



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Pastor Emeritus

Fr. Nicholas Speier
805-685-5400
frnicholas@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey (retired)
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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**Teen Program & College/Young Adult
Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

Parish Council 2021-2022:

Laurie Baker, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Mary Denny
David Dillon
Glenn Hoppe
Lara Jacobs
Zak Landrum

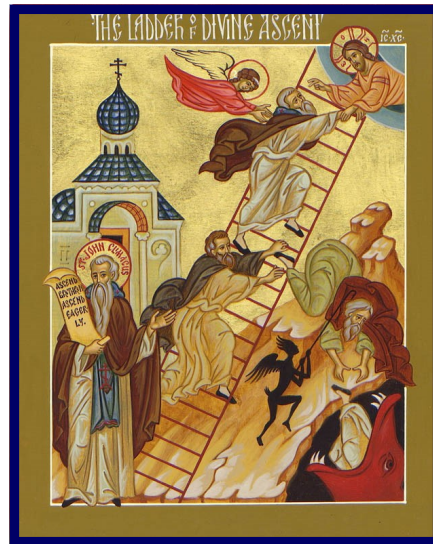
DIVINE LITURGY OF ST. BASIL THE GREAT

Sunday, April 3, 2022

Tone 8 / Eothinon 8

**Fourth Sunday of Great Lent
Commemoration of John Climacus,
Author of "The Ladder"**

Abbot Nikitas the Confessor of Medikion;
Venerable Joseph the Hymnographer;
New-martyr Paul the Russian



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
Please join us on the patio after the Liturgy for Coffee Hour.
We'd love to meet you!

We welcome children of all ages in our worship.

"Let the little children come unto Me for of such is
the Kingdom of Heaven." Luke 18:16

CALENDAR FOR THE WEEK

Sunday, April 3—ST. JOHN CLIMACUS

9:00 a.m. Matins
 9:00 a.m. Religious Education for ages 6-12
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Religious Education
 11:45 a.m. Coffee Hour
 12:30 p.m. Adult Catechism: “ Music & Worship”

Monday, April 4

6:45 a.m. Daily Matins
 5:15 p.m. St. Xenia Prayer Ministry—Akathist
 by Zoom
 6:00 p.m. Great Compline

Tuesday, April 5

7:00 p.m. Women’s Book Club

Wednesday, April 6

6:45 a.m. Daily Matins
 12:00 p.m. St. Xenia Prayer Ministry
 6:00 p.m. Presanctified Liturgy
 7:30 p.m. Soup Supper

Thursday, April 7

7:45 a.m. St. Xenia Prayer Ministry by Zoom
 10:00 a.m. Showers of Blessing
 3:30 p.m. Catechesis Level I
 6:00 p.m. Little Compline/Canon of St. Andrew

Friday, April 8 — Diocesan Women’s Retreat

6:45 a.m. Daily Matins
 6:00 p.m. Akathist

Saturday, April 9—Diocesan Women’s Retreat

6:00 p.m. Great Vespers/Confessions

THURSDAY SHOWERS OF BLESSING

HOSPITALITY TEAM

April 7 D. Washburn/D. Alexander
 April 14 F. Young, S. Saunders
 April 21 TBD
 April 28 TBD

Sunday, April 10 — ST. MARY OF EGYPT

9:00 a.m. Matins
 9:00 a.m. Religious Education for ages 6-12
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Religious Education
 11:45 a.m. Coffee Hour
 12:15 p.m. Choir Rehearsal
 12:30 p.m. Adult Catechism: “ Hearing of the Word”

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

April 3 Jacobs
 April 10 Washburn
 April 16 Meyer (Lazarus Sat. Liturgy)
 April 17 Kern
 April 24 Fr. Nicholas (Pascha)

READERS

April 3 Butler
 April 6 Alexander (Presanctified)
 April 10 Washburn
 April 16 Lange (Lazarus Liturgy)
 April 16 Gish (Vespers)
 April 17 Butler
 April 19 Alexander
 April 20 Meyer (a.m.), Kern p.m.
 April 21 Washburn
 April 22 Gish (Vespers), Lange (Lamentations)
 April 23 Kern, Gish, Butler, Lange
 April 24 Butler

GREETERS

April 3 K. Fox/D. Lewis
 April 10 C. Fisher, L. Baker
 April 17 P. Cocores/M. Loulias
 April 24 PASCHA

USHERS

April 3 J. King, P. King
 April 10 C. Speier, S. Speier
 April 17 D. Washburn/K.L. King
 April 24 D. Meyer, M. Loulias

