



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Pastor Emeritus

Fr. Nicholas Speier
805-685-5400
frnicholas@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey (retired)
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2021-2022:

Laurie Baker, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Mary Denny
David Dillon
Glenn Hoppe
Lara Jacobs
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, January 16, 2022

Tone 5 / Eothinon 8;

Twenty-ninth Sunday after Pentecost
& Twelfth Sunday of Luke

Veneration of the Precious Chains of the Apostle Peter

Peusippos and Neonilla, and the Martyrs of Cappadocia;
Hieromartyr Damaskinos of Hilandar Monastery on Athos



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
Please join us on the patio after the Liturgy for Coffee Hour.
We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, January 16

9:00 a.m. Religious Education for ages 6-12
Blessing of the Atria
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
NO TEEN EDUCATION TODAY
11:45 a.m. **RETIREMENT CELEBRATION**
in honor of Fr. Nicholas

Monday, January 17

6:45 a.m. Daily Matins
5:00 p.m. St. Xenia Prayer Ministry—Akathist
by Zoom
5:30 p.m. Festal Great Vespers for Feast of
St. Athanasius with Artoklasia
6:30 p.m. Festal Divine Liturgy for Feast of
St. Athanasius

Tuesday, January 18—ST. ATHANASIUS

5:30 p.m. Daily Vespers

Wednesday, January 19

6:45 a.m. Daily Matins
8:30 a.m. **Divine Liturgy**
12:00 p.m. St. Xenia Prayer Ministry

Thursday, January 20

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
3:30 p.m. Catechesis Level I
5:30 p.m. Vespers—St. Maximus
6:00 p.m. Youth Group

Friday, January 21—ST. MAXIMUS

6:45 a.m. Daily Matins

Saturday, January 22

6:00 p.m. Great Vespers/Confessions

Sunday, January 23

9:00 a.m. Matins
9:00 a.m. Religious Education for ages 6-12
Blessing of the Atria
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
Speaker from Pathway Family Services
12:30 p.m. Adult Catechism

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

January 16 Dn. G. Braun
January 23 Dillon
January 30 Morrison
February 2 Kern
February 6 D. Washburn

READERS

January 16 D. Washburn
January 17 D. Alexander (Vespers 5:30 p.m.
& Liturgy 6:30 p.m.
Feast of St. Athanasius)
January 23 Rdr. H. Lange
January 29 Rdr. M. Kern (Vespers)
January 30 Rdr. J. Butler
February 1 D. Meyer (Vespers)
February 2 Rdr. V. Gish (Liturgy)
February 5 D. Washburn (Vespers)
February 6 D. Meyer

GREETERS

January 16 L. Baker/C. Fisher
January 23 P. Cocores/M. Loulias
January 30 K. P. King/D. Washburn
February 6 G. & L. Hoppe

USHERS

January 16 D. Washburn/K.L. King
January 23 C. Speier/S. Speier
January 30 C. Berari/Dorothy Alexander
February 6 P. King/J. King

COFFEE HOUR HOSTS

January 16 Celebration for Fr. Nicholas
January 23 Kern (Ethiopian Coffee Hour)
January 30 Nikolov
February 6 Alexander

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

January 20 L. Ballew/D. Franzen
January 27 M Loulias/P. Cocores
February 3 D. Washburn/D. Alexander
February 10 F. Young/S. Saunders

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

**Glory to the Father and to the Son and to the Holy Spirit;
Now and ever and unto ages of ages. Amen.**

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 5

(Music on p. 47-48 of Liturgy book)

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.
For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Troparion for the Apostle Peter

Tone 4

You came to us without leaving Rome
through the precious chains that you wore.
First-enthroned of the Apostles,
we bow down to them in faith and pray://
“Through your prayers to God grant us great mercy!”

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of The Feast of the Presentation of Our Lord in the Temple

Tone 1

By Your Nativity You sanctified the Virgin’s womb!
And blessed Simeon’s hands, O Christ God.
Now You have come and saved us through love.
Grant peace to all Orthodox Christians, O only Lover of Man!

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle
(Page 60 of Liturgy book)

Tone 5 Byzantine melody
harmonized by Fr. J. Finley

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

Verse: Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

EPISTLE READING
Colossians 3:4-11

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Verse: I will sing of the mercies of the Lord forever; with my mouth;
I will make known Thy faithfulness to all generations. (*Ps 88/89:1*)

Verse: For Thou hast said: "Mercy shall be built up forever;
In the heavens shall Thy truth be established." (*Ps 88/89:2*)

