



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

**Office hours:** Tues-Fri. 12:00—5:00 p.m.

His Beatitude, Patriarch John X

**Pastor:**

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

**Priests attached to the parish:**

Fr. Nicholas Speier (Pastor Emeritus)

frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Parish Council 2022-2023:**

Lara Jacobs, President

Glenn Hoppe, Vice President

Dan Braun, Treasurer

Dorothy Alexander, Secretary

Dominic Dopico

Lizabeth Hoppe

Zak Landrum

Michael Loulias

**Music Director/Administrator:**

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program & College/Young Adult  
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

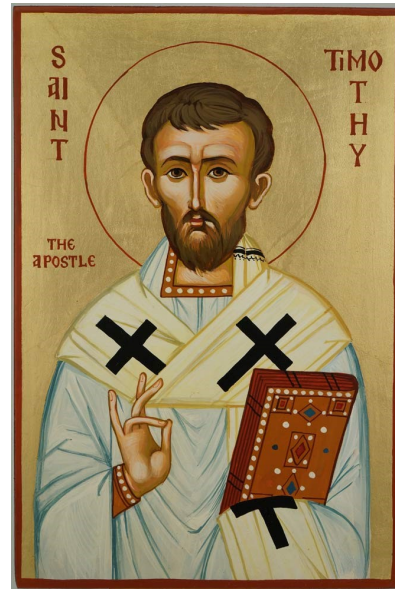
## DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

January 22, 2023

Tone 7 / Eothinon 10

**Thirty-second Sunday after Pentecost  
& Fifteenth Sunday of Luke**

Holy Apostle Timothy & Anastasios the Persian  
Venerable Joseph the Sanctified of Crete



## WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the  
blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

## We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

## CALENDAR FOR THE WEEK

### Sunday, January 22

9:00 a.m. Religious Ed. ages 3-12  
 9:00 a.m. Matins  
 10:00 a.m. Divine Liturgy  
 11:30 a.m. Teen Religious Education  
 11:45 p.m. Agape Meal  
 12:30 p.m. Adult Catechism

### Monday, January 23

7:00 a.m. Daily Matins  
 5:15 p.m. St. Xenia Prayer Ministry—Akathist  
 by Zoom

### Tuesday, January 24

5:30 p.m. Ninth Hour Prayers, Potluck & Book  
 Study

### Wednesday, January 25

7:00 a.m. Daily Matins  
 12:00 p.m. St. Xenia Prayer Ministry

### Thursday, January 26

7:45 a.m. St. Xenia Prayer Ministry by Zoom  
 8:30 a.m. Liturgy  
 10:00 a.m. Showers of Blessing  
 5:30 p.m. Daily Vespers  
 6:00 p.m. Choir Rehearsal  
 6:00 p.m. Jr. High Youth Group  
 6:45 p.m. High School Youth Group

### Friday, January 27

7:00 a.m. Daily Matins

### Saturday, January 28

5:30 p.m. Great Vespers/Confessions

### Sunday, January 29-Zaccheus Sunday/St. Ignatius

9:00 a.m. Religious Ed. ages 3-12  
 9:00 a.m. Matins  
 10:00 a.m. Divine Liturgy  
 11:30 a.m. Teen Religious Education  
 11:45 p.m. Agape Meal  
 12:30 p.m. Adult Catechism

## SUNDAY MORNING MINISTRIES SCHEDULE

### EUCCHARIST BREAD

January 22 Morrison  
 January 29 Dn. G. Braun  
 February 5 Dillon  
 February 12 Fr. Nicholas

### ARTOS

February 1 TBA

### READERS

January 22 Lange  
 January 29 Butler  
 February 2 TBA (Feast of Presentation)  
 February 5 Gish  
 February 12 Alexander

### GREETERS

January 22 D. Lewis/K.P. King  
 January 29 D. Washburn/K. Fox  
 February 5 H. Lange/K.P. King  
 February 12 P. Cocores/M. Loulias

### USHERS

January 22 K.L. King/D. Washburn  
 January 29 M. Loulias/D. Alexander  
 February 5 J. King/P. King  
 February 12 D. Meyer/C. Berari

### AGAPE MEAL HOSTS

January 22 Chala Family  
 January 29 Team Kawahara  
 February 5 Team Speier  
 February 12 Team Hoppe

### THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Jan. 26 M. Loulias  
 Feb. 2 D. Alexander/J. Jones  
 Feb. 9 F. Young  
 Feb. 16 L. Ballew

### **HOLY COMMUNION**

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

### **THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM**

#### **THE GREAT LITANY**

##### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

##### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

**Glory to the Father and to the Son and to the Holy Spirit;  
Now and ever and unto ages of ages. Amen.**

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AS THE CLERGY ENTER THE ALTAR AT THE  
LITTLE ENTRANCE, WE SING THE FOLLOWING  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection  
(Music on p. 51 of Liturgy book)**

**Tone 7**

Thou didst shatter death by Thy Cross;  
Thou didst open paradise to the thief;  
Thou didst turn the sadness of the  
ointment bearing women into joy,  
and didst bid Thine apostles proclaim  
a warning that Thou hast risen, O Christ,  
granting the world the great mercy.

