



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2022-2023:

Dorothy Alexander
Dan Braun, Treasurer
Dominic Dopico
Glenn Hoppe
Lizabeth Hoppe
Lara Jacobs
Zak Landrum
Michael Loulias

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, September 25, 2022

Tone 6 / Eothinon 4;

**Fifteenth Sunday after Pentecost
& First Sunday of Luke**

Our Righteous Mother Euphrosyne
Venerable Martyr Paphnoutios of Egypt
and those slain with him;
Rest of Venerable Sergios of Radonezh



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, September 25-ALL PARISH MEETING

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. **TEEN RELIGIOUS ED. BEGINS**
11:45 p.m. Agape Meal
12:30 p.m. All-parish Meeting

Monday, September 26

7:00 a.m. Daily Matins
5:15 p.m. St. Xenia Prayer Ministry—Akathist
by Zoom

Tuesday, September 27

5:30 p.m. Daily Vespers

Wednesday, September 28

7:00 a.m. Daily Matins
12:00 p.m. St. Xenia Prayer Ministry
6:30 p.m. Women's Book Study

Thursday, September 29

7:45 a.m. St. Xenia Prayer Ministry by Zoom
8:30 a.m. Divine Liturgy
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
6:45 p.m. High School Youth Group

Friday, September 30

7:00 a.m. Daily Matins

Saturday, October 1

PROTECTION OF THE THEOTOKOS
ST. ROMANOS THE MELODIST

8:30 a.m. Men's Fellowship of St. John
6:00 p.m. Great Vespers/Confessions

Sunday, October 2

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. **TEEN RELIGIOUS ED. BEGINS**
11:45 p.m. Agape Meal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

September 25 Morrison
October 2 Washburn
October 9 Jacobs
October 16 Meyer

READERS

September 25 Butler
October 2 Kern
October 9 Meyer
October 15 Alexander
October 16 Lange

GREETERS

September 25 P. Cocores/M. Loulias
October 2 H. Lange/D. Washburn
October 9 L. Baker/S. Fisher
October 16 K. Fox/K.P. King

USHERS

September 25 C. Speier/S. Speier
October 2 P. King/J. King
October 9 K.L. King/D. Washburn
October 16 D. Meyer/M. Loulias

AGAPE MEAL HOSTS

September 25 POTLUCK
October 2 TBA
October 9 TBA
October 16 TBA

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Sept. 29 F. Young/S. Saunders
Oct. 6 D. Alexander/D. Washburn
Oct. 13 L. Ballew/D. Franzen
Oct. 20 M. Loulias/K. Gomez

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, *“Father, bless” when you get to the chalice.*

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

**Glory to the Father and to the Son and to the Holy Spirit;
Now and ever and unto ages of ages. Amen.**

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Resurrectional Troparion

(Music on p. 49-50 of Liturgy book)

Tone 6

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion for St. Ephrosyne

Tone 8

The image of God was truly preserved in you, O Mother,
for you took up the Cross and followed Christ.
By so doing you taught us to disregard the flesh
for it passes away,
but to care instead for the soul, since it is immortal.
Therefore your spirit, venerable Ephrsyne,
rejoices with the angels.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays**Tone 4**

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm verses before the Epistle (Prokeimenon) Tone 6
(Music on page 60 of Liturgy book)**

O Lord save Thy people and bless Thine inheritance. (Ps. 28:9)

Verse: To Thee will I cry, O Lord, O my God, do not be silent unto me.

EPISTLE READING**2 Corinthians (4:6-15)**

Brethren, it is the God Who said, "Let light shine out of darkness," Who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ. But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. While we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us, but life in you. Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believe, and so we speak, knowing that He Who raised the Lord Jesus will raise us also with Jesus and bring us with you into His presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

Alleluia Refrain and Psalm verses before the Gospel
(Music on p. 65 of Liturgy Booklet)

Tone 6

Chanter: Alleluia, Alleluia, Alleluia!
People: Alleluia, Alleluia, Alleluia!

