



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America  
300 Sumida Gardens Lane, Santa Barbara, CA 93111  
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-770-3749  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

**Subdeacons:** Stephen Butler & Michael Easbey

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

**Teen Program Coordinator**

Michael Easbey: measbey@gmail.com

**College/Young Adult Coordinator**

Mitchell Denny: mitchdennyjr@gmail.com

**Parish Council 2018-2019:**

Kristi King, President  
Dan Braun, Treasurer  
Terri Speier, Secretary  
Dorothy Alexander  
Laurie Baker  
Corina Berari  
David Dillon  
Mary Gish  
Zak Landrum

### **DIVINE LITURGY OF ST. JOHN CHRYSOSTOM Sunday, September 1, 2019 Tone 2 / Eothinon 11**

**Beginning of the Indiction: Ecclesiastical New Year**

Righteous Simeon the Stylite;  
Synaxis of the Theotokos at Miasinae



### **WELCOME TO OUR VISITORS!**

We are glad you are with us  
this morning.

If you are not Orthodox, we  
invite you to partake of the  
blessed bread during  
communion.

Please join us at Coffee Hour~  
we'd love to meet you!

### **We welcome children of all ages in our worship.**

“Let the little children come  
unto Me for of such is  
the Kingdom of Heaven.”  
Luke 18:16

## *Calendar for this Week*

### **Sunday, September 1—Church New Year**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. **LUNCHEON on the NEW PATIO**

### **Monday, September 2 — LABOR DAY**

**NO MATINS**  
**NO OUTREACH DINNER IN ISLA VISTA**

### **Tuesday, September 3**

5:30 p.m. Daily Vespers

### **Wednesday, September 4**

6:45 a.m. Daily Matins  
12:00 p.m. Intercessory Prayer Ministry

### **Thursday, September 5**

10:00 a.m. Showers of Blessing  
5:30 p.m. Daily Vespers  
6:00 p.m. Jr. High Youth Group  
6:30 p.m. High School Youth Group  
7:00 P.M. Choir Rehearsal

### **Friday, September 6**

6:45 a.m. Daily Matins  
5:00 p.m. Akathist at Westmont Campus

### **Saturday, September 7**

6:00 p.m. Great Vespers

### **Sunday, September 8—FEAST of the NATIVITY OF THE THEOTOKOS**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. **POTLUCK**  
12:20 p.m. **OPEN CHOIR REHEARSAL -**  
new liturgy music

## *Sunday Morning Ministries Schedule*

### **Eucharist Bread**

September 1 Fr. Nicholas  
September 8 Meyer  
September 15 Jacobs  
September 22 Cocores

### **Coffee Hour**

September 1 New Year's Celebration on the Patio  
September 8 POTLUCK for Feast of the Nativity  
of the Theotokos  
September 15 NEED A HOST  
September 22 NEED A HOST

**(To sign up to host Coffee Hour, go to:  
[www.stathanasius.org/coffee-hour/](http://www.stathanasius.org/coffee-hour/))**

### **Greeters**

September 1 K. P. King/P. King  
September 8 Liz Hoppe/D. Genatone  
September 15 K. Fox/L. Baker  
September 22 K. & L. Jacobs

### **Ushers**

September 1 D. Meyer, D. Lewis, C. Speier  
September 8 J. King, P. King, M. Loulias  
September 15 C. Berari, S. Speier, P. Brunner  
September 22 D. Washburn, D. Meyer, D. Lewis

### **Readers**

September 1 D. Washburn  
September 7 D. Alexander (Great Vespers)  
September 8 Rdr. H. Lange  
September 14 Rdr. J. Butler (Liturgy-Feast of Cross)  
September 14 Rdr. M. Kern (Great Vespers)  
September 15 M. Braun  
September 22 Rdr. V. Gish

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate  
of the holy Theotokos and ever virgin Mary, who without change didst become man and wast  
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,  
glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.  
Blessed are those who mourn, for they shall be comforted.  
Blessed are the meek, for they shall inherit the earth.  
Blessed are those who hunger and thirst after righteousness, for they shall be filled.  
Blessed are the merciful, for they shall obtain mercy.  
Blessed are the pure in heart, for they shall see God.  
Blessed are the peacemakers, for they shall be called the sons of God.  
Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.  
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.  
Rejoice and be exceedingly glad, for great is your reward in heaven.

### **AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:**

#### **Troparion of the Resurrection**

**Tone 2**

**(Music on p. 42 of Liturgy book)**

When Thou didst submit Thyself unto death,  
O Thou deathless and immortal One,  
then Thou didst destroy Hell with Thy Godly pow’r,  
and when Thou didst raise the dead from beneath the earth,  
all the pow’rs of heaven did cry aloud unto Thee.  
O Christ, Thou art the Giver of life, Glory to Thee.

#### **Troparion for Indiction (Ecclesiastic New Year)**

**Tone 2**

O Creator of the Universe,  
You appointed times by Your own power;  
bless the crown of this year with Your goodness, O Lord!  
Preserve in safety Your rulers and Your cities://  
and through the intercessions of the Theotokos, save us!

#### **Synaxis of the Theotokos**

**Tone 1**

Rejoice, Virgin Theotokos, Full of Joy,  
Refuge and Protectress of the human race,  
for from you the Redeemer of the world was incarnate!  
For as you alone, Mother and Virgin, are ever-blessed and most glorified,  
beseech Christ God to grant peace to the whole world.

**Troparion for St. Simeon the Stylite****Tone 1**

You were a pillar of patient endurance,  
having imitated the Forefathers, O Venerable One:  
Job in suffering and Joseph in temptations.  
You lived like the Bodiless Ones while yet in the flesh,  
O Simeon, our Father.//  
Beseech Christ God that our souls may be saved!

**Troparion to St. Athanasius  
(Music on p. 54 of Liturgy book)****Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion for Indiction****Tone 4**

O Creator and Master of the ages,  
O God of all, transcendent in essence:  
Grant blessings for the course of the year to come,  
and in Your boundless mercy save those who worship You,  
our only Master, and fearfully cry:  
“O Savior, grant us all a fruitful and godly year!”

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**PREPARATORY PSALM VERSES before the Epistle (Prokeimenon) Tone 3**

Great is our Lord, and abundant in power! His wisdom is beyond measure! (Ps 146/147:5)

*Verse: Praise the Lord! For it is good to sing praises to our God! (Ps 146/147:1)*

**THE EPISTLE READING**  
**Timothy (2:1-7) for Indiction**

Timothy, my son, first of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all men, for kings and all who are in high positions, that we may lead a quiet and peaceable life, godly and respectful in every way. This is good, and it is acceptable in the sight of God our Savior, Who desires all men to be saved and to come to the knowledge of the truth. For there is one God, and there is one mediator between God and men, the man Christ Jesus, Who gave Himself as a ransom for all, the testimony to which was borne at the proper time. For this I was appointed a preacher and apostle (I am telling the truth, I am not lying), a teacher of the Gentiles in faith and truth.

**Alleluia before the Gospel**

**Tone 4**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

*v: Praise is due to You, O God, in Zion, and prayers shall be lifted up to You in Jerusalem. (Ps 64/65:1)*

*v: Bless the crown of the year with Your goodness, O Lord! (Ps 64/65:11)*

**GOSPEL READING**  
**Luke (4:16-22) for Indiction**

At that time, Jesus came to Nazareth, where He had been brought up; and He went to the synagogue, as His custom was, on the Sabbath day. And He stood up to read; and there was given to Him the book of the prophet Isaiah. Jesus opened the book and found the place where it was written, "The Spirit of the Lord is upon Me, because He has anointed Me to preach good news to the poor and to heal the broken hearted. He has sent Me to proclaim release to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, to proclaim the acceptable year of the Lord." And Jesus closed the book, and gave it back to the attendant, and sat down; and the eyes of all in the synagogue were fixed on Him. And He began to say to them, "Today this Scripture has been fulfilled in your hearing." And all spoke well of Him, and wondered at the gracious words which proceeded out of His mouth.

**Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

**Communion Hymns**

Bless the crown of the year with Your goodness, O Lord. Alleluia. (Psalm 64/65)

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## CELEBRATIONS THIS WEEK

### Wedding Anniversaries

9/05 Dn. John & Fay Young

### Birthdays

9/2 Ben Ballew

9/3 Bob Gundersen, Lucia Speier

9/4 Richard Ballew, Tom Williams

9/7 Cheyenne Braun, Suzi Wiley

### Patronal Feast Days

9/1 **Prophetess Abigail, Wife of David the King** Abigail Simonsen

9/1 **Holy Virgin Martyr Penelope** Penny Cocores

## FINANCIAL SNAPSHOT

### INCOME FOR JUNE 2019

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 39,750	\$ 14,120
Monthly Actual	\$ 29,541	\$ 33,064

### INCOME FOR JULY 2019

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 39,750	\$ 14,120
Monthly Actual	\$ 37,680	\$ 10,162

Goal for Tithes January-July 2019	\$ 278,250
Actual Tithes January-July 2019	\$ 266,900

Building Fund Goal for Jan.-July 2019.	\$ 98,840
Actual Building Fund donations Jan.- July	\$ 104,000



ST. ATHANASIUS  
ORTHODOX CHURCH

THE HOWARD SHANNON  
**GOLF TOURNAMENT**  
AND DINNER

**SEPTEMBER 20**

**REGISTER ONLINE!**

[WWW.STATHANASIUS.ORG](http://WWW.STATHANASIUS.ORG)

PLEASE SEE TERRI SPEIER  
OR JODY WALLACE FOR  
ALL AUCTION  
DONATIONS



## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).  
On any page, click on **VIEW CALENDAR** at the bottom left.

### **LITURGICAL NEW YEAR — The beautiful cycle begins again!**

The new Liturgical Year begins on September 1st. Most of the service schedule is now posted to the online Google calendar on the church website, along with many other church classes, events and activities. Please get in the habit of consulting this calendar. It can be accessed from any page of the church website in the bottom, left hand corner: [www.stathansius.org](http://www.stathansius.org). It can also be linked to your personal Google Calendar. Enclosed is a sheet that provides the Liturgical Year at a glance.

### **UPCOMING FEAST DAY CELEBRATIONS**

#### **Sunday, September 8 Feast of the Birth of the Theotokos**

9 a.m. Festal Matins 10 a.m. Festal Liturgy  
followed by all-parish **POTLUCK**

#### **Saturday, September 14**

#### **Feast of the Exaltation of the Holy Cross**

8 a.m. Reader's Matins, 8:30 a.m. Festal Liturgy  
followed by Coffee Hour

**PLEASE SAVE THE DATE: SUNDAY, SEPTEMBER 29th after COFFEE HOUR  
- ALL-PARISH MEETING -**

**THE ADULT RELIGIOUS EDUCATION SERIES** continues on September 14 and 21 with "Peace of Soul," from 4:30-6:00 p.m. On September 21 we will serve pizza after Vespers, so consider inviting a guest to the class and Vespers.

**ADULT CATECHISM begins on Saturday October 5th** and continues through December 14, on Saturdays at 4:30 p.m.

### **SWIM FOR HOPE 2019**

**Mitchell Denny, our Young Adult Coordinator, will participate as part of the kayak crew in "SWIM FOR HOPE 2019" on Friday, September 6th.** Swimmers and kayakers will go 20 miles from Point Loma to Mexican South Coronado Island. Proceeds from this year's swim will be split between Project Mexico/St. Innocent Orphanage, and the **ST. BARBARA ORTHODOX MONASTERY Building Fund**. If you would like to sponsor Mitch in the Swim this year, you can do so at <http://www.stbarbaramonastery.org/page/SwimForHope>.

### **YOU'RE INVITED...**

Next Sunday, September 8th, and the following Sunday, September 15, there will be **OPEN REHEARSALS** after Liturgy (at 12:20 p.m.) for all to hear and learn music from a liturgy composed by Nazo Zakkak. Much of this music we have already been using for the past several years. Some of it will be new to the parish. On the last two Sundays of September we will introduce this complete musical setting for the Divine Liturgy, and everyone in the congregation will have access to the music in the form of a complete liturgy booklet. **EVERYONE IS WELCOME AT THE OPEN REHEARSALS, INCLUDING CHILDREN!**

## TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.  
and High School teens meet from 6:30-8:30 p.m.  
on Thursdays in the Teen Room at the church, unless noted otherwise.**

### September

- 9/5 **No Thursday Youth Group** (Beach day on 9/7)
- 9/7 **Beach Day!!!** 12:00-3:00 p.m.
- 9/12 **Back to Youth Group Night—Regular Thursday times**  
A night for parents to come hear about the year, share their ideas to help make this year successful, and play some games with the teens!
- 9/19 **Regular Thursday Youth Group**
- 9/26 **Regular Thursday Youth Group**



### SPOTLIGHT ON OUR YOUTH

#### A BEAUTIFUL MOMENT...

Lauren King being sworn into the U.S. Airforce by her dad, Lt. Col. Doug King! Please keep her in your prayers as she begins her journey at basic training.

Doug and Kristi have her mailing address for anyone interested in sending her letters of encouragement.

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Bishop Neofitos (Diocese of Kenya)  
Mother Christophora  
Fr. Jon B.  
Joseph B.  
Dn. Richard E.  
Kh. Diane C.  
Greg & Margaret Y.  
Hoppe Family  
Duane F.  
Joan and Steve T.  
Richard and Susan B.  
Regina M.

Zac B.  
Lauren  
Kh. Carla Z.  
Fr. Patrick and Vanessa K.  
Tom M.  
Dottie G.  
Jerry J.  
Monsignor J. Yanek  
Neil  
Diana  
Tyler  
Phyllis M.  
Ryder H.  
Kent F.  
Bob N.

Fr. Jon-Stephen H.  
Cole K. (military)  
Jeremiah H. (Airforce Academy)  
Lauren K. (Airforce Basic Training)  
Jeff H.

All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East

Please pray for the raising up and  
support of long-term missionaries from  
our parish.

**For repose of the souls of:**

Ahileas T., Fr. John M., Fr. Steven B.  
All who have died in the conflicts in Ukraine Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

\*\*\*\*\*

**ST. ATHANASIUS CHURCH BOOKSTORE**

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

\*\*\*\*\*

## **PRAYER for our BUILDING PROJECT**

Almighty God, our Help and Refuge, the Fountain of Wisdom and Tower of Strength, who know we can do nothing without Divine guidance and help, assist us we pray Thee, to continually and successfully complete our building project. Grant us wisdom that we do and say that which is pleasing to Thee, making our efforts profitable to ourselves, the community, the Church, and Thine all Holy Name. For Thou art a merciful God and lovest mankind and unto Thee we ascribe glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

### **INDICTION or ECCLESIASTICAL NEW YEAR - September 1**

The first day of the Church New Year is also called the beginning of the Indiction. The term Indiction comes from a Latin word meaning, "to impose." It was originally applied to the imposition of taxes in Egypt. The first worldwide Indiction was in 312 when the Emperor Constantine (May 21) saw a miraculous vision of the Cross in the sky. Before the introduction of the Julian calendar, Rome began the New Year on September 1. According to Holy Tradition, Christ entered the synagogue on September 1 to announce His mission to mankind (Luke 4:16-22). Quoting Isaiah 61:1-2, the Savior proclaimed, "The spirit of the Lord is upon me; because He has anointed me to preach the gospel to the poor; He has sent me to proclaim release to captives, and recovering of sight to the blind, to set at liberty those who are oppressed, to proclaim the acceptable year of the Lord..." This scene is depicted in a Vatican manuscript (Vatican, Biblioteca. Cod. Gr. 1613, p.1). It should be noted that to the present day, the Church has always celebrated the beginning of the New Year on September 1. This was the custom in Constantinople until its fall in 1453 and in Russia until the reign of Peter I. September 1 is still festively celebrated as the New Year at the Patriarchate of Constantinople; among the Jews also the New Year, although reckoned according to a moveable calendar, usually falls in September. The service of the Menaion for January 1 is for our Lord's Circumcision and for the memorial of Saint Basil the Great, without any mention of its being the beginning of a new year.