



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America  
300 Sumida Gardens Lane, Santa Barbara, CA 93111  
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York & Met-  
ropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-770-3749  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
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**Teen Program Coordinator**

Michael Easbey: measbey@gmail.com  
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**Parish Council 2018-2019:**

Kristi King, President  
Dan Braun, Treasurer  
Terri Speier, Secretary  
Dorothy Alexander  
Laurie Baker  
Corina Berari  
David Dillon  
Verne Gish  
Zak Landrum

## LITURGY OF St. John Chrysostom Sunday, February 24, 2019

**Tone 6 / Eothinon 6**

**First and Second Discoveries of the Forerunner's  
Honorable Head & Sunday of the Prodigal Son**



### **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning.  
If you are not Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us at Coffee Hour~ we'd love to meet you!

### **We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

## ***Calendar for this Week***

### **Sunday, February 24**

9:00 a.m. Religious Ed. Classes ages 6-18  
 9:00 a.m. Matins  
 10:00 a.m. Divine Liturgy  
 11:45 a.m. Coffee Hour  
 12:00 p.m. Choir Rehearsal  
 4:00 p.m. St. Barbara Monastery Friends  
 Gathering, Fr. John Tomasi will  
 speak on Prison Ministry

### **Monday, February 25**

6:45 a.m. Daily Matins  
 4:30 p.m. St. Brigid outreach dinner at  
 St. Michael's Church in Isla Vista

### **Tuesday, February 26**

4:30 p.m. Catechesis Level One  
 5:30 p.m. Daily Vespers

### **Wednesday, February 27**

6:45 a.m. Daily Matins  
 12:00 p.m. Intercessory Prayer Group  
 6:30 p.m. Women's Book Study

### **Thursday, February 28**

11:00 a.m. Showers of Blessing  
 5:30 p.m. Daily Vespers  
 6:00 p.m. Jr. High Youth Group  
 6:30 p.m. High School Youth Group  
 6:30 p.m. Parish Council Meeting  
 7:00 p.m. Choir Rehearsal

### **Friday, March 1**

6:45 a.m. Daily Matins  
 4:45 p.m. Akathist Prayers at  
 Westmont College in the chapel  
 7:00-8:30 p.m. Pre-Lenten Seminar: "In Behalf  
 of All and for All"  
 8:30 p.m. College/Young Adult Group  
 Gathering in Teen Room

### **Saturday, March 2-NO ADULT CATECHISM**

8:30 a.m. Soul Liturgy  
 2:00-5:30 p.m. Pre-Lenten Seminar: "In Behalf  
 of All and for All"  
 6:00 p.m. Great Vespers /Confessions  
 7:00 p.m. All teens invited for pizza and  
 Q&A with presenter, Greg Abdalah

### **Sunday, March 3—Meatfare Sunday**

9:00 a.m. Religious Ed. Classes ages 6-18  
 9:00 a.m. Matins  
 10:00 a.m. Divine Liturgy  
 11:45 a.m. MEATFARE BBQ on the patio

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

February 24 Fr. Nicholas  
 March 3 Hedges  
 March 10 Meyer  
 March 17 Washburn

### **Coffee Hour**

February 24 S. & T. Speier  
 March 3 MEATFARE SUNDAY BBQ  
 at the church  
 March 10 CHEESEFARE POTLUCK  
 March 17 Wiley/Baker/Brunstead

(To sign up to host Coffee Hour, go to:  
[www.stathanasius.org/coffee-hour/](http://www.stathanasius.org/coffee-hour/))

### **Greeters**

February 24 P. Cocores/M. Loulias/P. King  
 March 3 K. & L. Jacobs  
 March 10 L. Baker/H. Lange  
 March 17 K. Fox/Deacon

### **Ushers**

February 24 P. Brunner, P. King, D. Meyer  
 March 3 D. Lewis, C. Speier, J. King  
 March 10 D. Washburn, C. Berari, S. Speier  
 March 17 P. Brunner, P. King, D. Meyer

### **Readers**

February 24 Rdr. John Butler  
 March 2 D. Meyer (Soul Liturgy)  
 March 3 D. Washburn  
 March 10 D. Alexander  
 March 10 M. Braun (Forgiveness Vespers)  
 March 13 Rdr. H. Lange (Presanctified Liturgy)  
 March 17 Rdr. J. Butler

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**THE GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages  
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate  
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was  
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,  
glorified with the Father and the Holy Spirit: save us.

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.  
Blessed are those who mourn, for they shall be comforted.  
Blessed are the meek, for they shall inherit the earth.  
Blessed are those who hunger and thirst after righteousness, for they shall be filled.  
Blessed are the merciful, for they shall obtain mercy.  
Blessed are the pure in heart, for they shall see God.  
Blessed are the peacemakers, for they shall be called the sons of God.  
Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.  
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.  
Rejoice and be exceedingly glad, for great is your reward in heaven.

