



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Mary Gish
Zak Landrum

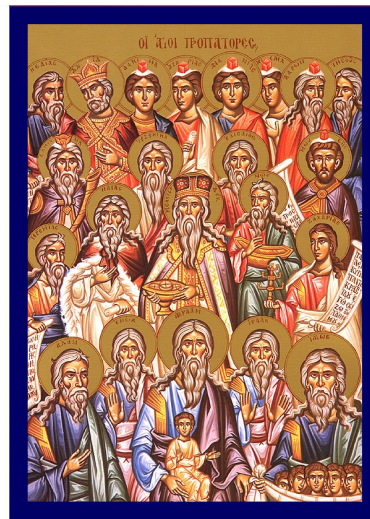
DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, December 15, 2019

Tone 1 / Eothinon 4

**Hieromartyr Eleutherios, Bishop of Illyria &
Sunday of the Forefathers (Ancestors) of Christ**

Martyr Anthia, mother of Eleutherios;
Venerable Paul of Latra;
Stephen, bishop-confessor of Surozh;
Venerable Tryphon of Pechenga



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, December 15

9:00 a.m. Religious Education ages 6-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

Monday, December 16

6:45 a.m. Daily Matins
4:30 p.m. St. Brigid outreach dinner at
St. Michael's in Isla Vista
7:00 p.m. Men's Sticks Gathering

Tuesday, December 17

3:45 p.m. Catechesis Level One
NO VESPERS

Wednesday, December 18

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer
6:00 p.m. Advent Paraklesis

Thursday, December 19

10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
6:30 p.m. High School Youth Group
6:00 p.m. Choir Rehearsal

Friday, December 20

St. John of Kronstadt, St. Ignatius
6:45 a.m. Daily Matins

Saturday, December 21

4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers

Sunday, December 22

9:00 a.m. Religious Education ages 6-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

**Fr. Nicholas will be away this
Monday and Tuesday,
December 16 & 17.**

Sunday Morning Ministries Schedule

Eucharist Bread

December 15 D. Washburn
December 22 Dn. G. Braun
December 24 Kern
December 29 Hedges
January 5 Tinyayeva

Coffee Hour

December 15 Families with last names A-G
December 22 Wiley/Kern/McIntire
December 29 CHRISTMAS POTLUCK
January 5 Lander

Greeters

December 15 D. Genatone/L. Baker
December 22 K. Fox/Deacon
December 24 D. Lewis
December 29 K. & L. Jacobs
January 5 M. Loulias/P. Cocores

Ushers

December 15 D. Washburn, D. Meyer, M. Loulias
December 22 D. Lewis, C. Speier, J. King
December 24 P. Brunner
December 29 P. Brunner C. Berari, S. Speier
January 5 D. Washburn, D. Meyer. M. Loulias

Readers

December 15 D. Meyer
December 21 D. Washburn (Great Vespers)
December 22 Rdr. H. Lange
December 24 Royal Hours—any readers available
December 24 Rdr. J. Butler-Festal Liturgy
December 29 Rdr. V. Gish
December 31 Rdr. M. Kern (St. Basil Liturgy)

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be
incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become
man and wast crucified, O Christ our God, trampling down death by death, who art one
of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 1

(Music on p. 40 of Liturgy book)

While the stone was sealed by the Jews,
and the soldiers were guarding Thy most pure body,
Thou didst arise on the third day,
O Savior, granting life to the world.
For which cause the heavenly pow'rs
cried aloud unto Thee, O Giver of life;
Glory to Thy resurrection, O Christ!
Glory to Thy kingdom!
Glory to Thy providence, O Thou
Who alone art the lover of mankind.

Troparion for the Forefathers (Ancestors) of Christ

Tone 2

Through faith You justified the Forefathers,
betrothing through them the Church of the gentiles.
These saints exult in glory,
for from their seed came forth a glorious fruit:
she who bore You without seed.
So by their prayers, O Christ God, have mercy on us!

Troparion for St. Eleutherius, Bishop of Illyricum

Tone 1

Being comely adorned in thy sacred priestly robes
and newly drenched with the streams of thy pure and sanctified blood,
thou didst soar aloft to stand before thy Master, Christ;
hence never cease to intercede
for those honoring with faith thy mighty and blessed contest,
thou overthrower of Satan, O wise and blessed Eleutherios.

Troparion to St. Athanasius

Tone 3

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Preparation of Christ's Nativity

Tone 3

The virgin cometh today to the cave
to give birth, ineffably to bring forth the Word eternal.
Therefore, rejoice, O earth, at the message;
with the angels and shepherds give glory to Him
Who shall appear by His own will as a young child,
He who is from eternity God.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 7

Precious in the sight of the Lord is the death of all His saints.

Vs.: What shall I render to the Lord for all that He has given me?

