



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Pastor Emeritus

Fr. Nicholas Speier

805-685-5400

frnicholas@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey (retired)

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program & College/Young Adult
Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

Parish Council 2021-2022:

Laurie Baker, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Mary Denny

David Dillon

Glenn Hoppe

Lara Jacobs

Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

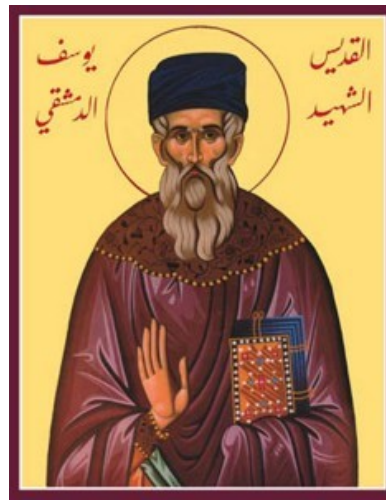
Sunday, July 10, 2022

Tone 3 / Eothinon 4

**Hieromartyr Joseph of Damascus
& His Companions**

& Fourth Sunday of Matthew

The 45 Martyrs at Nikopolis in Armenia;
Venerable Anthony of the Kiev Caves;
Venerable-martyrs Nikodemos the Albanian
and Nektarios of St. Anne Skete on Athos



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Fr. Symeon and family are away until July 15.

Sunday, July 10

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 p.m. Coffee Hour
12:20 p.m. Open Choir Rehearsal

Monday, July 11

7:00 a.m.. Daily Matins
5:15 p.m. St. Xenia Prayer Ministry—Akathist
by Zoom

Tuesday, July 12

5:30 p.m. Daily Vespers

Wednesday, June 13

7:00 a.m. Daily Matins
12:00 p.m. St. Xenia Prayer Ministry

Thursday, July 14

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Youth Group

Friday, July 15

7:00 a.m. Daily Matins

Saturday, July 16

6:00 p.m. Great Vespers/Confessions

Sunday, July 17

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 p.m. Coffee Hour
12:20 p.m. Open Choir Rehearsal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

July 10 Dn. G. Braun
July 17 Washburn
July 24 Tinyayeva
July 31 Dillon

READERS

July 10 Gish
July 16 Kern (Vespers)
July 17 Lange
July 24 Washburn
July 31 Alexander

GREETERS

July 10 M. Loulias/P. Cocores
July 17 G. & L. Hoppe
July 24 H. Lange/D. Washburn
July 31 K.P. King/L. Baker

USHERS

July 10 D. Meyer/M. Loulias
July 17 C. Berari/D. Alexander
July 24 C. Speier/S. Speier
July 31 D. Washburn/K.L. King

COFFEE HOUR HOSTS

July 10 D. McCalmont
July 17 S. & T. Speier
July 24 MUSIC MINISTRY
July 31 Women's Fellowship

TO SIGN UP TO HOST A COFFEE HOUR:

<https://bit.ly/SAOCcoffeehour>

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

July 14 D. Alexander/S. Saunders
July 21 L. Ballew/D. Franzen
July 28 M. Loulias/K. Gomez
Aug. 4 D. Alexander/D. Washburn

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**We sing the following hymns of the day after
The Little Entrance:**

Troparion of the Resurrection

Tone 3

(Music on p. 44 of Liturgy book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Troparion for St. Joseph of Damascus

Tone 5

Come, ye faithful, let us honor the martyr of Christ,
a priest of the Church of Antioch;
who by the word of the Word,
and by his blood and the blood of his companions,
baptized the land of Damascus, its Church and its people.
Being immersed in the light of the Gospel from his youth,
he worked and taught and defended the Church of Christ and her flock.
O Father Joseph of Damascus, be for us an example,
defending us and interceding for us fervently before the Savior.

Troparion to St. Athanasius

Tone 3

(Music on page 54 of Liturgy Book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays**Tone 4**

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 3

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!
Shout to God with a voice of joy! (*Ps 46/47:1*)

**EPISTLE READING
Timothy 2:1-10**

Timothy, my son, be strong in the grace that is in Christ Jesus; and what you have heard from me before many witnesses entrust to faithful men who will be able to teach others also. Share in suffering as a good soldier of Christ Jesus. No soldier on service gets entangled in civilian pursuits, since his aim is to satisfy the one who enlisted him. An athlete is not crowned unless he competes according to the rules. It is the hard-working farmer who ought to have the first share of the crops. Think over what I say, for the Lord will grant you understanding in everything. Remember Jesus Christ, risen from the dead, descended from David, as preached in my gospel, the gospel for which I am suffering and wearing fetters like a criminal. But the word of God is not fettered. Therefore, I endure everything for the sake of the elect, that they also may obtain salvation in Christ Jesus with its eternal glory.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 3
(Music on page 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia!
People: **Alleluia, Alleluia, Alleluia!**

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me.