Vs. 1 He Who dwelleth in the help of the Most High shall abide under the shadow of the protection of the God of Heaven. (*Ps 90/91:1*) **Alleluia**

Vs. 2 He will say to the Lord, Thou art my protector and my refuge, my God, in Him will I hope. (*Ps 90/91:2*) **Alleluia**

GOSPEL READING

Luke. (5:1-11)

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at Thy word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest! Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

CELEBRATIONS THIS WEEK

Birthdays

- 9/27 Gianni Madrigal, Sherie Shackelford
- 9/28 Jessica Berari, Seraphim Cisneros, Dn. John Young
- 9/29 Nicole Berari, Elijah Landrum
- 9/30 Michael Loulias
- 10/1 Jase Speier

Patronal Feast Days

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|------|-------------------------|--|
| 9/25 | St. Sergius of Radonezh | Brian Sieck |
| 9/26 | St. John the Theologian | Douglas Meyer, Johnny Heiduk, Robert Rauchhaus |
| 9/28 | St. Jerome | Tyson Shackelford |
| 10/1 | St. Sidonia of Georgia | Suzi Wiley |

ANNOUNCEMENTS

ST BARBARA MONASTERY is hosting its monthly FRIENDS GATHERING today, Sept. 25th, at 4:00 p.m. Fr. Yousuf Rassam from St. Innocent Orthodox Church in Tarzana will speak on "Deliverance from the Fear of Death." The presentation will be followed by Vespers and a potluck supper.

DN. SCOTT JACOBS will be away from September 9 to October 21st. Please keep him in your prayers for safe travels.

THE MEN'S FELLOWSHIP OF ST. JOHN will meet next Saturday, Oct. 1st, at 8:30 a.m.

ADULT CATECHISM CONTINUES TODAY after the Agape Meal. All adults are welcome to attend, whether inquirers, catechumens, or lifelong Orthodox Christians. A detailed schedule of session dates and topics will be available soon. The October schedule is as follows:

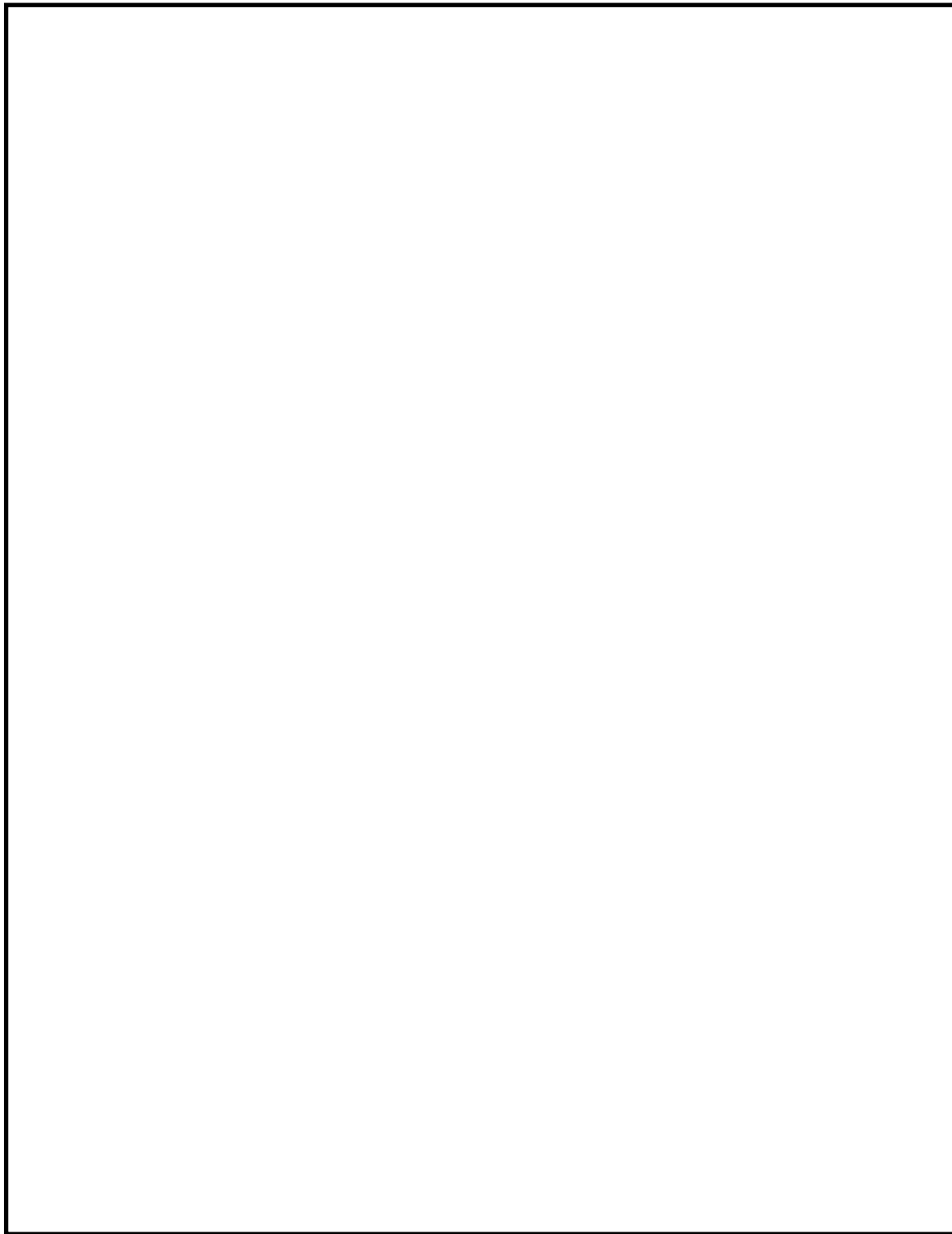
October 2	Salvation History
October 9	Ecclesiology (The Church) The Body of Christ
October 16	Feasts of the Church—Living Salvation
October 23	Communion of Saints
October 30	Icons: Proclaiming Salvation in Image

