



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York & Met-
ropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

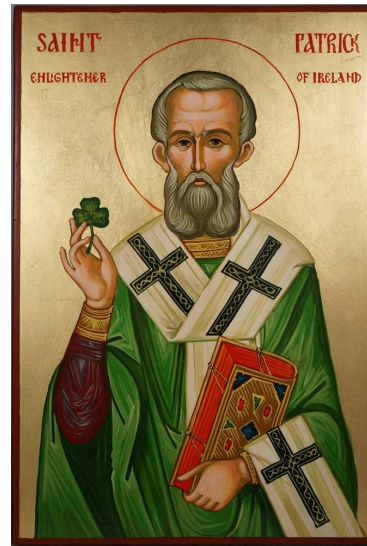
Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Verne Gish
Zak Landrum

LITURGY OF St. Basil the Great Sunday, March 17, 2019 Tone 1 / Eothinon 9

First Sunday of Great Lent (Sunday of Orthodoxy)

Venerable Alexios the 'Man of God';
Patrick, Bishop of Armagh and Enlightener of Ireland;
Venerable Theosteriktos the Confessor of Pelecete Monastery;
Venerable Makarios of Kalyazin



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, March 17—Sunday of Orthodoxy

9:00 a.m. Religious Ed. Classes ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:00 p.m. Choir Rehearsal
6:00 p.m. Pan-Orthodox Vespers for the
Sunday of Orthodoxy at St. Barbara
Orthodox Church

Monday, March 18— Second Week of Lent

6:45 a.m. Daily Matins
5:00 p.m. St. Brigid outreach dinner at
St. Michael's Church in Isla Vista
6:00 p.m. Great Compline
7:00 p.m. Men's Sticks Gathering
7:15 p.m. Choir Rehearsal

Tuesday, March 19

4:30 p.m. Catechesis Level One

Wednesday, March 20

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Group
6:00 p.m. Presanctified Liturgy followed by
Soup Dinner

Thursday, March 21

11:00 a.m. Showers of Blessing
6:00 p.m. Reconciliation Retreat Preparation
Session (Catechesis)

Friday, March 22

6:45 a.m. Daily Matins
6:00 p.m. Akathist to the Mother of God

Saturday, March 23

8:30 a.m. Soul Liturgy
11:30 a.m. Women's Annunciation Tea
1:00 p.m. Parish Council Retreat
4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers /Confessions

Sunday, March 24—Transference of Feast of the Annunciation

9:00 a.m. Religious Ed. Classes ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

March 17 Cocores
March 24 Washburn
March 31 Dillon
April 7 Tinyayeva

Coffee Hour

March 17 Wiley/Baker/Brunstead
March 24 C. Shannon (40 day memorial for
Gail Shannon)
March 31 NEED A HOST
April 7 NEED A HOST

**(To sign up to host Coffee Hour, go to:
www.stathanasius.org/coffee-hour/)**

Greeters

March 17 K. Fox
March 24 L. Hoppe/K.P. King
March 31 P. Morrison/D. Genatone
April 7 D. Washburn/D. Lewis

Ushers

March 17 P. Brunner, D. Washburn, D. Meyer
March 24 D. Lewis, C. Speier, J. King
March 31 P. King, M. Loulias, C. Berari
April 7 S. Speier, P. Brunner, D. Washburn

Readers

March 17 Rdr. J. Butler
March 20 Rdr. V. Gish
March 23 Rdr. M. Kern (Soul Liturgy)
March 23 D. Meyer (Great Vespers)
March 24 Rdr. H. Lange
March 27 D. Alexander (Presanctified Liturgy)
March 30 Rdr. M. Kern (Soul Liturgy)
March 31 D. Washburn
April 3 D. Alexander (Presanctified Liturgy)
April 6 M. Braun (Soul Liturgy)
April 7 J. Butler

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

THE DIVINE LITURGY OF ST. BASIL THE GREAT

During Great Lent, we will be singing music that may sound new or different than what we have been singing during the rest of the year, in order to signal a shift into this penitential season.

