



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Symeon Halsell  
805-685-5495  
frsymeon@stathanasius.org

**Pastor Emeritus**

Fr. Nicholas Speier  
805-685-5400  
frnicholas@stathanasius.org

**Priests attached to the parish:**

Fr. John Carrillo 805-770-3749 (retired)  
Fr. Jon Braun (retired)  
Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

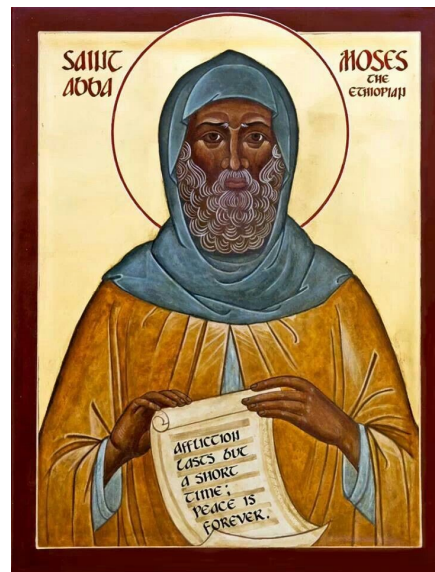
**Teen Program & College/Young Adult  
Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

**Parish Council 2021-2022:**

Laurie Baker, President  
Dan Braun, Treasurer  
Terri Speier, Secretary  
Dorothy Alexander  
Mary Denny  
David Dillon  
Glenn Hoppe  
Lara Jacobs  
Zak Landrum

**DIVINE LITURGY OF  
ST. JOHN CHRYSOSTOM**  
Sunday, August 28, 2022  
**Tone 2 / Eothinon 11;**  
**Eleventh Sunday after Pentecost  
& Eleventh Sunday of Matthew**  
**Righteous Father Moses of Ethiopia**  
Martyrs Diomedes, Damon and Laurence;  
Martyr Susanna of Georgia



### **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning.  
If you are not Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us on the patio after the Liturgy for Coffee Hour.  
We'd love to meet you!

### **We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

## CALENDAR FOR THE WEEK

### Sunday, August 28

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 p.m. Coffee Hour  
12:15 p.m. Choir Rehearsal

### Monday, August 29

#### **Beheading of St. John the Baptist**

7:00 a.m. Daily Matins  
5:15 p.m. St. Xenia Prayer Ministry—Akathist  
by Zoom

### Tuesday, August 30

5:30 p.m. Daily Vespers

### Wednesday, August 31

7:00 a.m. Daily Matins  
12:00 p.m. St. Xenia Prayer Ministry

### Thursday, September 1—Church New Year

7:45 a.m. St. Xenia Prayer Ministry by Zoom  
8:30 a.m. Divine Liturgy  
10:00 a.m. Showers of Blessing  
5:30 p.m. Daily Vespers  
6:00 p.m. Choir Rehearsal  
6:30 p.m. Youth Group

### Friday, September 2

7:00 a.m. Daily Matins

### Saturday, September 3

8:30 a.m. Men's Fellowship of St. John  
6:00 p.m. Great Vespers/Confessions

### Sunday, September 4

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 p.m. Coffee Hour  
12:15 p.m. Choir Rehearsal

## SUNDAY MORNING MINISTRIES SCHEDULE

### EUCCHARIST BREAD

August 28 Tinyayeva  
September 4 Dn. G. Braun  
September 11 Dillon  
September 18 Meyer

### READERS

August 28 Alexander  
September 4 Butler  
September 7 Lange  
(Feast of Nativity of Theotokos)  
September 10 Kern (Vespers)  
September 11 Meyer  
September 14 Gish (Feast of Cross)  
September 18 D. Alexander

### GREETERS

August 28 H. Lange/K.P. King  
September 4 L. Baker/C. Fisher  
September 11 G. & L. Hoppe  
September 18 K. Fox/K.P. King

