



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Beatitude, Patriarch John X

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2022-2023:

Lara Jacobs, President

Glenn Hoppe, Vice President

Dan Braun, Treasurer

Dorothy Alexander, Secretary

Dominic Dopico

Lizabeth Hoppe

Zak Landrum

Michael Loulias

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

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**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. BASIL THE GREAT March 12, 2023

Tone 6 / Eothinon 6

**Second Sunday of Great Lent
Commemoration of Gregory Palamas,
Archbishop of Thessalonica**

Venerable Theophanes the Confessor of Sigriane;
Gregory the Dialogist, Pope of Rome



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

During Great Lent there will be no Daily Vespers,
and no Daily Matins on Mondays & Wednesdays.
There will still be Daily Matins on Fridays at 7 a.m.

Sunday, March 12—ST. GREGORY PALAMAS **TURN CLOCKS AHEAD**

9:00 a.m. Matins & Religious Ed. ages 3-12
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 p.m. Agape Meal
12:15 p.m. Choir Rehearsal
12:30 p.m. Adult Catechism

Monday, March 13

5:15 p.m. St. Xenia Prayer Ministry—Akathist
by Zoom
5:00 p.m. Confessions
6:00 p.m. Great Compline /Confessions

Wednesday, March 15

12:00 p.m. St. Xenia Prayer Ministry
6:00 p.m. Presanctified Liturgy

Thursday, March 16

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
6:00 p.m. Jr. High Youth Group
6:45 p.m. Sr. High Youth Group
7:00 p.m. Network Medical Event

Friday, March 17

7:00 a.m. Daily Matins
5:00 p.m. Confessions
6:00 p.m. Akathist/Confessions

Saturday, March 18

8:30 a.m. Soul Liturgy
5:00 p.m. Confessions
5:30 p.m. Great Vespers/Confessions

Sunday, March 19—SUNDAY OF THE CROSS

9:00 a.m. Matins & Religious Ed. ages 3-12
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 p.m. Agape Meal
12:15 p.m. Choir Rehearsal
12:30 p.m. Adult Catechism

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

March 12 D. Washburn
March 19 Morrison
March 25 Kern
March 26 Dillon
April 2 Dn. G. Braun

READERS

March 8 Gish (Presanctified Liturgy)
March 11 Kern (Soul Liturgy)
March 12 Meyer
March 15 Alexander (Presanctified Liturgy)
March 18 Alexander (Soul Liturgy)
March 19 Butler
March 22 TBA (Presanctified Liturgy)
March 24 Gish (Vespers, Annunciation)
March 25 Lange (Liturgy, Annunciation)
March 26 Butler
March 29 Alexander (Presanctified Liturgy)
April 2 TBA

GREETERS

March 12 P. Cocomes/M. Loulias
March 19 D. Washburn/K. Fox
March 26 L. Baker/K.P. King
April 2 H. Lange/D. Lewis

USHERS

March 12 D. Washburn/C. Berari
March 19 D. Meyer/M. Loulias
March 26 C. Speier/S. Speier
April 2 P. King/J. King

AGAPE MEAL HOSTS

March 12 Team Palmer
March 19 Team Loulias
March 26 Team Baker
April 2 Team Lander

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Mar. 16 L. Ballew
Mar. 23 M. Loulias
Mar. 30 F. Young
Mar. 6 D. Alexander/J. Jones

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

THE DIVINE LITURGY OF ST. BASIL THE GREAT

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil
against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:**

Resurrectional Troparion

Tone 6

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion to St. Gregory Palamas

Tone 8

O Star of Orthodoxy,
support of the Church and its teacher,
O comeliness of ascetics, and incontestable champion
of those who speak in theology,
Gregory the wonder-worker, the pride of Thessalonica
and preacher of grace,
implore thou constantly for the salvation of our souls.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of Annunciation**Tone 8**

To thee, our Queen, leader in battle and defender.
We thy people delivered from all peril,
offer hymns of vict'ry and thanksgiving, O Theotokos.
Since thou dost possess invincible power,
set us free from ev'ry calamity.
That we may cry unto thee: Hail O bride without bridegroom.