Great Litany

Bishop ARSENY
arr. NC

1. Lord, have mer - cy.

2. Lord, have mer - cy.

3. Lord, have mer - cy.

4. Lord, have mer - cy.

120 Most Ho - ly The - o - to - kos sa - ve us. To Thee, O Lord.

The musical score is written for piano and voice. It consists of four systems of music. Each system has a vocal line (treble clef) and a piano accompaniment (bass clef). The first two systems are for the first two verses of the Great Litany, and the last two systems are for the third and fourth verses. The lyrics are: 'Lord, have mercy.' for the first two verses, and 'Most Holy Theotokos save us. To Thee, O Lord.' for the last two verses. The score is in 4/4 time and features a variety of musical notations including eighth notes, quarter notes, and rests.

FIRST ANTIPHON—Psalm verses with refrain

- The Lord is King, and hath clothed Himself with majesty. The Lord is robed; He is girded with strength. For He has established the world so sure that it shall never be moved.

***Refrain:* Through the intercessions of the Theotokos, O Savior, save us.**

- Who can utter the mighty acts of the Lord? Who can cause all His praises to be heard? Let the redeemed of the Lord say so, whom He hath redeemed from the hand of the enemy. (***Refrain***)
- Glory... Both now... (***Refrain***)

SECOND ANTIPHON—Psalm verses with refrain

- Let them praise the Lord for His mercies, and for His wonderful works to the children of men.

***Refrain:* O Son of God, Who rose from the dead; save us who sing to Thee. Alleluia.**

- Let them exalt Him in the congregation of the people, and praise Him in the seat of the elders. (***Refrain***)
- The eyes of the Lord are upon them that fear Him, upon them that hope in His mercy; to hear the groaning of the prisoners, to loose the sons of the slain. (***Refrain***)

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON

Verse: Let the heavens and the earth praise Him.

Refrain:

**We venerate Your most pure image, O Good One;
and ask forgiveness of our transgressions, O Christ our God.
Of Your own will You were pleased to ascend the cross in the flesh
to deliver Your creatures from bondage to the Enemy.
Therefore with thanksgiving we cry aloud to You:
“You have filled all with joy, O our Savior,//
by coming to save the world.”**

Verse: This is the day which the Lord hath made; Let us rejoice and be glad in it.

Verse: O Lord my God, I will give thanks unto Thee forever.

THIRD ANTIPHON
TROPARION FOR THE SUNDAY OF ORTHODOXY

ALL: HOI EVGEMHTEI

Soprano
Alto

Tenor
Bass

We ven - erate Your most pure image, O Good One,
and ask forgiveness of our transgressions, O Christ God. Of Your
own will You were pleased to ascend the Cross in the flesh
to deliver Your creatures from bondage to the en - e - my.
There-fore with thanksgiving we cry a-loud to You: "You have
filled all with joy, O our Sav - ior, by_ com - ing to
save the world."

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY**

Troparion of the Resurrection

Tone 1

(Music on p. 40 of Liturgy book)

While the stone was sealed by the Jews,
and the soldiers were guarding Thy most pure body,
Thou didst arise on the third day,
O Savior, granting life to the world.
For which cause the heavenly pow'rs
cried aloud unto Thee, O Giver of life;
Glory to Thy resurrection, O Christ!
Glory to Thy kingdom!
Glory to Thy providence, O Thou
Who alone art the lover of mankind.

Troparion of First Sunday of Great Lent

Tone 2 Byzantine melody

We venerate Thy most pure image, O Good One;
and ask forgiveness of our transgressions, O Christ our God.
Of Thy good will Thou wast pleased to ascend the cross in the flesh
and deliver Thy creatures from bondage to the Enemy.
Therefore with thankfulness we cry aloud to Thee:
“Thou hast filled all with joy, O our Savior,
for Thou didst come to save the world.”

