



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York & Met-
ropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
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frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

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Teen Program Coordinator

Michael Easbey: measbey@gmail.com

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Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Verne Gish
Zak Landrum

DIVINE LITURGY OF St. John Chrysostom Sunday, June 16, 2019

The Great Feast of Pentecost The 50th Day After Pascha



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, June 16—PENTECOST

FATHER'S DAY

9:00 a.m. Religious Education ages 6-18
9:00 a.m. Festal Matins
10:00 a.m. Festal Divine Liturgy /
Kneeling Prayers
11:45 a.m. GREEN POTLUCK

LAST DAY OF SUNDAY RELIGIOUS ED.

FAST-FREE WEEK

Monday, June 17

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michaels'
University Church in Isla Vista
7:00 p.m. Men's Sticks Gathering

Tuesday, June 18

5:30 p.m. Daily Vespers

Wednesday, June 19

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Group
6:00 p.m. Parish Council Meeting

Thursday, June 20

11:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
6:30 p.m. High School Youth Group
7:00 p.m. Choir Rehearsal

Friday, June 21

6:45 a.m. Daily Matins

Saturday, June 22

6:00 p.m. Great Vespers/Confessions

Sunday, June 23

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
Parish Council Nominees announced
12:15 p.m. All-parish Meeting

Sunday Morning Ministries Schedule

Eucharist Bread

June 16 Sieck
June 23 Meyer
June 30 Kern
July 7 Jacobs

Coffee Hour

June 16 PENTECOST GREEN POTLUCK
June 23 P. McIntire & Sisters
June 30 Yova/Rauchhaus/Seaman/Vogt
(In commemoration of All Saints
of America & 4th of July)
July 7 NEED A HOST

(To sign up to host Coffee Hour, go to:
www.stathanasius.org/coffee-hour/)

Greeters

June 16 M. Loulias/P. Cocores
June 23 K. Fox/H. Lange
June 30 K. & L. Jacobs
July 7 D. Lewis/D. Washburn

Ushers

June 16 S. Speier, P. Brunner, D. Washburn
June 23 D. Meyer, D. Lewis, C. Speier
June 30 J. King P. King, M. Loulias
July 7 C. Berari, S. Speier, P. Brunner

Readers

June 16 Rdr. H. Lange
June 22 D. Meyer (Vespers)
June 23 D. Washburn
June 29 D. Alexander (Peter & Paul Liturgy)
June 30 M. Braun
July 7 Rdr. J. Butler

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON with verses for the Feast of Pentecost

Verse: The heavens are telling the glory of God; and the firmament proclaims His handiwork. (*Ps. 18/19:1*)

Refrain: **Through the intercessions of the Theotokos, O Savior, save us!**

Verse: Day to day pours forth speech, and night to night declares knowledge. (*Ps 18/19:2*) **[Refrain]**

Verse: Their proclamation has gone out into all the earth, and their words to the ends of the universe. (*Ps 18/19:4*) **[Refrain]**

Verse: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen. **[Refrain]**

SECOND ANTIPHON with verses for the Feast of Pentecost

Verse: The Lord answer you in the day of trouble; the name of the God of Jacob protect you! (*Ps. 19/20:1*)

Refrain: O Good Comforter, save us who sing to Thee, Alleluia!

Verse: May He send you help from the sanctuary and give you support from Zion! (*Ps 19/20:2*) **[Refrain]**

Verse: May He remember all your offerings, and fulfill all your plans! (*Ps 19/20:3*) **[Refrain]**

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON FOR FEAST

Verse: In Your strength the king rejoices, O Lord, and exults greatly in Your salvation. (*Ps. 20/21:1*)

Refrain:

Troparion of Pentecost (Music on next page)

Blessed art Thou, O Christ our God,
Who hast revealed the fishermen as most wise,
having sent upon them the Holy Spirit,
and through them Thou hast fished the universe,
O Lover of Mankind, glory be to Thee.

Verse: You have given him his heart's desire, and have not withheld the request of his lips. (*Ps 20/21:2*) [**Refrain**]

Verse: For You meet him with goodly blessings; You set a crown of fine gold upon his head. (*Ps 20/21:3*) [**Refrain**]

LITTLE ENTRANCE

Be Thou exalted, O Lord, in Thine own strength; We shall sing Thy praise and power. O Good Comforter, save us who sing unto Thee, Alleluia, Alleluia, Alleluia!

Troparion of Pentecost (Music on next page)

Tone 8

Blessed art Thou, O Christ our God,
Who hast revealed the fishermen as most wise,
having sent upon them the Holy Spirit,
and through them Thou hast fished the universe,
O Lover of Mankind, glory be to Thee.

