



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Beatitude, Patriarch John X

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2022-2023:

Dorothy Alexander

Dan Braun, Treasurer

Dominic Dopico

Glenn Hoppe

Lizabeth Hoppe

Lara Jacobs

Zak Landrum

Michael Loulias

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

January 8, 2023

Tone 5 / Eothinon 8

Sunday after the Theophany of Christ
Righteous Mother Domnica of Constantinople
and her Companions;
Venerable George the Chozebite



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

HAPPY NEW YEAR!

Sunday, January 8

9:00 a.m. Matins & Religious Ed. ages 3-12
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Religious Education
 11:45 p.m. Agape Meal
 1:00 p.m. Outdoor Blessing of the Water

Monday, January 9

7:00 a.m. Daily Matins
 5:15 p.m. St. Xenia Prayer Ministry—Akathist
 by Zoom

Tuesday, January 10

5:30 p.m. Daily Vespers

Wednesday, January 11

7:00 a.m. Daily Matins
 12:00 p.m. St. Xenia Prayer Ministry

Thursday, January 12

7:45 a.m. St. Xenia Prayer Ministry by Zoom
 8:30 a.m. Divine Liturgy
 10:00 a.m. Showers of Blessing
 5:30 p.m. Daily Vespers
 6:00 p.m. Choir Rehearsal
 6:00 p.m. Jr. High Youth Group
 6:45 p.m. High School Youth Group

Friday, January 13

7:00 a.m. Daily Matins

Saturday, January 14

5:30 p.m. Great Vespers/Confessions

Sunday, January 15

9:00 a.m. Matins & Religious Ed. ages 3-12
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Religious Education
 11:45 p.m. Agape Meal
 12:30 p.m. Adult Catechism

SUNDAY MORNING MINISTRIES

SCHEDULE

EUCHARIST BREAD

January 8 Fr. Nicholas
 January 15 Meyer
 January 22 Morrison
 January 29 Dn. G. Braun

READERS

January 8 Alexander
 January 15 Kern
 January 17 Gish (Vespers & Liturgy for
 St. Athanasius)
 January 22 Lange
 January 29 Butler

GREETERS

January 8 H. Lange/L. Baker
 January 15 P. Cocores/M. Loulias
 January 22 K. Fox/K.P. King
 January 29 D. Washburn/D. Lewis

USHERS

January 8 C. Berari/D. Alexander
 January 15 C. Speier/S. Speier
 January 22 K.L. King/D. Washburn
 January 29 M. Loulias/D. Alexander

AGAPE MEAL HOSTS

January 8 King Family in memory of Fr. Jim
 January 15 Team Washburn-Lander
 January 22 Chala Family
 January 29 Team Kawahara

<h4><u>THURSDAY SHOWERS OF BLESSING</u></h4> <h4><u>HOSPITALITY TEAM</u></h4> <p>Jan. 12 F. Young Jan. 19 L. Ballew Jan. 26 M. Loulias Feb. 2 D. Alexander/J. Jones</p>
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HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

First Antiphon—Psalm Verses for the Feast of Theophany with Refrain

Verse: When Israel went forth from Egypt, the house of Jacob from a people of strange language, Judah became his sanctuary, Israel his dominion.

**Refrain: Through the intercessions of the Theotokos,
O Savior, save us.**

Verse: The sea looked and fled, Jordan turned back. What ails you, o sea, that you flee? O Jordan, that you turn back? [refrain]

Verse: Glory....now and ever... [refrain]

Second Antiphon— Psalm Verses for the Feast of Theophany with Refrain

Verse: I love the Lord because He has heard the voice of my supplication.
Because He inclined His ear to me, therefore I will call on Him as long as I live.

**Refrain: O Son of God baptized in the Jordan, save us who sing to Thee,
Alleluia!**

Verse: The snares of death encompassed me; the pangs of hell laid hold on me.
I suffered distress and anguish, then I called on the name of the Lord. [refrain]

Verse: Gracious and righteous is the Lord, and our God is merciful. [refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—Psalm Verses with Troparion for Theophany as refrain

Verse: O give thanks to the Lord, for He is good, For His mercy endures forever!

**Refrain: When You, O Lord, were baptized in the Jordan,
worship of the Trinity was made manifest!
For the voice of the Father bore witness to You,
calling You his beloved Son.
And the Spirit, in the likeness of a dove
confirmed the truth of His Word.
Christ our God, Who has appeared
and enlightened the world,
glory to You!**

Verse: Let the house of Israel say: for He is good,
For His mercy endures forever! [refrain]

Verse: Let the house of Aaron say: for He is good,
For His mercy endures forever! [refrain]

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection

Tone 5

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.
For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Troparion of Theophany

Tone 1

When You, O Lord, were baptized in the Jordan,
worship of the Trinity was made manifest!
For the voice of the Father bore witness to You,
calling You his beloved Son.
And the Spirit, in the likeness of a dove
confirmed the truth of His Word.
Christ our God, Who has appeared and enlightened the world,
Glory to You!

