



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Pastor Emeritus

Fr. Nicholas Speier
805-685-5400
frnicholas@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey (retired)
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2021-2022:

Laurie Baker, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Mary Denny
David Dillon
Glenn Hoppe
Lara Jacobs
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, January 9, 2022

Tone 4 / Eothinon 7

Sunday after the Theophany of Christ

Martyr Polyeuktos of Armenia;

Venerable Eustratios the Wonderworker;

New-martyr Parthenas; Philip, Metropolitan of Moscow



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
Please join us on the patio after the Liturgy for Coffee Hour.
We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, January 9

NO CATECHESIS TODAY

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 a.m. Coffee Hour
1:00 p.m. **Outdoor Blessing of the Water at
Santa Barbara Yacht Club**

Monday, January 10

6:45 a.m. Daily Matins
5:00 p.m. St. Xenia Prayer Ministry—Akathist
by Zoom

Tuesday, January 11

5:30 p.m. Daily Vespers

Wednesday, January 12

6:45 a.m. Daily Matins
8:30 a.m. **Divine Liturgy**
12:00 p.m. St. Xenia Prayer Ministry

Thursday, January 13

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
3:30 p.m. Catechesis Level I
6:00 p.m. Youth Group

Friday, January 14

6:45 a.m. Daily Matins

Saturday, January 15

6:00 p.m. Great Vespers/Confessions

Sunday, January 16

9:00 a.m. Matins
9:00 a.m. Religious Education for ages 6-12
Blessing of the Atria
10:00 a.m. Divine Liturgy
11:45 a.m. **RETIREMENT CELEBRATION
in honor of Fr. Nicholas**

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

January 9 Meyer
January 16 Dn. G. Braun
January 23 Dillon
January 30 Morrison

READERS

January 9 Rdr. V. Gish
January 16 D. Washburn
January 17 D. Alexander (Vespers 5:30 p.m.
& Liturgy 6:30 p.m.
Feast of St. Athanasius)
January 23 Rdr. H. Lange
January 29 Rdr. M. Kern (Vespers)
January 30 Rdr. J. Butler

GREETERS

January 9 K. Fox/D. Lewis
January 16 L. Baker/C. Fisher
January 23 P. Cocores/M. Loulias
January 30 K. P. King/D. Washburn

USHERS

January 9 D. Meyer/M. Loulias
January 16 D. Washburn/K.L. King
January 23 C. Speier/S. Speier
January 30 C. Berari/Dorothy Alexander

COFFEE HOUR HOSTS

January 9 King Family
January 16 Celebration for Fr. Nicholas
January 23 Kern (Ethiopian Coffee Hour)
January 30 Nikolov

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

January 13 F. Young/S. Saunders
January 20 L. Ballew/D. Franzen
January 27 M. Loulias/P. Cocores
February 3 D. Washburn/D. Alexander

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

THE GREAT LITANY

First Antiphon—Psalm Verses for the Feast with Refrain

Verse: When Israel went forth from Egypt, the house of Jacob from a people of strange language, Judah became his sanctuary, Israel his dominion.

**Refrain: Through the intercessions of the Theotokos,
O Savior, save us.**

Verse: The sea looked and fled, Jordan turned back. What ails you, o sea, that you flee? O Jordan, that you turn back? [refrain]

Verse: Glory....now and ever... [refrain]

Second Antiphon— Psalm Verses for the Feast with Refrain

Verse: I love the Lord because He has heard the voice of my supplication.
Because He inclined His ear to me, therefore I will call on Him as long as I live.

**Refrain: O Son of God baptized in the Jordan, save us who sing to Thee,
Alleluia!**

Verse: The snares of death encompassed me; the pangs of hell laid hold on me.
I suffered distress and anguish, then I called on the name of the Lord. [refrain]

Verse: Gracious and righteous is the Lord, and our God is merciful. [refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—Psalm Verses with Troparion as refrain

Verse: O give thanks to the Lord, for He is good, For His mercy endures forever!

Refrain: (MUSIC ON BACK COVER)

**When Thou, O Lord, wast baptized in the Jordan,
worship of the Trinity was made manifest!
For the voice of the Father bore witness to Thee,
calling Thee his beloved Son.
And the Spirit, in the likeness of a dove
confirmed the truth of His Word.
Christ our God, Who hast appeared
and enlightened the world,
glory to Thee!**

Verse: Let the house of Israel say: for He is good,
For His mercy endures forever! [refrain]

Verse: Let the house of Aaron say: for He is good,
For His mercy endures forever! [refrain]

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 4

(Music on page 45 of Liturgy book)

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Troparion of the Feast of Theophany**Tone 1**

When Thou, O Lord, wast baptized in the Jordan,
worship of the Trinity was made manifest!
For the voice of the Father bore witness to Thee,
calling Thee His beloved Son.
And the Spirit, in the likeness of a dove
confirmed the truth of His Word.
Christ our God, Who hast appeared
and enlightened the world,
glory to Thee!