GOSPEL READING
Matthew (8:5-13)

At that time, as Jesus entered Capernaum, a centurion came forward to him, beseeching Him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And Jesus said to him, "I will come and heal him." But the centurion answered Him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, He marveled, and said to those who followed him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the Kingdom of Heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

UPCOMING FEAST DAY SERVICES

TRANSFIGURATION of Our Lord

Friday, August 5

6:00 p.m. Vespers/Artoklasia

Saturday, August 6

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

(Bring a basket of grapes to be blessed!)

DORMITION OF THE THEOTOKOS

Monday, August 15

5:30 p.m.

Vespers/Lamentations

6:30 p.m.

Divine Liturgy

St. Athanasius Pastor's Benevolence Fund

Thank you to all of our parishioners who donate to the Pastor's Fund, which is used to support various needs within our parish, in our local community, and in the wider Orthodox and non-Orthodox communities. Here is a snapshot of what we have supported in the first six months of 2022 through the Pastor's Fund:

PASTOR'S FUND JANUARY—JUNE, 2022

Assistance to our own parishioners	\$1,810
Assistance to the unsheltered	\$2,145
Donations to non-profit organizations (local & national)	\$1,975
Camp scholarships to our own youth	\$ 395
New Gospel book cover (funds came from a bequest)	\$1,821
TOTAL	\$8,446

ANNOUNCEMENTS

FR. SYMEON and his family are away on vacation until July 15th, and then Father will be attending the Archdiocese Clergy Retreat from July 18-22.

THE NEXT MEN'S FIRESIDE will be on Monday, July 18th at 7 p.m.

PARISH COUNCIL ELECTIONS WILL BE ON SUNDAY, JULY 24th. Active parish members may vote by ballot on that day, or by email until July 29th. One of the four candidates on the ballot will be elected to serve on the Parish Council from September 2022 through August 2025.

The nominees for the one elected position are:

Dominic Dopico, Liz Hoppe, Mike Loulias and Timmy Palmer.

More information on the candidates will follow before elections.

Fr. Symeon will also appoint two new Council members. The three new members will replace Laurie Baker, Terri Speier, and David Dillon, whose terms are ending in August.

OPEN CHOIR REHEARSAL TODAY AT 12:20 p.m.

- Are you wondering if you have the gifting and calling to serve in the Music Ministry of our parish?
- Just curious to see what we do in our rehearsals?
- Want to learn a little bit about Liturgical music and how we prepare for the feasts?

JOIN US TODAY IN THE NAVE OF THE CHURCH. ALL ARE WELCOME!

CELEBRATIONS THIS WEEK

Wedding Anniversaries

7/10 Chris & Christie Robinson

7/12 Jon & Kristin King

Birthdays

7/11 David Washburn, Fr. John Carrillo

7/13 Larry Lander

7/15 Juliana Shackelford

7/16 Melissa Braun, Mary Denny, Rebekah Dillon

Patronal Feast Days

7/13 Archangel Gabriel Cheryl Fisher, Gabe Speier

THE HOWARD SHANNON TOURNAMENT

SAOC GOLF



GOLF
DINNER
AUCTION



Save the Date

SEPT. 16 2022

Enjoy the golf life



GLEN ANNIE
SANTA BARBARA

WARMING KITCHEN UPDATE

We are in the last lap and heading into the last turn on the construction of the warming kitchen. Last week the new epoxy flooring was installed. This week the team installed the stainless steel countertops, sinks, faucets, tables and storage racks. The two commercial microwaves and the dishwasher went in, along with the high quality, high volume coffee maker. The final finish items for electrical, plumbing, fire sprinklers and T-Bar ceiling are in the cue for this next week. Most of the major appliances we received from Cottage Hospital are ready to install. Some of the appliances overcooked in the years of storage. R.I.P. ice maker. Tyson Shackleford (SB Water Co.) is providing a restaurant quality water conditioning system. Many thanks for that, Tyson.

With luck, final inspection will happen this next week.

Kudos to Brian Sieck, (BDS Construction) our intrepid General Contractor. Between COVID, supply chain breaks, record inflation and over-booked subcontractors, Brian has had his hands full and is bringing her home on budget. While it seems like a long time ago, many kudos also to our long suffering Design Committee under the direction of Cheryl Lander and June Easbey.

After final inspection comes move in and learning, together, how to use all this new stuff in peace.

- Dn. Scott Jacobs, Building Committee Chairperson



PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna B. (military)

Steve T.
Phyllis M.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Jerry J.
Chuck S.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families
Bob
Cheryl F.
Michael V.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support
of long-term missionaries from our parish.

For repose of the souls of:

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