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!
People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle**Tone 5**

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

Verse: Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

EPISTLE READING
Hebrews 1:10-2:3

“In the beginning, Thou, O Lord, didst found the earth, and the heavens are the work of Thy hands; they will perish, but Thou remainest; they will all grow old like a garment, like a mantle Thou wilt roll them up, and they will be changed. But Thou art the same, and Thy years will never end.” But to what angel has He ever said, “Sit at My right hand, until I make Thine enemies a stool for thy feet”? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message, declared by angels, was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard Him.

Alleluia before the Gospel**Tone 1**

Chanter: Alleluia, Alleluia, Alleluia!

Verse: It is God Who avenges me, and subdues people under me. (*Ps 17/18:47*)

Verse: He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (*Ps 17/18:50*)

GOSPEL READING

Mark 2:1-12

At that time, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven." Now some of the scribes were sitting there, reasoning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, "Why do you reason thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk?' But that you may know that the Son of Man has authority on earth to forgive sins" -- He said to the paralytic -- "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, "We never saw anything like this!"

MEGLYNARION—HYMN TO THE MOTHER OF GOD

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages: He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

The righteous shall be in everlasting remembrance!
He shall not fear evil tidings! (*Ps. 111:6*)

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

SCHEDULE FOR GREAT LENT

DAILY MATINS & VESPERS DURING GREAT LENT

During Great Lent there will be no Daily Vespers, and no Daily Matins on Mondays & Wednesdays.
There will still be Daily Matins on Fridays at 7 a.m. served by a priest.

Throughout most of Great Lent, we pray the following services at 6:00 p.m.:

Mondays	Great Compline
Wednesdays	Presanctified Liturgy
Fridays	Little Compline with a portion of Akathist to the Mother of God

Exceptions:

Friday, March 24	Great Vespers for Feast of Annunciation
Thursday, March 30	Little Compline with full Canon of St. Andrew and reading of the Life of St. Mary of Egypt
Friday, April 7	Little Compline with the Canon of Lazarus

Liturgies for the Departed will be celebrated on:
Saturday, March 11 and Saturday, March 18

CONFESSIONS

During Great Lent, Fr. Symeon will be hearing Confessions on the following days:

- Mondays at 5:00 p.m. before Great Compline and also after that service.
- Fridays at 5:00 p.m. before Akathist and also after that service.
- Saturdays at 5pm before Great Vespers, and also after Vespers.

Please pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.

Emma Bobro
Tatianna Calhoun
Kevin Duke
Kaleigh Flores
Anthony Salcedo, Ethan, Dominic and Jennifer
Gage Salinas
Naomi Siragusa
Mary Wolfington, Alicia & Gabriel
Marleyanna Worthington

**TAKING TIME OFF FROM WORK OR SCHOOL
TO ATTEND SERVICES OF HOLY THURSDAY & FRIDAY**

Beloved Parishioners of St. Athanasius,

You would, of course, miss school or work for the funeral of a family member and beloved friend. In the same way, I ask that you set aside these most solemn days of the year, Holy Thursday and Friday, to stay by the side of the Lord as He gives himself up to His Passion, Crucifixion, and Burial on these two great days.

In the hallway of the church there are copies of a letter which can be used to request that your children be excused on these two days, April 13 and 14. Parents may co-sign the letter along with me and submit it to the school to document the religious purpose for this excused absence. We will also post a copy of the letter to the parish website on the RESOURCES page for you to download and print.

Please look ahead at the schedule of Holy Week services on the next page, which is posted to the parish Google calendar on the website, and also available in the hallway of the church as a one-page handout.

Holy Saturday is an especially joyous service for all to attend, as it is the dawning of the celebration of our Lord's triumph over death, which we commemorate by throwing leaves and petals as signs of victory and by bringing many Catechumens through the Sacraments of Baptism, Chrismation, and Holy Communion into that triumph!

I look forward to us being together as a spiritual family for these days of Holy Week as we enter into the reality of Christ's Passion and the glory of His Resurrection!

