



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Pastor Emeritus

Fr. Nicholas Speier
805-685-5400
frnicholas@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey (retired)
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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**Teen Program & College/Young Adult
Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

Parish Council 2021-2022:

Laurie Baker, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Mary Denny
David Dillon
Glenn Hoppe
Lara Jacobs
Zak Landrum

DIVINE LITURGY OF ST. BASIL THE GREAT

Sunday, April 10, 2022

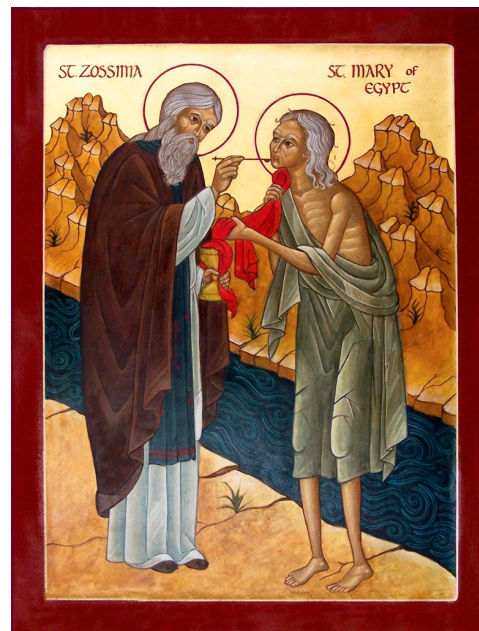
**Tone 1 / Eothinon 9; Fifth Sunday of Great Lent
Commemoration of our Righteous Mother**

Mary of Egypt

Martyrs Terence and Pompey of Carthage and those with them;

New-hieromartyr Gregory V, Patriarch of Constantinople;

New-martyr Demas of Smyrna



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
Please join us on the patio after the Liturgy for Coffee Hour.
We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, April 10 — ST. MARY OF EGYPT

9:00 a.m.	Matins
9:00 a.m.	Religious Education for ages 6-12
10:00 a.m.	Divine Liturgy
11:30 a.m.	Teen Religious Education
11:45 a.m.	Coffee Hour
12:15 p.m.	Choir Rehearsal
12:30 p.m.	Adult Catechism: "Hearing of the Word"

Monday, April 11

6:45 a.m.	Daily Matins
5:15 p.m.	St. Xenia Prayer Ministry—Akathist by Zoom
6:00 p.m.	Great Compline

Tuesday, April 12

6:00 p.m.	Choir Rehearsal
7:00 p.m.	Women's Book Club

Wednesday, April 13

6:45 a.m.	Daily Matins
12:00 p.m.	St. Xenia Prayer Ministry
6:00 p.m.	Presanctified Liturgy AT ST. BARBARA GREEK PARISH

Thursday, April 14

7:45 a.m.	St. Xenia Prayer Ministry by Zoom
10:00 a.m.	Showers of Blessing
3:30 p.m.	Catechesis Level I
6:00 p.m.	Youth Group

Friday, April 15

6:45 a.m.	Daily Matins
6:00 p.m.	Canon of Lazarus

Saturday, April 16—LAZARUS SATURDAY

8:30 a.m.	Liturgy of Lazarus Saturday
10:00 a.m.	Coffee Hour
10:30 a.m.	Work Party—All are welcome!
6:00 p.m.	Great Vespers/Confessions

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

April 14	F. Young, S. Saunders
April 21	M. Loulias/D. Franzen
April 28	M. Loulias/K. Gomez
May 5	D. Alexander/D. Washburn

Sunday, April 17 — PALM SUNDAY

9:00 a.m.	Matins
9:00 a.m.	Religious Education for ages 6-12
10:00 a.m.	Divine Liturgy
11:30 a.m.	Teen Religious Education
11:45 a.m.	POTLUCK LUNCHEON
12:30 p.m.	Adult Catechism: "Prayer of the Heart"
5:00 p.m.	Choir Rehearsal
6:00 p.m.	Bridegroom Matins