COFFEE HOUR HOSTS

April 3 S. & T. Speier
 April 10 D. McCalmont/P. Brunner
 April 17 PALM SUNDAY POTLUCK
 April 24 PASCHA BREAKFAST

TO SIGN UP: <https://bit.ly/SAOCoffeehour>

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

THE DIVINE LITURGY OF ST. BASIL THE GREAT

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate
of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner
of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 8

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

Troparion for St. John Climacus (of the Ladder)

Tone 8

The barren wilderness thou didst make fertile
with the streams of thy tears;
and by thy deep sighing thou hast given fruit
through thy struggles a hundredfold.
Accordingly, thou hast become a star for the universe,
sparkling with miracles.
Therefore, O righteous Father John Climacus,
intercede with Christ God to save our souls.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of Annunciation**Tone 8**

To thee, our Queen, leader in battle and defender.
We thy people delivered from all peril,
offer hymns of vict'ry and thanksgiving, O Theotokos.
Since thou dost possess invincible power,
set us free from ev'ry calamity.
That we may cry unto thee: Hail O bride without bridegroom.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle**Tone 7**

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

EPISTLE READING**Hebrews 6:13-20**

Brethren, when God made a promise to Abraham, since He had no one greater by whom to swear, He swore by Himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by one greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of His purpose, He interposed with an oath. So that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest forever after the order of Melchizedek.

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

Verse: Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

GOSPEL READING

Mark. (9:16-30)

At that time, a man came to Jesus, kneeling down and saying unto him, "Teacher, I brought my son to you, for he has a dumb spirit. And wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked Thy Disciples to cast it out, and they were not able." And Jesus answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me." And they brought the boy to Him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if Thou canst do anything, have pity on us and help us." And Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, His Disciples asked Him privately, "Why could we not cast it out?" And Jesus said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And Jesus would not have anyone know it; for He was teaching His Disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill Him; and after He is killed, He will rise on the third day."

MEGLYNARION—HYMN TO THE MOTHER OF GOD

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages: He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

The righteous shall be in everlasting remembrance! He shall not fear evil tidings! (*Ps. 111:6*)

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

A message from Fr. Symeon...

Note about Communion:

If you are going to partake of the precious body and blood of Jesus Christ, please stand in line with your arms crossed right over left on your chest and when you are about to partake say, “The servant of God...” and your baptismal name. The safest way to partake of Holy Communion is for the communicant to close their mouth fully on the spoon. This avoids nearly all possibility of accidents. However, if you prefer not to partake in this way, open your mouth wide and tilt your head back and the priest will turn over the spoon in your mouth to give you Communion.

Making a Lenten Confession:

The Church teaches us to ready ourselves for Pascha by making a confession during Great Lent and to do so before Holy Unction on Holy Wednesday evening. Use the *ascesis* and time of Lent to prepare yourself to make a confession. Please contact Fr. Symeon, Fr. Nicholas, Fr. John Carrillo, or Fr. John Finley to schedule a time to make your lenten confession.

Please note that the opportunity for confession during Matins on Sunday will be limited, a priest may or may not be available, and needs to return to the Altar by the Great Doxology. Regular confession availability will be kept after Great Vespers on Saturdays, however, all other confessions should be made by appointment.

UPCOMING SPECIAL/FESTAL LITURGICAL SERVICES

Thursday, April 7	Little Compline with Canon of St. Andrew at 6:00 p.m.
Friday, April 15	Canon of Lazarus at 6:00 p.m.
Saturday, April 16	Lazarus Saturday Divine Liturgy at 8:30 a.m.
Sat./Sun., April 16/17	Palm Sunday — regular weekend service schedule

During the 6 weeks of Great Lent, we do not have Tuesday/Thursday Daily Vespers.

We pray the following services at 6:00 p.m.:

Great Compline on Mondays

Presanctified Liturgy on Wednesdays (except on April 13th, when we will join St. Barbara Parish)
Akathist on Fridays (except for April 15 - Canon of Lazarus)

SERVICES OF HOLY WEEK 2021

(Finish times are approximate.)

