



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York & Met-
ropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
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Teen Program Coordinator

Michael Easbey: measbey@gmail.com

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Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Verne Gish
Zak Landrum

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, December 23, 2018

**Tone 5 / Eothinon 8;
Forefeast of and
Sunday before the Nativity of Christ (The Genealogy)
Ten Martyrs of Crete; New-martyr Nicholas;
Venerable Nahum of Ochrid**



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, December 23—Geneology of Christ

NO RELIGIOUS ED. CLASSES

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:00 p.m. Choir Rehearsal

Monday, December 24-Nativity Eve

9:00 a.m. Royal Hours of Nativity
8:00 p.m. Festal Matins followed by Liturgy
for the NATIVITY OF CHRIST
10:15 p.m. Cookies and cider reception

Tuesday, December 25-Feast of Nativity

10:00 a.m. Outreach Breakfast at
St. Michael's University Church
in Isla Vista

Wednesday, December 26

Synaxis of the Theotokos

6:45 a.m. Daily Matins

Thursday, December 27—St. Stephen

11:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Youth Group Christmas Party

Friday, December 28

6:45 a.m. Daily Matins

Saturday, December 29—Holy Innocents

NO CATECHISM

6:00 p.m. Great Vespers/Confession
followed by memorial prayers for
infants who have died in childbirth
or as as result of abortion

Sunday, December 30

NO RELIGIOUS ED. CLASSES

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. POTLUCK
1:00 p.m. Blessing of the Graves at
Goleta Cemetery

Sunday Morning Ministries Schedule

Eucharist Bread

December 23 Hedges
December 24 Meyer
December 30 D. Washburn
January 6 Dillon
January 13 Cocores

Coffee Hour

December 23 NO HOST
December 30 POTLUCK
January 6 P. King in memory of Fr. Jim King
January 13 NEED A HOST

**(To sign up to host Coffee Hour, go to:
www.stathanasius.org/coffee-hour/)**

Greeters

December 23 P. Morrison/D. Genatone
December 24 P. King/D. Washburn
December 30 H. Lange/D. Lewis
January 6 K. & L. Jacobs
January 13 L. Baker/Deacon

Ushers

December 23 P. King, D. Meyer, D. Lewis
December 24 D. Washburn/S. Speier/C. Speier
December 30 J. King, D. Washburn, C. Berari
January 6 G. Shannon, S. Speier, P. Brunner
January 13 P. King, D. Meyer, D. Lewis

Readers

December 23 Rdr. H. Lange
December 24 D. Alexander (Nativity Liturgy)
December 30 D. Washburn
December 31 V. Gish (Vespers-Liturgy of St. Basil)
January 5 M. Braun (Great Vespers of Epiphany)
January 6 J. Butler
January 13 D. Alexander

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be
incarnate of the holy Theotokos and ever-virgin Mary, who without change didst be-
come man and wast crucified, O Christ our God, trampling down death by death, who
art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all
manner of evil against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection

Tone 5

(Music on p. 47-48 of Liturgy book)

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.
For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Troparion for the Forefeast of the Nativity

Tone 4

Be prepared, O Bethlehem, Eden opens now to all;
O Ephratha ready make: for within the stable cave,
From the Virgin Mary pure, the tree of life has blossomed forth.
For her womb is shown to be paradise in spirit;
in which is the plant divine from which having truly fed,
we will live forevermore, and not die as Adam did.
Christ the Lord is born to raise the image that had fallen long before.

Troparion for the Sunday Before the Nativity

Tone 2

Great are the accomplishments of faith,
for the three Holy Youths rejoice in the fountain of flames
as though in the waters of rest;
and the Prophet Daniel appeared
a shepherd to the lions as though they were sheep.//
So by their prayers, O Christ God, save our souls!

Troparion to St. Athanasius

Tone 3

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God that He may grant us abundant mercy.

Kontakion for the Preparation of Christ's Nativity

Tone 3 Byzantine melody
harmonized by F. Karam

The virgin cometh today to the cave
to give birth, ineffably to bring forth the Word eternal.
Therefore, rejoice, O earth, at the message;
with the angels and shepherds give glory to Him
Who shall appear by His own will as a young child,
He who is from eternity God.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 8

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your name forever.