Kontakion of Pentecost

Tone 8

When the Most High came down, and confused the tongues,
He divided the nations.
But when He distributed the tongues of fire,
He called all to unity.
Therefore, with one voice
we glorify the Holy Spirit.

BLESSED ARE YOU, O CHRIST OUR GOD
(Troparion for Pentecost)

Tone 8

Kazan

Harm. J.D.F.

In a rhythmic style

$\text{♩} = 68$

The musical score is written for voice and piano. It consists of five systems of music. Each system has a vocal line on a treble clef staff and a piano accompaniment on a bass clef staff. The key signature has one flat (B-flat), and the time signature is 3/4. The lyrics are: "Blessed art Thou O Christ our God, Who hast revealed the fish-er-men as most wise, having sent up-on them the Ho-ly Spir-it, and through them Thou hast fished the un-i-verse, O Lov-er of Man-kind, glo-ry be to Thee." The piano accompaniment features a steady eighth-note bass line and chords in the right hand.

ANTI-TRISAGION

As many as have been baptized into Christ have put on Christ. Alleluia. (Repeat 3X)

Glory to the Father to the Son and to the Holy Spirit; now and ever and unto ages of ages. Amen.

Deacon: With strength!

As many as have been baptized ...

PREPARATORY PSALM VERSES before the Epistle (Prokeimenon) Tone 8

Their proclamation has gone out into all the earth, and their words to the ends of the universe! (Ps. 19)

Vs. *The heavens are telling the glory of God, and the firmament proclaims His handiwork.*

THE EPISTLE READING for PENTECOST

Acts 2:1-11

When the day of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance.

Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. And at this sound the multitude came together, and they were bewildered, because each one heard them speaking in his own language. And they were amazed and wondered, saying, "Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language? Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabians, we hear them telling in our own tongues the mighty works of God."

PREPARATORY VERSES and ALLELUIA Response Before the Gospel—Tone 1

Chanter: **Alleluia, Alleluia, Alleluia**

All: **Alleluia, Alleluia, Alleluia**

Verse: *By the word of the Lord the heavens were established, and all their power by the Spirit of His mouth. (Alleluia...)*

Verse: *From heaven the Lord hath looked upon the earth: He saw all the children of humankind. (Alleluia...)*

THE GOSPEL READING for PENTECOST

John 7:37-52, 8:12

On the last day of the feast, the great day, Jesus stood up and proclaimed, "If anyone thirst, let him come to Me and drink. He who believes in Me, as the Scripture has said, 'Out of his belly shall flow rivers of living water.'" Now this He said about the Spirit, which those who believed in Him were to receive; for as yet the Spirit had not been given, because Jesus was not yet glorified.

When they heard these words, many of the people said, "This is really the prophet." Others said, "This is the Christ." But some said, "Is the Christ to come from Galilee? Has not the Scripture said that the Christ is descended from David, and comes from Bethlehem, the village where David was?" So there was a division among the people over Him. Some of them wanted to arrest Him, but no one laid hands on Him.

The officers then went back to the chief priests and Pharisees, who said to them, "Why did you not bring Him?" The officers answered, "No man ever spoke like this man!" The Pharisees answered them, "Are you led astray, you also? Have any of the authorities or of the Pharisees believed

in Him? But this crowd, who do not know the Law, are accursed." Nicodemus, who had gone to Him before, and who was one of them, said to them, "Does our Law judge a man without first giving him a hearing and learning what he does?" They replied, "Are you from Galilee too? Search and you will see that no prophet is to rise from Galilee."

Again Jesus spoke to them, saying, "I am the light of the world; he who follows Me will not walk in darkness, but will have the light of life."

HYMN TO THE MOTHER OF GOD (Meglynarion)

9th Ode of the Canon for Pentecost:

Rejoice, O Queen, glory of mothers and virgins!

No tongue, however sweet or fluent,

is eloquent enough to praise you worthily.

Every mind is overawed by your childbearing.

Therefore, with one voice, we glorify you.

COMMUNION HYMN

Let Your good Spirit lead me on a level path. Alleluia, Alleluia, Alleluia. (Psalm 143)

Instead of “We have seen the true light, we sing the Troparion for Pentecost.

At the end of the Liturgy, we will say the **Kneeling Prayers of Pentecost**. Between Pascha and Pentecost, the Church proscribes no kneeling during services as we celebrate the joy of the Resurrection for 40 days. With these prayers, we resume kneeling in the church. We also resume saying “**O Heavenly King**” in our daily prayers and in the Trisagion Prayers in our services.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

THE GIFTS OF THE HOLY SPIRIT

On Pentecost, fifty days after His glorious resurrection, Jesus gave His friends the promised gift of the Holy Spirit. The Holy Spirit—the treasury of good things and giver of life—brought life-giving gifts. These gifts were not just for Jesus' friends long ago. Jesus promises these gifts to all who ask. These gifts are for us!