Fr. Symeon

Divine Services for Holy & Great Week and Pascha 2023

at St. Athanasius Orthodox Church in Santa Barbara, CA

Lazarus Saturday	<i>The festal transition from the end of Lent to beginning of Holy Week.</i>
April 7 6:00 PM	Little Compline with Canon of Raising of Lazarus
April 8 8:30 AM	The Divine Liturgy (followed by Work Party to prepare for Holy Week & Pascha)
Palm Sunday	<i>The Great Feast of the Entry of Our Lord into Jerusalem</i>
April 8 5:30 PM	Great Vespers for Palm Sunday
April 9 9:00 AM	Orthros with the Blessing of Palms
10:00 AM	Divine Liturgy & Procession with Palms
HOLY WEEK	<i>Services begin Sunday evening in anticipation, strict fasting resumes</i>
April 9 6:00 PM	Bridegroom Orthros for Great Monday
Great & Holy Monday	<i>The Commemoration of the Patriarch Joseph as a Prototype of the Lord's Passion</i>
April 10 6:00 PM	Bridegroom Orthros for Great Tuesday
Great & Holy Tuesday	<i>The Commemoration of the Parable of the Ten Virgins</i>
April 11 8:30 AM	Presanctified Liturgy
6:00 PM	Bridegroom Orthros for Great Wednesday
Great & Holy Wednesday	<i>Commemoration of the Sinful Woman Who Repented Contrasted with Judas</i>
April 12 8:30 AM	Presanctified Liturgy
6:00 PM	The Sacrament of Holy Unction
Great & Holy Thursday	<i>The Mystical Supper of the Lord</i>
April 13 8:30 AM	Orthros & Vespers Liturgy for the Mystical Supper followed by the Rite of the Washing of the Feet
6:00 PM	Orthros for Holy Friday with the Passion Gospels, the Golgotha Procession, and Nailing to the Cross
Great & Holy Friday	<i>The Passion, Crucifixion and Burial of Our Lord</i>
April 14 10:00 AM	The Great Hours and Typika for Holy Friday
3:00 PM	Vespers with the Removal of Christ from the Cross
7:00 PM	Orthros for Holy Saturday with Lamentations and Procession with the Bier
Great & Holy Saturday	<i>The Despoliation of Hades by our Lord</i>
April 15 10:00 AM	Vespers Liturgy of the Harrowing of Hades with Reception of Converts
Great & Holy Sunday: PASCHA	<i>The Bodily Resurrection of Our Lord, God, and Savior Jesus Christ from the Dead.</i>
April 16 5:00 AM	Rush Service, Orthros, and Divine Liturgy // Paschal Reception
2:00 PM	Agape Vespers

Communal Paschal Celebration

*Join us at 3:00 PM at Tucker's Grove Park for BBQ and Games.
Let us share abundantly the joy of the Lord's Resurrection with Paschal Exchange:*



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

Beloved brothers and sisters,

Over the last several years, serving as your fundraising committee chair, I have been humbled by your generosity. Our parish hall, complete with warming kitchen and a beautiful patio for fellowship every Sunday, are living monuments to your sacrificial giving. The recently established Temple Fund is further evidence to your commitment to establish the Church in our community where we will worship for generations to come. Thank you.

In parallel to our efforts to build a Temple to his glory, I am pleased to share a new initiative that has recently received the blessing of Fr. Symeon and the Parish Council: a legacy giving program. This type of program is a structured way to encourage all members of the parish to remember St. Athanasius Orthodox Church in their will or estate plan. A legacy gift represents the highest order of philanthropy, and at the same time is one of the easiest to put into effect. We are excited for this opportunity, and see this as the next faithful step on the path we have been walking for decades.

The Church for all of us is our ark. It is where we meet our Lord, worship Him, and give thanks to Him. It is a safe haven in a tumultuous world. What a blessing it would be to continue our offerings for the Kingdom of God even after our passing. I invite you to prayerfully consider this opportunity to help establish the Church here until the age to come.

God is with us.