### **FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:**

#### **Resurrectional Troparion**

**(Music on p. 49-50 of Liturgy book)**

**Tone 6**

When Mary stood at Thy grave looking for Thy sacred body,  
angelic pow'rs shone above Thy revered tomb,  
and the soldiers who were to keep guard became as dead men.  
Thou led Hades captive and wast not tempted there-by,  
Thou did meet the Virgin and didst give life to the world.  
O Thou Who art risen from the dead, O Lord, glory to Thee.

#### **Troparion for St. John the Baptist**

**Tone 4**

The head of the Forerunner has shone from the earth,  
sending forth rays of incorruption and healings to the faithful.  
It gathers together a multitude of Angels above  
and summons the human race below//  
to send up glory with one voice to Christ our God.

#### **Troparion to St. Athanasius**

**Tone 3**

**(Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion for the Prodigal Son****Tone 3**

I have recklessly forgotten Your glory, O Father;  
and among sinners I have scattered the riches which You gave me.  
And now I cry to You as the Prodigal:  
“I have sinned before You, O merciful Father;  
receive me a penitent,  
and make me as one of Your hired servants!”

**TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, Have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.  
Deacon: With strength!  
Holy God, Holy Mighty, Holy Immortal! Have mercy on us.

**Preparatory Psalm verses before the Epistle (Prokeimenon)      Tone 6  
(Music on page 60 of Liturgy book)**

O Lord save Thy people//and bless Thine inheritance. (Ps. 28:9)

*Verse: To Thee will I cry, O Lord, O my God, do not be silent unto me.*

**EPISTLE READING  
2 Corinthians 4:6-15**

Brethren, it is the God Who said, “Let light shine out of darkness,” Who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ. But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. While we live we are always being given up to death for Jesus’ sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us, but life in you. Since we have the same spirit of faith as he had who wrote, “I believed, and so I spoke,” we too believe, and so we speak, knowing that He Who raised the Lord Jesus will raise us also with Jesus and bring us with you into His presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

**Alleluia Refrain and Psalm verses before the Gospel**  
**(Music on p. 65 of Liturgy Booklet)**

**Tone 6**

**Chanter:** Alleluia, Alleluia, Alleluia!  
**People:** Alleluia, Alleluia, Alleluia!

Vs. 1 He Who dwelleth in the help of the Most High shall abide under the shadow of the protection of the God of Heaven. (*Ps 90/91:1*) **Alleluia**

Vs. 2 He will say to the Lord, Thou art my protector and my refuge, my God, in Him will I hope. (*Ps 90/91:2*) **Alleluia**

**GOSPEL READING**  
**Luke 15:11-32**

The Lord spoke this parable: "There was a man who had two sons; and the younger of them said to his father, 'Father, give me the share of property that falls to me.' And he divided his living between them. Not many days later, the younger son gathered all he had and took his journey into a far country, and there he squandered his property in loose living. And when he had spent everything, a great famine arose in that country, and he began to be in want. So he went and joined himself to one of the citizens of that country, who sent him into his fields to feed swine. And he would gladly have fed on the pods that the swine ate; and no one gave him anything. But when he came to himself he said, 'How many of my father's hired servants have bread enough and to spare, but I perish here with hunger! I will arise and go to my father, and I will say to him, "Father, I have sinned against heaven and before you; I am no longer worthy to be called your son; treat me as one of your hired servants."' And he arose and came to his father. But while he was yet at a distance, his father saw him and had compassion, and ran and embraced him and kissed him. And the son said to him, 'Father, I have sinned against heaven and before you; I am no longer worthy to be called your son.' But the father said to his servants, 'Bring quickly the best robe, and put it on him; and put a ring on his hand, and shoes on his feet; and bring the fatted calf and kill it, and let us eat and make merry; for this my son was dead, and is alive again; he was lost, and is found.' And they began to make merry. Now his elder son was in the field; and as he came and drew near to the house, he heard music and dancing. And he called one of the servants and asked what this meant. And he said to him, 'Your brother has come, and your father has killed the fatted calf, because he has received him safe and sound.' But he was angry and refused to go in. His father came out and entreated him, but he answered his father, 'Lo, these many years I have served you, and I never disobeyed your command; yet you never gave me a kid that I might make merry with my friends. But when this son of yours came, who has devoured your living with harlots, you killed for him the fatted calf!' And he said to him, 'Son, you are always with me, and all that is mine is yours. It was fitting to make merry and be glad, for this your brother was dead, and is alive; he was lost, and is found.'"

**HOMILY**

## LITURGY OF THE FAITHFUL

### Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

### By the Waters of Babylon (Ps. 137)

1. By the Waters of Babylon, there we sat down and wept when we remembered Zion. Alleluia.
1. On the willows there we hung up our lyres. Alleluia.
2. For there our captors required of us songs and our tormentors required mirth. Alleluia.
3. Sing us one of the songs of Zion. Alleluia.
4. How shall we sing the Lord's song in a foreign land? Alleluia.
5. Remember, O Lord, on the day of Jerusalem's fall. Alleluia.

