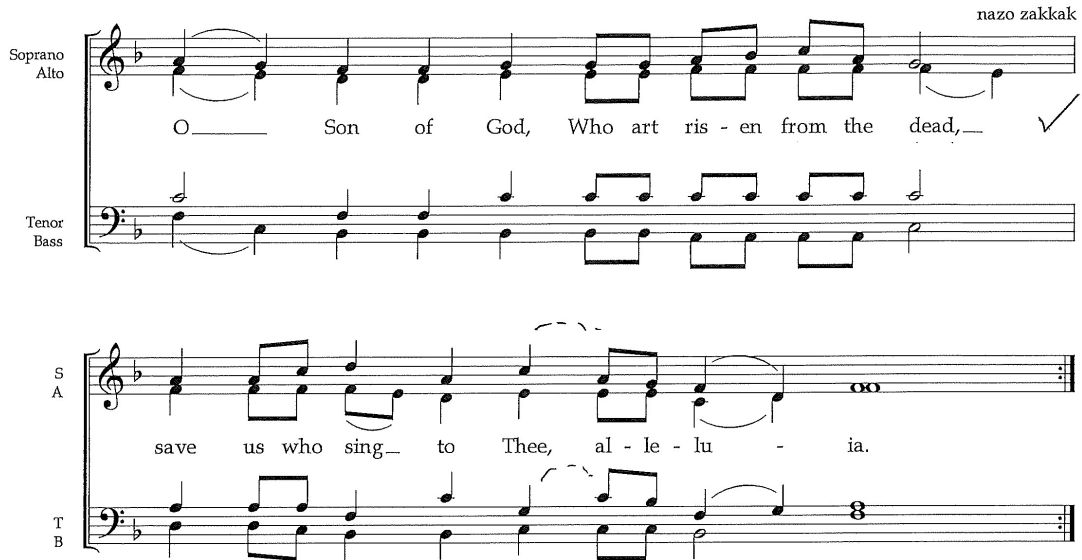
O Son of God, Who art ris - en from the dead, ✓

Tenor Bass

Soprano Alto

save us who sing to Thee, al - le - lu - ia.

Tenor Bass



**Chanter: Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.**

## Only Begotten Son

nazo zakkak

Soprano Alto

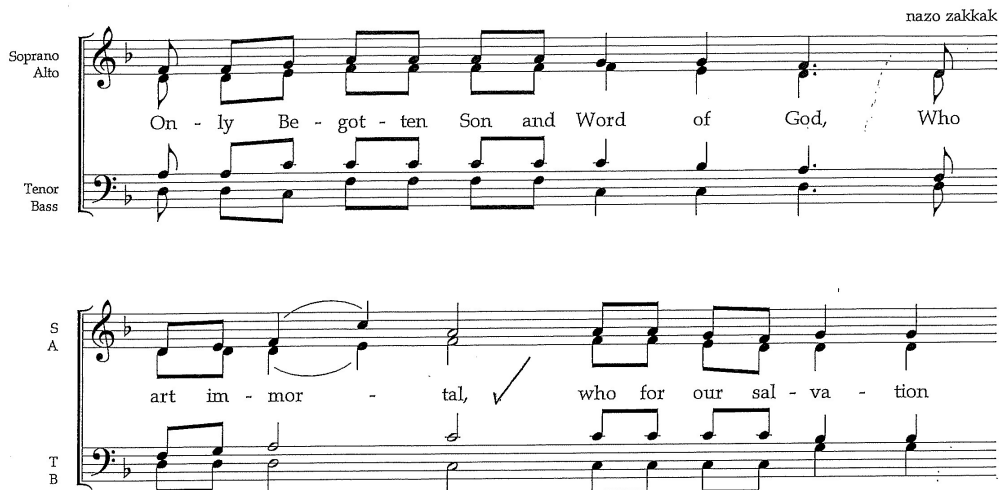
On - ly Be - got - ten Son and Word of God, Who

Tenor Bass

Soprano Alto

art im - mor - tal, ✓ who for our sal - va - tion

Tenor Bass



S  
A  
willed to be in - car - nate of the Ho - ly The - o - to - kos and

T  
B

S  
A  
ev - er - vir - gin Mar - y, who with - out

T  
B

S  
A  
change be - came man and wast cru - ci - fied,

T  
B

*ritardando*

S  
A  
O Christ our God, and tram - pled down death by death,

T  
B  
*ritardando*

*a tempo*

S  
A  
who art One of the Ho - ly Trin - i - ty,

T  
B  
*a tempo*

*cresc.*

S  
A  
glo - ri - fied to - geth - er with the Fa - ther and the

T  
B  
*cresc.*

S  
A  
Ho - ly Spir - it, *ff* save us.