EPISTLE READING
Timothy 1:8-18 (For St. Eleutherios)

Timothy, my son, do not be ashamed then of testifying to our Lord, nor of me his prisoner, but share in suffering for the gospel in the power of God, Who saved us and called us with a holy calling, not in virtue of our works but in virtue of his own purpose and the grace which he gave us in Christ Jesus ages ago, and now has manifested through the appearing of our Savior Christ Jesus, Who abolished death and brought life and immortality to light through the gospel. For this gospel I was appointed a preacher and apostle and teacher, and therefore I suffer as I do. But I am not ashamed, for I know Whom I have believed, and I am sure that He is able to guard until that Day what has been entrusted to me. Follow the pattern of the sound words which you have heard from me, in the faith and love which are in Christ Jesus; guard the truth that has been entrusted to you by the Holy Spirit Who dwells within us. You are aware that all who are in Asia turned away from me, and among them Phygelos and Hermogenes. May the Lord grant mercy to the household of Onesiphoros, for he often refreshed me; he was not ashamed of my chains, but when he arrived in Rome he searched for me eagerly and found me. May the Lord grant him to find mercy from the Lord on that Day and you well know all the service he rendered at Ephesus.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 4
(Music on page 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

v: Moses and Aaron were among His priests; Samuel also was among those who called on His Name. (Ps 99/100:6)

v: They called to the Lord and He answered them. (Ps 99/100:6)

GOSPEL READING
Luke 14:16-24

The Lord spoke this parable: "A man once gave a great banquet, and invited many; and at the time for the banquet he sent his servant to say to those who had been invited, 'Come; for all is now ready.' But, one by one, they all began to make excuses. The first said to him, 'I have bought a field, and I must go out and see it; I pray you, have me excused.' And another said, 'I have bought five yoke of oxen, and I go to examine them; I pray you, have me excused.' And another said, 'I have married a wife, and therefore I cannot come.' So the servant came and reported this to his master. Then the householder in anger said to his servant, 'Go out quickly to the streets and lanes of the city, and bring in the poor and maimed and blind and lame.' And the servant said, 'Sir, what you commanded has been done, and still there is room.' And the master said to the servant, 'Go out to the highways and hedges, and compel people to come in, that my house may be filled. For I tell you, none of those men who were invited shall taste my banquet.' For many are called, but few are chosen."

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest! Alleluia! (Ps. 148)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest

is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who

UPCOMING SERVICES & ACTIVITIES

Wed., Dec. 18 6:00 p.m.	Advent Paraklesis
Tuesday, December 24 9:00 a.m. 8:00 p.m.	Royal Hours of Nativity Nativity of our Lord & Savior Jesus Christ Matins and Liturgy followed by reception
Wednesday, December 25 10:00 am.	Outreach Breakfast in Isla Vista
Tuesday, December 31 6:00 p.m.	Vesperal Liturgy for St. Basil/Circumcision
Friday, January 3, 2020 6:45 a.m.	Royal Hours of Epiphany
Sunday, January 5, 2020	Celebration of Epiphany (transferred from Jan. 6.) Outdoor Blessing of Water at 1:00 p.m. The bus will leave the church at 12:30 for the harbor, where we will join St. Barbara’s parish.

A GUIDE TO PARISH ETIQUETTE

In the coming months, we will be sharing information from a booklet on Parish Etiquette, published by our Archdiocese through Ancient Faith Publishing. The information is a guide meant for personal reflection, not as a means of judging others. Keep in mind that there are different traditions even among the Orthodox faithful. We come to church to pray and worship God above all else, and that should be our only focus.

LIGHTING OF CANDLES

It is a pious Orthodox tradition to light candles for personal petitions and intercessions when entering the church. Most parishes have designated candle stands or holders for these candles. **It is not proper to light candles at certain times during the service**—generally the same times when you should not enter the church, such as during the Little and Great Entrances, when the priest is censing the icons and congregation or giving the homily, or during the reading of the Epistle or Gospel. The candles should be allowed to burn all the way down without being extinguished early, since the burning candle symbolizes our prayers rising to heaven and the light of Christ in our midst. Please do not allow young children to light candles alone, for safety reasons. It is customary to make a donation for each candle.

CELEBRATIONS THIS WEEK

Birthdays

12/17 Jon King, Austin Nachbur
12/18 Dorothy Alexander
12/20 Hudson Zidek

Patron Saint Commemorations

12/15 **Sunday of the Forefathers (Ancestors) of Christ**

King David

David Dillon, Jon King, David Lewis, David McCalmont, David Washburn

Daniel the Prophet

Dan Braun, Garrett Gish, Jase Daniel Speier, Dan Washburn

Jesse

Jesse Speier

Adam

Adam King

Rachel

Rachel Friesen

Rebekah

Rebekah Dillon

Ruth

Liz Hoppe, Fay Young

Judith

Judy Braun

Aaron

Howard Lange, Aaron Simonsen

12/17 **St. Miriam**

Miriam Vander Laan

12/18 **St. Zoe of Rome**

Zoe Macdonald

12/20 **St. John of Kronstadt**

Jill Wallerstedt

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On any page, click on **VIEW CALENDAR** at the bottom left.