Troparion to St. Athanasius

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Triumph of Orthodoxy

Tone 8 (Slavic Chant)

No one could describe the Word of the Father;
but when He took flesh from you, O Theotokos,
He accepted to be described,
and restored the fallen image to its former state
by uniting it to divine beauty.//
We confess and proclaim our salvation in words and images.

TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, Have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

Holy God, Holy Mighty, Holy Immortal! Have mercy on us.

A *Slowly* **Trisagion** *M. Arahamian*

p Ho - - - ly God; Ho - - - ly Migh - ty;
Ho - - - ly Immor - tal have mer - cy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 8

Blessed are You, O Lord God of our Fathers, and praised and glorified
is Your name forever.

Verse: For You are just in all that You have done for us.

EPISTLE READING

Hebrews 11:24-26, 32-40

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets. Who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tor-

tured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

Alleluia before the Gospel

Tone 4

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

*Verse: Moses and Aaron were among His priests;
Samuel also was among those who called on His Name. (Ps 99/100:6)*

Verse: They called to the Lord and He answered them. (Ps 99/100:6)

GOSPEL READING— John 1:43-51

At that time, Jesus decided to go to Galilee. And He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found Him of whom Moses in the Law and also the Prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to Him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered Him, "Rabbi, You are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

HOMILY

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages: He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! *(Ps 148:1)*

Rejoice in the Lord, O you righteous; praise befits the just! *(Ps 32/33:1)*

DURING GREAT LENT,

the children ages 4 and older are invited to come over to the choir area during the Prayer Before Communion (“I believe, O Lord, and I confess...”) and sing the Communion Hymns with the choir. Their parents or godparents should pick them up in the choir area after the priest comes out with the chalice so that they can get in line for Communion.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

Byzantine Anaphora

Plagal 1

8 A Mer-cy of peace, a sac-ri-fice of praise.

2 and with thy spi-rit. We lift them up un-to the Lord.

4 It is meet and right, to wor-ship the Fa-ther

5 and the Son and the Ho-ly Spi-rit: the

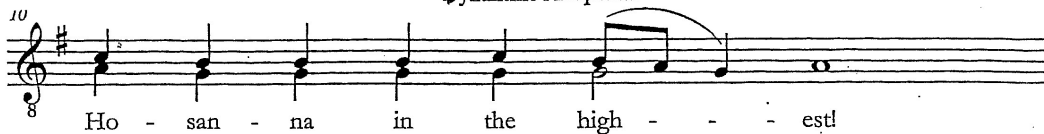
6 Tri-ni-ty One in Es-sence and un-di-vi-ded.

7 Ho-ly Ho-ly Ho-ly! Lord of Sa-ba-oth.

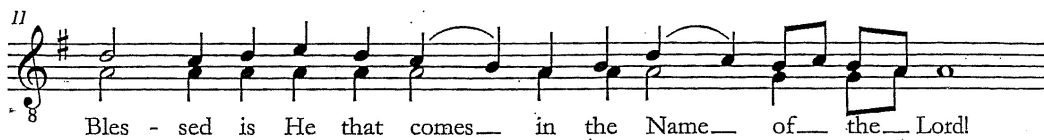
9 Hea-ven and earth are full of Thy Glo-ry.

Byzantine Anaphóra

10
8 Ho - san - na in the high - - - est!

Musical staff for line 10, featuring a treble clef, a key signature of one sharp (F#), and a common time signature (C). The melody consists of quarter notes and half notes, with a final whole note. The lyrics are "Ho - san - na in the high - - - est!".

11
8 Bles - sed is He that comes in the Name of the Lord!

Musical staff for line 11, featuring a treble clef, a key signature of one sharp (F#), and a common time signature (C). The melody consists of quarter notes and half notes, with a final whole note. The lyrics are "Bles - sed is He that comes in the Name of the Lord!".

12
8 Ho - san - - - na in the high - - - est.

Musical staff for line 12, featuring a treble clef, a key signature of one sharp (F#), and a common time signature (C). The melody consists of quarter notes and half notes, with a final whole note. The lyrics are "Ho - san - - - na in the high - - - est.".