T  
B

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses, the choir and congregation sing the refrain:

**“Remember us, O Lord, when you come in your Kingdom.”**

**FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER  
THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:**

**Troparion of the Resurrection**

**Tone 4** Byzantine melody

**(Music on page 45 of Liturgy book)**

Having learned the joyful message  
of the Resurrection from the angel,  
the women disciples of the Lord cast from them  
their parental condemnation,  
and proudly broke the news to the disciples  
saying death has been spoiled.  
Christ God is risen, granting the world great mercy.

**Troparion for Venerable Hilarion the Great**

**Tone 8**

By a flood of tears you made the desert fertile,  
and your longing for God brough forth fruits in abundance.  
By the radiance of miracles you illumined the whole universe.  
Our Father Hilarion, pray to Christ God to save our souls!

**Troparion to St. Athanasius**

**Tone 3**

**(Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays**

**Tone 4**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost always intercede for those who honor thee.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm verses before the Epistle**  
**(Music on page 59 of Liturgy book)**

**Tone 4** Byzantine melody  
harmonized by Fr. J. Finley

O Lord, how manifold are Thy works, in wisdom Thou hast made them all.

*(Ps 103/104:24)*

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

**EPISTLE READING**

**Galatians 2:16-20**

Brethren, you know that a man is not justified by works of the Law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the Law, because by works of the Law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ Who lives in me; and the life I now live in the flesh I live by faith in the Son of God, Who loved me and gave Himself for me.

**Alleluia Refrain and Psalm verses before the Gospel**      **Tone 4**  
**(Music on p. 64 of Liturgy book)**

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

**Verse:** Draw Thy bow and prosper and reign, in the cause of  
truth, meekness, and righteousness. *(Ps 44/45:5)*

**Verse:** Thou hast loved righteousness and hated wickedness.  
*(Ps 44/45:8)*



## GOSPEL READING

### Luke 8:26-39

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. [For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.] Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.

## HOMILY

### Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest! Alleluia! (Ps. 148)

## HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,*

*"Father, bless" when you get to the chalice.*

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

# STEWARDSHIP MONTH AT S.A.O.C.

## Time self-assessment

Our time is so important. We are often pulled in many directions. However there are three type of relationships which we can examine where our time is directed.

My Time
<b>Myself</b>
<ul style="list-style-type: none"> <li>• <i>Work</i></li> <li>• <i>Recreation</i></li> <li>• <i>Relationships</i></li> <li>• <i>Growth</i></li> <li>• <i>Hobbies</i></li> <li>• <i>Internet</i></li> </ul>
<b>Others</b>
<ul style="list-style-type: none"> <li>• <i>Immediate family</i></li> <li>• <i>Extended family</i></li> <li>• <i>Friends</i></li> <li>• <i>Community</i></li> </ul>
<b>God Through His Church</b>
Three relationships that define me.
What are my priorities?

## Talent self-assessment

What are my talents? Where are they used most often? How many talents are shared with others? Community? God?

My Talents
<b>Career</b>
<ul style="list-style-type: none"> <li>• <i>Leadership</i></li> <li>• <i>Teaching</i></li> <li>• <i>Public Relations</i></li> <li>• <i>Special Skills</i></li> </ul>
<b>Hobby</b>
<ul style="list-style-type: none"> <li>• <i>Singing</i></li> <li>• <i>Repairing</i></li> <li>• <i>Gardening</i></li> <li>• <i>Decorating</i></li> </ul>
<b>Personal</b>
<ul style="list-style-type: none"> <li>• <i>Cooking/baking</i></li> <li>• <i>Social networking</i></li> <li>• <i>Consoling</i></li> </ul>
<b>God Through His Church</b>



## Treasure self-assessment

What is used for basics to live?  
For entertainment? For personal  
comfort? Shared with God?