Faithfully yours,

Scott Speier, MD
Chair, Fundraising Committee



NETWORK MEDICAL WOMEN'S CENTER
FUNDRAISER PRESENTS

FORMER ABORTIONIST DR. ANTHONY LEVATINO

- FROM DEATH TO LIFE -

THURSDAY, MARCH 16TH
7:00PM - 8:30PM

ENJOY LIVE MUSIC
ANDREA & NEIL DI MAGGIO
FLUTE & PIANO DUO
6:30PM-7:00PM

THE HISTORIC MARJORIE LUKE THEATRE

- ADMISSION FREE -



AS A BOARD CERTIFIED OBGYN IN UPSTATE NEW YORK, DR. LEVATINO PERFORMED OVER 1,200 FIRST AND SECOND TRIMESTER ABORTIONS IN HIS FIRST FEW YEARS OF PRACTICE. HE VIEWED "THE TERMINATION OF A PREGNANCY AS A DECISION BETWEEN A WOMAN AND HER DOCTOR, AND NO ONE INCLUDING THE BABY'S FATHER SHOULD HAVE ANYTHING TO SAY ABOUT IT." HE WAS UNEQUIVOCALLY PRO-CHOICE.

BUT THAT ALL CHANGED WHEN A TRAGEDY FORCED HIS PRO-CHOICE VIEWS INTO THE OPEN, ULTIMATELY CHANGING HIS VIEWS ON ABORTION FOREVER.

ONCE AN ABORTIONIST, NOW ONE OF THE MOST INFLUENTIAL MEDICAL EXPERTS AND RENOWNED INTERNATIONAL SPEAKERS FOR LIFE, DR. LEVATINO HAS TESTIFIED BEFORE CONGRESS ABOUT THE BRUTAL NATURE AND THE DANGERS OF ABORTION ON MANY OCCASIONS.

FROM SELFISH MOTIVES TO TRUE UNDERSTANDING, DR. LEVATINO WILL SHARE HIS JOURNEY FROM DEATH TO LIFE.

St. Athanasius Women's Fellowship

Annunciation Tea

- for Women & Girls of all ages -
Bring your daughters and goddaughters!

Saturday, March 25, 2023

12:00-1:30 p.m.

Proceeds will benefit the Archdiocese Earthquake Relief Effort
for Syria and Turkey.

Ladies, watch for an e-mail with more details.

If you are not receiving the Women's Fellowship e-mails
and would like to be, please contact Liz Hoppe at

hop2it1995@gmail.com.

ANNOUNCEMENTS

METROPOLITAN SABA, our new hierarch, is posting weekly teachings and meditations to the Archdiocese website. You can access them here: <https://antiochian.org/dashboard?name=MetSaba>

FOOD FOR HUNGRY PEOPLE DRIVE

Please keep in mind those who are suffering from food insecurity or hunger during these coming weeks of Great Lent. We are collecting both funds and food between now and Palm Sunday. Monetary donations will go to "Food for Hungry People," through our Antiochian Archdiocese. There are coin boxes in a basket in the hallway. We especially encourage **families with children** to take one of the coin boxes home. We are also collecting food for our local Food Bank. We are asking for a very specific list of their most-needed food items. Food may be placed in the large boxes in the hallway between now and April 2nd.

MOST NEEDED ITEMS:

Whole grain cereal (with less than 12g sugar per serving)
Canned tuna or chicken Nut butters
Pasta Canned or dried beans/legumes

ADULT CATECHISM THIS WINTER/SPRING will go from now through April 2nd and takes place after the Agape Meal.

UPCOMING CATECHISM SESSIONS:

March 12 A Consecrated Life: The Role of Beauty in Worship
 And the Spiritual Life
March 19 The Holy Temple and Corporate Prayer
March 26 Music: Worship with our Voices, Entering the Beauty of the
Kingdom
April 2 The Hearing of the Word of God and Prayer of the Heart

LENTEN SOUP DINNERS — WE NEED YOUR HELP! WEDNESDAYS AFTER PRESANCTIFIED LITURGIES

During Great Lent, we will provide a very simple meal of soup, bread and fruit after each of our Wednesday evening Presanctified Liturgies. The soup dinners enable our families with children, college students who will miss dinner in the cafeteria, and folks who work full-time to attend the Liturgy without concern for what they will do for dinner afterwards. The soup dinners also provide the opportunity for us to spend time in conversation and fellowship as we break bread together with our spiritual family.