GOSPEL READING

For the Veneration of the Precious Chains of the Apostle Peter John 21:14-25

At that time, Jesus revealed himself to the disciples after he was raised from the dead. And he said to Simon Peter, "Simon, son of John, do you love me more than these?" He said to him, "Yes, Lord; you know that I love you." He said to him, "Feed my lambs." A second time he said to him, "Simon, son of John, do you love me?" He said to him, "Yes, Lord; you know that I love you." He said to him, "Tend my sheep." He said to him the third time, "Simon, son of John, do you love me?" Peter was grieved because he said to him the third time, "Do you love me?" And he said to him, "Lord, you know everything; you know that I love you." Jesus said to him, "Feed my sheep. Truly, truly, I say to you, when you were young, you girded yourself and walked where you would; but when you are old, you will stretch out your hands, and another will gird you and carry you where you do not wish to go." (This he said to show by what death he was to glorify God.) And after this he said to him, "Follow me." Peter turned and saw following them the disciple whom Jesus loved, who had lain close to his breast at the supper and had said, "Lord, who is it that is going to betray you?" When Peter saw him, he said to Jesus, "Lord, what about this man?" Jesus said to him, "If it is my will that he remain until I come, what is that to you? Follow me!" The saying spread abroad among the brethren that this disciple was not to die; yet Jesus did not say to him that he was not to die, but, "If it is my will that he remain until I come, what is that to you?" This is the disciple who is bearing witness to these things, and who has written these things; and we know that his testimony is true. But there are also many other things which Jesus did; were every one of them to be written, I suppose that the world itself could not contain the books that would be written. Amen.

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest! Alleluia (3x)

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

CELEBRATIONS THIS WEEK

Wedding Anniversaries

1/20 Fr. Nicholas & Jan Speier

Birthdays

1/19 John Wallace

1/20 Evonne Chala

1/21 Jody Wallace

1/22 Cyrus Brunner

Patron Saint Commemorations

1/17 St. Anthony the Great Beau Brunner, Lincoln Brunner, Evonne Chala

1/18 St. Cyril of Alexandria Owen J. Finley

1/21 St. Maximus the Confessor Dominic Dopico

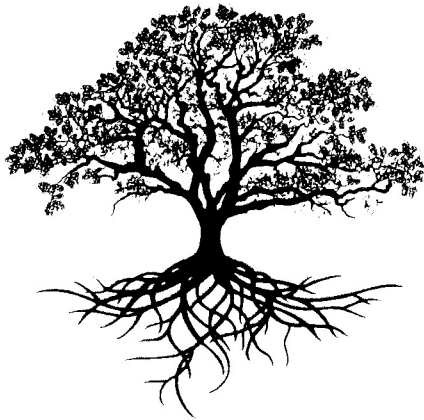
1/22 Timothy the Apostle Timothy Braun, Timmy Palmer

PATHWAY FAMILY SERVICES

ON SUNDAY, JANUARY 23rd, we will host David Nye from Pathway Family Services. He will provide information for all who are interested in foster care, adoption, and services available to foster and adoptive families.

Since 2006, Pathway Family Services has answered the call to care for the needs of these foster children by training, certifying, and supporting resource families in their brave efforts to re-write the stories of abused and neglected children. Pathway Family Services has transformed the lives of a great number of abused, neglected, and at-risk children and their families by providing safe homes, counseling, resources, and education for both foster children and resource families.

For more information: <https://pfsffa.org/>



You are invited to

The Practice of Prayer

A prayer retreat -- January 20 -22, 2022

*We all start
from an acorn
and aspire to be an oak.*

**In Santa Paula, CA at Glen Tavern Inn
and St. Barbara Monastery**

Speakers:

Mother Victoria, Abbess of St. Barbara Monastery
& Fr. Symeon Halsell, Priest at St. Athanasius Antiochian Orthodox Church

Workshops: The Jesus prayer, intercessory prayer, corporate/Liturgical prayer, praying with icons, and Psalmody - all to enliven your daily prayer rule.

Overview of Schedule:

<p>Thursday (Glen Tavern Inn) - Check in, dinner, speaker/workshop 1</p> <p>Friday - Breakfast, Akathist, workshop 2 - To the monastery - lunch, speaker, Q/A, Time for practice of prayers</p>	<p>- Dinner (GTI) and workshop 3</p> <p>Saturday - Breakfast, workshop 4 - To the monastery, lunch, workshop 5, Time for practice of prayer & more Q/A, - Father's exhortations, Great Vespers</p>
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Details:

- Book your rooms ASAP through Glen Tavern Inn, (805) 933-5550, 134 N. Mill St. Santa Paula **Be sure to ask for "Prayer Retreat" rate** for 2 nights (standard queen -- \$99 per night inclusive of taxes and fees; 2 queen beds -- \$110/night inclusive; + continental breakfast). We have blocked off 17 discounted rooms. If you can't do stairs specify ground floor. Commuters are welcome!
- Retreat registration fee: \$90 for the 3 days (includes materials, 2 dinners and 2 lunches); Friday/Saturday -- \$75; Saturday only -- \$50 (registration fee is non-refundable)
- Children 12 and under are free (No childcare is provided.)
- Registration is payable online at www.stathanasius.org or by check to SAOC with "Retreat Registration" in the memo, mail to Dorothy Alexander, c/o St. Athanasius Orthodox Church, 300 Sumida Gardens Lane, Santa Barbara, CA 93111. Include your name, email, & phone contact to be sent more information.

All proceeds above operating costs will be donated to St. Barbara Monastery.