**Troparion for the Apostle Timothy**

**Tone 4**

Having learned goodness and maintaining continence in all things,  
you were arrayed with a good conscience as befits a priest.  
From the chosen Vessel you drew ineffable mysteries;  
you kept the faith, and finished a course equal to His.  
Bishop martyr Timothy, entreat Christ God that our souls may be saved.

**Troparion for St. Anastasios the Persian**

**Tone 4**

Your holy martyr Anastasius, O Lord,  
through his suffering has received an incorruptible crown  
from You, our God.  
For having Your strength, he laid low his adversaries,  
and shattered the powerless boldness of demons.  
Through his intercessions, save our souls!

**Troparion to St. Athanasius****Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion of The Feast of the Presentation of Our Lord in the Temple****Tone 1**

By Thy Nativity, Thou didst sanctify the Virgin's womb!  
And didst bless Simeon's hands, O Christ God.  
Now Thou hast come and saved us through love.  
Grant peace to all Orthodox Christians, O only Lover of Man!

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.  
Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)****Tone 7**

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

**EPISTLE READING****Timothy 4:9-15**

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and strive, because we have our hope set on the living God, Who is the Savior of all men, especially of those who believe. Command and teach these things. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Until I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. Practice these duties; devote yourself to them, so that all may see your progress.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**

**Tone 7**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

**Verse:** To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

**GOSPEL READING**

**Luke 19:1-10**

At that time, Jesus entered Jericho and was passing through. And there was a man named Zacchaeus; he was a chief tax collector, and rich. And he sought to see Who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see Jesus, for He was to pass that way. And when Jesus came to the place, He looked up and said to him, "Zacchaeus, make haste and come down; for I must stay at your house today." So he made haste and came down, and received Him joyfully. And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." And Zacchaeus stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded anyone of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham; for the Son of man came to seek and to save the lost."

**Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

**Communion Hymn**

Praise the Lord from the heavens; praise Him in the Highest!

**Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

## **UPCOMING FEAST DAY SERVICES**

### **FEAST OF THE PRESENTATION OF OUR LORD IN THE TEMPLE**

Wednesday, February 1

5:30 p.m. Great Vespers with Artoklasia

Thursday, February 2

8:30 a.m. Divine Liturgy

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### **OUTDOOR BLESSING OF THE WATER**

Due to damage to the beaches and Yacht Club from the recent heavy rains, we had to cancel the Outdoor Blessing of the Water that was scheduled for January 8th. We are considering re-scheduling the blessing for the first Sunday in February, depending upon the conditions at the beaches. We will let everyone know as soon as a decision has been made.

## **SAVE THE DATE...**

**Sunday, January 29, 2023**

**St. Barbara Monastery Friends Gathering**

**4:00 p.m. presentation followed by Vespers & Potluck Supper**

**Speaker: Fr. Symeon Halsell - "What is Man?"**

Fr. Symeon will present a condensed version of the series he did in our parish in 2021: "What is Man?" There are many competing beliefs about what it means to be a flourishing human being taught by the world. Fr. Symeon will address the big questions we face today about human life, and how we as Christians may understand and respond to the ever-changing social fabric as little Christs. We will ask the question of God and of ourselves, "What is man, that Thou art mindful of Him?"

**Please pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.**

Emma Bobro

Tatianna Calhoun

Kevin Duke

Kaleigh Flores

Gage Salinas

Naomi Siragusa

Mary Wolfington, Alicia & Gabriel

## **ANNOUNCEMENTS**

**The Holy Synod of Antioch will convene on February 22nd to elect our next Metropolitan.** They will consider the top three nominees voted for by the clergy and laity at the Special Convention of the Archdiocese which gathered on January 13th and were submitted by the Patriarchal Vicar, His Eminence Metropolitan Antonios.

The nominees are:

His Grace Bishop John Abdalah

His Grace Bishop Nicholas Ozone

His Eminence Metropolitan Saba Isper

Please pray that the Holy Spirit will bless the Holy Synod's deliberations and grace the next Metropolitan to lead the Archdiocese in wisdom and holiness.

**CONGRATULATIONS AND MANY YEARS to Jesse and Ashleah (Yzaguirre) Speier on their marriage, which took place on January 14th.** Many years, also, to their sponsors Garrett and Elleney Gish. Jesse is the son of Craig and Jenny Speier, and grandson of Fr. Nicholas and Kh. Jan Speier.

