

## St. Athanasius Antiochian Orthodox Church

A Parish of the Antiochian Orthodox Christian Archdiocese of North America 300 Sumida Gardens Lane, Santa Barbara, CA 93111 Office hours: Tues-Fri. 12:00—5:00 p.m.

#### His Eminence Met. JOSEPH, Archbishop of New York & Metropolitan of all N. America

#### **Senior Pastor:**

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

#### **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-770-3749 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

#### **Deacons:**

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

#### **Music Director/Administrator:**

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

Teen Program Coordinator Michael Easbey: measbey@gmail.com College/Young Adult Coordinator Mitchell Denny: mitchdennyjr@gmail.com

#### Parish Council 2018-2019:

Kristi King, President Dan Braun, Treasurer Terri Speier, Secretary Dorothy Alexander Laurie Baker Corina Berari David Dillon Verne Gish Zak Landrum

#### LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, November 11, 2018 Tone 7 / Eothinon 2; Holy Martyr Menas of Egypt & Eighth Sunday of Luke

Martyrs Victor and Stephanie in Damascus;
Martyr Vincent of Spain; Venerable Theodore the Studite;
Blessed Maximos the Fool-for-Christ;
Martyr Stephen of Dechani, King of Serbia,
Stephen Urosh and Princess Milica;
Martin the merciful, Bishop of Tours



#### WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Coffee Hour~ we'd love to meet you!

#### Calendar for this Week

Sunday, November 11

9:00 a.m. Religious Ed.—grades 1-12

9:00 a.m. Matins

10:00 a.m. Divine Liturgy 11:45 a.m. Coffee Hour 12:15 p.m. Choir Rehearsal

Monday, November 12—VETERAN'S DAY

6:45 a.m. Daily Matins

5:00 p.m. Outreach dinner at St. Michael's

Church in Isla Vista

Tuesday, November 13—St. John Chrysostom

4:00 p.m. Catechesis Level One

5:30 p.m. Daily Vespers

Wednesday, November 14

6:45 a.m. Daily Matins

12:00 p.m. Intercessory Prayer Group

Thursday, November 15—ADVENT BEGINS

11:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers

5:30 p.m. Daily Vespers 7:00 p.m. Choir Rehearsal

Friday, November 16—APOSTLE MATTHEW

6:45 a.m. Daily Matins 6:00 p.m. Advent Paraklesis

7:00 p.m. Advent Paraklesis
Advent Teaching

8:00 p.m. Youth Group Fellowship time

9:00 p.m. High School overnight lock-in

Saturday, November 17

4:30 p.m. Adult Catechism

6:00 p.m. Great Vespers/Confession

Sunday, November 18

9:00 a.m. Religious Ed.—grades 1-12

9:00 a.m. Matins

10:00 a.m. Divine Liturgy 11:45 a.m. Coffee Hour 12:15 p.m. Choir Rehearsal

#### Sunday Morning Ministries Schedule

**Eucharist Bread** 

November 11 Meyer November 18 Dillon

November 25 Dn. G. Braun

December 2 Kern

**Coffee Hour** 

November 11 Vander Laan/Brunstead/Kern

November 18 NEED A HOST

November 25 POTLUCK—Thanksgiving

December 2 NEED A HOST

(To sign up to host Coffee Hour, go to: www.stathanasius.org/coffee-hour/)

**Greeters** 

November 11 P. Morrison/D. Genatone

November 18 K. & L. Jacobs November 25 P. King/ L. Baker December 2 D. Lewis/Deacon

**Ushers** 

November 11 C. Speier, J. King, D. Washburn
November 18 C. Berari, G. Shannon, S. Speier
November 25 S. Speier, P. Brunner, P. King

December 2

D. Meyer, D. Lewis, C. Speier

Readers

November 11 Rdr. H. Lange

November 18 D. Alexander

November 20 D. Meyer(Vesp-Liturgy for

Feast of Presentation of Theotokos)

November 25 D. Washburn

December 2 TBA

# At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

## THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

#### **GREAT LITANY**



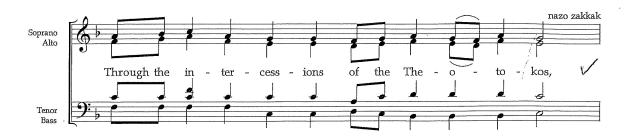
#### FIRST ANTIPHON—Psalm verses with refrain