13
8 A - men. A - - - - - men.

Musical staff for line 13, featuring a treble clef, a key signature of one sharp (F#), and a common time signature (C). The melody consists of quarter notes and half notes, with a final whole note. The lyrics are "A - men. A - - - - - men.".

15
8 We praise Thee, we bless Thee, we give

Musical staff for line 15, featuring a treble clef, a key signature of one sharp (F#), and a common time signature (C). The melody consists of quarter notes and half notes, with a final whole note. The lyrics are "We praise Thee, we bless Thee, we give".

16
8 thanks un - to Thee O Lord.

Musical staff for line 16, featuring a treble clef, a key signature of one sharp (F#), and a common time signature (C). The melody consists of quarter notes and half notes, with a final whole note. The lyrics are "thanks un - to Thee O Lord.".

17
8 And we pray un-to Thee, O our God O our God

Musical staff for line 17, featuring a treble clef, a key signature of one sharp (F#), and a common time signature (C). The melody consists of quarter notes and half notes, with a final whole note. The lyrics are "And we pray un-to Thee, O our God O our God".

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On the homepage, click on **VIEW CALENDAR** at the bottom left.

LADIES, IF YOU HAVE NOT RSVP'd about the Annunciation Tea this coming weekend, please respond to the invitation or contact Christie Speier Robinson at christie.d.robinson@gmail.com. Please also see the sign-up list. We still need volunteers to bring food items, and we are looking for a donated item to raffle.

PLEASE HELP US KEEP OUR BUILDING IN GOOD SHAPE

Please help us to lighten everyone's load by cleaning up your own area both in the church after services and also at Coffee Hour. The church building belongs to all of us. Help us to foster a love and sense of responsibility for its upkeep among all of our children and adults. If you see something that is broken and needs to be fixed, let the church office know at: office@stathanasius.org

SOUP DINNER AFTER PRESANCTIFIED LITURGY THIS WEEK

If you can bring soup on March 20, please contact Viktoria Hedges.

WE HAVE SEVERAL FEMALE PARISHIONERS LOOKING FOR ROOMS TO RENT or a roommate situation. If you have any space available to rent, please let Fr. Nicholas know.

Services for the Second Week of Great Lent

Sunday, March 17 at 6:00 p.m.	Sunday of Orthodoxy Pan-Orthodox Vespers at St. Barbara Greek Church
Monday, March 18 at 6:00 p.m.	Great Compline
Wednesday, March 20 at 6:00 p.m.	Presanctified Liturgy followed by soup dinner
Friday, March 22 at 6:00 p.m.	Akathist to Mother of God
Saturday, March 23 at 8:30 a.m.	Soul Liturgy

Mondays of Great Lent—Great Compline 6 p.m.

Wednesdays of Great Lent—Presanctified Liturgy 6 p.m.

(Presanctified on 4/17 is at St. Barbara Greek Church)

Fridays of Great Lent—Akathist to the Mother of God 6 p.m. (4/19 is Canon of Lazarus)

Soul Liturgies at 8:30 a.m. on Saturdays 3/23, 3/30, and 4/6

CELEBRATIONS THIS WEEK

Birthdays

3/18 Doug King
3/21 Jacob Wallace
3/22 Sarah Brasel

Patronal Feast Days

3/20 St. Photini the Samaritan Woman Sarah Brasel

This month we commemorate the departing from this life of the following beloved:

Lorraine Berntsen	3/01/2011
Constantino Gabrie	3/15/1994
Patricia Matthews	3/16/2014
Peggy Thomas	3/16/1987
Fr. Thomas Hopko	3/18/2015
Met. Philip Saliba	3/19/2014
Virginia Hedges	3/23/2012



Thank you to all who supported our
2019 Project Mexico Mission Team
Fundraiser last Sunday,
and our Garage Sale yesterday!!

Please pray for us as we continue to
prepare for our mission trip this coming
June, when we will build a house for a
Mexican family.