### USHERS

August 28 S. Speier/C. Speier  
September 4 J. King/P. King  
September 11 D. Meyer/M. Loulias  
September 18 C. Berari/D. Alexander

### COFFEE HOUR HOSTS

August 28 MEN'S FELLOWSHIP  
September 4 TBA  
September 11 TBA  
September 18 TBA

**TO SIGN UP TO HOST A COFFEE HOUR:**  
<https://bit.ly/SAOCcoffeehour>

### THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Sept. 1 D. Alexander/D. Washburn  
Sept. 8 F. Young/S. Saunders  
Sept. 15 L. Ballew/D. Franzen  
Sept. 22 M. Loulias/K. Gomez

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion**

### GREAT LITANY

#### FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

#### SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

### **AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:**

#### **Troparion of the Resurrection**

**Tone 2**

When Thou didst submit Thyself unto death,  
O Thou deathless and immortal One,  
then Thou didst destroy Hell with Thy Godly pow’r,  
and when Thou didst raise the dead from beneath the earth,  
all the pow’rs of heaven did cry aloud unto Thee.  
O Christ, Thou art the Giver of life, Glory to Thee.

#### **Troparion for St. Moses the Ethiopian**

**Tone 1**

Dweller of the desert and angel in the body,  
You were shown to be a wonder-worker, our God bearing Father Moses.  
You received heavenly gifts through fasting, vigil and prayer:  
Healing the sick and the souls of those drawn to you by faith.  
Glory to Him who gave you strength!  
Glory to Him who granted you a crown!  
Glory to Him who through you grants healing to all!

**Troparion to St. Athanasius****Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion for the Feast of the Nativity of the Theotokos****Tone 4**

By your nativity, most pure Virgin,  
Joachim and Anna are freed from barrenness,  
Adam and Eve from the corruption of death.  
And we, your people, freed from the guilt of sin, celebrate and sing to You:  
“The barren woman gives birth to the Theotokos, the Nourisher of our Life.”

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)****Tone 2**

The Lord is my strength and my song; He has become my salvation. *(Ps 117/118:4)*  
*v: The Lord has chastened me sorely, but He has not given me over to death.*  
*(Ps 117/118:18)*

**THE EPISTLE READING****1 Corinthians 9:2-12**

Brethren, you are the seal of my apostleship in the Lord. This is my defense to those who would examine me. Do we not have the right to our food and drink? Do we not have the right to be accompanied by a wife, as the other apostles and the brothers of the Lord and Cephas? Or is it only Barnabas and I who have no right to refrain from working for a living? Who serves as a soldier at his own expense? Who plants a vineyard without eating any of its fruit? Who tends a flock without getting some of the milk? Do I say this on human authority? Does not the law say the same? For it is written in the Law of Moses, “You shall not muzzle an ox when it is treading out the grain.” Is it for oxen that God is concerned?

Does he not speak entirely for our sake? It was written for our sake, because the plowman should plow in hope and the thresher thresh in hope of a share in the crop. If we have sown spiritual good among you, is it too much if we reap your material benefits? If others share this rightful claim upon you, do not we still more? Nevertheless, we have not made use of this right, but we endure anything rather than put an obstacle in the way of the Gospel of Christ.

### **Preparatory Psalm Verses with Alleluia Refrain Before the Gospel    Tone 2**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:**            May the Lord hear you in the day of trouble!  
                          May the name of the God of Jacob protect you! (Ps 19/20:1)