- **Wisdom:** knowing the way that pleases God and walking in it
- **Understanding:** seeing clearly with spiritual eyes as a result of listening for God's voice with an open heart
- **Counsel:** helpful words and wise guidance for others
- **Might:** strength and courage to do what's right
- **Knowledge:** knowing more and more of God through prayer, God's Word and God's Creation
- **Fear of the Lord:** living without fear of anyone or anything except the Awesome, Holy, and Almighty God in whom we take refuge
- **Delight:** living in joy and wonder at the recognition of God's presence all around, all the time

"With the descent of the Holy Spirit upon Christ's disciples, the time of salvation, the Divine work of redemption has been completed, the fullness revealed, all gifts bestowed: it belongs to us now to "appropriate" these gifts, to be that which we have become in Christ: participants and citizens of His Kingdom."

- Fr. Alexander Schmemmann

The Great Feast of Pentecost

The Celebration—June 4th

- An Invitation from the Children of Atria Levels II and III -

Today, Pentecost Sunday, we invite you to "ask that you might receive" . . .

Before you enter the sanctuary, you will receive a taper candle.

At the back of the sanctuary there is a table with seven green candles—each labeled with one of the gifts of the Holy Spirit listed to the left.

We invite you to **light your own candle from the green candle designating the gift you have chosen** and place your candle in the sand in front of that green candle.

Once you have lit and placed your taper candle, we will give you a **handmade card with the name of the gift and a description** on it. Hopefully this will sit on your altar or some other prominent place to remind you all year long of the gift you have asked for!

Blessed Feast!



CONGRATULATIONS TO OUR 2019 GRADUATES!

HIGH SCHOOL



Jeremiah Hoppe graduated from Rio Mesa High School in Oxnard with a 4.4 GPA. He was involved in ASB, completing his Senior year as Student Body President. In each of his four years, Jeremiah lettered in Varsity Tennis, was recently named the 2019 Rio Mesa Boys' Scholar Athlete, and was awarded the Principal's Leadership award this year. He and a couple of friends won the Amgen Ventura County science fair last year. Jeremiah leaves June 24 for Colorado Springs to attend the United States Air Force Academy. He plans to attend flight school after graduating in 2023, and dreams of piloting the A-10 Thunderbolt II Warthog." Jeremiah is the son of Glenn and Liz Hoppe.

Adam King attended Providence School for the past 6 years and graduated "summa cum laude." Adam ran Cross Country and Track and earned many accolades, such as two time Athlete of the Year, four time 1st team All league, and 2nd place in County Champions. He graduates holding six school records in both sports. He will be attending Westmont College the next 4 years on a Cross Country and Track Scholarship. Adam is the son of Dr. Jon and Kristin King



Emily King graduated from Santa Ynez Valley High School. She plans on attending Santa Barbara City College in the Fall and will major in Biology. Ultimately, her goal is to transfer to a 4 year school where she will complete her major and then apply to Medical school, possibly specializing in orthopedic surgery, neurology or radiology. She was awarded the Ann Bertero Scholarship through Cottage Hospital as well as a scholarship through the Santa Barbara Scholarship Foundation. Emily is the daughter of Dr. Doug and Kristi King.

Jackson Stetler is graduating from Dos Pueblos High school. He is a 3 year varsity letterman in Wrestling, was 2019 Channel League Champ and made 1st team all league. He is a 2 year varsity letterman in Football. He made 2nd team all Channel League and also made all South Coast team. Additionally he received a community service award for completing over 200 hours of service most of which were done through LOG and Project Mexico. Jackson will be attending Whitworth University in Spokane,



WA, in the fall where he was recruited to play football. He will be majoring in Biology with a goal of pursuing a career in medicine. Jackson is the son of Stoney & Jami Stetler.

UNIVERSITY

Luke Speier graduated in March with highest honors from UCSB with a bachelor degree of science and a major in biopsychology. He took the MCAT (Medical College Admission Test) in May. Throughout college Luke volunteered weekly for Doctors Without Walls, worked in the Hegarty Lab at UCSB, worked part time as a pool server at the Ritz Carlton and assisted coaching his cousin, Jase, and niece, Lucia's, sports teams. Every summer Luke volunteered at Project Mexico. Luke is currently applying to 25 medical schools in the U.S. and will spend a month in Tijuana, Mexico this summer as an intern, leading groups in homebuilding and working at the orphanage. Luke is the son of Dr. Scott and Terri Speier.



ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On any page, click on **VIEW CALENDAR** at the bottom left.