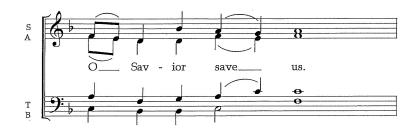
Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;

To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

#### Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]





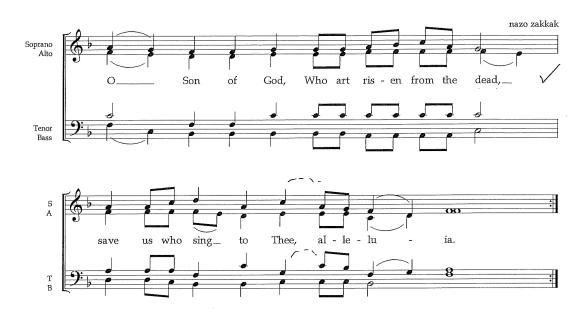
#### SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

## Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee, Alleluia!

- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

#### **SECOND ANTIPHON REFRAIN**



Chanter: Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.





#### THIRD ANTIPHON—The Beatitudes or "Sermon on the Mount"

In Thy kingdom remember us, O Lord,

when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,

for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

## FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:

## Troparion of the Resurrection (Music on p. 51 of Liturgy book)

Thou didst shatter death by Thy Cross;

Thou didst turn the sadness of the

Thou didst turn the sadness of the

ointment bearing women into joy,

and didst bid Thine apostles proclaim a warning that Thou hast risen, O Christ,

granting the world the great mercy.

#### **Troparion for St. Menas**

Tone 5

With great valor of soul, thou didst strive in martyrdom, and having fought the good fight, O divine Great Martyr Menas, Thou from Heaven hast received the gift of miracles; for God hath shown thee to the world as a worker of great signs, and He made thee our protector and a swift help in afflictions and ever-vigilant defense from harm.

## Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

Tone 3

Tone 7

Holy Bishop Athanasius,

you became a stronghold of Orthodoxy,

strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,

you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God that He may grant us abundant mercy.

#### **Kontakion for the Presentation of the Theotokos**

Tone 4 Slavic Chant

The most pure Temple of the <u>Sav</u>ior; the precious Chamber and <u>Virg</u>in; the sacred Treasure of the <u>glory</u> of God, is presented today to the <u>house</u> of the <u>Lord</u>. She brings with her the grace of the <u>Spir</u>it, therefore, the Angels of God praise her,

#### TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle** Tone 7 Byzantine melody

harmonized by Fr. J. Finley

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

## EPISTLE READING 2 Corinthians 4:6-15

Brethren, it is the God Who said, "Let light shine out of darkness," Who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ. But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. While we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us, but life in you. Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believe, and so we speak, knowing that He Who raised the Lord Jesus will raise us also with Jesus and bring us with you into His presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

#### Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 7

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

**Verse:** It is good to give thanks to the Lord, and to sing praises to Thy

Name, O Most High. Alleluia...

**Verse:** To declare Thy mercy in the morning, and Thy truth

in the night. Alleluia...

#### GOSPEL READING Luke 10:25-37

At that time, a lawyer stood up to put Jesus to the test, saying, "Teacher, what shall I do to inherit eternal life?" Jesus said to him, "What is written in the Law? How do you read?" And the lawyer answered, "You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself." And Jesus said to him, "You have answered right; do this, and you will live." But the lawyer, desiring to justify himself, said to Jesus, "And who is my neighbor?" Jesus replied, "A man was going down from Jerusalem to Jericho, and he fell among robbers, who stripped him and beat him, and departed, leaving him half dead. Now by chance a priest was going down that road; and when he saw him he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he journeyed, came to where he was; and when he saw him, he had compassion, and went to him and bound up his wounds, pouring on oil and wine; then he set him on his own beast and brought him to an inn, and took care of him. And the next day he took out two denarii and gave them to the innkeeper, saying, 'Take care of him; and whatever more you spend, I will repay you when I come back.' Which of these three, do you think, proved neighbor to the man who fell among the robbers?" The lawyer said, "The one who showed mercy on him." And Jesus said to him, "Go and do likewise."

#### **HOMILY**

#### Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

#### **Communion Hymn**

Praise the Lord from the heavens; praise Him in the Highest! Alleluia! (Ps. 148)

#### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.
Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

#### **ADVENT BEGINS ON NOVEMBER 15**

Friday, Nov. 16—6:00 p.m. Advent Paraklesis followed by an Advent teaching

"The Incarnation: How shall we respond to God

becoming man?"