**Verse:**            O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

### **GOSPEL READING**

#### **Matthew 18:23-35**

The Lord spoke this parable: “The kingdom of heaven may be compared to a king who wished to settle accounts with his servants. When he began the reckoning, one was brought to him who owed him ten thousand talents; and as he could not pay, his lord ordered him to be sold, with his wife and children and all that he had, and payment to be made. So the servant fell on his knees, imploring him, ‘Lord, have patience with me, and I will pay you everything.’ And out of pity for him the lord of that servant released him and forgave him the debt. But that same servant, as he went out, came upon one of his fellow servants who owed him a hundred denarii; and seizing him by the throat he said, ‘Pay what you owe.’ So his fellow servant fell down and besought him, ‘Have patience with me, and I will pay you.’ He refused and went and put him in prison until he should pay the debt. When his fellow servants saw what had taken place, they were greatly distressed, and they went and reported to their lord all that had taken place. Then his lord summoned him and said to him, ‘You wicked servant! I forgave you all that debt because you besought me; and should not you have had mercy on your fellow servant, as I had mercy on you?’ And in anger his lord delivered him to the jailers, until he should pay all his debt. So also My heavenly Father will do to every one of you, if you do not forgive your brother from your heart.”

### **Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (Ps. 148:1)

Alleluia, Alleluia, Alleluia!

## Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

## ANNOUNCEMENTS

**ST. BARBARA MONASTERY** will host its monthly **FRIENDS GATHERING** today at **4:00 p.m.** Fr. Nazari Polataiko from Holy Virgin Mary (OCA) Cathedral in Los Angeles will give a talk titled, “Reflections from a Priest on the situation in Ukraine.” His talk will be followed by Vespers and a potluck supper.

**PLEASE NOTE:** Auction items for the Golf Tournament are due by Sept. 2nd to Terri Speier!

**OUR REGULAR OFFERING OF DIVINE LITURGY** during the week will begin on Sept 1st, the Church New Year. Thursdays at 8:30am will now be our regular Weekday Liturgy time, however, please pay attention to the calendar for any necessary adjustments to this schedule.

**ADULT CATECHISM WILL BEGIN ON SUNDAY, SEPTEMBER 4th** after the Agape Meal. All adults are welcome to attend, whether inquirers, catechumens, or lifelong Orthodox Christians. A detailed schedule of session dates and topics will be available soon. The September schedule is as follows:

September 4 Sources of Doctrine & Dogma  
September 11 Holy Writ within Tradition  
September 18 God is Trinity: Father, Son, and Holy Spirit

**OUR ANNUAL ALL-PARISH MEETING WILL BE ON SUNDAY, SEPTEMBER 25th after the Agape Meal.** The meeting will last approximately an hour. Please plan to stay that day to be updated on a number of important areas of our parish life.

### UPCOMING FEAST DAY SERVICES

#### NATIVITY OF THE THEOTOKOS

Wednesday, September 7	5:30 p.m.	Vespers/Artoklasia
Thursday, September 8	8:30 a.m.	Divine Liturgy