Fr. Nicholas will be away this Monday and Tuesday, December 16 & 17.

THE MEN'S STICKS GATHERING is this Tuesday at 7 p.m. at the Harris residence.

SIGN-UPS STARTED THIS WEEK FOR OUR ANNUAL ST. BRIGID CHRISTMAS OUTREACH BREAKFAST for our unsheltered brothers and sisters. The breakfast takes place at 10:00 a.m. on Christmas morning at St. Michael's University Church in Isla Vista. A link to the sign-up list will be e-mailed to parishioners this week. As usual, we need the following:

- Help with set-up and clean-up, and line servers
- Lots of egg dishes (strata, frittata, scrambled with cheese, baked French toast)
- Bacon
- Sweet rolls
- Potatoes
- Fruit salad
- 4 people to bake spiral hams (provided by the church)
- Musicians/singers to entertain our guests and sing carols

If you did not receive an email with the link to the online sign-up list and would like to contribute something, **contact Susan Barre at: sohello123@gmail.com.**

PLEASE CONSIDER DONATING A CLOTHING ITEM FOR OUR GIFT TABLE AT THE ANNUAL OUTREACH BREAKFAST ON CHRISTMAS MORNING. We need jeans, warm sweaters/sweatshirts/hoodies, jackets, warm scarves, NEW dark athletic socks, and Beanie Babies or small stuffed animals. Clothing items can be new or gently used, and should be CLEAN. Please no t-shirts or other items not on our wish list. Thanks! Clothing can go in the collection box in the hallway, or given to Valerie in the office.

IF YOU HAVE AN ITEM YOU WOULD LIKE TO DONATE TO THE CHURCH... Please take a photo of it and email the photo to the church office. The Interior Design Committee will be notified and will determine if the item can be utilized. **PLEASE DO NOT BRING FURNITURE AND OTHER ITEMS TO THE CHURCH AND LEAVE THEM** without going through this process. Thanks!

UPDATED PARISH PHOTO DIRECTORY

Just a heads up that we will be updating the parish photo directory in January. Please keep this in mind over the holidays when you have family together, and consider taking a family photo that we can use. We particularly need updated photos from families with children and teens. They grow SO fast! A couple of years makes a huge difference. You can email updated photos to: valerie@stathanasius.org.

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

12/19 Regular Youth Group
12/26 NO YOUTH GROUP

Winter Camp is Feb. 14-16, 2020 (President's Weekend). It is filling up fast, so if you plan to go, please register ASAP: <https://www.campstnicholas.com/site/home/>

ST. NICHOLAS FAMILY NIGHT

2019

*Thank you to all who made this year's St.
Nicholas Night
such a beautiful and fun evening!*

- Fr. Nicholas & Zak Landrum—Narrators
- Jan Speier, Verne Gish, Valerie Yova—Music Prep.
- Erik Lawrence—Pianist
- The S.A.O.C. Choir
- Nataliya Tinyayeva—Photographer
- Our spur-of-the-moment
improvisation volunteers
- The children of the parish
(who stole the show, as usual!)
- Christie Speier & the Social Team
for the Reception



...and St. Nicholas, of course!

(LOTS MORE PHOTOS ON THE PARISH WEBSITE SOON!)

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

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|------------------------------------|----------------------------|--------------------------------|
| Metropolitan JOSEPH | Zac B. | Fr. Jon-Stephen H. |
| Mother Victoria | Lauren | Cole K. (military) |
| Met. Paul & Abp. John | Kh. Carla Z. | Jeremiah H. (Airforce Academy) |
| Bishop Neofitos (Diocese of Kenya) | Fr. Patrick and Vanessa K. | Lauren K. (military) |
| Mother Christophora | Tom M. | Jeff H. |
| Fr. Jon B. | Dottie G. | Steve T, Kyle P. & Jeff P. |
| Joseph B. | Jerry J. | Bonita M. |
| Dn. Richard E. | Monsignor J. Yanek | Lorena F. |
| Kh. Diane C. | Neil | Olga Marie G. |
| Greg & Margaret Y. | Diana | |
| Hoppe Family | Tyler | The Ethiopian Orthodox Church |
| Duane F. | Phyllis M. | |
| Richard and Susan B. | Ryder H. | All those suffering and |
| Regina M. | Kent F. | in danger in Ukraine, |
| | Bob N. | Africa, and the Middle East |

For repose of the souls of: Elder Ephraim, Alma G., Angela
All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas’ office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