Palm Sunday, 4/17	Bridegroom Matins	6:00—7:15 p.m.
Monday, 4/18	Bridegroom Matins	6:00 –7:15 p.m.
Tuesday, 4/19	Presanctified Liturgy Bridegroom Matins	8:30—9:45 a.m. 6:00-7:20 p.m.
Wednesday, 4/20	Presanctified Liturgy Holy Unction	8:30—9:45 a.m. 6:00-7:40 p.m.
Thursday, 4/21	Institution Liturgy Matins with 12 Passion Gospels	8:30—9:45 a.m. 6:00-8:30 p.m.
Friday, 4/22	Royal Hours Burial Vespers Lamentation Matins at the tomb and procession outside with the bier All-night Vigil	9:00-11:00 a.m. 3:00-4:00 p.m. 7:00-8:50 p.m. 10:00 p.m.-6:00 a.m. ???
Saturday, 4/23	Vesperal Liturgy celebrating Christ's Victory over Hades and Chrismations of Catechumens	8:30 a.m.-10:15 a.m.
Sunday, 4/24	Paschal Procession, Matins Liturgy, Blessing of Baskets Break-fast, Egg Hunt Agape Vespers	5:00—6:00 a.m. 6:00—8:30 a.m. 8:00 a.m. Approx. 9:30-10:15 a.m.

PASCHA CELEBRATION

Sunday, April 24, 2022

- 5:00 a.m. Paschal Procession & Rush (Matins) Service
- 6:15 a.m. Paschal Liturgy and Blessing of Meat, Cheese and our Baskets
- 8:00 a.m. Break-fast on the patio — Bring your own Pascha basket.
The church will provide:
Pascha eggs
Meats (breakfast sausage, bacon and ham)
Pascha cheese
Bread
Strawberries
Coffee, tea, hot cocoa, juice, chocolate milk, water
- Sorry...no buffet table this year for sharing food items.
- 8:30 a.m. Egg Hunt for the kids in the field behind the church
- 9:15 a.m. Agape Vespers with the Gospel read in many languages



NO PICNIC AT THE PARK THIS YEAR.

PARENTS: For the egg hunt

- Please bring **one dozen FILLED PLASTIC EGGS** for each child (preschool through Grade 6) who will be participating.
- Bags will be provided for the kids to use when collecting eggs.
- Filled eggs need to be brought to the church **no later than 6:00 a.m. on Pascha morning**. There will be a cart in the hallway near the church office where you can drop off eggs throughout Holy Week.
- **Please mark the filled eggs according to the age of your child: Preschool/Kindergarten, Grades 1-3, or Grades 4-6.**

Questions? Contact Christie Robinson:
christie.d.robinson@gmail.com

If you do not have children participating but would like to donate eggs for the hunt for children who might be visiting that day, or for a particular family in the parish, your donations are welcome! Please let Christie know.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)

Nick & Kristine J. (military)
Connor V. (military)
Steve T.
Bev R.
Phyllis M.
Scott L.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Coleman Family (Lori, Abby, Matt)
Jerry J.
Chuck S.
Mat. Trudi & Richter Family
Linda Gish & Family
Kevin F.
Debbie S.
Steve H.
David L.

Joanne R.
James A.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families
Bob
Lance. S.
Obadiah

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Kaelynn, Bill

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

Today we commemorate St. John Climacus and his work “The Ladder of Divine Ascent,” both of which have had a great impact on the Holy Orthodox Church through their influence on the monastic community and on the Church at large. St. John was given the name “Climacus” because of his writings. “Climacus” means “ladder” and thus his name is a nod to the work by that name. From a very young age, John desired to serve God with all of his heart. He became a monk at the Mt. Sinai Monastery when he was only 16 years old, and he served there faithfully for years before going into the desert to live a hermit’s life.

The fight against the devil and his passions was difficult, but John faithfully prayed and focused on Christ, and over time he became holier because of his refusal to give in to those passions. His holiness drew people to John, and even monks would come to him to ask for advice. God gave him the gift to be able to help people who were severely tempted and/or upset to be at peace.

God used John to work some miracles during his lifetime. For example, one time his disciple Moses was far from their dwelling, searching for dirt for their garden, when he got very hot and tired, so he took a rest under a big rock. As this was happening, John was back at his cell, praying, when he had a revelation that Moses was in danger. John began to pray fervently for his disciple. Later in the evening, when Moses returned home, he told John that while he had been sleeping under the rock, he heard John calling him, so he woke up and moved quickly, just as the huge rock crashed down right where he had been sleeping! God had heard John’s prayers and saved Moses with this miracle.

Many years passed, and John continued to faithfully pray and read from the lives of the saints. He continued to live a holy life. At age 74, he was made the abbot at the Mt. Sinai Monastery. The monks there asked him to write down all of the rules that he’d followed for his whole life, so that they could follow his example. He wrote about thirty steps that can lead monks (and any Orthodox Christian) closer to God. He called the steps “The Ladder of Divine Ascent.” Although this book was written about 1,400 years ago, it is still considered the ultimate guide to the Christian ascetic life.

<http://ww1.antiochian.org/lenten-sundays-series-sunday-st-john-climacus>