



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Pastor Emeritus

Fr. Nicholas Speier
805-685-5400
frnicholas@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey (retired)
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

**Teen Program & College/Young Adult
Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

Parish Council 2021-2022:

Laurie Baker, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Mary Denny
David Dillon
Glenn Hoppe
Lara Jacobs
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, July 3, 2022

Tone 2 / Eothinon 3

**Third Sunday after Pentecost
& Third Sunday of Matthew**

Martyr Hyacinth and his Companions of Caesarea;
Anatolios, Patriarch of Constantinople;
Venerable-martyr Gerasimos the New of Carpenision;
Venerable Nicodemus of Kozhe Lake



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Fr. Symeon and family are away until July 15.

Sunday, July 3

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 p.m. Coffee Hour

Monday, July 4—INDEPENDENCE DAY

7:00 a.m. Daily Matins
10:00 a.m. St. Xenia Prayer Ministry—Akathist
by Zoom (TIME CHANGED FOR
THIS WEEK ONLY)

Tuesday, July 5

5:30 p.m. Daily Vespers

Wednesday, June 6

7:00 a.m. Daily Matins
12:00 p.m. St. Xenia Prayer Ministry

Thursday, July 7

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Youth Group

Friday, July 8

7:00 a.m. Daily Matins

Saturday, July 9

6:00 p.m. Great Vespers/Confessions

Sunday, July 10

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 p.m. Coffee Hour
12:15 p.m. Open Choir Rehearsal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

July 3 Sieck
July 10 Dn. G. Braun
July 17 Washburn
July 24 Tinyayeva

READERS

July 3 Butler
July 10 Gish
July 16 Kern (Vespers)
July 17 Lange
July 24 Washburn

GREETERS

July 3 K. Fox/L. Baker
July 10 M. Loulias/P. Cocores
July 17 G. & L. Hoppe
July 24 H. Lange/D. Washburn

USHERS

July 3 P. King/J. King
July 10 D. Meyer/M. Loulias
July 17 C. Berari/D. Alexander
July 24 C. Speier/S. Speier

COFFEE HOUR HOSTS

July 3 King/Hoppe/Meyer/Gish
July 10 D. McCalmont
July 17 S. & T. Speier
July 24 MUSIC MINISTRY

**TO SIGN UP TO HOST A COFFEE HOUR:
<https://bit.ly/SAOCcoffeehour>**

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

July 7 D. Alexander/D. Washburn
July 14 F. Young/S. Saunders
July 21 M. Loulias/K. Gomez
July 28 F. Young/S. Saunders

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**We sing the following hymns of the day after
The Little Entrance:**

Troparion of the Resurrection

Tone 2

(Music on p. 42 of Liturgy book)

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy hell with Thy Godly power.
And when Thou didst raise the dead from beneath the earth,
all the powers of Heaven did cry aloud unto Thee:
O Christ, Thou giver of life, glory to Thee.

Troparion to St. Athanasius

Tone 3

(Music on page 54 of Liturgy Book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 2
(Music on p. 57 of Liturgy book.)

The Lord is my strength and my song; He has become my salvation. *(Ps 117/118:4)*

v: The Lord has chastened me sorely, but He has not given me over to death.
(Ps 117/118:18)

EPISTLE READING
Romans 5:1-11

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through Him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man—though perhaps for a good man one will dare even to die. But God shows His love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by His blood, much more shall we be saved by Him from the wrath of God. For if while we were enemies we were reconciled to God by the death of His Son, much more, now that we are reconciled, we shall be saved by His life. Not only so, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received our reconciliation.

Alleluia before the Gospel
(Music on p. 64 of Liturgy book.)

Tone 2

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

v: May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you! (Ps 19/20:1)

v: Save the King, O Lord, and hear us on the day we call! (Ps 19/20:9)

GOSPEL READING

Matthew 6:22-33

The Lord said, “The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is evil, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore, I tell you, do not be anxious about your life, what you shall eat or what you shall drink; nor about your body, what you shall put on. Is not the soul more than food, and the body more than clothing? Look at the birds of heaven: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his stature? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon himself in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O men of little faith? Therefore, do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first His kingdom and His righteousness, and all these things shall be yours as well.”

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

ANNOUNCEMENTS

FR. SYMEON WILL BE AWAY until July 15 on vacation, and at the Archdiocese Clergy Retreat from July 18-22.

THE START TIME FOR DAILY MATINS has been changed to 7:00 a.m., every Monday, Wednesday and Friday.

PARISH COUNCIL ELECTIONS WILL BE ON SUNDAY, JULY 24th. Active parish members may vote by ballot on that day, or by email until July 29th. One of the four candidates on the ballot will be elected to serve on the Parish Council from September 2022 through August 2025.

The nominees for the one elected position are:

Dominic Dopico, Liz Hoppe, Mike Loulias and Timmy Palmer.

More information on the candidates will follow before elections.

Fr. Symeon will also appoint two new Council members. The three new members will replace Laurie Baker, Terri Speier, and David Dillon, whose terms are ending in August.

UPCOMING FEAST DAY SERVICES

TRANSFIGURATION of Our Lord

Friday, August 5

6:00 p.m.

Vespers/Artoklasia

Saturday, August 6

9:00 a.m.

Matins

10:00 a.m.

Divine Liturgy

(Bring a basket of grapes to be blessed!)

DORMITION OF THE THEOTOKOS

Monday, August 15

5:30 p.m.

Vespers/Lamentations

6:30 p.m.

Divine Liturgy

CELEBRATIONS THIS WEEK

Birthdays

7/5

Beau Brunner

7/7

Ekaterina Nikolov

7/8

Atalya Wayne

7/9

Laurie Baker

Patronal Feast Days

7/8

Saints Priscilla & Aquila

Julie Gross

And that's a wrap!
St. Athanasius SUMMER SCHOOL 2022

**A huge thank you to our Summer School teachers,
staff and helpers. It was another wonderful two weeks
of learning, praying and playing!**

Teachers: Fr. Symeon Halsell, Fr. Nicholas Speier, Lara Jacobs

Administrator: Jody Wallace

Helpers:

Anastasia Brunner, Elsa Fryer, Lucy Holian, Lydia Sieck, Lua Sprovieri, Leah Wallace, Adora Wayne and Kaden Wiebe

Afternoon activity teachers:

Fr. Symeon Halsell
Kh. Cayce-Marie Halsell
Liz Hoppe
Lara Jacobs
Timmy Palmer
Christie Robinson
Kh. Jan Speier
Fr. Nicholas Speier
Cheryl Washburn-Lander
Suzi Wiley
Valerie Yova

Soccer
Iconography
Card making
Art & Games
Woodworking/carpentry
Four Square
Music
Baseball
Art
Drumming
Music



THE HOWARD SHANNON TOURNAMENT

SAOC GOLF



GOLF
DINNER
AUCTION



Save the Date

SEPT. 16 2022

Enjoy the golf life



GLEN ANNIE
SANTA BARBARA



Thank you to Melissa Wayne, a member of our Festal Decorating Team, for adorning the icon of of **Saints Peter and Paul** for the festal service this past Tuesday!



We are extremely blessed with beautiful, drought-resistant landscaping designed so that something is always in bloom. We were able to add some new plants when we expanded the patio to include some flowers that our Festal Decorating Team will be able to use to adorn our church for feast days, including two Bird of Paradise plants.



PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)

Steve T.
Phyllis M.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Coleman Family (Lori, Abby, Matt)
Jerry J.
Chuck S.
Mat. Trudi & Richter Family
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families
Bob
Cheryl F.
Michael V.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support
of long-term missionaries from our parish.

For repose of the souls of: Archbishop Paul G., Kh. Patricia R.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

This year's Summer School students were invited to sing with the adult choir during the Eucharist on Sunday, June 19 and Sunday June 26, in hymns they had learned in music class.