Please take a look at the sign-up page at this link and consider how you can participate:

bit.ly/LentenSoupDinners

SAVE THE DATES!
St. Athanasius Summer School
June 19-30, 2022
Watch for more details after Pascha!

CELEBRATIONS THIS WEEK

Birthdays
3/12 Nicholas Berari, Ronald Berari
3/15 Peter Speier
3/16 Adrian Berari, Leah Wallace
3/18 Doug King

Patronal Feast Days
3/12 St. Aaron the High Priest Howard Lange
3/15 St. Keira Keira Landrum

The Second Sunday of Great Lent

This Sunday was originally dedicated to Saint Polycarp of Smyrna (February 23). After his glorification in 1368, a second commemoration of Saint Gregory Palamas (November 14) was appointed for the Second Sunday of Great Lent as a second “Triumph of Orthodoxy.”

St. Gregory Palamas, one of the pillars of Orthodoxy, was born in 1296, probably to a noble Anatolian family in Constantinople. He and his brother went to Mount Athos in around 1318, and lived in Vatopedi and Esphigmenou Monasteries. Gregory also successfully persuaded his widowed mother, brothers and sisters to take up the monastic life. With the encroachment of the Turks, he was forced to flee to Thessalonica, being ordained a priest there in 1326. Afterward, he took up the eremitic life at a mountain near Beroea, and eventually returned to Athos in 1331.

St. Gregory lived in very difficult times, for many heresies were creeping into the Church, and the Ottoman Empire was ever expanding, taking over Byzantine lands. In the early 1300’s he wrote on the nature of the Holy Spirit, showing the errors of the Latin view while living at the hermitage of Saint Savvas on Mount Athos. He became known as a preeminent theologian early in life, due to his many writings and for his beliefs on hesychasm.

Lenten Retreat

March 17-19, 2023

Hosted by :
 Saint Andrew Orthodox Church
 4700 Canyon Crest Drive
 Riverside, CA 92507

The event is free but donations are welcome!

Registration & Details: saintandrew.net/events

Registration Form:

His Grace, Bishop Irenei

*Four lectures delivered by His Grace,
 Bishop Irenei of Great Britain & Western Europe*

*The Lamb Slain Before the Foundation of the
 World Moving Beyond Creationism and Evolution*

*The Order of Salvation
 The Creation of the Cosmos as the
 Beginnings of the Church in Genesis*

*The Creation of Man
 The Pinnacle of Creation*

*Creation and Its Consequences
 The Sanctity of Life and Ecology*

PATRISTIC HECTAR
 PUBLICATIONS

Parish Council Corner

- You will now see some more readers-in-training assisting at the chanter stand!
 - Our warming kitchen will soon have a multiple-shelf food heating cabinet and an ice maker.
 - We are working on piping in the audio during liturgical services into the reception room, specifically for nursing mothers.
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PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna B. (military)
P. Speier (military)
Subdn. Matthew W. (seminary)

Steve T.
Abp. Benjamin
Temmo K.
Sarah B.
Chuck S.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families
Kevin
Stephan & Rosa K.
David
Evonne C.
Phyllis M.
Christina S.
Judy A.
Mark K.
Todd C.
Ethan K.
Mari & the Fewell Family
Matt & Tessa, Matt & Olivia
Jesús D.
Erik L.
Matthew

The Ethiopian Orthodox Church

The Church & people suffering from the earthquake in Syria and Turkey

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Bishop Tikhon, Nicko, Aiden B.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to S.A.O.C. **Bookstore.** (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

We remember in prayer at each of our services:

Fr. Paul Abernathy (LEFT) and the community of St. Moses Orthodox Church in Pittsburgh, Pennsylvania, and Fr. Turbo Qualls (RIGHT) and the community of St. Mary of Egypt Orthodox Church in Kansas City, Missouri.