Verse: For You are just in all that You have done for us

EPISTLE READING
Hebrew 11:9-10, 32-40

Brethren, by faith Abraham sojourned in the land of promise, as in a foreign land, living in tents with Isaac and Jacob, heirs with him of the same promise. For he looked forward to the city which has foundations, whose builder and maker is God. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets—who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, and put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, so that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated—of whom the world was not worthy—wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 4
(Music on page 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

v: We have heard with our ears, O God, for our fathers have told us. (Ps 43/44:1)

v: For You have saved us from them that oppose us, and have put to shame them that hate us. (Ps 43/44:7)

GOSPEL READING
Matthew 1:1-25

The book of the genealogy of Jesus Christ, the son of David, the son of Abraham. Abraham was the father of Isaac, and Isaac the father of Jacob, and Jacob the father of Judah and his brothers, and Judah the father of Perez and Zerah by Tamar, and Perez the father of Hezron, and Hezron the father of Aram, and Aram the father of Amminadab, and Amminadab the father of Nahshon, and Nahshon the father of Salmon, and Salmon the father of Boaz by Rahab, and Boaz the father of Obed by Ruth, and Obed the father of Jesse, and Jesse the father of David the king. And David was the father of Solomon by the wife of Uriah, and Solomon the father of Rehoboam, and Rehoboam the father of Abijah, and Abijah the father of Asa, and Asa the father of Jehoshaphat, and Jehoshaphat the father of Joram, and Joram the father of Uzziah, and Uzziah the father of Jotham, and Jotham the father of Ahaz, and Ahaz the father of Hezekiah, and Hezekiah the father of Manasseh, and Manasseh the father of Amon, and Amon

the father of Josiah, and Josiah the father of Jechoniah and his brothers, at the time of the deportation to Babylon. And after the deportation to Babylon: Jechoniah was the father of Shealtiel, and Shealtiel the father of Zerubbabel, and Zerubbabel the father of Abiud, and Abiud the father of Eliakim, and Eliakim the father of Azor, and Azor the father of Zadok, and Zadok the father of Achim, and Achim the father of Eliud, and Eliud the father of Eleazar, and Eleazar the father of Matthan, and Matthan the father of Jacob, and Jacob the father of Joseph the husband of Mary, of whom Jesus was born, Who is called Christ. So all the generations from Abraham to David were fourteen generations, and from David to the deportation to Babylon fourteen generations, and from the deportation to Babylon to the Christ were fourteen generations. Now the birth of Jesus Christ took place in this way. When His mother Mary had been betrothed to Joseph, before they came together she was found to be with child of the Holy Spirit; and her husband Joseph, being a just man and unwilling to put her to shame, resolved to divorce her quietly. But as he considered this, behold, an angel of the Lord appeared to him in a dream, saying, “Joseph, son of David, do not fear to take Mary your wife, for that which is conceived in her is of the Holy Spirit; she will bear a son, and you shall call His Name Jesus, for He will save His people from their sins.” All this took place to fulfill what the Lord had spoken by the prophet: “Behold, a virgin shall conceive and bear a son, and His Name shall be called Emmanuel” (which means, God with us). When Joseph woke from sleep, he did as the angel of the Lord had commanded him; he took his wife, but knew her not until she had borne a son; and he called His Name Jesus.

HOMILY

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On the homepage, click on **VIEW CALENDAR** at the bottom left.

LAST CALL: LOST AND FOUND

Lots of very nice things have been left at the church over the past year. Please take a look at the Lost and Found displayed in the hallway today and see if any of them belong to you or one of your children. (Lots of children's clothes left during Summer School.)

OUR SINCERE CONDOLENCES to Jennifer Ferraez on the falling asleep in the Lord of her father, Richard Ferraez on December 17th. Richard was chrismated in our parish and was with us for a brief time. Jennifer brought him up to be near her when she moved to Oregon several years ago. May his memory be eternal.

OUTDOOR GREAT BLESSING OF THE WATERS for the Feast of Epiphany Sunday, January 6, 2018

This year we will join St. Barbara's Greek Orthodox Church again for the Outdoor Blessing of the Waters on Sunday, January 6th. We will be meeting them at the Santa Barbara Harbor, near West Beach and the Santa Barbara Yacht Club.

Once again, we will be taking a bus down to the harbor at 12:30 p.m. that day, because parking is often difficult to find. There will be a small per-person cost for taking the bus. The kids have a great time riding down together, so consider hopping on the bus with us. As always, children and teens who want to dive for the cross should bring towels and a change of clothes.