#### ELEVATION OF THE HOLY CROSS

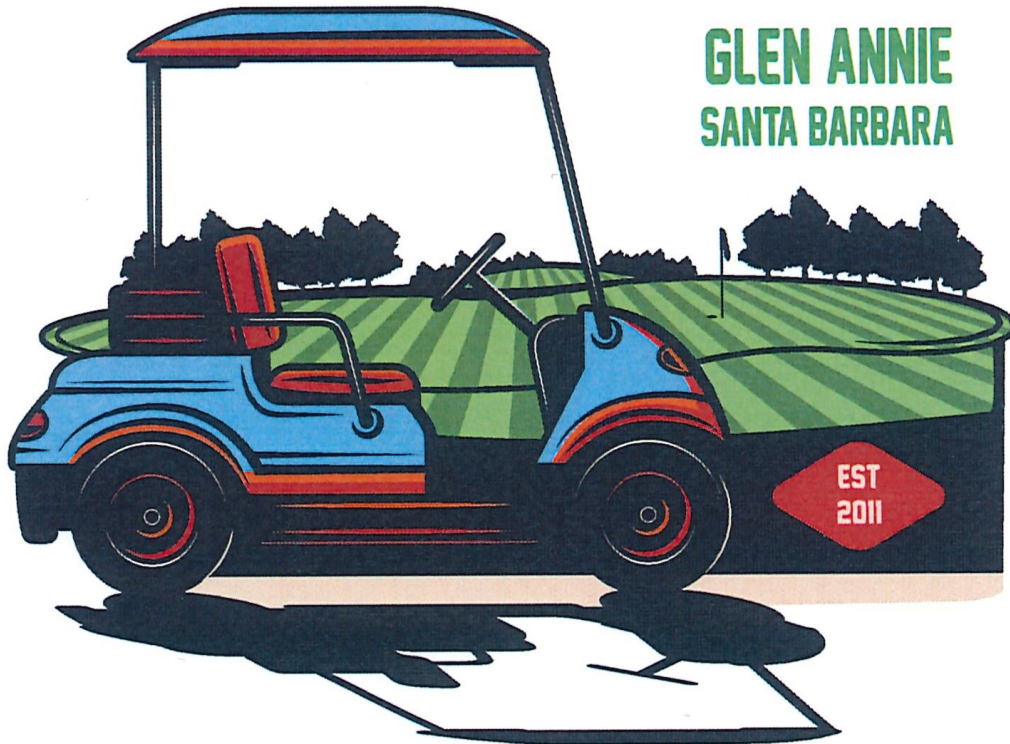
Wednesday, September 14	5:30 p.m.	Matins
	6:30 p.m.	Divine Liturgy

*St. Athanasios Orthodox Church*

**THE HOWARD SHANNON  
GOLF TOURNAMENT  
SEPT. 16 2022**



**GOLF • DINNER • AUCTION**



**GLEN ANNIE  
SANTA BARBARA**

**EST  
2011**



**TO REGISTER FOR THE GOLF TOURNAMENT:**  
<https://www.stathanasius.org/events/2022-golf-tournament/>

**Questions about Golf or Dinner?**  
**Contact Jami Stetler: [jami.stetler@gmail.com](mailto:jami.stetler@gmail.com)**

**Questions about being a sponsor?**  
**Contact Scott Speier: [speierscott@gmail.com](mailto:speierscott@gmail.com)**

**To donate an auction item:**  
**(Auction items are due Sept. 2nd!)**  
**Terri Speier: 805-403-4600**

## DAY OF EVENTS

### 10 AM REGISTRATION

Check in, grab lunch and buy some mulligans!  
Entry into the putting contest is **Free!**

*Sign up for other contests during registration*  
Hole in one, Closest to the pin, Longest Drive  
Prizes for both Men & Women!

### 11:30 AM PUTTING CONTEST

Qualify to win \$2500 before the tournament!  
Qualifications end at 11:00!

### 12 PM SHOTGUN START

Take a swing and play from the best ball!

### 5 PM DINNER AUCTION

Dinner, Music, Drinks and Silent Auction!

---

## BUILDING UPDATE

We are truly blessed for the years you have donated to our building fund and the accomplishments we have made. Funds raised over the last few years have gone to completing the fellowship hall, classrooms for the children, finishing our kitchen, and patio.

This year, our work will focus on raising money for our Temple Project.

Dr. Howard Shannon's dream was to see the project through to completion. We are truly blessed to have had this dream come to fruition and continue to grow in our community thanks to your support!

## SPONSORS & TICKETS

All golfers receive Lunch, Dinner,  
& Entry into Putting Contest

<b>CORPORATE SPONSOR</b>	<b>\$10,000</b>
Full advertising throughout tournament, special recognition at the dinner, 4 golfers (includes dinner) and a reserved table for your 4 golfers and 6 additional dinner guests	
<b>DIAMOND SPONSOR</b>	<b>\$5,000</b>
Advertisement at tournament, 4 golfers (includes dinner) & 4 additional dinner guests	
<b>PLATINUM SPONSOR</b>	<b>\$2,500</b>
Advertising at tournament, 2 golfers (includes dinner) & 2 additional dinner guests	
<b>GOLD SPONSOR</b>	<b>\$1,000</b>
Sponsor a hole at the tournament, Includes 1 golfer & 1 additional dinner guest	
<b>SILVER SPONSOR</b>	<b>\$500</b>
Shared sponsorship at a hole - Includes 2 dinner guests	