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

April 10	Washburn
April 16	Meyer (Lazarus Sat. Liturgy)
April 17	Kern
April 24	Fr. Nicholas (Pascha)
May 1	Sieck

READERS

April 10	Washburn
April 16	Lange (Lazarus Liturgy)
April 16	Gish (Vespers)
April 17	Butler
April 19	Alexander
April 20	Meyer (a.m.), Kern p.m.
April 21	Washburn
April 22	Gish (Vespers), Lange (Lamentations)
April 23	Kern, Gish, Butler, Lange
April 24	Butler
May 1	Meyer

GREETERS

April 10	C. Fisher, L. Baker
April 17	P. Cocores/M. Loulias
April 24	PASCHA
May 1	G. & L. Hoppe

USHERS

April 10	C. Speier, S. Speier
April 17	D. Washburn/K.L. King
April 24	D. Meyer, M. Loulias
May 1	P. King, J. King

COFFEE HOUR HOSTS

April 10	D. McCalmont
April 17	PALM SUNDAY POTLUCK
April 24	PASCHA BREAKFAST
May 1	D. McCalmont

TO SIGN UP: <https://bit.ly/SAOCcoffeehour>

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

THE DIVINE LITURGY OF ST. BASIL THE GREAT

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate
of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner
of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 1

(Music on p. 40 of Liturgy book)

While the stone was sealed by the Jews,
and the soldiers were guarding Thy most pure body,
Thou didst arise on the third day,
O Savior, granting life to the world.
For which cause the heavenly pow'rs
cried aloud unto Thee, O Giver of life;
Glory to Thy resurrection, O Christ!
Glory to Thy kingdom!
Glory to Thy providence, O Thou
Who alone art the lover of mankind.

Troparion of St. Mary of Egypt

Tone 8

The image of God was truly preserved in you, O Mother,
for you took up the Cross and followed Christ.
By so doing, you taught us to disregard the flesh
for it passes away;
but to care instead for the soul, for it is immortal.
Therefore your spirit, O holy Mother Mary,
rejoices with the angels.

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays**Tone 4**

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 1**

Reader: Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Reader: **Verse:** Rejoice in the Lord, O you righteous! Praise is becoming to the upright.

THE EPISTLE READING**Hebrews 9:11-14**

Brethren, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) He entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered Himself without blemish to God, purify your conscience from dead works to serve the living God.

Alleluia before the Gospel**Tone 1**

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!**Verse:** It is God Who avenges me, and subdues people under me. (*Ps 17/18:47*)**Verse:** He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (*Ps 17/18:50*)**GOSPEL READING**
Mark 10:32-45

At that time, Jesus took His twelve disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem. And the Son of man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles. And they will mock Him, and scourge Him, and spit upon Him, and kill Him; and after three days He will rise again."

And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we want you to do for us whatever we ask of You." And Jesus said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at Your right hand and one at Your left, in Your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized. But to sit at My right hand or at My left is not Mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of man also came not to be served but to serve, and to give His life as a ransom for many."

MEGLYNARION—HYMN TO THE MOTHER OF GOD

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages: He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

COMMUNION HYMNSPraise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)The righteous shall be in everlasting remembrance! He shall not fear evil tidings! (*Ps. 111:6*)

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

A message from Fr. Symeon...

Note about Communion:

If you are going to partake of the precious body and blood of Jesus Christ, please stand in line with your arms crossed right over left on your chest and when you are about to partake say, “The servant of God...” and your baptismal name. The safest way to partake of Holy Communion is for the communicant to close their mouth fully on the spoon. This avoids nearly all possibility of accidents. However, if you prefer not to partake in this way, open your mouth wide and tilt your head back and the priest will turn over the spoon in your mouth to give you Communion.