Deacon Chris Dillon will be ordained to the priesthood on Saturday, August 3rd at St. Barnabas Orthodox Church in Costa Mesa. More information to follow.

**SUMMER SCHOOL BEGINS TOMORROW, JUNE 17th!
FORMS AND INFORMATION ARE AVAILABLE IN THE FOYER OF THE CHURCH, AND ON THE PARISH WEBSITE AT:**

<https://www.stathanasius.org/ministries/youth-education/summer-school/>

Please bring your forms filled out and ready to turn in on the first day.

THE MEN'S STICKS GROUP will gather tomorrow, June 17th, at 7:00 p.m. at the home of Troy and Carla Harris.

WE WILL HAVE OUR ANNUAL ALL-PARISH MEETING NEXT SUNDAY, June 23rd after Coffee Hour. We will hear a report from the Parish Council about the strategic planning process, including the presentation of our FIVE MAJOR GOALS for the next 3-5 years, plus updates about our finances and the Building Project. (patio and warming kitchen)

PARISH COUNCIL ELECTIONS are postponed until Sunday, June 30th. We will vote by ballot during Coffee Hour. (Candidates will be announced NEXT Sunday, June 23rd.) Regular, communing adult members 18 years and older may cast one vote. Votes will also be accepted by email from Sunday, June 30th through Friday, July 5th to: frnicholas@stathanasius.org.

CELEBRATIONS THIS WEEK

Wedding Anniversaries:

6/17 Dana & Dorothy Alexander
6/19 Fr. John & Diane Carrillo
6/21 Dan & Judy Braun

Birthdays:

6/20 Robert Rauchhaus

Patron Saint Feast Days

6/17 St. Emilia Emily King
6/18 St. Alena, Martyr of Belgium Alina Grace Speier

SUMMER ADULT RELIGIOUS EDUCATION SERIES
“Scriptural Guidance for Practical Daily Living”
Saturdays at 4:30 p.m. in the Teen Room

- | | | |
|------|-------------------|------------------------------|
| I. | June 8 & 15 | The Battle for Good Thoughts |
| II. | July 13 & 20 | Developing Spiritual Weapons |
| III. | August 3 & 10 | Mother of God, Save Us! |
| IV. | September 14 & 21 | Peace of Soul |

**ON THE FOLLOWING SATURDAYS AFTER GREAT VESPERS,
THE EVANGELISM TEAM WILL BE HOSTING
“PIZZA AND FELLOWSHIP” NIGHTS.**

Consider inviting a friend to experience our Adult Education class and/or Great Vespers on one of these evenings, and also invite them to stay for a light supper after Vespers:

Saturday, July 20

Saturday, August 10

Saturday, September 21

TEEN SCENE

Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.

June 20 Regular Youth Group Times

June 27 No Youth Group (Project Mexico Team gone)

BIBLE BOWL is July 5-7 in San Diego.

FINANCIAL SNAPSHOT

INCOME FOR APRIL 2019

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 39,750	\$ 14,120
Monthly Actual	\$ 44,253	\$ 11,750

INCOME FOR MAY 2019

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 39,750	\$ 14,120
Monthly Actual	\$ 27,671	\$ 9,462

Goal for Tithes January-May 2019	\$ 198,750
Actual Tithes January-May 2019	\$ 199,688
-	
Building Fund Goal for Jan.-May 2019.	\$ 70,600
Actual Building Fund donations Jan.- May	\$ 60,775 Shortfall= \$9,825

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Bishop Neofitos (Diocese of Kenya)
Mother Christophora
Fr. Jon B.
Joseph B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family
Duane F.
Joan and Steve T.
Richard and Susan B.
Regina M.

Tony E.
Zac B.
Terri Lynn & Hannah Rose
Lauren
Cheryl G.
Elka
Elizabeth J.
Phoebe L.
Kh. Carla Z.
Sharmaine & Emma
Evonne C.
Elizabeth H.
Tyler A.
Fr. Patrick and Vanessa K.
Tom M.

Dottie G.
Ronald B. (military)
Cole K. (military)
Jerry J.
Monsignor J. Yanek

All those suffering and
in danger in Ukraine,
Africa, and the Middle East
The victims of the recent shootings
and fires
Please pray for the raising up and sup-
port of long-term missionaries from our
parish.

For repose of the souls of:

Jeanie G.

All who have died in the conflicts in Ukraine Africa & the Middle East,
in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS CHURCH BOOKSTORE** *
* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets con- *
* taining items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, *
* etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books *
* are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or *
* chain. Payment should be made at time of purchase and placed in brown lockbox on wall next *
* to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the *
* rack are FREE, as are the 12-month liturgical calendars.) *
* **All proceeds go to the parish Building Fund.** *