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakian of Epiphany**Tone 4**

Today You have shone forth to the world, O Lord,
and the light of Your countenance has been marked on us.
Knowing You, we sing Your praises:
“You have come and revealed Yourself, //
O unapproachable Light.”

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 1**

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Verse: Rejoice in the Lord, O you righteous! Praise is becoming to the upright.
(Ps 32/33:1)

EPISTLE READING

Ephesians 4:7-13

Brethren, grace was given to each of us according to the measure of Christ's gift. Therefore, it is said, "When He ascended on high He led a host of captives, and He gave gifts to men." (In saying, "He ascended," what does it mean but that He had also descended into the lower parts of the earth? He who descended is He who also ascended far above all the heavens, that He might fill all things.) And His gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; with my mouth;
I will make known Thy faithfulness to all generations. (Ps 88/89:1)

Verse: For Thou hast said: "Mercy shall be built up forever;
In the heavens shall Thy truth be established." (Ps 88/89:2)

GOSPEL READING

Matthew 4:12-17

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulon and Naphtali, so that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulon and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles—the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of Heaven is at hand."

LITURGY OF THE FAITHFUL

Meglynarion for the Feast of Epiphany (Hymn to the Mother of God)

Magnify, O my soul, the most-pure Virgin Theotokos,
more honorable than the heavenly hosts!

No tongue knows how to praise you worthily, O Theotokos;
even Angels are overcome with awe praising you.

But since you are good, accept our faith;
for you know our love inspired by God!

You are the defender of Christians, and we magnify you.

COMMUNION HYMN

The grace of God has appeared for the salvation of all. (Ps. 118/119)

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

CELEBRATIONS THIS WEEK

Wedding Anniversaries

1/09 Mark & Dee Kern
1/14 David & Kate Vander Laan
1/15 John & Elizabeth Heiduk

Birthdays

1/11 Mason Speier
1/14 Sabina Shackelford
1/14 Viktoria Hedges
1/15 Jesse Palmer

Patron Saint Commemorations

1/12 Martyr Tatiana of Rome Tatiana Speier
1/14 St. Mungo (Kentigern) Kent Fox

MARK YOUR CALENDAR...

Pre-Lenten Seminar

Saturday, February 26, 2022 10:30 a.m.—1:00 p.m.

at St. Athanasius Orthodox Church

“The Crucifixion of the King of Glory”

A deep dive into the Crucifixion of Christ
from a historical, medical, legal and patristic perspective

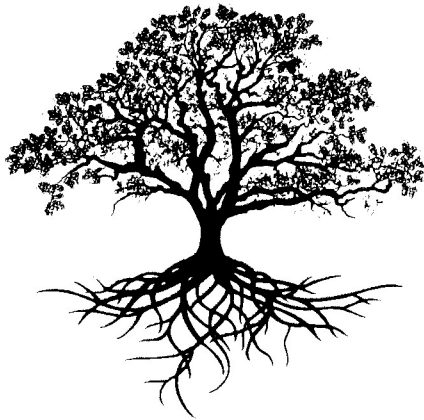
Presvytera/Dr. Jeannie Constantinou

Based on her new book, due out in April 2022

Catch Dr. Jeannie on her live podcast — “Search the Scriptures”
on Ancient Faith Radio on Mondays at 5:00 p.m.

All of the shows are archived on Ancient Faith:

<https://www.ancientfaith.com/podcasts/searchthescriptureslive>



You are invited to

The Practice of Prayer

A prayer retreat -- January 20 -22, 2022

*We all start
from an acorn
and aspire to be an oak.*

**In Santa Paula, CA at Glen Tavern Inn
and St. Barbara Monastery**

Speakers:

Mother Victoria, Abbess of St. Barbara Monastery
& Fr. Symeon Halsell, Priest at St. Athanasius Antiochian Orthodox Church

Workshops: The Jesus prayer, intercessory prayer, corporate/Liturgical prayer, praying with icons, and Psalmody - all to enliven your daily prayer rule.

Overview of Schedule:

Thursday (Glen Tavern Inn) - Check in, dinner, speaker/workshop 1	- Dinner (GTI) and workshop 3
Friday - Breakfast, Akathist, workshop 2 - To the monastery - lunch, speaker, Q/A, Time for practice of prayers	Saturday - Breakfast, workshop 4 - To the monastery, lunch, workshop 5, Time for practice of prayer & more Q/A, - Father's exhortations, Great Vespers



Details:

- Book your rooms ASAP through Glen Tavern Inn, (805) 933-5550, 134 N. Mill St. Santa Paula **Be sure to ask for "Prayer Retreat" rate** for 2 nights (standard queen -- \$99 per night inclusive of taxes and fees; 2 queen beds -- \$110/night inclusive; + continental breakfast). We have blocked off 17 discounted rooms. If you can't do stairs specify ground floor. Commuters are welcome!
- Retreat registration fee: \$90 for the 3 days (includes materials, 2 dinners and 2 lunches); Friday/Saturday -- \$75; Saturday only -- \$50 (registration fee is non-refundable)
- Children 12 and under are free (No childcare is provided.)
- Registration is payable online at www.stathanasius.org or by check to SAOC with "Retreat Registration" in the memo, mail to Dorothy Alexander, c/o St. Athanasius Orthodox Church, 300 Sumida Gardens Lane, Santa Barbara, CA 93111. Include your name, email, & phone contact to be sent more information.