Tuesday, November 20— 6:00 p.m. **Vesperal-Liturgy** for Feast of the

Presentation of the Theotokos

Wednesday, November 21—6:00 p.m. Akathist of Thanksgiving

Wednesdays during Advent 6:00 p.m. Advent Paraklesis

Nov. 28, Dec. 12, Dec. 19

Monday, Dec. 3/Tuesday, Dec. 4 Feast of St. Barbara

Monastery—4:00 p.m. Vigil on 12/3

10:00 a.m. Liturgy on 12/4

St. Barbara Greek parish

Services TBA

Thursday, December 6 6:00 p.m. Liturgy for St. Nicholas

Sunday, December 9 6:00 p.m. ST. NICHOLAS FAMILY NIGHT

### A great big thank you...

...to all those who helped make our 5th Liturgical Arts Festival a success!

- ALL OF YOU WHO ATTENDED
- Fr. Nicholas and Jan Speier: Hospitality to our Speakers & Visitors
- The S.A.O.C. CHOIR: Saturday night Vespers & Sunday Concert
  - Dorothy Alexander, Icon Exhibit Coordinator

Guides: Dana Alexander, Asia Ballew, Carla Brunstead, Kyndal Vogt

• Christie Speier Robinson, Hospitality/Food

Laurie Baker, Carla Brunstead, Penny Cocores, Carla Harris, Liz Hoppe, Jan Speier, Suzi Wiley

• Greeters/Tour Guides

Lisa Ballew, Catherine Braun, Carla Brunstead, Peggy King, Howard Lange, Fay Young

- Bookstore: Terri Speier, Manager; Corina Berari, Jody Wallace
  - **Sound System:** Michael Easbey
    - Flowers: Lisa Ballew



#### ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on VIEW CALENDAR at the bottom left.

**WE HAVE NO COFFEE HOUR HOSTS** for November 18 & December 2, 16, 23. If you have not signed up yet for the 2018-19 Liturgical Year, please consider stepping up to host on one of these Sundays. You can sign up online at: http://www.stathanasius.org/coffee-hour or contact Suzi Wiley at: suziwiley@cox.net

**THE MONTHLY MEN'S "STICKS" GATHERING** will take place a week from Monday, on November 19th at the Harris residence.

DO YOU KNOW OF SOMEONE IN THE PARISH WHO IS ILL, RECOVERING FROM SUR-GERY, or HOMEBOUND and in need of help or visitation? Please let Fr. Nicholas know so that our St. Lucia Ministry can assess how the church can help.

#### ST. INNOCENT ORPHANAGE—SANTA'S HELPERS

This year our parish will once again be Brian Angel's Santa's Helper. Look for a sign up list on the big bulletin board and consider providing one of the items on his list. We will need to have the items at the Project Mexico office in San Diego early in December. If you have questions, contact Cheryl Washburn-Lander at cherylynn.sb@gmail.com.

# WOMEN'S FELLOWSHIP ADVENT PROJECT - READING THE ENTIRE PSALTER EVERY DAY OF ADVENT -

Inspired by Fr. Calinic's teaching on the Psalms last weekend at the Liturgical Arts Festival, the Women's Fellowship is organizing a project for Advent. The book of Psalms will be divided up between those who sign up to participate, and read in its entirety every day of Advent. (Our goal is to enlist 20 women, each to read one of the 20 kathismi each day, with each person starting with a different kathisma.)



If you are a female member of the parish and would

like to participate in this effort, go to the following sign-up link, which will explain the project a bit more and take orders for Psalters, if you would like to purchase one. (Most of you should have received the link in an email by now.) You can also just read from your Bible, of course!

https://goo.gl/forms/MANPUO3Kv3vO7SfW2

Questions? Contact Liz Hoppe at hop2it1995@gmail.com

#### CELEBRATIONS THIS WEEK

#### Wedding Anniversaries

11/11 Jason and Jody Wallace

#### **Birthdays**

11/11	Lauren King, Keira Landrum
11/13	Farley Easbey, James Morrison, Leticia Brunner
11/14	Sophia Roberts
11/15	Anna Grace Butler
11/16	Cole Keller
11/17	Catherine Braun, John Heiduk