---

<b>FOURSOME</b>	<b>\$750</b>
Includes lunch and dinner	
<b>SINGLE GOLFER</b>	<b>\$195</b>
Includes lunch and dinner	
<b>DINNER ONLY</b>	<b>\$75</b>
Dinner, auction, music & fun!	

**CELEBRATIONS THIS WEEK**

**Wedding Anniversaries**

8/30 Nikolay & Velislava Nikolov

**Birthdays**

8/28 Lara Jacobs

8/30 Mitch Denny, Kh. Jan Speier

8/31 Peggy King, Timothy Braun

9/2 Benjamin Ballew

9/3 Bob Gundersen

**Patronal Feast Days**

8/30 **St. Sabina the Martyr**

Sabina Shackelford

8/30 **St. Theodora of Salonica**

Jody Wallace

9/1 **Holy Virgin Martyr Penelope**

Penny Cocores

**St. Moses the Black (commemorated August 28)**

Saint Moses the Black lived during the fourth century in Egypt. He was an Ethiopian, and he was black of skin and therefore called “Murin” (meaning “like an Ethiopian”). In his youth he was the slave of an important man, but after he committed a murder, his master banished him, and he joined a band of robbers.

Because of his bad character and great physical strength they chose him as their leader. Moses and his band of brigands did many evil deeds, both murders and robberies. People were afraid at the mere mention of his name.

Moses the brigand spent several years leading a sinful life, but through the great mercy of God he repented, left his band of robbers and went to one of the desert monasteries. Here he wept for a long time, begging to be admitted as one of the brethren. The monks were not convinced of the sincerity of his repentance, but the former robber would not be driven away nor silenced. He continued to ask that they accept him.

St. Moses was completely obedient to the abbot and the brethren, and he poured forth many tears of sorrow for his sinful life. After a certain while St Moses withdrew to a solitary cell, where he spent the time in prayer and the strictest fasting in a very austere lifestyle.

To read more about St. Moses and his journey toward a holy life, go to:  
<https://mosestheblack.org/resources/life/>

**We were blessed to install an icon of St. Moses last year on our back wall, painted by Dorothy Alexander.**

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.  
Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Markos  
Fr. Jon B.  
Kh. Diane C.  
Greg & Margaret Y.  
Hoppe Family in Albania  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Monsignor J. Yanek  
Bob N.  
Kh. Melissa H.  
Cole K. (military)  
Jeremiah H. (Airforce Academy)  
Lauren & Fernando J. (military)  
Chase K. (military)  
Nick & Kristine J. (military)  
Connor V. (military)  
Julianna B. (military)  
Steve T.

Phyllis M.  
Abp. Benjamin  
Kris F.  
Temmo K.  
Sarah B.  
Jerry J.  
Chuck S.  
Dn. John & Fay Y.  
Zachary B.  
Samantha & Chris N. & Family  
Lander and Washburn Families  
Bob  
Cheryl F.  
Michael V.  
Jane M.  
David W.  
Hannah S.  
J. Palmer  
Leslie O.  
Julie & Mario  
Chase

Paige  
Jaymie  
Kyser

The Ethiopian Orthodox Church  
The Church & people in Lebanon  
All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East

Please pray for the raising up and support  
of long-term missionaries from our parish.

**For repose of the souls of:** Met. Kallistos (Ware), Dn. Richard E., Eric H.  
Fr. Duane P., Kevin O.

\*\*\*\*\*

**ST. ATHANASIUS CHURCH BOOKSTORE**

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Temple Fund.**

\*\*\*\*\*