### My Treasure

#### **Bills**

- *Food-Clothing*
- *Electric-Gas-Water*
- *School*
- *Mortgage-Rent-Insurance*
- *Car Payments*

#### **Entertainment**

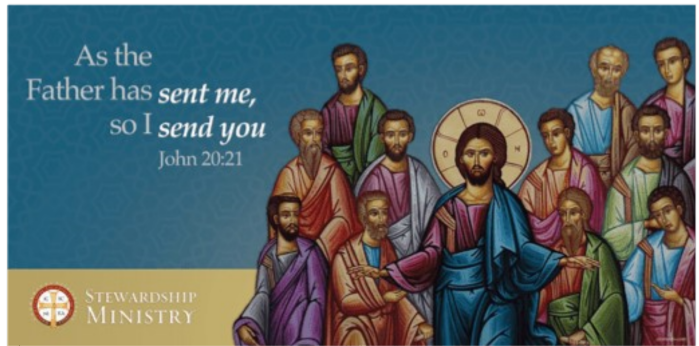
- *Cable TV*
- *Music-Movies-Video Games*
- *Dining out*
- *New electronics*
- *Vacation*

#### **Personal Comfort**

- *Daily coffee – Treats*
- *Hobbies-Memberships*
- *Luxury goods-wants, not needs*
- *Recreation*

### **God Through His Church**

What is my budget for  
Church Stewardship?



**PLEASE PRAYERFULLY CONSIDER WHAT YOU ARE ABLE TO TITHE** in the coming year to both the General Operating Fund and the Building Fund, and also how you can best offer to God and the parish your time and talent in one of the many ministry groups of the parish.

It is extremely helpful to the Budget Committee and the Parish Council to know your intentions, with the understanding that things can happen during the course of the year to change your ability to give and/or your availability. None of us can predict what might happen in our lives and families in the next 12 months. We can only base our decision on what we know right now, and pray that God will help us to fulfill our desire to keep our commitment, or even to exceed it.

Next week commitment forms will be distributed with the bulletin. There will also be blank forms next to the tithe box until the end of the year. Commitment forms may be put in the tithe box, or handed to Fr. Nicholas.

You can also fill it in online on the church website.  
<https://www.stathanasius.org/stewardship/time-talent-treasure-commitment/>

**THE PARISH COUNCIL ASKS THAT YOU  
SUBMIT YOUR COMMITMENT FORM BY  
Sunday, NOVEMBER 18**  
so that we can use the information  
in preparing the 2019 budget.

## ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).  
On the homepage, click on **VIEW CALENDAR** at the bottom left.

**ST. DEMETRIOS ORTHODOX CHURCH** in Camarillo will celebrate its patronal feast day on Thursday, October 25 (7:00 p.m. Vespers and Reception) and Friday, October 26 with 9:00 a.m. Matins and 10:00 a.m. Liturgy, followed by a light reception. (5575 Santa Rosa Rd., Camarillo)

**POET SCOTT CAIRNS** will give a reading of his work at Westmont College on Thursday, November 1st at 7:00 p.m. in Hieronymus Lounge in Kerrwood Hall. The event is open to the public. He will spend that day on the Westmont campus speaking to various groups. We are very grateful to the Westmont College English Department for hosting Scott on campus while he is here for our Liturgical Arts Festival, including providing his housing for the weekend.

**DO YOU KNOW OF SOMEONE IN THE PARISH WHO IS ILL, RECOVERING FROM SURGERY, or HOMEBOUND and in need of help or visitation?** Please let Fr. Nicholas know so that our St. Lucia Ministry can assess how the church can help.

## UPCOMING SERVICES & ACTIVITIES

Liturgy for St. Raphael of Brooklyn                      Saturday, October 27 at 8:30 a.m.

Prayer Vigil in front of Planned Parenthood                      Saturday, October 27 at 10:30 a.m.

### TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.  
and High School teens meet from 6:30-8:30 p.m.  
on Thursdays in the Teen Room at the church, unless noted otherwise.**

Thursday, 10/25      Regular Youth Group times

**10/31 - WEDNESDAY NIGHT  
All Hallow's Eve Party  
Both groups at 6pm—location TBA**

## **CELEBRATIONS THIS WEEK**

### **Birthdays**

10/21	Kh. Diane Carrillo
10/22	Kyle Petersilia
10/23	Zak Landrum
10/24	Amanda Simonsen, Fr. Jon Braun, Garrett Gish, Stephen Butler
10/25	Justin Brunner
10/26	Tiffany Van Wagoner
10/27	Ben Hedges, Liz Hoppe

### **Patronal Feast Days**

<b>10/23</b>	<b>St. James the Apostle</b>	Richard Barre, Jim Morrison, Jacob Wallace, Zavien Van Wagoner
<b>10/26</b>	<b>St. Demetrios</b>	Jackson Stetler

**Our St. Athanasius parish will, once again, participate in the 40 Days for Life Vigil by praying the Trisagion (Memorial) Prayers in front of Planned Parenthood on Saturday, October 27th at 10:30 a.m. Please join us in this peaceful vigil. We will carpool at 10:00 a.m. from the church.**

### **PRAYER FOR THE SANCTITY OF LIFE**

(Please consider incorporating this prayer into your daily devotions during the "40 Days for Life Vigil" - September 26-November 4, 2018)

*O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.*



  
ST. ATHANASIUS  
*Liturgical Arts Festival*

Produced with the blessing of His Eminence, Metropolitan JOSEPH of the  
Antiochian Orthodox Christian Archdiocese of North America

**November 2-4, 2018**

*The Psalms of King David:  
Poetry, Hymnody & a Guide for Daily Living*

300 Sumida Gardens Lane, Santa Barbara, CA 93111

**Friday, November 2**

6:00-7:00 p.m.

Tours, Bookstore, Icon Exhibit

7:00-8:30 p.m.

**"Inner Prayer and Psalm 50: Our Daily Renewal"**  
Fr. Calinic Berger

Reception, Bookstore, Icon Exhibit following presentation.

**Saturday, November 3**

12:00-1:00 p.m.

Tours, Bookstore, Icon Exhibit

1:00-2:30 p.m.

**"The Book of Psalms: the Prayer Book of the Church  
and our Window to Christ."** Fr. Calinic Berger

3:00-4:30 p.m.

**"Writing with Scripture: Psalms and Earnest Prayer"**  
Isaac Scott Cairns, Poet

Light refreshments available between sessions and before Vespers.

6:00 p.m.

Great Vespers

**Sunday, November 4**

**TURN CLOCKS BACK ONE HOUR!**

9:00 a.m.

Matins Service

10:00 a.m.

Divine Liturgy followed by Coffee Hour

3:30 p.m.

Bookstore & Icon Exhibit available

4:00 p.m.

**Sacred Music Concert** featuring The Adelfos Ensemble & St. Athanasius Choir  
A free-will offering will be taken. Seating is first-come/first-served.  
Reception, Bookstore following concert

**FOR MORE INFORMATION, GO TO: [WWW.STATHANASIUS.ORG](http://WWW.STATHANASIUS.ORG) OR CALL 805-685-5400**

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH	Ethan & Cole K.	Kh. Carla Z.
Mother Victoria	Tony E.	Sharmaine & Emma
Met. Paul & Abp. John	Fr. Dimitrie V.	Sue & Tim B.
Fr. Romanos (O.C.M.C. priest, Congo)	Monsignor John Y.	Glenn H.
Mother Christophora	Gaylen C.	Evonne C.
Fr. Jon B.	Zac B.	
Dn. Richard E.	Terri Lynn & Hannah Rose	All those suffering and
Kh. Diane C.	Lauren	in danger in Ukraine,
Greg & Margaret Y.	Cheryl G.	Africa, and the Middle East
Hoppe Family	Jerry J.	
Gail S.	Elka	Please pray for the raising up and
Penny B. and Family	Elizabeth J.	support of long-term missionaries
Duane F.	Jimmy	from our parish.
Joan and Steve T.	Phoebe L.	
Friesen family	Gabriel M.	
Richard and Susan B.	Devin	

**For repose of the souls of:** Dean B., Kevin A.  
All who have died in the conflicts in Ukraine Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

\*\*\*\*\*  
\* **ST. ATHANASIUS BOOK CENTER** \*  
\* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas’ office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.) \*  
\* **All proceeds go to the parish Building Fund.** \*  
\*\*\*\*\*

# CATECHESIS OF THE GOOD SHEPHERD

## ATRIUM LEVEL II

- Walking the timeline from Creation to the present -

