



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York & Met-
ropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
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Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

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Teen Program Coordinator

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Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Verne Gish
Zak Landrum

DIVINE LITURGY OF St. John Chrysostom Sunday, May 5, 2019

New Sunday or Anti-Pascha

Sunday of Thomas the Apostle, Called "The Twin"
Great-martyr Irene of Thessalonica;
Venerable Euthymios, Bishop of Maditos in Thrace



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

"Let the little children come unto Me for of such is
the Kingdom of Heaven." Luke 18:16

Calendar for this Week

Thomas Sunday, May 5

9:00 a.m. Religious Education ages 6-18
9:30 a.m. All children ages 3-12 meet in the Chapel for Celebration of Light
9:00 a.m. Matins
10:00 a.m. Divine Liturgy /Trisagion Prayers for Mary Ellen Braun
11:45 a.m. Coffee Hour
1:00 p.m. Blessing of the Graves at Goleta Cemetery

Bright Monday, May 6

6:45 a.m. Paschal Matins
5:00 p.m. Outreach Meal at St. Michaels' University Church in Isla Vista

Bright Tuesday, May 7

4:00 p.m. Level One Catechesis
5:30 p.m. Daily Vespers

Bright Wednesday, May 8

6:45 a.m. Paschal Matins
12:00 p.m. Intercessory Prayer Group

Bright Thursday, May 9

11:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
6:30 p.m. High School Youth Group

Bright Friday, May 10

6:45 a.m. Paschal Matins

Bright Saturday, May 11

6:00 p.m. Great Vespers/Confessions

Sunday, May 12-Myrrhbearers

MOTHER'S DAY

9:00 a.m. Religious Education ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

May 5 Kern
May 12 Fr. Nicholas
May 19 D. Washburn
May 26 Hedges

Coffee Hour

May 5 D. McCalmont (in memory of Natalia Nikolenko Lambert)
May 12 NEED A HOST (Mother's Day)
May 19 B. & V. Hedges
May 26 NEED A HOST

**(To sign up to host Coffee Hour, go to:
www.stathanasius.org/coffee-hour/)**

Greeters

May 5 L. Hoppe/K.P. King
May 12 K. & L. Jacobs
May 19 H. Lange/M. Loulias
May 26 D. Lewis/D. Washburn

Ushers

May 5 D. Washburn, D. Meyer, D. Lewis
May 12 C. Speier, J. King, P. King
May 19 M. Loulias, C. Berari, S. Speier
May 26 P. Brunner, D. Washburn, D. Meyer

Readers

May 5 Rdr. J. Butler
May 12 D. Meyer
May 19 Rdr. H. Lange
May 22 Rdr. M. Kern (Liturgy for Midfeast)
May 26 D. Alexander

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

Troparion of Antipascha

From the sealed tomb, You shone forth, O Life! Through closed doors You came to Your disciples, O Christ God! Renew in us, through them, an upright spirit, By the greatness of Your mercy, O Resurrection of all!

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion and censes the west side of the Altar Table.

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Refrain: **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

Refrain: O Son of God, Who rose from the dead, save us who sing to Thee, Alleluia.

- That we may know Thy way upon the earth, and Thy salvation among all nation! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen

Only begotten Son...

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

Refrain: Christ is risen from the dead trampling down death by death, and upon those in the tombs bestowing life.

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]

LITTLE ENTRANCE

**In the gathering places bless ye God the Lord from the Springs of Israel.
O Son of God Who Rose From the dead, save us who sing to Thee, Alleluia!**

Troparion of Antipascha

Tone 7

From the sealed tomb,
You shone forth, O Life!
Through closed doors You came to Your disciples, O Christ God!
Renew in us, through them,
an upright spirit,
By the greatness of Your mercy,
O Resurrection of all!

Kontakion for Pascha

Thou didst descend into the tomb O Immortal. Thou didst destroy the pow'r of death. In victory Thou didst arise, O Christ God, proclaiming rejoice to the myrrh-bearing women, granting peace to Thine apostles, and bestowing resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

PREPARATORY PSALM VERSES before the Epistle (Prokeimenon) Tone 3

Great is our Lord, and abundant in power! His understanding is beyond measure! (Ps 146/147:5)

Verse: Praise the Lord! For it is good to sing praises to our God! (Ps 146/147:1)

EPISTLE READING

Act 5:12-20

In those days, many signs and wonders were done among the people by the hands of the Apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the Apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

ALLELUIA BEFORE THE GOSPEL

Tone 8

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Come, let us rejoice in the Lord. Let us shout with jubilation unto God our Savior (Ps. 94:1)

Verse: For the Lord is a great God and a great king over all the earth. (Ps. 94:3)

THE GOSPEL READING

John 20:19-31

On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent Me, even so I send you." And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

Now Thomas, one of the Twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe."

Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be with you." Then he said to Thomas, "Put your finger here, and see My hands; and put out your hand, and place it in My side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen Me? Blessed are those who have not seen and yet believe."

Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His Name.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine, O New Jerusalem! The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the resurrection of your Son, of your Son!

Communion of the Clergy—for Thomas Sunday

Praise the Lord, O Jerusalem; praise thy God, O Zion. Alleluia. (Ps. 147:1)

Communion of the Faithful

Receive the body of Christ. Taste the fountain of immortality.
Alleluia! Alleluia! Alleluia!

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **are invited to approach the chalice for a blessing and the blessed bread instead of the Eucharist.**

So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Instead of “We have seen the true light, we sing: “Christ is risen” ONE time.

At the end of the dismissal prayer the service then continues with the typical Paschal dialogue, as follows:

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Christ is risen.