All proceeds above operating costs will be donated to St. Barbara Monastery.

Questions? Contact Dorothy Alexander at: dotalexander@westmont.edu

BUILDING A HOLY TEMPLE for GOD

St. Athanasius Church is beginning an exciting transition in our building program. We are setting our sites on our ultimate goal – to build a holy temple for our God. This is a once in a lifetime opportunity to build something beautiful and holy to God’s glory that will be a benefit generations to come.

In 2014 we built our fellowship hall, but as you recall it was unfinished. Since then, we have been able to complete the Sunday school rooms, chapel, and patio. We also have building plans in hand and money in the bank to complete the kitchen. The fellowship hall is essentially completed. We are ready to focus our attention on the temple.

The church has a mortgage on the fellowship hall and the monthly payment is \$20,500. To date, this is being paid from 2 accounts – the General Fund (tithes) and the Building Fund. A huge step in our journey to build our temple is to pay our mortgage entirely from the general fund. This will begin in January of 2022.

Can you help? Our goal is an increase of \$11,000/month to the General Fund. We are asking each person what they can give—over and above their current giving—to reach this goal.

A couple more details: currently, we have \$8,600/month already pledged, so we are getting close. The current “Building Fund” will be renamed the “Temple Fund” and all funds donated will go toward building the temple. The golf tournament proceeds from 2021 and from here forward will go to the Temple Fund.

God is with us!

Dr. Scott Speier, Chairperson
Building Fund & Finance Committee



ANNOUNCEMENTS

TEEN Religious Education will resume THIS SUNDAY, January 9th, after the Eucharist, but will **not meet next Sunday**, due to the celebration in honor of Fr. Nicholas during Coffee Hour.

UPCOMING FEASTS & SPECIAL SERVICES

FEAST OF THEOPHANY

Sunday, January 9

HOLY WATER IS AVAILABLE TODAY TO TAKE HOME AFTER LITURGY.

It was blessed at the Divine Liturgy on January 6th.

1:00 p.m. — Outdoor Blessing of the Water at the SB Yacht Club

FEAST OF ST. ATHANASIUS

Monday, January 17 — 5:30 p.m. Festal Great Vespers followed by Divine Liturgy

FEAST OF THE PRESENTATION OF OUR LORD IN THE TEMPLE

Tuesday, February 1 — 6:00 p.m. Festal Great Vespers

Wednesday, February 2 — 8:30 a.m. Festal Divine Liturgy

ADULT CATECHISM begins again on Sunday, January 23rd.

Please note that Catechism will now be on Sundays after Coffee Hour, instead of on Saturdays.

Salvation in Christ—Orthodox Spirituality

January 23	Baptism & Chrismation
January 30	The Eucharist & Repentance
February 6	Priesthood & Spiritual Guidance (Fr. Nicholas)
February 13	NO CLASS (Met. Joseph's Pastoral Visit)
February 20	Keeping the Commandments & Teachings of Christ

A Virtuous Life

February 27	Faith, Hope, Love
March 6	The Spiritual Disciplines: Prayer, Fasting, & Almsgiving
March 13	Dispassion and Theosis

A Sacramental Life—Visible signs & Entries to the Invisible & Divine

March 20	The Role of Beauty in Worship & Spiritual Life (Jane Meyer)
March 27	The Holy Temple and Corporate Prayer
April 3	Music: Worship with our Voices, Entering the Beauty of the Kingdom (Valerie Yova)

Spiritual Communion

April 10	The Hearing of the Word of God
April 17	Prayer of the Heart

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)

Nick & Kristine J. (military)
Connor V. (military)
Steve T.
Bev R.
Phyllis M.
Scott L.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Coleman Family (Lori, Abby, Matt)
Jerry J.
Chuck S.
Mat. Trudi & Richter Family
Linda Gish & Family
Kevin F.
Debbie S.
Steve H.
David L.

Joanne R.
James A.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Liz. P., Archpriest Nicholas N. ,Tom W., Fr. Thomas L

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

January 6th
Theophany (Epiphany) of our Lord
Apolytikion

Byzantine chant Tone 1

Bishop BASIL (Essey)

ison When Thou, O Lord, wast bap - tized in the Jor - dan,
wor - ship of the Trin - i - ty was made man - i - fest. For the
voice of the Fa - ther bore wit - ness to Thee call - ing
Thee His Be - lov - ed Son; and the Spir - it in the
like - ness of a dove con - firmed the truth of His word.
O Christ our God, who hast ap - peared
and en - light - ened the world, glo - ry to Thee.
Final Ending
glo - ry to Thee.