Making a Lenten Confession:

The Church teaches us to ready ourselves for Pascha by making a confession during Great Lent and to do so before Holy Unction on Holy Wednesday evening. Use the *ascesis* and time of Lent to prepare yourself to make a confession. Please contact Fr. Symeon, Fr. Nicholas, Fr. John Carrillo, or Fr. John Finley to schedule a time to make your lenten confession.

Please note that the opportunity for confession during Matins on Sunday will be limited, a priest may or may not be available, and needs to return to the Altar by the Great Doxology. Regular confession availability will be kept after Great Vespers on Saturdays, however, all other confessions should be made by appointment.

UPCOMING SPECIAL/FESTAL LITURGICAL SERVICES

Monday, April 11	Great Compline at 6:00 p.m.
Wednesday, April 13	Presanctified Liturgy (at St. Barbara Greek Church, 6:00 p.m.)
Friday, April 15	Canon of Lazarus at 6:00 p.m.
Saturday, April 16	Lazarus Saturday Divine Liturgy at 8:30 a.m. followed by Coffee Hour & Work Party
Sat./Sun., April 16/17	Palm Sunday — regular weekend service schedule

SERVICES OF HOLY WEEK 2022

(Finish times are approximate.)

Palm Sunday, 4/17	Bridegroom Matins	6:00—7:15 p.m.
Monday, 4/18	Bridegroom Matins	6:00 –7:15 p.m.
Tuesday, 4/19	Presanctified Liturgy Bridegroom Matins	8:30—9:45 a.m. 6:00-7:20 p.m.
Wednesday, 4/20	Presanctified Liturgy Holy Unction	8:30—9:45 a.m. 6:00-7:40 p.m.
Thursday, 4/21	Institution Liturgy Matins with 12 Passion Gospels	8:30—9:45 a.m. 6:00-8:30 p.m.
Friday, 4/22	Royal Hours Burial Vespers Lamentation Matins at the tomb and procession outside with the bier All-night Vigil	9:00-11:00 a.m. 3:00-4:00 p.m. 7:00-8:50 p.m. 10:00 p.m.-6:00 a.m. ???
Saturday, 4/23	Vesperal Liturgy celebrating Christ's Victory over Hades and Baptisms of Catechumens	8:30 a.m.-10:15 a.m.
Sunday, 4/24	Paschal Procession, Matins Liturgy, Blessing of Baskets Break-fast, Egg Hunt Agape Vespers	5:00—6:00 a.m. 6:00—8:30 a.m. 8:00 a.m. Approx. 9:30-10:15 a.m.

PASCHA CELEBRATION

Sunday, April 24, 2022

- 5:00 a.m. Paschal Procession & Rush (Matins) Service
- 6:15 a.m. Paschal Liturgy and Blessing of Meat, Cheese and our Baskets
- 8:00 a.m. Break-fast on the patio — Bring your own Pascha basket.
The church will provide:
Pascha eggs
Meats (breakfast sausage, bacon and ham)
Pascha cheese
Bread
Strawberries
Coffee, tea, hot cocoa, juice, chocolate milk, water
- Sorry...no buffet table this year for sharing food items.
- 8:30 a.m. Egg Hunt for the kids in the field behind the church
- 9:15 a.m. Agape Vespers with the Gospel read in many languages



NO PICNIC AT THE PARK THIS YEAR.

PARENTS: For the egg hunt

- Please bring **one dozen FILLED PLASTIC EGGS** for each child (preschool through Grade 6) who will be participating.
- Bags will be provided for the kids to use when collecting eggs.
- Filled eggs need to be brought to the church **no later than 6:00 a.m. on Pascha morning**. There will be a cart in the hallway near the church office where you can drop off eggs throughout Holy Week.
- **Please mark the filled eggs according to the age of your child: Preschool/Kindergarten, Grades 1-3, or Grades 4-6.**

Questions? Contact Christie Robinson:
christie.d.robinson@gmail.com

If you do not have children participating but would like to donate eggs for the hunt for children who might be visiting that day, or for a particular family in the parish, your donations are welcome! Please let Christie know.