Faithful: Indeed He is risen

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Glory to His third-day Resurrection.

Faithful: Let us worship His third-day Resurrection.

Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs

Faithful: bestowing life.

English: Christ is risen!

He is risen indeed!

Greek: Christos anesti!

Alithos anesti!

Arabic: El Messieh kahm!

Hakken kahm!

Slavonic: Christos voskrese!

Voistinu voskrese!

Romanian: Hristos a inviat!

Adeverat a inviat!

Spanish: Christo ha resucitado!

En verdad ha resucitado!

Georgian: Kriste aghsdga!

Cheshmaritad aghsdga!

Amharic: Kristos tenestwal!

Bergit tenestwal!

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On any page, click on **VIEW CALENDAR** at the bottom left.

TODAY at 9:30 a.m ALL of our 3-12 year olds will gather in the L-III Atrium (chapel) for our annual Celebration of Light with Fr. Nicholas.

BLESSING OF THE GRAVES

TODAY Fr. Nicholas will bless the graves of our loved ones buried at Goleta Cemetery after Coffee Hour.

WELCOME TO THE NEWLY CHRISTMATED servants of God,

Natalie Dinh, Robert Rauchhaus, Chris Seaman and Kyndal Vogt! May God guide their walk in the Faith and grant them many years!!



CHANGE IN DAILY TRISAGION PRAYERS:

1. From Pascha until Pentecost, do not say, “O Heavenly King...”
2. From Pascha until Ascension, replace “Holy God, Holy Mighty...” with “Christ is risen from the dead, trampling down death by death, and upon those in tombs bestowing life.”

THERE IS NO KNEELING DURING WORSHIP SERVICES BETWEEN NOW AND PENTECOST.

SUMMER SCHOOL FORMS AND INFORMATION ARE NOW AVAILABLE ON THE PARISH WEBSITE AT:

<https://www.stathanasius.org/ministries/youth-education/summer-school/>

Summer School will be **ONLY TWO WEEKS** this year, with slightly extended hours, from June 17-28. The Magic Mountain field trip will be on Monday, July 1.

CELEBRATIONS THIS WEEK

Wedding Anniversaries:

5/07 Michael & Margaret Easbey
5/12 Jim & Gloria Morrison
5/12 Larry & Cheryl Lander

Birthdays:

5/8 Jane (Elizabeth) Meyer
5/11 Benny Madrigal, Brett Williams

Patronal Feast Days:

5/5	St. Thomas the Apostle	Thomas Ballew, Tom Johnson, Craig Speier
5/5	St. Irene of Thessalonica	Karen Jacobs, Kyndal Vogt
5/8	St. John the Theologian	Johnny Heiduk, Erik Lawrence
5/9	St. Christopher of Lycia	Chris Robinson



**S.A.O.C. will be represented at this year's I Madonnari Festival!
Saturday-Monday, May 25-27 (Memorial Day Weekend)
10:00 a.m.—6:00 p.m. Daily**

This coming Memorial Day Weekend, Asia Ballew and a team of artists will represent our parish at the I Madonnari Festival at the Old Mission. Asia has created a design of a story from the life of St. Brigid of Kildaire which will be replicated in chalk on the sidewalk at the festival. The square is sponsored by our church and the name of the church will be visible on the drawing. Please plan to bring the whole family on one of the 3 days to encourage our team and visit the festival.

TEEN SCENE

YES North America Service Project Weekend

- WHEN?** Friday- Sunday, May 17-19, 2019
- WHAT?** A wonderful opportunity to serve and love the people of Santa Barbara.
- WHO?** 13 years old – College Students
- WHERE?** We will meet at 5pm at the church and sleep Friday and Saturday nights at the church. The service learning weekend will wrap up Sunday following Liturgy.
- COST?** A registration gift of \$175 a person will cover all trip expenses, make it possible for the YES Program to prepare and execute the trip, and enable our service team to meet the needs of those we serve.

SCHOLARSHIPS ARE AVAILABLE!

If you need financial assistance with the registration fee in order to be able to participate, please see Michael Easbey.

EACH TEEN MUST REGISTER HIM/HER SELF AT:

<https://yesnorthamerica.org/yes-trips/register-for-upcoming-trips/>

OTHER TEEN REMINDERS:

June 9-12

First Annual High School Road Trip

REGISTRATION FOR CAMP ST. NICHOLAS IS OPEN.

REGISTER A.S.A.P. if you plan to attend. Space is limited.

<https://www.campstnicholas.com/site/home/>

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Bishop Neofitos (Diocese of Kenya)
Mother Christophora
Fr. Jon B.
Joseph B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family
Duane F.
Joan and Steve T.
Richard and Susan B.
Regina M.

Tony E.
Zac B.
Terri Lynn & Hannah Rose
Lauren
Cheryl G.
Elka
Elizabeth J.
Phoebe L.
Kh. Carla Z.
Sharmaine & Emma
Evonne C.
Elizabeth H.
Tyler A.
Fr. Patrick and Vanessa K.
Tom M.

Dottie G.
Ronald B. (military)
Cole K. (military)
Jerry J.

All those suffering and
in danger in Ukraine,
Africa, and the Middle East
The victims of the recent shootings
and fires
Please pray for the raising up and sup-
port of long-term missionaries from our
parish.

For repose of the souls of:

All who have died in the conflicts in Ukraine Africa & the Middle East,
in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most ser-
vices. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorat-
ed, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and
those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and
Wine for Communion).

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets con-
taining items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes,
etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books
are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or
chain. Payment should be made at time of purchase and placed in brown lockbox on wall next
to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the
rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