OUR DIOCESE FALL GATHERING WILL BE October 7-9 at St. Simeon Orthodox Church in Santa Clarita. The main purpose of the Fall Gathering is for the Diocesan organizations' leaders (Teens, Antiochian Women) to meet on Saturday morning to plan the coming year. More information, the schedule and registration form are available in the hall way of our church, for those who are interested. There are some rooms available at a discounted rate of \$141/night at the Courtyard by Marriot in Valencia.

WOMEN'S FELLOWSHIP FALL BOOK CLUB

We will be reading Welcoming Gifts: Sacrifice in the Bible and Christian Life by Fr. Jeremy Davis, and looking at how "sacrifice as practiced in the Old Testament and through the ancient world was most often the occasion of joyous celebration... a way of drawing near to God and to others in the community." You can purchase the book in the church bookstore.

We will meet every other Wednesday (9/28, 10/12, 10/26, 11/9) from 6:30-7:30 at the church, discussing one section of the book each time. If you are interested in being part of the book club, contact Liz Hoppe (hop2it1995@gmail.com)



SUNDAY MORNING AGAPE MEAL

This fall we will be making a slight shift in how we think about and organize our fellowship time after the Divine Liturgy. Active parish members received an e-mail last week from Fr. Symeon explaining this shift.

In the early church, after worshipping together, the Christians would share a meal together, referred to as the “Agape Meal.” The “breaking of bread” which takes place after the Divine Liturgy is an important extension of the union we experience in the Eucharist.

Modeling the spirit of this meal, we will be shifting away from coffee and snacks to a simple meal on most Sunday, during which we can share fellowship, provide hospitality to visitors, and nurture a spirit of generosity and service in the parish.



To encourage participation from all parish households, we are forming Agape Meal Teams that will work together to share the labor of loving hospitality.

HELP US KICK OFF OUR NEW WAY OF ORGANIZING OUR SUNDAY POST-LITURGY FELLOWSHIP!

A number of people have come forward to lead a team, and they have recruited some team members already. You can join an existing team, or START ONE OF YOUR OWN!

When we have our teams in place, I will create a rotation schedule, with input from the team leaders, and I will send out detailed information about our Agape Meal set-up, clean-up, and menu ideas.

**To review the available slots and sign up, go to:
<https://bit.ly/SAOC-AgapeMealTeams>**

As always, thank you for your willingness to participate! If you have any questions, don't hesitate to contact me.

Suzi Wiley, Agape Meal Coordinator
suziwiley@cox.net.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna B. (military)

Steve T.
Phyllis M.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Jerry J.
Chuck S.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families
Bob
Cheryl F.
Michael V.
Jane M.
Hannah S.
J. Palmer
Leslie O.
Julie & Mario
Chase

Paige
Jaymie
Kyser
Carla B.
Chrissy M.
Dn. Scott J.
David W.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support
of long-term missionaries from our parish.

For repose of the souls of: Met. Herman, Met. Kallistos (Ware), James,

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to S.A.O.C. Bookstore. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