Questions? Contact Dorothy Alexander at: dotalexander@westmont.edu

BUILDING A HOLY TEMPLE for GOD

St. Athanasius Church is beginning an exciting transition in our building program. We are setting our sites on our ultimate goal – to build a holy temple for our God. This is a once in a lifetime opportunity to build something beautiful and holy to God’s glory that will be a benefit generations to come.

In 2014 we built our fellowship hall, but as you recall it was unfinished. Since then, we have been able to complete the Sunday school rooms, chapel, and patio. We also have building plans in hand and money in the bank to complete the kitchen. The fellowship hall is essentially completed. We are ready to focus our attention on the temple.

The church has a mortgage on the fellowship hall and the monthly payment is \$20,500. To date, this is being paid from 2 accounts – the General Fund (tithes) and the Building Fund. A huge step in our journey to build our temple is to pay our mortgage entirely from the general fund. This will begin in January of 2022.

Can you help? Our goal is an increase of \$11,000/month to the General Fund. We are asking each person what they can give—over and above their current giving—to reach this goal.

A couple more details: currently, we have almost \$10,000/month already pledged, so we are getting close. The current “Building Fund” will be renamed the “Temple Fund” and all funds donated will go toward building the temple. The golf tournament proceeds from 2021 and from here forward will go to the Temple Fund.

God is with us!

Dr. Scott Speier, Chairperson
Building Fund & Finance Committee



ANNOUNCEMENTS

BLESSING OF HOMES with the Water of Theophany!

In this season it is customary to invite a priest to bless your home and your family. To partake in this blessing, please speak to any of our priests to schedule a time for him to bless your home.

THERE ARE LOTS OF BEAUTIFUL PHOTOS on the parish website from our Theophany celebration. <https://www.stathanasius.org/media/photo-gallery/>

UPCOMING FEASTS & SPECIAL SERVICES

FEAST OF ST. ATHANASIUS

Monday, January 17 — 5:30 p.m. Festal Great Vespers with Artoklasia
6:30 p.m. Festal Divine Liturgy

FEAST OF THE PRESENTATION OF OUR LORD IN THE TEMPLE

Tuesday, February 1 — 6:00 p.m. Festal Great Vespers
Wednesday, February 2 — 8:30 a.m. Festal Divine Liturgy

ADULT CATECHISM begins again on Sunday, January 23rd.

Please note that Catechism will now be on Sundays after Coffee Hour, instead of on Saturdays.

Salvation in Christ—Orthodox Spirituality

January 23 Baptism & Chrismation
January 30 The Eucharist & Repentance
February 6 Priesthood & Spiritual Guidance (Fr. Nicholas)
February 13 NO CLASS (Met. Joseph's Pastoral Visit)
February 20 Keeping the Commandments & Teachings of Christ

A Virtuous Life

February 27 Faith, Hope, Love
March 6 The Spiritual Disciplines: Prayer, Fasting, & Almsgiving
March 13 Dispassion and Theosis

A Sacramental Life—Visible signs & Entries to the Invisible & Divine

March 20 The Role of Beauty in Worship & Spiritual Life
March 27 The Holy Temple and Corporate Prayer
April 3 Music: Worship with our Voices, Entering the Beauty
 of the Kingdom (Valerie Yova)

Spiritual Communion

April 10 The Hearing of the Word of God
April 17 Prayer of the Heart

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)

Nick & Kristine J. (military)
Connor V. (military)
Steve T.
Bev R.
Phyllis M.
Scott L.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Coleman Family (Lori, Abby, Matt)
Jerry J.
Chuck S.
Mat. Trudi & Richter Family
Linda Gish & Family
Kevin F.
Debbie S.
Steve H.
David L.

Joanne R.
James A.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Liz. P., Archpriest Nicholas N. ,Tom W., Fr. Thomas L

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

Veneration of the Precious Chains of the Apostle Peter

Herod Agrippa, the grandson of Herod the Great and king of the Jews, grew wroth against the Church of Christ, and slew James, the brother of John the Evangelist. Seeing that this pleased the Jews, he took Peter also into custody and locked him up in prison, intending to keep him there until after the feast of the Passover, so that he could win the favor of the people by presenting him to them as a victim. But the Apostle was saved when he was miraculously set free by an Angel (Acts 12:1-19). The chains wherewith the Apostle was bound received from his most sacred body the grace of sanctification and healing, which is bestowed upon the faithful who draw nigh with faith. That such sacred treasures work wonders and many healings is witnessed by the divine Scripture, where it speaks concerning Paul, saying that the Christians in Ephesus had such reverence for him, that his handkerchiefs and aprons, taken up with much reverence, healed the sick of their maladies: "So that from his body were brought unto the sick handkerchiefs or aprons, and the diseases departed from them, and the evil spirits went out of them" (Acts 19:12). But not only the Apostles' clothing (which certainly touched the bodies of the sick), but even their shadow alone performed healings. On beholding this, people put their sick on stretchers and beds and brought them out into the streets that, when Peter passed by, his shadow "might overshadow some of them"(Acts 5:15). From this the Orthodox Catholic Church has learned to show reverence and piety not only to the relics of their bodies, but also in the clothing of God's Saints.

<https://www.goarch.org/chapel/saints?contentid=388>