**ADULT CATECHISM THIS WINTER/SPRING will go from now through April 2nd and takes place** after the Agape Meal.

### **UPCOMING CATECHISM SESSIONS: SALVATION IN CHRIST**

- |            |   |
|------------|---|
| January 22 | The Priesthood & Repentance: Confession, Communion,<br>& Spiritual Guidance: Spiritual Fatherhood and Motherhood                            |
| January 29 | NO CLASS  |
| February 5 | The Holy Life: Keeping the Commandments and Teachings of<br>Christ – The Decalog, the Two Greatest, The New<br>Commandment, and the Sermons |

**WE WILL RESUME OUR TUESDAY BOOK STUDY this Tuesday January 24th at 5:30 p.m.** The January book study series will be on *The Hidden Man of the Heart* by Archimandrite Zacharias of Essex. We will begin each Tuesday session with the Prayers of the Ninth Hour, followed by a simple potluck supper and then the study. The schedule is below:

- |                    |  |
|--------------------|--|
| Session 1 - Jan 24 | <i>The Heart and Awakening It</i>                    |
| Session 2 - Feb 7  | <i>Building Up the Heart</i>                         |
| Session 3 - Feb 14 | <i>Understanding and Living Repentance</i>           |
| Session 4 - Feb 21 | <i>Entering the Heart and the Life of the Spirit</i> |



*St. Athanasius Antiochian Orthodox Church*  
*Invites you to*  
**A SEMINAR IN PREPARATION FOR  
THE BEGINNING OF GREAT LENT**



**GOING TO  
CONFESSION:  
A BAPTISM OF  
TEARS**

*V. Rev. James Coles, Presenter*  
**SATURDAY, FEBRUARY 4, 2023**  
10:00 a.m. – 12:00 Noon

300 Sumida Gardens Ln. in Santa Barbara

Free & open to the public.  
No admission charge. No registration necessary.

**Archpriest James Coles** was born and raised in Dallas, Texas and grew up Roman Catholic. He graduated from Texas Tech in 1989 with a Bachelor of Science degree in Family Studies. After graduation, Fr. James worked as a youth director for Episcopal churches in Tucson, Los Angeles, and Santa Fe. It was while working for Young Life in Santa Fe that Fr. James and his wife, Kh. Karen, converted to Orthodox Christianity. In 2000 they moved to New York to attend St. Vladimir's Orthodox Theological Seminary and on Theophany of 2003, Fr. James was ordained to the Holy Priesthood. Fr. James was the assistant pastor at St. George parish in Houston from 2003-2005 and has been the pastor of Saint Ignatius parish in Mesa, AZ since 2005. He received a Doctorate in Eastern Christian Studies in 2016. **His dissertation was on helping parishioners understand the role and spiritual value of Confession in the parish context.**

## REGARDING 2022 TITHES...

All tithe checks and other donations will now be credited to 2023. The books for 2022 have been closed.

Year-end tax statements of your 2022 donations will be sent out by e-mail by the end of January.

## CELEBRATIONS THIS WEEK

### Birthdays

1/22 Cyrus Brunner  
1/24 Fay Young  
1/25 Terri Speier  
1/27 Jeff Petersilia

### Patronal Feast Days

1/22 Apostle Timothy Timmy Palmer

## PASTOR'S BENEVOLENCE FUND 2022

### BENEFICIARIES of Assistance

Our own Parishioners	\$6,539
Houseless Community/Non-parishioners in need	4,990
Local Charities	2,950
Orthodox Charities	1,400
Camp Scholarships	395
Other special projects & assistance	<u>11,441</u>
<b>TOTAL DISBURSEMENTS</b>	<b>\$27,715</b>

### SOURCES OF INCOME

Donations	24,947
From General Operating Budget (\$300/month)	3,600

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

His Beatitude, Patriarch John X  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Markos  
Fr. Jon B.  
Fr. John & Kh. Diane C.  
Audrey C.  
Greg & Margaret Y.  
Hoppe Family in Albania  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Monsignor J. Yanek  
Bob N.  
Kh. Melissa H.  
Cole K. (military)  
Jeremiah H. (Airforce Academy)  
Lauren & Fernando J. (military)  
Chase K. (military)  
Nick & Kristine J. (military)  
Connor V. (military)  
Julianna B. (military)  
P. Speier (military)

Subdn. Matthew W. (seminary)  
Steve T.  
Abp. Benjamin  
Temmo K.  
Sarah B.  
Chuck S.  
Dn. John & Fay Y.  
Zachary B.  
Samantha & Chris N. & Family  
Lander and Washburn Families  
Kevin  
Stephan & Rosa K.  
David  
Evonne C.  
Phyllis M.  
Christina S.  
Judy A.  
Mark K.

The Ethiopian Orthodox Church  
The Church & people in Lebanon  
All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East

Please pray for the raising up and support  
of long-term missionaries from our parish.

**For repose of the souls of:**

## ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Temple Fund.**

**TODAY'S AGAPE MEAL**  
**is hosted by the family of**  
**EVONNE CHALA**  
**in honor of her 94th birthday,**  
**which was on January 20th.**



**Join us on the patio**  
**after today's liturgy**  
**to honor Evonne!**