ANNUAL REPORT

2018

SAOC BUILDING FUND

2019 GOALS

2018 contributions were the lowest since we started our fundraising program. We will need to use some of our reserve this year to pay our mortgage. Minimum fundraising goal for this year to stay on track will be \$145,000.

The good news is our plans are approved to improve the patio and construction will start after Pascha. Also, kitchen improvement plans are in the works and we expect plan approval this summer.

Thank you to all who contributed and please remember the building fund in 2019!

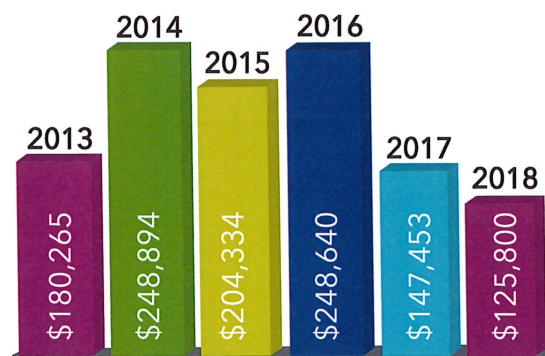
2018 ACCOMPLISHMENTS

- \$73,607 Principle paid
- Preserved \$100K in reserve
- Successful golf tournament
- Have \$150,000 saved for kitchen improvements (from 2016/17 golf events)
- Successful golf event which will fund patio improvements

GOLF INCOME

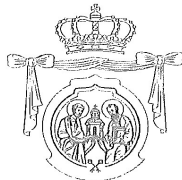
2018

\$89,453



BUILDING FUND CONTRIBUTIONS

His Eminence
The Most Reverend
Metropolitan JOSEPH



Archbishop of New York and
Metropolitan of
All North America

**ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
OF NORTH AMERICA**

March 17, 2019

To Be Read from the Pulpit and Printed in the Bulletin

Reverend Fathers, Esteemed Members of the Parish Council, and Beloved Faithful:

Greetings and blessings to you in the Name of Our Lord, God, and Savior, Jesus Christ!

I pray that all of you have begun the long journey to Pascha with a rigorous and spiritually fruitful first week of the fast.

Today is a day both to celebrate and reflect. We reflect on a time in our history when the holy icons were removed due to false teaching, and we celebrate their restoral through the triumph of true theology. This historical triumph reminds us that the education of our future clergy is of the utmost importance, for they will be tasked in the coming years with teaching true theology and rejecting false teachings. Therefore, each year on this day, it is meet and right that we ask the faithful to contribute towards the education and formation of our young men studying for the holy priesthood.

As these young men prepare for service in the Church, they leave family, friends, and careers behind for a life that will by no means make them materially wealthy. They come burdened with student debt due to the ever-increasing price of undergraduate degrees. They come with wives and children, with little ability to work to support them due to the rigors of seminary life. The long-standing tradition of our archdiocese is come together and share the burdens placed on our seminarians and their families by providing them with much-needed scholarships and housing aid.

Therefore, I ask all the Christ-loving faithful of our parishes to generously donate towards the support of the seminarians and their families. This is a sacred responsibility for all of us to share as they will be sharing themselves with each and every one of us – hearing our confessions, baptizing and marrying our children, burying our loved-ones, ministering to us in our times of sorrow, and leading us on the path to salvation.

Wishing you all a holy and spirit-building Fast, I remain,

Your Father in Christ,

A handwritten signature in black ink that reads "Metropolitan Joseph". The signature is written in a cursive style with a long horizontal stroke at the end.

+JOSEPH
Archbishop of New York and Metropolitan of all North America

"The disciples were first called Christians in Antioch" (Acts 11: 26)

358 Mountain Road, P.O. Box 5238, Englewood, NJ 07631-5238
(201) 871-1355 T Archdiocese@antiochian.org (201) 871-7954 F

CENTRAL COAST ORTHODOX CLERGY ASSOCIATION

Santa Barbara Ventura and San Luis Obispo Counties

The Clergy of the
Central Coast
invite you to gather with
them
for the



**Pan-Orthodox Vespers in
celebration of
The Triumph of Orthodoxy**

**Sunday, March 17, 2019
6:00 p.m.**

St. Barbara Greek Orthodox Church
1205 San Antonio Creek Rd.
Santa Barbara, CA 93111

Speaker: Fr. John Valadez

The service will be followed by a Lenten meal.

The collection will benefit Network Medical and Villa Majella Maternity Home.

On the Fragmentation of the Soul

Created with a single, simple, and undivided consciousness, the fall shattered the integrity of the self into two conflicting activities, one drawn to divine realities, and the other dragged outward into the surface appearances of the visible world through sense perception and subject to a process of ongoing fragmentation. Having promised us a technological utopia, our ubiquitous and intrusive cyber culture has instead precipitated a spiritual crisis in which human experience has been systematically fragmented and the coherence of the self increasingly threatened. Living in a culture of organized distractions, our thoughts are isolated and disconnected, preventing us from seeing and experiencing the wholeness of life. Distraction and fragmentation have negative consequences for the organization of knowledge, they prevent us from engaging our spiritual depth, and render us incapable of engaging the spiritual depth of others, for having lost touch with our own personhood, we can receive neither the personhood of our neighbor nor God.

Archimandrite Maximos, Senior Research Scholar at Holy Cross Greek Orthodox School of Theology and monk of Simona Petra on Mt. Athos, from a conference on Digital Media and Orthodox Pastoral Care in Athens in May of 2015.

With this in mind, let us use this Lenten season to limit our distractions and connect with Christ and others to experience the WHOLENESS OF LIFE!

TEEN SCENE

Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.

Thursday 3/21	Regular Youth Group
Thursday, 3 28	Network Medical event at the Granada Theatre 7-9 p.m. (Dinner at the church at 5:30 p.m.)
Weekend of May 17	YES Service Project Weekend

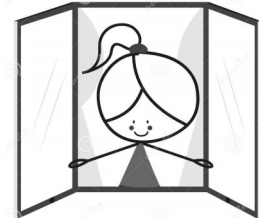
WOMEN'S WINDOW

UP NEXT ON OUR SCHEDULE:

WOMEN'S FELLOWSHIP ANNUAL ANNUNCIATION TEA

Saturday, March 23, 2019

11:30 a.m.-1:30 p.m.



SAVE THE DATE: Saturday, June 8, 2019
Down Syndrome Buddy Walk

To download Lenten recipes: bit.ly/SAOCrecipes4lent

Susie's Closet has an urgent need for clothing for newborn baby girls.

If you have new or gently used baby girl clothes, please drop them off
at either of these locations:

Network Medical, 185-C St. Patterson (across from Goleta Valley Hospital)

or

Community Covenant Church of Goleta, 5070 Cathedral Oaks Rd. (btwn. Turnpike & Patterson)

Tax deductible receipts can be received at either location.

Susie's closet offers maternity clothes, baby clothes up to 4T, baby equipment, toys,
and children's books to families in need in our community.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Bishop Neofitos (Diocese of Kenya)
Mother Christophora
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family
Duane F.
Joan and Steve T.
Richard and Susan B.
Fr. Jon and Kh. Elizabeth S.
Regina M.

Ethan & Cole K.
Tony E.
Monsignor John Y.
Gaylen C.
Zac B.
Terri Lynn & Hannah Rose
Lauren
Cheryl G.
Elka
Elizabeth J.
Jimmy
Phoebe L.
Kh. Carla Z.
Sharmaine & Emma
Evonne C.

Elizabeth H.
Tyler A.
Fr. Patrick and Vanessa K.
Tom M.
Ronald B. (military)
Cole K. (military)

All those suffering and
in danger in Ukraine,
Africa, and the Middle East
The victims of the recent shootings
and fires

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of:

Gail S.
All who have died in the conflicts in Ukraine Africa & the Middle East, in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

RESTORATION OF THE ICONS:

