



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
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frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

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Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Verne Gish
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, August 11, 2019

**Tone 7 / Eothinon 8; Eighth Sunday after Pentecost
& Eighth Sunday of Matthew**

After-feast of the Transfiguration of Christ
Martyr and Archdeacon Euplos of Catania in Sicily;
Niphon, patriarch of Constantinople;
New-martyrs Anastasios and Demetrios of Lesbos



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, August 11

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal
12:15 p.m. Building Project —Information
Session about long-range plan for
the church property

Monday, August 12

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michaels'
University Church in Isla Vista

Tuesday, August 13

5:30 p.m. Daily Vespers

Wednesday, August 14

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Group
6:00 p.m. Vespers-Liturgy for Feast of the
Dormition of the Theotokos
followed by light supper

Thursday, August 15

10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00-8:00 p.m. Teen End-of-Summer BBQ

Friday, August 16

6:45 a.m. Daily Matins

Saturday, August 17

4:30 p.m. Adult Religious Education:
"Mother of God, save us!"
6:00 p.m. Great Vespers/Confessions
7:00 p.m. Pizza & Fellowship

Sunday, August 18

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

*Fr. Nicholas and Jan will be away
from August 19-25 on vacation.*

Sunday Morning Ministries Schedule

Eucharist Bread

August 11 Dillon
August 18 Sieck
August 25 Fr. J. Finley
September 1 Fr. Nicholas

Coffee Hour

August 11 Macdonald
August 18 D. & K. King
August 25 Harris
September 1 NEED A HOST

**(To sign up to host Coffee Hour, go to:
www.stathanasius.org/coffee-hour/)**

Greeters

August 11 K. & L. Jacobs
August 18 H. Lange/D. Washburn
August 25 D. Lewis/Deacon
September 1 K. P. King/L. Hoppe

Ushers

August 11 D. Lewis, C. Speier, J. King
August 18 P. King, M. Loulias, C. Berari
August 25 S. Speier, P. Brunner, D. Washburn
September 1 D. Meyer, D. Lewis, C. Speier

Readers

August 11 D. Meyer
August 14 Rdr. M. Kern/Rdr. V. Gish
August 18 D. Meyer
August 25 Rdr. J. Butler
August 31 D. Alexander (Great Vespers)
September 1 D. Washburn

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses for the Feast of Transfiguration with Refrain

Vs. Great is the Lord, and greatly to be praised, in the city of our God, in His holy mountain. Who settest fast the mountains by Thy strength, Who art girded about with power.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Who coverest Thyself with light as with a garment. The mountains shall rejoice at the presence of the Lord, for He cometh; yea, He is come to judge the earth. (*Refrain*)

Vs. Glory...now & ever...Amen. (*Refrain*)

SECOND ANTIPHON—Psalm verses for the Feast of Transfiguration with Refrain

Vs. His foundations are in the holy mountains. The Lord loveth the gates of Zion more than all the dwellings of Jacob.

Refrain: O Son of God, transfigured on Mount Tabor, save us who sing to Thee, Alleluia!

Vs. Glorious things are spoken of thee, O city of God. (*Refrain*)

Vs. Zion is our mother, a man shall say, and such a man was born in her; and the Most High Himself hath established her. (*Refrain*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—Verses with Troparion Refrain for the Feast

Vs. Of Thy mercies, O Lord, will I sing forever. (Ps. 88:2)

Refrain: (Music on page 7 of this bulletin.)

**You were transfigured on the mountain, O Christ God,
revealing Your glory to Your disciples, as far as they could bear it.
Let your everlasting light shine upon us sinners,
through the prayers of the Theotokos. Glory to You, O Giver of light!**

Vs. The heavens shall confess Thy wonders, O Lord, and Thy truth in the congregation of saints. (Refrain)

Vs. Blessed is the people that knoweth jubilation. O Lord, in the light of Thy countenance shall they walk, and in Thy Name shall they rejoice all the day long. (Refrain)

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

**Troparion of the Resurrection
(Music on p. 51 of Liturgy book)**

Tone 7

Thou didst shatter death by Thy Cross;
Thou didst open paradise to the thief;
Thou didst turn the sadness of the
ointment bearing women into joy,
and didst bid Thine apostles proclaim
a warning that Thou hast risen, O Christ,
granting the world the great mercy.

Troparion of Transfiguration

Tone 7 Carpatho-Russian

You were transfigured on the mountain, O Christ God,
revealing Your glory to Your disciples, as far as they could bear it.
Let your everlasting light
shine upon us sinners,
through the prayers of the Theotokos.
Glory to You, O Giver of light!

