



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Verne Gish
Zak Landrum

**DIVINE LITURGY OF
ST. JOHN CHRYSOSTOM
Sunday, August 18, 2019
Tone 8 / Eothinon 9;
Ninth Sunday after Pentecost
& Ninth Sunday of Matthew**
After-feast of the Dormition of the Theotokos
Martyrs Floros and Lauros of Illyria;
Venerable Sophronios of St. Anne Skete on Athos



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, August 18

9:00 a.m. Matins
10:00 a.m. Divine Liturgy & Trisagion Prayers
for Olguita Gabrie (08/18/14)
11:45 a.m. Coffee Hour

Monday, August 19

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michaels'
University Church in Isla Vista
7:00 p.m. Men's "Sticks" Gathering

Tuesday, August 20

NO VESPERS

Wednesday, August 21

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Group

Thursday, August 22

10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
Welcome to new Jr. Highers!
6:30 p.m. High School Youth Group
Welcome to new High Schoolers!
7:00 p.m. Choir Rehearsal

Friday, August 23

6:45 a.m. Daily Matins

Saturday, August 24

6:00 p.m. Great Vespers

Sunday, August 25

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

***Fr. Nicholas and Jan will be away
from August 19-25 on vacation.***

Sunday Morning Ministries Schedule

Eucharist Bread

August 18	Sieck
August 25	Fr. J. Finley
September 1	Fr. Nicholas
September 8	Meyer

Coffee Hour

August 18	D. & K. King
August 25	Harris
September 1	NEED A HOST
September 8	POTLUCK for Feast of the Nativity of the Theotokos

**(To sign up to host Coffee Hour, go to:
www.stathanasius.org/coffee-hour/)**

Greeters

August 18	H. Lange/D. Washburn
August 25	D. Lewis/Deacon
September 1	K. P. King/L. Hoppe
September 8	P. King/D. Genatone

Ushers

August 18	P. King, M. Loulias, C. Berari
August 25	S. Speier, P. Brunner, D. Washburn
September 1	D. Meyer, D. Lewis, C. Speier
September 8	J. King, P. King, M. Loulias

Readers

August 18	D. Meyer
August 25	Rdr. J. Butler
August 31	D. Alexander (Great Vespers)
September 1	D. Washburn
September 7	D. Alexander (Great Vespers)
September 8	Rdr. H. Lange

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

First Antiphon verses for the Feast of Dormition with refrain:

Vs. Shout with joy to God, all the earth. Declare His works among the nations. O give thanks unto the Lord and call upon His name.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. In the city of our God, in His holy mountain, His place hath been made in peace, and His dwelling in Zion. **[Refrain]**

Vs. Glory to the Father & to the Son & to the Holy Spirit, now & ever...Amen. **[Refrain]**

Second Antiphon verses for the Feast of the Dormition & refrain

Vs. The Lord loves the gates of Zion more than all the dwelling of Jacob.

**Refrain: O Son of God, who rose from the dead, save us who sing to Thee:
Alleluia!**

Vs. Glorious things are spoken of thee, O city of God. **[Refrain]**

Vs. God hath laid her foundation unto eternity. We have thought, O God, of Thy mercy in the midst of Thy people. **[Refrain]**

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—Verses with Troparion Refrain for the Feast

Vs. Ready is my heart, O God, ready is my heart; I will sing and chant in my glory.

**In giving birth you preserved your virginity.
In falling asleep you did not forsake the world, O Theotokos.
You were translated to life, O Mother of Life,
and by your prayers you deliver our souls from death.**

Vs. What shall I render to the Lord for all that He hath given me? [**Refrain**]

Vs. I will receive the cup of salvation, and call upon the name of the Lord. [*Refrain*]

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 8

(Music on p. 53 of Liturgy book)

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

Troparion of the Feast of the Dormition

Tone 1 Slavic Chant

In giving birth you preserved your virginity.
In falling asleep you did not forsake the world, O Theotokos.
You were translated to life, O Mother of Life,
and by your prayers you deliver our souls from death.

Troparion to St. Athanasius

Tone 3

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of Dormition**Tone 2** Serbian Chant

Neither the tomb, nor death, could hold the Theotokos,
who is constant in prayer and our firm hope in her intercessions.
For being the Mother of Life, //
she was translated to life by the One Who dwelt in her virginal womb.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle**Tone 8** Byzantine melody

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

Verse: *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

THE EPISTLE READING**1 Corinthians 3:9-17**

Brethren, we are God's fellow workers; you are God's field, God's building. According to the grace of God given to me, like a skilled master builder I laid a foundation, and another man is building upon it. Let each man take care how he builds upon it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if any one builds on the foundation with gold, silver, precious stones, wood, hay or straw, each man's work will become manifest; for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each one has done. If the work which any man has built on the foundation survives, he will receive a reward. If any man's work is burned up, he will suffer loss, though he himself will be saved, but only as through fire. Do you not know that you are God's temple and that God's Spirit dwells in you? If anyone destroys God's temple, God will destroy him; for God's temple is holy, and you are that temple.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel
(Music on page 64 of Liturgy Booklet)

Tone 8

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

Verse: Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

GOSPEL READING

Matthew 14:22-34

At that time, Jesus made the Disciples get into the boat and go before Him to the other side, while He dismissed the crowds. And after He had dismissed the crowds, He went up on the mountain by Himself to pray. When evening came, He was there alone, but the Disciples' boat by this time was many furlongs distant from the land, beaten by the waves; for the wind was against them. And in the fourth watch of the night He came to them, walking on the sea. But when the Disciples saw Jesus walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out for fear. But immediately He spoke to them, saying, "Take heart, it is I; have no fear." And Peter answered Him, "Lord, if it is Thee, bid me come to Thee on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus; but when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me!" Jesus immediately reached out His hand and caught him, saying to him, "O man of little faith, why did you doubt?" And when they got into the boat, the wind ceased. And those in the boat worshiped Him, saying, "Truly, Thou art the Son of God." And when they had crossed over, they came to land at Gennesaret.

Instead of "It is Truly Meet," we sing the following Hymn to the Theotokos for the Feast of the Dormition. (From the 9th Ode of the Matins Canon)

Refrain:

The Angels, as they looked upon the Dormition of the Virgin, were struck with wonder, seeing how the Virgin went up from earth to heaven.

Heirmos:

The limits of nature are overcome in you, O Pure Virgin:
for birthgiving remains virginal, and life is united to death;
a virgin after childbearing and alive after death,
you ever save your inheritance, O Theotokos.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

I will receive the cup of salvation and call on the name of the Lord. (*Ps 115/116:13*)

Instead of "We have seen the True Light," we sing the Troparion of the feast.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

Long Range Planning—Building Project/Land Informational Presentations

All parishioners are invited to attend one of the small group presentations w/ Q&A regarding the option of leasing out part of our land to secure long term income to build and maintain the Church. Dn. Scott will be the presenter. Other members of the Building Committee will attend to facilitate discussion.

REMAINING MEETING OPTIONS:

CHANGED from 8/22 TO: Thurs., August 29, after Vespers, (6:00 p.m.)
Sat., August 31, before Vespers (4:30 p.m.)

In September we’ll take a straw vote on the mind of the parish. (We need to review the By-Laws to insure conformity.) We’ll take another final vote perhaps a year out when the plans have solidified enough to validate a final tally.

PRAYER for our BUILDING PROJECT

Almighty God, our Help and Refuge, the Fountain of Wisdom and Tower of Strength, who know we can do nothing without Divine guidance and help, assist us we pray Thee, to continually and successfully complete our building project. Grant us wisdom that we do and say that which is pleasing to Thee, making our efforts profitable to ourselves, the community, the Church, and Thine all Holy Name. For Thou art a merciful God and lovest mankind and unto Thee we ascribe glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.



ST. ATHANASIUS
ORTHODOX CHURCH

THE HOWARD SHANNON
GOLF TOURNAMENT
AND DINNER

SEPTEMBER 20

REGISTER ONLINE!

WWW.STATHANASIUS.ORG

PLEASE SEE TERRI SPEIER
OR JODY WALLACE FOR
ALL AUCTION
DONATIONS

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On any page, click on **VIEW CALENDAR** at the bottom left.

Fr. Nicholas and Jan will be away from August 19-25 on vacation.

THE MEN'S STICKS GATHERING will take place tomorrow, August 19th at 7:00 p.m.

Human Trafficking 101 Training

In collaboration with the Santa Barbara Human Trafficking Task Force of the District Attorney's Office, our parish will host a Human Trafficking 101 Training on **Wednesday, August 28th, 7:00-8:30pm**. This event is intended for anyone in our community wanting to know more about human trafficking—what it is, what it looks like in Santa Barbara, and how we can combat it.. Please join us if you are able. Guests are very welcome.

UPCOMING FEAST DAY CELEBRATIONS

- | | |
|-------------------------------|--|
| Sunday, September 1 | Church New Year
9:00 a.m. Matins 10:00 a.m. Liturgy |
| Sunday, September 8 | Feast of the Birth of the Theotokos
9 a.m. Festal Matins 10 a.m. Festal Liturgy
followed by all-parish POTLUCK |
| Saturday, September 14 | Feast of the Exaltation of the Holy Cross
8 a.m. Reader's Matins, 8:30 a.m. Festal Liturgy
followed by Coffee Hour |

**PLEASE SAVE THE DATE: SUNDAY, SEPTEMBER 29th after COFFEE HOUR
- ALL-PARISH MEETING -**

CELEBRATIONS THIS WEEK

Wedding Anniversaries

- 8/19 Richard & Susan Barre
8/22 Jamie & Tiffany VanWagoner

Birthdays

- 8/20 Anna West
8/23 Ivan de Bruin, Johannes de Bruin, Chris Robinson

Patronal Feast Days

- 8/20 **Samuel the Prophet** Bob Newsome

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

8/22 Regular Youth Group Times

Welcome to new 7th graders at Junior High Group 6:00 p.m.

Welcome to new 9th graders at High School group 6:30 p.m.

8/29 Regular Youth Group times

SUMMER ADULT RELIGIOUS EDUCATION SERIES

“Scriptural Guidance for Practical Daily Living”

Saturdays at 4:30 p.m. in the Teen Room

IV. September 14 & 21 “Peace of Soul”
(Pizza served after Vespers on Sept. 21)

**ADULT CATECHISM/INQUIRERS CLASS
begins on Saturday, October 5th at 4:30 p.m.**

COMINGS AND GOINGS...

The following members have moved away in the past year. May God bless their spiritual journeys and grant them many years!

- Edgar and Noelle (Ballew) Aviles have moved to Modesto, CA. noelleballew@gmail.com
- Chantel Cappuccilli has moved to Mount Vernon, WA. chantel.teresina@gmail.com
- Jean Kawiecki has moved to Chandler, AZ. jkawiecki@shareeducation.org
- Gary and Regina Moon have moved to Atlanta, GA. gmoon@westmont.edu
- Dylan Wasdahl moved to Idaho this past week.
- Paul Wintz is is graduate school in Santa Cruz.

WE ARE HAPPY TO WELCOME NADINE de BRUIN back to the area and the parish!!

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

- | | | |
|------------------------------------|----------------------------|--|
| Metropolitan JOSEPH | Zac B. | Fr. Jon-Stephen H. |
| Mother Victoria | Lauren | Ahileas T. |
| Met. Paul & Abp. John | Kh. Carla Z. | Cole K. (military) |
| Bishop Neofitos (Diocese of Kenya) | Fr. Patrick and Vanessa K. | Jeremiah H. (Airforce Academy) |
| Mother Christophora | Tom M. | |
| Fr. Jon B. | Dottie G. | All those suffering and |
| Joseph B. | Jerry J. | in danger in Ukraine, |
| Dn. Richard E. | Monsignor J. Yanek | Africa, and the Middle East |
| Kh. Diane C. | Neil | |
| Greg & Margaret Y. | Diana | Please pray for the raising up and |
| Hoppe Family | Tyler | support of long-term missionaries from |
| Duane F. | Phyllis M. | our parish. |
| Joan and Steve T. | Ryder H. | |
| Richard and Susan B. | Kent F. | |
| Regina M. | Bob N. | |

For repose of the souls of: Fr. Steven B.
All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas’ office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

DID YOU KNOW THAT....

-our **Intercessory Prayer Ministry** meets every Wednesday at 12:00 noon in our chapel?
- ...we pray for ALL of our clergy, ministries and ministry leaders EVERY week?
- ...we pray for dozens of individuals who are suffering from a wide range of circumstances including illness, loss, depression, tragedy, troubled relationships, to name a few?
- ...we pray the Akathist to the Mother of God, Nurturer of Children, every week, and all of our children, teens and young adults in the parish are mentioned by name?

We would love to have a few more members of the parish join us on Wednesdays. Also, we welcome your prayer requests for yourself or others in need of God's mercy.

FOR MORE INFORMATION or to make PRAYER REQUESTS, CONTACT:
Fay Young (fay24ry@yahoo.com) Dorothy Alexander (dotalexander@westmont.edu)