Troparion to St. Athanasius
(Music on p. 54 of Liturgy book)

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakian of Theophany

Tone 4

Today You have shone forth to the world, O Lord,
and the light of Your countenance has been marked on us.
Knowing You, we sing Your praises:
“You have come and revealed Yourself, //
O unapproachable Light.”

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.
Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 1

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Verse: Rejoice in the Lord, O you righteous! Praise is becoming to the upright.
(Ps 32/33:1)

EPISTLE READING
Ephesians 4:7-13

Brethren, grace was given to each of us according to the measure of Christ's gift. Therefore, it is said, “When He ascended on high He led a host of captives, and He gave gifts to men.” (In saying, “He ascended,” what does it mean but that He had also descended into the lower parts of the earth? He who descended is He who also ascended far above all the heavens, that He might fill all things.) And His gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; with my mouth;
I will make known Thy faithfulness to all generations. (Ps 88/89:1)

Verse: For Thou hast said: "Mercy shall be built up forever;
In the heavens shall Thy truth be established." (Ps 88/89:2)

GOSPEL READING

Matthew 4:12-17

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles—the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of Heaven is at hand."

LITURGY OF THE FAITHFUL

Meglynarion for the Feast of Epiphany (Hymn to the Mother of God)

Magnify, O my soul, the most-pure Virgin Theotokos,
more honorable than the heavenly hosts!

No tongue knows how to praise you worthily, O Theotokos;
even Angels are overcome with awe praising you.

But since you are good, accept our faith;
for you know our love inspired by God!

You are the defender of Christians, and we magnify you.

COMMUNION HYMN

The grace of God has appeared for the salvation of all. (Ps. 118/119)

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.

UPCOMING FEAST DAY SERVICES

Feast of the Theophany of the Lord

Sunday, January 8

1:00 p.m. Outdoor Blessing of Water
at Santa Barbara Harbor with St. Barbara
Greek Orthodox Church

FEAST OF ST. ATHANASIUS THE GREAT

Tuesday, January 17

5:00 p.m. Great Vespers

6:00 p.m. Divine Liturgy

FEAST OF THE PRESENTATION OF OUR LORD IN THE TEMPLE

Wednesday, February 1

5:30 p.m. Great Vespers

Thursday, February 2

8:30 a.m. Divine Liturgy

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SAVE THE DATE...

Sunday, January 29, 2023

St. Barbara Monastery Friends Gathering

4:00 p.m. presentation followed by Vespers & Potluck Supper

Speaker: Fr. Symeon Halsell - "What is Man?"

Fr. Symeon will present a condensed version of the series he did in our parish in 2021: "What is Man?" There are many competing beliefs about what it means to be a flourishing human being taught by the world. Fr. Symeon will address the big questions we face today about human life, and how we as Christians may understand and respond to the ever-changing social fabric as little Christs. We will ask the question of God and of ourselves, "What is man, that Thou art mindful of Him?"

Please pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.

Emma Bobro

Tatianna Calhoun

Kevin Duke

Kaleigh Flores

Gage Salinas

Naomi Siragusa

Mary Wolfington, Alicia & Gabriel

ANNOUNCEMENTS

*(Photos from the Feast of the Nativity have been posted to the website:
<https://www.stathanasius.org/media/photo-gallery/>)*

TODAY AT 1:00 P.M. we will join the parishioners of St. Barbara Orthodox parish in the **Outdoor Blessing of the Water at the Santa Barbara Harbor.**

WELCOME AND MANY YEARS TO THE NEWLY ILLUMINED, WHO WERE BAPTIZED AND/OR CHRISMATED ON THE FEAST OF THEOPHANY:

Chandler Baker (Howard Lange—Sponsor)
Brett and Laura Eberhard, Taylor & Madison (Glenn & Liz Hoppe—Sponsors)
Sean Ryan (Howard Lange—Sponsor)

Silus Daniel Easbey, Newborn son of Subdn. Michael & Margaret Easbey
(Craig & Jenny Speier—Sponsors)

THE NEXT MEN'S FIRESIDE GATHERING is Monday, January 16th at 7:00 p.m.

ADULT CATECHISM BEGINS S NEXT SUNDAY, JANUARY 15th after Agape Meal.