CELEBRATIONS THIS WEEK

Birthdays

12/24 Fr. Jon-Stephen Hedges, Rachel Friesen
12/26 Jerry Jones
12/29 Gabriel Aviles, Karen Jacobs, Tyler Speier

Patronal Feast Days

12/24	St. Nestan of Georgia	Nestan Tsiskaridze
12/27	St. Stephen the Protomartyr	Subdn. Stephen Butler Fr. Jon-Stephen Hedges, Steve Thomas

PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

Monday, December 24	9:00 a.m. 8:00 p.m.	Royal Hours of Nativity Nativity of our Lord & Savior Jesus Christ Matins and Liturgy Cookies & cider served afterwards.
Tuesday, December 25	10:00 am.	Outreach Breakfast in Isla Vista
Saturday, December 29	after Vespers	Commemoration of the Holy Innocents Memorial prayers for infants who have died in childbirth or as a result of abortion.
Sunday, December 30	after Coffee Hour	Blessing of the graves at Goleta Cemetery
Monday, December 31	6:00 p.m.	Vesperal Liturgy for St. Basil/Circumcision Refreshments served afterwards.
Friday, January 4	6:45 a.m.	Royal Hours of Epiphany
Saturday, January 5	6:00 p.m.	Great Vespers & Blessing of the Water
Sunday, January 6		Feast of Epiphany/Theophany and Outdoor Blessing of the Water at the harbor

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

12/27 - CHRISTMAS PARTY! 6:00 p.m. at the Berari Residence

WOMEN'S FELLOWSHIP WINDOW



Women's Book Study on Wednesdays from
7-8:30 p.m. January 23—February 27.
"The Sweetness of Grace" by Constantina Palmer

We will be hosting guest speaker, Michelle Moujaes on
Saturday, February 9th. Stay tuned for more details!

INCOME FOR OCTOBER 2018

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$37,500	\$ 14,120
Monthly Actual	\$30,241	\$ 11,284

INCOME FOR NOVEMBER 2018

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 37,500	\$ 14,120
Monthly Actual	\$ 32,316	\$ 7,490

Goal for Tithes January-November 2018	\$ 412,500	Tithe
Actual Tithes January-November 2018	<u>\$ 399,571</u>	Shortfall = \$ 12,929

Building Fund Goal for Jan.-Nov.	\$155,320	Building Fund
Actual Building Fund donations Jan.-Nov.	<u>108,585</u>	Shortfall = \$46,735

GOLF TOURNAMENT PROCEEDS \$89,453

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

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|--------------------------------------|--------------------------|---|
| Metropolitan JOSEPH | Regina M. | Devin |
| Mother Victoria | Ethan & Cole K. | Kh. Carla Z. |
| Met. Paul & Abp. John | Tony E. | Sharmaine & Emma |
| Fr. Romanos (O.C.M.C. priest, Congo) | Fr. Dimitrie V. | Sue & Tim B. |
| Mother Christophora | Monsignor John Y. | Glenn H. |
| Fr. Jon B. | Gaylen C. | Evonne C. |
| Dn. Richard E. | Zac B. | Miguel, Rachel, Naomi, Miki & Roman |
| Kh. Diane C. | Terri Lynn & Hannah Rose | Alissa and children |
| Greg & Margaret Y. | Lauren | Elizabeth H. |
| Hoppe Family | Cheryl G. | All those suffering and |
| Gail S. | Jerry J. | in danger in Ukraine, |
| Penny B. and Family | Elka | Africa, and the Middle East |
| Duane F. | Elizabeth J. | The victims of the recent shootings |
| Joan and Steve T. | Jimmy | and fires |
| Friesen family | Phoebe L. | Please pray for the raising up and sup- |
| Richard and Susan B. | Gabriel M. | port of long-term missionaries from our |
| Fr. Jon and Kh. Elizabeth S. | | parish. |

For repose of the souls of: All who have died in the conflicts in Ukraine Africa & the Middle East, in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

ABOUT OUR PRAYER LISTS: Richard F.

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

 * **ST. ATHANASIUS BOOK CENTER** *
 * The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas’ office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)
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 * **All proceeds go to the parish Building Fund.** *
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RECESSIONALS

O come, O come, Emmanuel

O come, O come, Emmanuel,
and ransom captive Israel,

that mourns in lonely exile here,
until the Son of God appear,

Rejoice! Rejoice!

Emmanuel shall come to thee, O Israel!