ANNOUNCEMENTS

There will be **NO PRESANCTIFIED LITURGY** this Wednesday, April 13th (the 6th week of Lent). We are invited to join St. Barbara Greek parish for Presanctified Liturgy this Wed. at 6:00 p.m. A meal will be provided afterwards, and Fr. Symeon will offer a brief meditation.

WORK PARTY THIS SATURDAY

Please consider staying this Saturday after the Liturgy for Lazarus Saturday to help with the preparations/cleaning for Palm Sunday and Holy Week. We need lots of help with decorating and polishing. Children are welcome!

Please pray for our catechumens, who are preparing to be received into the Orthodox Faith.

- Tatiana Calhoun
- Brett & Laura Eberhard and their daughters Madison and Taylor
- Kaleigh Flores

To be received on Holy Saturday morning, April 23rd:

- Jason & Melissa Wayne and their daughters Adora, Atalya and Athena

THANK YOU FOR YOUR SUPPORT of our Lenten collection of food items for the Food Bank of Santa Barbara! **Please continue to bring your donations until THIS COMING SUNDAY — Palm Sunday.** Cash donations are also welcome. Checks should be made out to St. Athanasius with a memo: "Food for Hungry People."

If you took home one of the coin collection boxes for the Archdiocese **FOOD FOR HUNGRY PEOPLE CAMPAIGN**, we ask that they be returned to church on Palm Sunday so that we can deposit the funds and send a check to the Archdiocese.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

4/15 Robert & Leslee Kinman

Birthdays

4/10 Fr. John Finley

4/12 Gabriel Speier

4/14 Olga Marie Gabrie

4/15 Corie Sieck, Ysabella Madrigal

4/16 Maria Butler, Nicholas Butler

Patronal Feast Days

4/16 St. Galena

Paige Zidek

4/16 St. Lazarus of Four Days, Bishop of Kition

Jeremiah Hoppe

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)

Nick & Kristine J. (military)
Connor V. (military)
Steve T.
Bev R.
Phyllis M.
Scott L.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Coleman Family (Lori, Abby, Matt)
Jerry J.
Chuck S.
Mat. Trudi & Richter Family
Linda Gish & Family
Kevin F.
Debbie S.
Steve H.
David L.

Joanne R.
James A.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families
Bob
Lance. S.
Obadiah
Julianna B.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Kaelynn, Bill

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

On the Fifth Sunday of Lent the Orthodox Church commemorates our Righteous Mother Mary of Egypt. The feast day of Saint Mary of Egypt is April 1, however, she is also commemorated on this Sunday due to her recognition by the Church as a model of repentance.

This Life of Our Venerable Mother Mary of Egypt was written down in the seventh century by Saint Sophronius, Patriarch of Jerusalem, some hundred years after the repose of the holy Mary, who fell asleep in the Lord April 1, 522. It is one of the most beautiful and edifying lives of a saint. Its obvious and stated purpose is to glorify God and to feed the souls of its readers. St. Sophronius lifts up the life of blessed Mary as a most wondrous example of repentance for all the faithful. Indeed, the Church has lifted up this life before all the faithful on the Fifth Sunday of the Great Fast, the Sunday before Palm Sunday. It is both a challenge and an inspiration to us. It shows us what a human being is capable of when she works with the all-powerful saving and forgiving grace of our all-loving God.

This life should not discourage us by the superhuman efforts of glorious Mary; it should instead give us hope and the will to take courage to begin our repentance. As we go along the compunctionate path of repentance, God will give us the strength to go deeper and deeper into our souls, opening our whole life to Him so that He can heal, restore, and glorify it by uniting it to Himself. To Him be the glory for ever. Amen.

Pray to our venerable Mother Mary that she will not forsake us but that she will bear with our weaknesses, even our lack of repentance, and will always stand with us and uphold us with her holy prayers, that she will always intercede for all those who honor her.

To read her life story:
<https://stmaryofegypt.org/files/library/life.htm>