



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

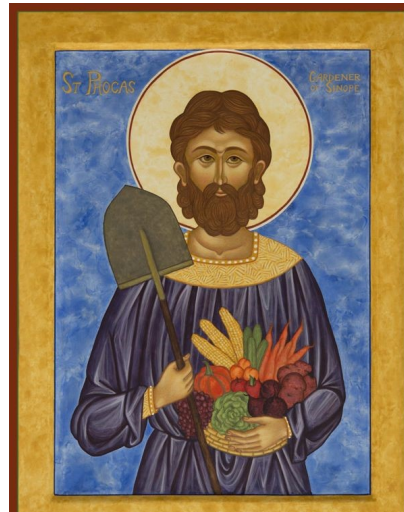
Teen Program Coordinator

Michael Easbey: measbey@gmail.com
College/Young Adult Coordinator
Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Mary Gish
Zak Landrum

**DIVINE LITURGY OF
ST. JOHN CHRYSOSTOM
Sunday, September 22, 2019
Tone 5 / Eothinon 3;
Fourteenth Sunday after Pentecost
& First Sunday of Luke
Hieromartyr Phocas, Bishop of Sinope
Apostle Quadratos of the Seventy:
Martyr Phocas the Gardener;
New-martyrs Isaac and Martin**



ST. PHOCAS THE GARDENER

WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, September 22

BLESSING OF MINISTRY LEADERS

9:00 a.m. Religious Education ages 6-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
(after the Eucharist)
11:45 a.m. Coffee Hour

Monday, September 23

6:45 a.m. Daily Matins

Tuesday, September 24— St. Thekla, St. Silouan

3:45 p.m. Catechesis Level One
5:30 P.M. Canons for SS. Thekla & Silouan

Wednesday, September 25

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry

Thursday, September 26

10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
6:30 p.m. High School Youth Group

Friday, September 27

6:45 a.m. Daily Matins
5:00 p.m. Akathist at Westmont College

Saturday, September 28

6:00 p.m. Great Vespers

Sunday, September 29

BLESSING OF MUSICIANS

9:00 a.m. Religious Education ages 6-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
(after the Eucharist)
11:45 a.m. Coffee Hour
12:15 p.m. ALL-PARISH MEETING

Morning Ministries Schedule

Eucharist Bread

September 22 Cocores
September 29 Kern
October 6 Braun
October 13 D. Washburn

Coffee Hour

September 22 C. Shannon, J. Braun, C. Robinson
in memory of Dn. Howard Shannon
September 29 Sieck
October 6 Kern, M. Easbey, N. de Bruin
October 13 Wiley/Baker/Brunstead

Greeters

September 22 K. & L. Jacobs
September 29 Loulias/Cocores
October 6 H. Lange/D. Washburn
October 13 D. Lewis/Deacon

Ushers

September 22 D. Washburn, D. Meyer, D. Lewis
September 29 C. Speier, J. King, P. King
October 6 M. Loulias, C. Berari, S. Speier
October 13 P. Brunner, D. Washburn, D. Meyer

Readers

September 22 Rdr. V. Gish
September 29 Rdr. H. Lange
October 6 D. Meyer
October 12 D. Alexander (Vespers)
October 13 D. Washburn

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son ...

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 5

(Music on p. 47-48 of Liturgy book)

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.
For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Troparion for the Martyr Phocas

Tone 4

By sharing in the ways of the Apostles,
you became a successor to their throne.
Through the practice of virtue, you found the way to divine
contemplation, O inspired one of God;
By teaching the word of truth without error, you defended the Faith,
even to the shedding of your blood.//
Hieromartyr Phocas, entreat Christ God to save our souls!

Troparion to St. Athanasius

Tone 3

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays**Tone 4**

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle**Tone 5**

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

Verse: Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

EPISTLE READING**Corinthians 1:21-2:4**

Brethren, it is God who establishes us with you in Christ, and has commissioned us; He has put his seal upon us and given us His Spirit in our hearts as a guarantee. But I call God to witness against me—it was to spare you that I refrained from coming to Corinth. Not that we lord it over your faith; we work with you for your joy, for you stand firm in your faith. For I made up my mind not to make you another painful visit. For if I cause you pain, who is there to make me glad but the one whom I have pained? And I wrote as I did, so that when I came I might not suffer pain from those who should have made me rejoice, for I felt sure of all of you, that my joy would be the joy of you all. For I wrote you out of much affliction and anguish of heart and with many tears, not to cause you pain but to let you know the abundant love that I have for you.

Alleluia Refrain and Psalm verses before the Gospel**Tone 5**

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Verse: I will sing of the mercies of the Lord forever; with my mouth;
I will make known Thy faithfulness to all generations. (Ps 88/89:1)

Verse: For Thou hast said: "Mercy shall be built up forever;
In the heavens shall Thy truth be established." (Ps 88/89:2)

GOSPEL READING**Luke. (5:1-11)**

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at Thy word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.

HOMILY**Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest!

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

PRAYER for the CHURCH

Almighty God, our Help and Refuge, the Fountain of Wisdom and Tower of Strength, who know we can do nothing without Divine guidance and help: assist us, we pray, to:

- faithfully worship Thee
- become better spiritual warriors
- be a loving family
- be a light to the community
- and develop and execute a responsible financial plan.

May we pursue these goals faithfully and diligently, and may they be profitable to ourselves, the community, the Church, and Thine all Holy Name. For Thou art a merciful God and lovest mankind and unto Thee we ascribe glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

CELEBRATIONS THIS WEEK

Birthdays

9/22 Alec de Bruin
9/27 Gianni Madrigal, Sherie Shackelford
9/28 Jessica Berari, Dn. John Young

Patronal Saint Feast Days

9/24	St. Thekla the Protomartyr	Courtney Shannon, Melissa Braun, Jan Finley
9/25	St. Sergius of Radonezh	Brian Sieck
9/26	St. John the Theologian	Douglas Meyer, Johnnie Heiduk, Robert Rauchhaus, Dylan Wasdahl
9/28	St. Jerome	Tyson Shackelford



Ss. Peter & Paul Orthodox Church

Self-Ruled Antiochian Orthodox Christian Archdiocese
of North America
Diocese of Los Angeles and the West

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FallGathering19@gmail.com

TO: His Eminence, Metropolitan JOSEPH, Beloved Clergy and Faithful of the Diocese of Los Angeles and the West
FROM: Rev. Nathan Thompson and the Parish of Ss. Peter & Paul
Date: September 3, 2019
RE: 2019 Fall Gathering

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This year we have been granted the honor by His Eminence, Metropolitan JOSEPH, to host in Ben Lomond, California, the annual Fall Gathering: **October 25-27, 2019**. We cherish this opportunity to welcome you to our parish to help renew and establish friendships with our "cousins" of the Diocese.

Enclosed with this memo you will find everything needed to register and reserve your rooms the hotel where we have reserved a room block. **Please book your room reservation no later than September 25th** to ensure guaranteed rates.

You will find all the needed information for this year's Fall Gathering online at www.antiochianladiocese.org.

We look forward to sharing our hospitality! Make sure to join us and your entire Diocesan family for this wonderful weekend. If you have any questions, please email our committee: ***FallGathering2019@gmail.com*** or call our Fall Gathering Chairperson, Amanda Baillie at 831-336-2228. We look forward to seeing you in October!

Your Servants in Christ,
Rev. Nathan Thompson and the Parish of Ss. Peter & Paul

Registration Deadlines: October 5, 2019

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On any page, click on **VIEW CALENDAR** at the bottom left.

TODAY ALL MINISTRY LEADERS WILL RECEIVE A BLESSING FOR THE COMING YEAR'S EFFORTS.

NEW MUSIC TODAY

The liturgical responses today are from a complete musical setting of the Divine Liturgy, composed by our friend Nazo Zakkak, and commissioned from him when he was the Composer-in-Residence for the Antiochian Archdiocese. Booklets are available for you to follow along with the choir and to sing, if you are inclined and inspired to do so. We will be doing this version of the liturgy this Sunday and next Sunday, and I welcome your feedback to me directly. We will continue to do all of the other music in our music binder: old, new and in-between. We regularly alternate musical settings, often changing the “tone” for Lenten seasons. So do not fret that we will be doing **ONLY** this setting of the Liturgy from now on. Thank you to the parishioners who joined us for the “open rehearsals” for this new music!—Valerie

THE ALL-PARISH MEETING WILL BE NEXT SUNDAY, SEPTEMBER 29th after Coffee Hour. Please plan to stay for this important meeting. Childcare will be provided during the meeting for children ages 4 and older in the TEEN ROOM.

ADULT CATECHISM begins on **Saturday October 5th** and continues through December 14, on Saturdays at 4:30 p.m.

IF YOU ARE AN ADULT MEMBERS OF THE PARISH (18 yrs and older) AND DID NOT FILL OUT THE FEEDBACK FORM YET, PLEASE DO SO TODAY during Coffee Hour. The Parish Council and Building Committee are asking for your feedback on the proposed concept of leasing approximately 4.5 acres of our land for Special Needs Affordable Housing AND a market rate Senior Center.

If there are questions or concerns expressed on the survey, they will be addressed at the All-parish Meeting on September 29th.

If you are unable to fill out the form at church, please email your feedback to: frnicholas@stathanasius.org.

ON SUNDAY, OCTOBER 20th at the end of the liturgy (and in place of the homily) Fr. Nicholas will give a presentation on the Orthodox Church's understanding and teaching regarding gender issues. This is an important issue for all of us to understand and all Jr. High and High School students should be present. There will be no teen Religious Education classes that day. Childcare will be provided during the presentation.

TEEN SCENE

Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.

September

9/26 Regular Thursday Youth Group

FINANCIAL SNAPSHOT

INCOME FOR JULY 2019

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 39,750	\$ 14,120
Monthly Actual	\$ 37,680	\$ 10,162

INCOME FOR AUGUST 2019

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 39,750	\$ 14,120
Monthly Actual	\$ 24,322	\$ 9,159
Goal for Tithes January-August 2019		\$ 318,000
Actual Tithes January-August 2019		\$ 291,222
Building Fund Goal for Jan.-August 2019.		\$ 112,960
Actual Building Fund donations Jan.- August		\$ 113,160

“Bring all the tithes into the storehouse, that there may be food in my house, and prove me now in this,” says the Lord of hosts, “If I will not open for you the windows of heaven and pour out for you such blessing, that there will not be room enough to receive it.”

Malachi 3:10

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH	Zac B.	Fr. Jon-Stephen H.
Mother Victoria	Lauren	Cole K. (military)
Met. Paul & Abp. John	Kh. Carla Z.	Jeremiah H. (Airforce Academy)
Bishop Neofitos (Diocese of Kenya)	Fr. Patrick and Vanessa K.	Lauren K. (Airforce Basic Training)
Mother Christophora	Tom M.	Jeff H.
Fr. Jon B.	Dottie G.	
Joseph B.	Jerry J.	The Ethiopian Orthodox Church
Dn. Richard E.	Monsignor J. Yanek	
Kh. Diane C.	Neil	All those suffering and
Greg & Margaret Y.	Diana	in danger in Ukraine,
Hoppe Family	Tyler	Africa, and the Middle East
Duane F.	Phyllis M.	
Joan and Steve T.	Ryder H.	Please pray for the raising up and
Richard and Susan B.	Kent F.	support of long-term missionaries from
Regina M.	Bob N.	our parish.

For repose of the souls of:

Ahileas T., Fr. John M., Fr. Steven B.

All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS CHURCH BOOKSTORE** *
* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)
* **All proceeds go to the parish Building Fund.** *



ST. PHOCAS THE GARDENER