TROPARION of the TRANSFIGURATION

Tone 7,
Carpatho-Russia.

Musical notation for the first line of the troparion, featuring a treble and bass clef with a key signature of one flat. The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics are: YOU WERE TRANS-FI-GURED ON THE MOUN-TAIN, O CHRIST GOD,

Musical notation for the second line of the troparion. The lyrics are: REVEAL-ING YOUR GLO-RY TO YOUR DIS-CI -PLES, AS FAR AS THEY

Musical notation for the third line of the troparion. The lyrics are: COULD BEAR IT. LET YOUR E-VER-LASTING LIGHT SHINE U-PON US

Musical notation for the fourth line of the troparion. The lyrics are: SIN - NERS, THROUGH THE PRAYERS OF THE THE-O -TO -KOS.

Musical notation for the fifth line of the troparion. The lyrics are: GLORY TO YOU, O GI -VER OF LIGHT.

Troparion to St. Athanasius
(Music on page 54 of Liturgy Book)

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Transfiguration of Our Lord **Tone 7**

You were transfigured on the mountain, O Christ God,
and Your disciples saw Your glory as far as they were able,
so that when they saw You crucified,
they might know that You suffered voluntarily,
and might proclaim to the world
that You are truly the radiance of the Father.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle **Tone 7**

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

THE EPISTLE READING

Corinthians 1:10-17

Brethren, I appeal to you, by the Name of our Lord Jesus Christ, that all of you agree and that there be no dissension among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest anyone should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to preach the Gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 7

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

Verse: To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

GOSPEL READING

Matthew 14:14-22

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to Him, "We have only five loaves here and two fish." And He said, "Bring them here to Me." Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to Heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then Jesus made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.

Meglynarion—Hymn to the Mother of God

Magnify, O my soul, the Lord who was transfigured on Mount Tabor!
Your birthgiving was incorruptible!
God came from your body,
and appeared on earth in the flesh,
dwelling among mankind.
Therefore we magnify you,
O Theotokos!

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

O Lord, we shall walk in the light of Your face, and rejoice in Your name all the day.

(*Ps 88/89:15b*)

Instead of "We have seen the True Light," we sing the Troparion of the feast.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

SUMMER ADULT RELIGIOUS EDUCATION SERIES

“Scriptural Guidance for Practical Daily Living”

Saturdays at 4:30 p.m. in the Teen Room

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|------|-------------------|-------------------------|
| III. | August 17 | Mother of God, Save Us! |
| IV. | September 14 & 21 | Peace of Soul |

“PIZZA AND FELLOWSHIP” NIGHTS.

Consider inviting a friend to experience our Adult Education class and/or Great Vespers on one of these evenings, and also invite them to stay for a light supper after Vespers:

Saturday, August 17
Saturday, September 21

**ADULT CATECHISM/INQUIRERS CLASS
begins on Saturday, October 5th at 4:30 p.m.**



ST. ATHANASIUS
ORTHODOX CHURCH

THE HOWARD SHANNON
GOLF TOURNAMENT
AND DINNER

SEPTEMBER 20

REGISTER ONLINE!

WWW.STATHANASIUS.ORG

PLEASE SEE TERRI SPEIER
OR JODY WALLACE FOR
ALL AUCTION
DONATIONS

UPCOMING FEAST DAY CELEBRATIONS

- August 1-15** **Dormition Fast**
- Wed., August 14** **6 p.m. Vespers-Liturgy for Feast of the Dormition**
followed by light supper
- Sunday, September 1** **Church New Year**
9:00 a.m. Matins 10:00 a.m. Liturgy
- Sunday, September 8** **Feast of the Birth of the Theotokos**
9 a.m. Festal Matins 10 a.m. Festal Liturgy
followed by all-parish **POTLUCK**
- Saturday, September 14** **Feast of the Exaltation of the Holy Cross**
8 a.m. Reader's Matins, 8:30 a.m. Festal Liturgy
followed by Coffee Hour

**PLEASE SAVE THE DATE: SUNDAY, SEPTEMBER 29th after COFFEE HOUR
- ALL-PARISH MEETING -**

CELEBRATIONS THIS WEEK

Wedding Anniversaries

- 8/12 Glenn & Liz Hoppe
8/12 Craig & Jenny Speier
8/16 Doug & Kristi King

Birthdays

- 8/11 Phyllis Morrison, Aaron Simonsen
8/12 Josh Dillon
8/13 Lucas AbuGhazaleh, Dave Dillon
8/17 Susan Barre, Salem Vander Laan

Patronal Feast Days

- 8/14 **Prophet Micah** Micah Landrum
- 8/15 **The Theotokos: Feast of the Dormition**
Jessica Maria Berari, Ginny Braun, Dorian Easbey,
June Easbey, Phyllis Morrison

Message from the Coffee Hour Ministry:

The Coffee Hour sign-up list for the new Church year is now up, and the calendar is wide open. Now is a great time plan ahead and choose a Sunday to host in the upcoming year. Is there a special day on which you want to honor the memory of a loved one, celebrate a birthday, anniversary or your patron saint? Sign up now to assure that you get the date you want at: www.stathanasius.org/coffee-hour, or contact Suzi Wiley: (805-448-2787 or suziwiley@cox.net).



It supports the mission of our parish and our goals to offer hospitality at Coffee Hour each Sunday, in order to encourage fellowship and stronger personal bonds, and to welcome visitors.

We would like to see every member of the parish participate in Coffee Hour in some way, either by hosting a Coffee Hour, or by joining up with other parish members to co-host. Church ministry teams are encouraged to collaborate in hosting a Coffee Hour and to use it to showcase their ministry's mission. We have a great team of Coffee Hour helpers who can assist to make it easier.

On Sundays that have no hosts, we will have potlucks. We have scheduled some all parish potlucks for certain feast days. On other Sundays with no hosts, we will ask specific households (in alphabetical groups) to bring potluck items. In that way, we can all contribute to serving each other and welcoming visitors to our community.

Thank you SO much to all who have hosted one or more Coffee Hours during this 2018-2019 Liturgical Year, and to our amazing team of helpers who assist with set-up and clean-up!

Let's make 2019-2020 a shining year for hospitality!

Long Range Planning—Building Project/Land Informational Presentations

We are looking ahead to 3 small group presentations w/ Q&A regarding the option of leasing out part of our land to secure long term income to build and maintain the Church. The idea is to have 3 meeting options of the same presentation so that interested folks can attend as their schedules allow. Dn. Scott will be the presenter. Other members of the Building Committee will attend to facilitate discussion.

MEETING OPTIONS:

- #1 Sun., August 11, after coffee hour
- #2 Thurs., August 22, after Vespers, (6:00 p.m.)
- #3 Sat., August 31, before Vespers (4:30 p.m.)

In September we'll take a straw vote on the mind of the parish. (We need to review the By-Laws to insure conformity.)

We'll take another final vote perhaps a year out when the plans have solidified enough to validate a final tally.

PRAYER for our BUILDING PROJECT

Almighty God, our Help and Refuge, the Fountain of Wisdom and Tower of Strength, who know we can do nothing without Divine guidance and help, assist us we pray Thee, to continually and successfully complete our building project. Grant us wisdom that we do and say that which is pleasing to Thee, making our efforts profitable to ourselves, the community, the Church, and Thine all Holy Name. For Thou art a merciful God and lovest mankind and unto Thee we ascribe glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

- 8/15 Teen BBQ—Park location TBA—6:00-8:00 p.m.
- 8/22 Regular Youth Group Times
 - Welcome to new 7th graders at Junior High Group 6:00 p.m.
 - Welcome to new 9th graders at High School group 6:30 p.m.
- 8/30 Regular Youth Group times

ORDINATION of Fr. Christopher Dillon Saturday, August 3, 2019 God grant you many years!



**His first Liturgy
August 5, 2019
in the SAOC chapel**



PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

- | | | |
|------------------------------------|----------------------------|--|
| Metropolitan JOSEPH | Zac B. | Fr. Jon-Stephen H. |
| Mother Victoria | Lauren | Ahileas T. |
| Met. Paul & Abp. John | Kh. Carla Z. | Cole K. (military) |
| Bishop Neofitos (Diocese of Kenya) | Fr. Patrick and Vanessa K. | Jeremiah H. (Airforce Academy) |
| Mother Christophora | Tom M. | |
| Fr. Jon B. | Dottie G. | All those suffering and |
| Joseph B. | Jerry J. | in danger in Ukraine, |
| Dn. Richard E. | Monsignor J. Yanek | Africa, and the Middle East |
| Kh. Diane C. | Neil | |
| Greg & Margaret Y. | Diana | Please pray for the raising up and |
| Hoppe Family | Tyler | support of long-term missionaries from |
| Duane F. | Phyllis M. | our parish. |
| Joan and Steve T. | Ryder H. | |
| Richard and Susan B. | Kent F. | |
| Regina M. | Bob N. | |

For repose of the souls of:

All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas’ office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.



Liturgy for the Feast of the Transfiguration
Fr. Christopher Dillon, Fr. Nicholas Speier, Fr. John Finley, Subdn. Michael Easbey