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*"Father, bless" when you get to the chalice.*

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).  
On the homepage, click on **VIEW CALENDAR** at the bottom left.

### PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

Friday, March 1-Saturday, March 2	<b>Pre-Lenten Seminar: “On Behalf of All and for All:” Liturgy &amp; Life</b> Greg Abdalah, Guest Presenter
Saturday, March 2	Soul Liturgy at 8:30 a.m.
Sunday, March 3 after Liturgy	<b>MEATFARE CELEBRATION</b> on the patio
Sunday, March 10	<b>CHEEEFARE POTLUCK</b> after Liturgy <b>Forgiveness Vespers at 6:00 p.m.</b>
Monday, March 11	<b>GREAT LENT BEGINS</b> Compline with Canon of St. Andrew at 6:00 p.m.
Tuesday, March 12	Little Compline with Canon of St. Andrew 6 p.m.
Wednesday, March 13	Presanctified Liturgy 6 p.m.
Thursday, March 14	Little Compline with Canon of St. Andrew 6 p.m.
Friday, March 15	Akathist to Mother of God 6 p.m.
Sunday, March 17	<b>Sunday of Orthodoxy Pan-Orthodox Vespers</b> <b>6:00 p.m. at St. Barbara Greek Church</b>

### ***CELEBRATIONS THIS WEEK***

#### **Birthdays**

2/25	Athanasia (Asia) Ballew
2/26	Anya Johnson



**St. Athanasius Orthodox  
Church invites you to a  
Pre-Lenten Seminar  
“On Behalf of All and for  
All:” Liturgy and Life**



***Greg Abdalah - Presenter***  
**March 1& 2, 2019**

**FRIDAY, MARCH 1, 2019 – 7:00 –8:30 p.m.**

An Invitation to Liturgical Discipleship (Introduction)

Reception following the talk.

Q&A with the Young Adults in the Teen Room

**SATURDAY, MARCH 2, 2019**

2:00 p.m. The Roots of Liturgical Discipleship  
3:30 p.m. Snack break  
4:00 p.m. The Fruits of Liturgical Discipleship  
6:00 p.m. Great Vespers followed by pizza and Q&A  
with the teens in the Teen Room



**300 Sumida Gardens Lane, Santa Barbara, CA 93111**  
**No registration fee. A free-will offering will be taken.**

## TEEN SCENE

Junior High teens meet from 6:00-7:30 p.m.  
and High School teens meet from 6:30-8:30 p.m.  
on Thursdays in the Teen Room at the church, unless noted otherwise.

2/28  
Saturday, 3/2

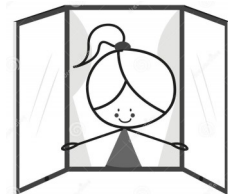
Regular Youth Group  
AFTER VESPERS  
**TEEN CHAT & PIZZA with Pre-Lenten Seminar**  
Speaker, Greg Abdalah

**REGISTRATION FOR CAMP ST. NICHOLAS OPENED ON FEB. 19th!!**  
Limited space available. To register online: [www.campstnicholas.com](http://www.campstnicholas.com)



## WOMEN'S WINDOW

UP NEXT ON OUR SCHEDULE:  
Women's Fellowship  
ANNUAL ANNUNCIATION TEA  
Saturday, March 23, 2019  
11:30 a.m.-1:30 p.m.



SAVE THE DATE: Saturday, June 8, 2019  
Down Syndrome Buddy Walk

## A FEW HOUSEKEEPING REMINDERS...

- Don't forget to notify the church office if you are an active member and you have moved or changed contact information. [office@stathanasius.org](mailto:office@stathanasius.org)
- If you are not receiving the weekly parish email and would like to receive it, please let the office know.
- Please help us to lighten everyone's load by cleaning up your own area both in the church after services and also at Coffee Hour. The church building belongs to all of us. Help us to foster a love and sense of responsibility for its upkeep among all of our children and adults.
- If you see something that is broken or needs attention, please let the office know.

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Bishop Neofitos (Diocese of Kenya)  
Mother Christophora  
Fr. Jon B.  
Dn. Richard E.  
Kh. Diane C.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Duane F.  
Joan and Steve T.  
Richard and Susan B.  
Fr. Jon and Kh. Elizabeth S.

Regina M.  
Ethan & Cole K.  
Tony E.  
Monsignor John Y.  
Gaylen C.  
Zac B.  
Terri Lynn & Hannah Rose  
Lauren  
Cheryl G.  
Elka  
Elizabeth J.  
Jimmy  
Phoebe L.  
Kh. Carla Z.  
Sharmaine & Emma

Evonne C.  
Elizabeth H.  
Tyler A.  
Fr. Patrick and Vanessa K.  
Tom M.

All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East  
The victims of the recent shootings  
and fires

Please pray for the raising up and support of long-term missionaries from our parish.

**For repose of the souls of:**

Gail S.  
All who have died in the conflicts in Ukraine Africa & the Middle East, in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

**ABOUT OUR PRAYER LISTS:** Richard F.

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

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:THE PRODIGAL SON:

