

St. Athanasius Antiochian Orthodox Church

A Parish of the Antiochian Orthodox Christian Archdiocese of North America 300 Sumida Gardens Lane, Santa Barbara, CA 93111 Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence Met. JOSEPH, Archbishop of New York & Metropolitan of all N. America

Senior Pastor:

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-770-3749 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

Music Director/Administrator:

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

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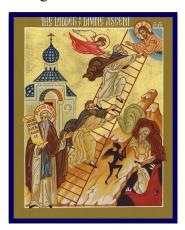
Parish Council 2018-2019:

Kristi King, President Dan Braun, Treasurer Terri Speier, Secretary Dorothy Alexander Laurie Baker Corina Berari David Dillon Verne Gish Zak Landrum

LITURGY OF St. Basil the Great Sunday, April 7, 2019 Tone 4 / Eothinon 1 Fourth Sunday of Great Lent

Commemoration of John Climacus, Author of "The Ladder"

Martyr Kalliopios of Cilicia; Venerable George, Bishop of Mitylene; Repose of Tikhon, Patriarch of Moscow and Enlightener of North America



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

"Let the little children come unto Me for of such is the Kingdom of Heaven." Luke 18:16

Calendar for this Week

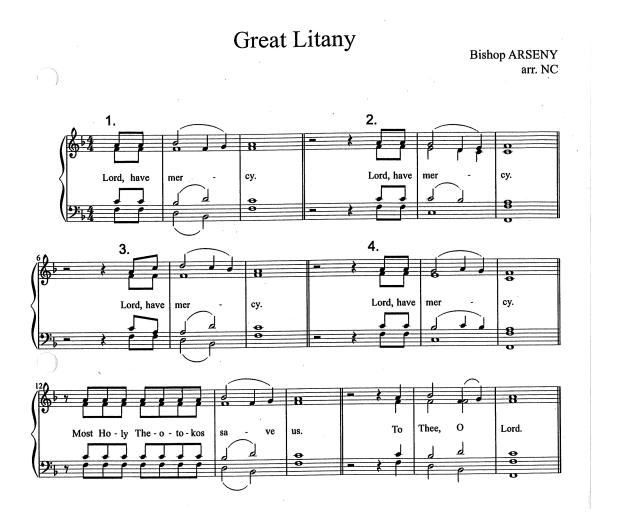
Sunday Morning Ministries Schedule

Conday Amel	7 S4 John of the Ledden		Schedule
Sunday, April 7—St. John of the Ladder			
9:00 a.m.	Religious Ed. Classes ages 6-18	Eucharist Bread	
9:00 a.m.	Matins	April 7	Tinyayeva
10:00 a.m.	Divine Liturgy	April 14	Sieck
11:45 a.m.	Coffee Hour	April 20	Meyer (Lazarus Saturday)
12:15 p.m.	Choir Rehearsal	April 21	Dn. G. Braun
4:45 p.m.	Akathist at Westmont in the chapel	April 28	Jacobs
Monday, April 8		Coffee Hour	
6:45 a.m.	Daily Matins	April 7	Ballew/Newhouse
5:00 p.m.	St. Brigid outreach dinner at	April 14	NEED A HOST
1	St. Michael's Church in Isla Vista	April 21	PALM SUNDAY POTLUCK
6:00 p.m.	Little Compline with Canon	April 28	PASCHA BREAKFAST
1	of St. Andrew of Crete	71pm 20	TASCIM BILLING I
		(To sign up to host Coffee Hour, go to:	
Tuesday, April 9		WW	w.stathanasius.org/coffee-hour/)
4:30 p.m.	Catechesis Level I	C4	
7:00 p.m.	Parish Council Meeting	Greeters April 7	D. Washburn/D. Lewis
Wadnasday	nwil 10	April 14	P. Cocores/M. Loulias
Wednesday, A	Daily Matins	April 21	K. & L. Jacobs
		April 28	H. Lange/L. Baker
12:00 p.m. 6:00 p.m.	Intercessory Prayer Group	April 26	11. Lange/L. Dakei
0.00 p.m.	Presanctified Liturgy	<u>Ushers</u>	
Thursday, April 11		April 7	S. Speier, P. Brunner, D. Washburn
10:00 a.m.	Showers of Blessing	April 14	D. Meyer, D. Lewis, C. Speier
6:00 p.m.	Jr. High Youth Group	April 21	J. King, P. King, M. Loulias
6:30 p.m.	High School Youth Group	April 28	C. Berari, S. Speier, P. Brunner
7:00 p.m.	Matins Chanters Rehearsal	April 20	C. Berari, S. Speier, T. Brunner
7.00 p.m.	Watins Chanters Renealsar	Readers	
Friday, Anril	12-Diocese Women's Retreat	April 7	Rdr. J. Butler
6:45 a.m.	Daily Matins	April 10	Rdr. V. Gish (Presanctified Liturgy)
6:00 p.m.	Akathist to the Mother of God	April 14	Rdr. M. Kern
0.00 p.m.	(entire Akathist)	April 17	Rdr. H. Lange (Presanctified Liturgy)
	(chine / trainist)	April 20	D. Meyer (Lazarus Saturday Liturgy)
Saturday, April 13-Diocese Women's Retreat		April 20	D. Alexander (Vespers)
4:30 p.m.	Adult Catechism	April 21	D. Washburn
6:00 p.m.	Great Vespers /Confessions	April 23	M. Braun (Presanctified 7:00 a.m.)
0.00 p.m.	Great Vespers / Comessions	April 24	Rdr. M. Kern (Presanctified 7:00 a.m.)
Sunday, April 14—St. Mary of Egypt		April 24	D. Meyer (Unction)
9:00 a.m.	Religious Ed. Classes ages 6-18	April 25	Rdr. H. Lange (Liturgy 7:00 a.m.)
9:00 a.m.	Matins	April 26	All Readers—Royal Hours 9:00 a.m.
10:00 a.m.	Divine Liturgy	April 26	Rdr. V. Gish (Burial Vespers)
11:45 a.m.	Coffee Hour	April 26	Rdr. J. Butler (Lamentations)
12:15 p.m.	Choir Rehearsal	April 27	Gish, Lange, Kern, Butler (V. Liturgy)
4:45 p.m.	Akathist at Westmont in the chapel	April 28	D. Alexander (Pascha)
12 P.III.	1 mainst at 11 ostilloin in the chaper	11p111 20	D. Thenander (1 abolla)

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

THE DIVINE LITURGY OF ST. BASIL THE GREAT

During Great Lent, we will be singing music that may sound new or different than what we have been singing during the rest of the year, in order to signal a shift into this penitential season.



FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or "Sermon on the Mount"

In Thy kingdom remember us, O Lord,

when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,

for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection (Music on page 45 of Liturgy book)

Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation, and proudly broke the news to the disciples saying death has been spoiled. Christ God is risen, granting the world great mercy.

Troparion for St. John Climacus (of the Ladder)

Tone 1

Tone 4

Dweller of the desert and angel in the body, you were shown to be a wonderworker, O our God-bearing Father John. You received heavenly gifts through fasting, vigil and prayer, healing the sick and the souls of those drawn to you by faith. Glory to Him Who gave you strength! Glory to Him Who granted you a crown!// Glory to Him Who through you grants healing to all!

Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

Tone 3

Holy Bishop Athanasius, you became a stronghold of Orthodoxy, strengthening the Church through your divine teachings. Opposing the heretical opinion of Arius, you explained and taught that the Son is equal in nature with the Father. O holy Father, intercede with Christ God that He may grant us abundant mercy.

Kontakion of Annunciation

Tone 8

To thee, our Queen, leader in battle and defender. We thy people delivered from all peril, offer hymns of vict'ry and thanksgiving, O Theotokos. Since thou dost possess invincible power, set us free from ev'ry calamity. That we may cry unto thee: Hail O bride without bridegroom.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle (Music on page 59 of Liturgy book)

Tone 4 Byzantine melody harmonized by Fr. J. Finley

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

EPISTLE READING Hebrews 6:13-20

Brethren, when God made a promise to Abraham, since He had no one greater by whom to swear, He swore by Himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by one greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of His purpose, He interposed with an oath. So that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest forever after the order of Melchizedek.

Alleluia Refrain and Psalm verses before the Gospel (Music on p. 64 of Liturgy book)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Draw Thy bow and prosper and reign, in the cause of

truth, meekness, and righteousness. (Ps 44/45:5)

Verse: Thou hast loved righteousness and hated wickedness.

 $(Ps \ 44/45:8)$

GOSPEL READING Mark. (9:16-30)

At that time, a man came to Jesus, kneeling down and saying unto him, "Teacher, I brought my son to you, for he has a dumb spirit. And wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked Thy Disciples to cast it out, and they were not able." And Jesus answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me." And they brought the boy to Him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if Thou canst do anything, have pity on us and help us." And Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, His Disciples asked Him privately, "Why could we not cast it out?" And Jesus said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And Jesus would not have anyone know it; for He was teaching His Disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill Him; and after He is killed, He will rise on the third day."

LITURGY OF THE FAITHFUL

Meglynarion for Liturgy of St. Basil (Hymn to the Mother of God)

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages: He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*) The righteous shall be in everlasting remembrance. He shall not fear evil tidings. (*Ps 111/112:6b-7a*) Alleluia, Alleluia!

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may** approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.





PASCHA CELEBRATION 2019

It's that time of year again!

PASCHA BREAK-FAST

This year immediately following the Divine Liturgy, we will be seated on our patio and enjoy our Pascha/Easter Baskets together. The church will provide a Pascha cheese table, and a beverage bar with coffee, hot chocolate, juice and chocolate milk.

We will have several tables for any potluck items that you choose to bring and share, especially with our visitors. Suggestions for potluck items are quiches, deviled eggs, crockpot hams, sausages, fruit and cheese platters or anything else you would like to bring.

So now is the time for your family or group of friends to start thinking about what you will put in your special basket! Suggestions are sliced meats, cheeses, fruit, eggs, chocolates, etc. Baskets will be set on tables at the front of the church on the left side, and will be blessed at the end of the Paschal Liturgy.

Our famous barbeque will happen in the afternoon!

PASCHA PICNIC

The main focus of our celebration this year will be the afternoon PICNIC at Kiwanis Meadows/Tuckers Grove at 3 p.m. We will barbeque tri-tip, salsa and bread will be provided. Please bring a large salad (green, potato, pasta, fruit) to share and your own place settings and beverages. As always, there will be games, activities for our children, plus music and lots of wonderful fellowship. Plan to attend this special day for our church family. It is a great opportunity to bring your non-Orthodox friends and family members, as well!

In order to cover the cost of the day's festivities, we are asking for a donation for each adult and child participating. You can pay in advance online through the parish website (www.stathanasius.org) or you can pay in the food line at the barbecue.

Pricing is as follows:

Adults: \$10 for adults

Children: \$ 5

Maximum charge per family: \$50

DURING GREAT LENT,

the children ages 4 and older are invited to come over to
the choir area during the Prayer Before Communion ("I believe, O Lord,
and I confess...") and sing the Communion Hymns with the choir.
Their parents or godparents should pick them up in the choir area
after the priest comes out with the chalice
so that they can get in line for Communion.
They are welcome to return and sing the Dismissal Hymns
with us after Communion.









For some helpful information and recipes for your Pascha basket:

http://saintspeterandpaulnh.org/cgi-bin/EasterBasket.cgi

http://orthodoxeducation.blogspot.com/2014/04/pascha-basket.html

http://www.theologic.com/oflweb/lentpask/basket.htm

http://whatimcookingnow.blogspot.com/2010/04/all-about-pascha-baskets.html

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on VIEW CALENDAR at the bottom left.

FROM NOW ON, CHECKS TO OUR BOOKSTORE NEED TO BE WRITTEN TO St. Athanasius Orthodox Church BOOKSTORE. (instead of Book Center) The bank will not accept checks written any other way.

ANNUAL WORK PARTY ON LAZARUS SATURDAY—April 20th, 10:30 a.m.— 3:30p.m. Join us as we make our church building ready for Holy Week and Pascha on Saturday, April 20th beginning right after the Coffee Hour that will follow the 8:30 a.m. Divine Liturgy of Lazarus Saturday. We will need help with decorating, cleaning the icons, preparing the palms, and many other little jobs. Please plan to stay after the Liturgy on Lazarus Saturday to lend a hand. Kids are welcome!

PLEASE HELP US KEEP OUR BUILDING IN GOOD SHAPE

Please help us to lighten everyone's load by cleaning up your own area both in the church after services and also at Coffee Hour. The church building belongs to all of us. Help us to foster a love and sense of responsibility for its upkeep among all of our children and adults. If you see something that is broken and needs to be fixed, let the church office know at: office@stathanasius.org

PROVIDENCE CHRISTIAN SCHOOL (where many of our children have attended) is continuing to accept applications for Grade 7, as class space is available. For more information, contact Joyce Luy, Director of Admissions: jluy@providence.sb.org, 805-962-4400

CELEBRATIONS THIS WEEK

Birthdays

4/10 Edgar Aviles, Fr. John Finley

4/12 Gabriel Speier

Services for the Fifth Week of Great Lent

Monday, April 8 at 6:00 p.m. Little Compline (with Canon of St. Andrew)

Wednesday, April 10 at 6:00 p.m. **Presanctified Liturgy (NO SOUP DINNER)**

Friday, April 12 at 6:00 p.m. **Akathist to Mother of God**

Presanctified Liturgy on Wednesday, 4/17 is at St. Barbara Greek Church. On Friday, 4/19, we will pray the Canon of Lazarus instead of Akathist.

Catechesis of the Good Shepherd Reconciliation Retreat April 5-6, 2019

For five weeks Anya Madrigal, Lydia Sieck, Maria Butler, Salem Vander Laan and Simeon (Athanasius) Henrie, our dear neighbor from St. Raphael's parish, have been preparing for the Reconciliation Retreat that took place this past Friday and Saturday. They began by reflecting on the image of Jesus as the True Vine and themselves as the branches of the True Vine. They spent time considering how the vine is affected when the life giving "sap" that flows through the vine becomes blocked (sin) and how the Vinedresser (God the Father) works hard to care for the vine to make it healthy and vibrant again. They looked at the parables of the Found Coin, the Found Sheep and the Prodigal Son and reflected on how God rejoices when those that have been "lost" are "found" or reconciled with the Father once more.

They have also celebrated the gifts of their baptism by remembering the candles that were lit to represent the Light of Christ, the white garment they wore on the day of their baptism to represent the purity of their newly illumined soul and the prayers that were prayed on their behalf by their parents and Godparents. This weekend they made new candles, new garments and said some of those same prayers themselves while being surrounded in prayer by their parents and Godparents or a prayer partner. You may notice those candles today in church and see the white garments they made. These help remind them (and us all!) of the gifts that were given to them on the day of their baptism as well as the gift of reconciliation that God has lovingly offered to all.

Many years to Anya, Lydia, Maria, Salem and Simeon!



TEEN SCENE

Junior High teens meet from 6:00-7:30 p.m. and High School teens meet from 6:30-8:30 p.m. on Thursdays in the Teen Room at the church, unless noted otherwise.

Thursday, 4/11 Regular Youth Group Thursday, 4/18 Regular Youth Group

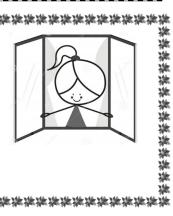
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Thursday, 4/25 HOLY THURSDAY SERVICE 6:00 p.m.—NO YOUTH GROUP

June 9-12 High School Road Trip Weekend of May 17 YES Service Project Weekend

WOMEN'S WINDOW

SAVE THE DATE: Saturday, June 8, 2019 Down Syndrome Buddy Walk



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To download Lenten recipes: bit.ly/

PASCHA EGG HUNT Time to prepare for the fun!

If you have kids who will be participating in the egg hunt at the Pascha picnic, it's time to start thinking about getting your plastic eggs and candy/toys/coins! Don't wait until the last minute when it might be hard to find them. Please bring 12-18 filled eggs per child with you to the picnic (along with a basket or bag for your child to collect eggs). Please make sure you consider any non-church family and friends you will be inviting and bring enough for them as well. If you can do more than a dozen, that really helps for people who would like to participate but don't have the w means to bring eggs. **Contact Asia Ballew** with any questions. 805-722-2371 翼 Thank you!

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH Mother Victoria

Met. Paul & Abp. John

Bishop Neofitos (Diocese of Kenya)

Mother Christophora

Fr. Jon B. Dn. Richard E. Kh. Diane C. Greg & Margaret Y. Hoppe Family Duane F.

Joan and Steve T. Richard and Susan B. Fr. Jon and Kh. Elizabeth S.

Regina M.

*

Ethan & Cole K.

Tony E.

Monsignor John Y.

Zac B.

Terri Lynn & Hannah Rose

Lauren Cheryl G. Elka Elizabeth J.

Jimmy Phoebe L. Kh. Carla Z.

Sharmaine & Emma Evonne C.

Elizabeth H.

Tvler A.

Fr. Patrick and Vanessa K.

Tom M. Dottie G.

Ronald B. (military) Cole K. (military)

Jerry J.

All those suffering and in danger in Ukraine, Africa, and the Middle East The victims of the recent shootings

and fires

Please pray for the raising up and support of long-term missionaries from our

/***

*

parish.

For repose of the souls of:

Gail S.

All who have died in the conflicts in Ukraine Africa & the Middle East, in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the wooden box in the narthex will be said silently at the altar at most services. During the Great Entrance of the Divine Liturgy, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

*********************** ST. ATHANASIUS CHURCH BOOKSTORE

* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books ** are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to S.A.O.C. Bookstore. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