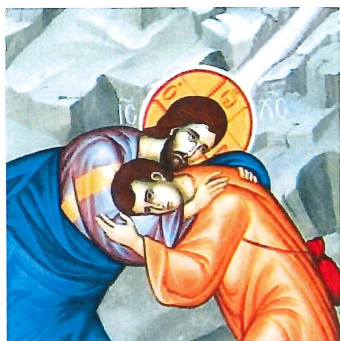
JANUARY CATECHISM SCHEDULE — SALVATION IN CHRIST

January 15	The Initiatory Sacraments: Baptism, Chrismation, & Eucharist
January 22	The Priesthood & Repentance: Confession, Communion, & Spiritual Guidance: Spiritual Fatherhood and Motherhood
January 29	NO CLASS
February 5	The Holy Life: Keeping the Commandments and Teachings of Christ – The Decalog, the Two Greatest, The New Commandment, and the Sermons

WE WILL RESUME OUR TUESDAY BOOK STUDY on January 24, 2023. The January book study series will be on *The Hidden Man of the Heart* by Archimandrite Zacharias of Essex. We will begin each Tuesday session with the Prayers of the Ninth Hour, followed by a simple potluck supper and then the study. The schedule is below:

Session 1 - Jan 24	<i>The Heart and Awakening It</i>
Session 2 - Feb 7	<i>Building Up the Heart</i>
Session 3 - Feb 14	<i>Understanding and Living Repentance</i>
Session 4 - Feb 21	<i>Entering the Heart and the Life of the Spirit</i>

St. Athanasius Antiochian Orthodox Church
Invites you to
**A SEMINAR IN PREPARATION FOR
THE BEGINNING OF GREAT LENT**



**GOING TO
CONFESSION:
A BAPTISM OF
TEARS**

V. Rev. James Coles, Presenter
SATURDAY, FEBRUARY 4, 2023
10:00 a.m. – 12:00 Noon

300 Sumida Gardens Ln. in Santa Barbara

Free & open to the public.
No admission charge. No registration necessary.

Archpriest James Coles was born and raised in Dallas, Texas and grew up Roman Catholic. He graduated from Texas Tech in 1989 with a Bachelor of Science degree in Family Studies. After graduation, Fr. James worked as a youth director for Episcopal churches in Tucson, Los Angeles, and Santa Fe. It was while working for Young Life in Santa Fe that Fr. James and his wife, Kh. Karen, converted to Orthodox Christianity. In 2000 they moved to New York to attend St. Vladimir's Orthodox Theological Seminary and on Theophany of 2003, Fr. James was ordained to the Holy Priesthood. Fr. James was the assistant pastor at St. George parish in Houston from 2003-2005 and has been the pastor of Saint Ignatius parish in Mesa, AZ since 2005. He received a Doctorate in Eastern Christian Studies in 2016. **His dissertation was on helping parishioners understand the role and spiritual value of Confession in the parish context.**

REGARDING 2022 TITHES...

The church will accept tithes and donations for the 2022 fiscal year up through TODAY, January 8th. Please be sure to date checks put in the tithe box today for the year for which they are intended.

Checks received after January 8th will be credited towards 2023, regardless of what date is on them.

Year-end tax statements of your 2022 donations will be sent out by e-mail at the end of January.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

1/09 Mark & Dee Kern
1/14 David & Kate Vander Laan
1/15 John & Elizabeth Heiduk

Birthdays

1/11 Mason Speier
1/14 Sabina Shackelford
1/14 Viktoria Hedges

Patron Saint Commemorations

1/12 Martyr Tatiana of Rome Tatiana Speier, Atalya Wayne
1/14 St. Mungo (Kentigern) Kent Fox

A PRAYER for STRENGTHENING of our FAITH (Mentioned in Fr. John Finley's sermon on January 1, 2023)

Since Thou hast given us the miracles of Thy holy Martyrs as an invincible battlement, by their entreaties, scatter the counsels of the heathen, O Christ our God, and strengthen the faith of Orthodox Christians, since Thou alone art good and the Friend of man.
Oktoechos, Tone 5, Wednesday Matins, Third Kathisma Martyricon

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna B. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Phyllis M.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Jerry J.
Chuck S.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families
Bob
Cheryl F.
Michael V.
Jane M.
Hannah S.
Chrissy M.
David W.
Nina

Kevin
Stephan & Rosa K.
David
Evonne C.
Phyllis M.
Christina S.
Judy A.
Mark K.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support
of long-term missionaries from our parish.

For repose of the souls of: Fr. Maximos

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