#### **Patron Saint Commemorations**

11/11	St. Martin of Tours	Bob Gundersen, Brody Hansen
11/11	St. Victor of Damascus	Viktoria Hedges
11/13	St. John Chrysostom	John (Chuck) Sasala, Dn. John Young
11/14	St. Philip the Apostle	Dn. Gary Braun, Gary Braun Jr.
11/16	St. Matthew the Apostle	Alec de Bruin, Mateo Finley, Larry Lander, Galen Wiley
11/17	St. Gregory the Wonderworker	Cole Keller

#### - PARISH MEMBER SURVEY -

All active, chrismated, communing members of the parish should have received a link by email to an important all-parish survey. The survey has been designed to provide important information to the Parish Council regarding some of your preferences and how you think we are doing in a number of areas including worship, administration, parishioner care, and other ministries. If you do not have a computer or would like some help in filling it out online, or would prefer to fill out a paper copy, let Fr. Nicholas know. Because the online survey compiles the data in a way that will be very helpful, it if preferable that as many of our members as possible fill it out online. This information will be used in the strategic planning process as we develop goals and priorities for the next 3-5 years. The deadline for filling out the survey is midnight on Monday, November 19th. It is up to each person whether or not they want to include their name on the survey. It can be filled out anonymously. WE WOULD LOVE TO HEAR FROM YOU!

## **TEEN SCENE**

Junior High teens meet from 6:00-7:30 p.m. and High School teens meet from 6:30-8:30 p.m. on Thursdays in the Teen Room at the church, unless noted otherwise.

11/16-11/17 Friday: Paraklesis at 6:00 p.m.

Advent Teaching at 7:00 p.m. Followed by High School Lock-in

All teens are invited on Friday night for the teaching with Fr. Nicholas, and the High School students are invited to

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stay the night for a Advent-themed lock-in.

11/20 (Tuesday) **Vesperal Liturgy** for Feast of Presentation of the

Theotokos—6:00 p.m.

11/21 (Wednesday) **AKATHIST OF THANKSGIVING**—6:00 p.m.

11/22 Thanksgiving (no Youth Group)

11/29 Regular Thursday Youth Group—FIRE ON FATHER

PLEASE PRAYERFULLY CONSIDER WHAT YOU ARE ABLE TO TITHE in the coming year to both the General Operating Fund and the Building Fund, and also how you can best offer to God and the parish your time and talent in one of the many ministry groups of the parish.

There will be blank forms next to the tithe box until the end of the year. Commitment forms may be put in the tithe box, or handed to Fr. Nicholas.

You can also fill out the form online on the church website. https://www.stathanasius.org/stewardship/time-talent-treasure-commitment/

THE PARISH COUNCIL ASKS THAT YOU SUBMIT YOUR COMMITMENT FORM BY NEXT SUNDAY, NOVEMBER 18

so that we can use the information in preparing the 2019 budget.

#### PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

## Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH Devin Mother Victoria Ethan & Cole K. Kh. Carla Z. Met. Paul & Abp. John Tony E. Sharmaine & Emma Fr. Romanos (O.C.M.C. priest, Congo) Fr. Dimitrie V. Sue & Tim B. Mother Christophora Monsignor John Y. Glenn H. Fr. Jon B. Gaylen C. Evonne C. Dn. Richard E. Zac B. Miguel, Rachel, Naomi, Miki & Roman Kh. Diane C. Terri Lynn & Hannah Rose Alissa and children Greg & Margaret Y. All those suffering and Lauren Hoppe Family Cheryl G. in danger in Ukraine, Gail S. Jerry J. Africa, and the Middle East Penny B. and Family The victims of the recent shootings Elka Duane F. Elizabeth J. Joan and Steve T. Jimmy Please pray for the raising up and sup-Friesen family Phoebe L. port of long-term missionaries from our Richard and Susan B. Gabriel M. parish. Fr. Jon and Kh. Elizabeth S.

**For repose of the souls of:** All who have died in the conflicts in Ukraine Africa & the Middle East, in the floods and hurricanes, and in the shootings in Pittsburgh and Thousand Oaks..

#### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

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# GLORY TO GOD FOR ALL THINGS!

Join us for the

**Akathist of Thanksgiving** 

Wednesday, Nov. 21, 2018 at 6:00 p.m.

Bring the whole family. Bring your out-of-town guests. Bring your friends and neighbors!

A beautiful way to begin the Thanksgiving Weekend!