



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Lara Jacobs, Chair
Glenn Hoppe, Vice Chair
Dan Braun, Treasurer
Asia Ballew
Dominic Dopico
Kristin King
Michael Loulias
Velislava Nikolov

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

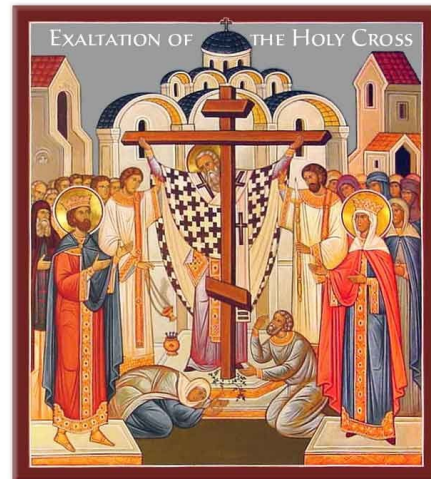
Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

September 17, 2023

Tone 6 / Eothinon 4

Sunday after the Elevation of the Holy Cross
Martyrs Sophia and her daughters
Faith, Love, and Hope



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday Religious Education Classes are will resume
on September 24th.

Sunday, September 17

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

Monday, September 18

7:00 a.m. Daily Matins
6:00 p.m. St. Xenia Prayer Ministry by Zoom
(Akathist for St. Nikiforos)
7:00 p.m. Men's Fireside

Tuesday, September 19

5:30 p.m. Daily Vespers
6:00 p.m. Parish Council Meeting

Wednesday, September 20

7:00 a.m. Daily Matins
12:00 p.m. St. Xenia Prayer Ministry
6:15 p.m. Choir Rehearsal

Thursday, September 21

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers

NO YOUTH GROUP

Friday, September 22

7:00 a.m. Daily Matins

Saturday, September 23

2:00 p.m. Choir Rehearsal
3:00 p.m. Adult Catechism
5:30 p.m. Great Vespers/Confessions

Sunday, September 24

SUNDAY RELIGIOUS EDUCATION BEGINS

9:00 a.m. Matins
9:00 a.m. Catechesis for children 3yrs-6th grade
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

September 17 Washburn
September 24 Dillon
October 1 Morrison
October 8 Kern

READERS

September 17 Lange
September 23 Myer (Vespers—St. Thekla)
September 24 Alexander
October 1 Gish
October 8 Butler

GREETERS

September 17 P. Cocolos/M. Loulias
September 24 H. Lange
October 1 K. Fox
October 8 K.P. King/H. Lange

USHERS

September 17 M Loulias/K.L. King
September 24 C. Speier/S. Speier
October 1 P. King/J. King
October 8 D. Meyer/D. Alexander

AGAPE MEAL HOSTS

September 17 Team Worthington
September 24 Team Kawahara
October 1 Team Baker
October 8 Sacred Arts Festival
October 15 Team Lander
October 24 Team Loulias

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Sept. 21 L. Ballew
Sept. 28 M. Loulias
Oct. 4 D. Alexander/J. Jones
Oct. 11 F. Young

Every week: Kyle & Jeff Petersilia

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

GREAT LITANY

FIRST ANTIPHON verses for the Feast of the Cross with refrain:

Vs. O God, my God, attend to me; why hast Thou forsaken me? Far from my salvation are the words of my transgressions.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. My God, I will cry by day, and wilt Thou not hearken? But as for Thee, Thou dwellest in the sanctuary, O Praise of Israel. **[Refrain]**

Vs. Glory...now & ever...Amen. **[Refrain]**

SECOND ANTIPHON verses for the Feast of the Cross & refrain

Vs. O God, why hast Thou cast us off unto the end? Remember Thy congregation which Thou hast purchased from the beginning.

Refrain: O Son Of God, crucified in the flesh, save us who sing to Thee, Alleluia!

Vs. This is Mount Zion wherein Thou hast dwelt. **[Refrain]**

Vs. God is our King before the ages, He hath wrought salvation in the midst of the earth. **[Refrain]**

**Glory to the Father and to the Son and to the Holy Spirit;
Now and ever and unto ages of ages. Amen.**

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON and verses for the Feast of the Cross

Vs. The Lord is king, let the peoples rage; He sitteth on the Cherubim,
let the earth be shaken.

Refrain: Troparion for the Feast of the Cross

**O Lord save Thy people and bless Thine inheritance,
granting victory over all adversaries.
And by the pow'r of Thy cross protect us.**

Vs. The Lord is great in Zion, and He is high above all peoples.

Vs. Let them confess Thy great Name, for it is terrible and holy.

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Resurrectional Troparion

Tone 6

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion for the Feast of the Elevation of the Holy Cross

Tone 1

O Lord save Thy people and bless Thine inheritance,
granting victory over all adversaries.
And by the pow'r of Thy cross protect us.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Cross**Tone 4**

As You were voluntarily raised upon the Cross for our sake,
grant mercy to those who are called by Your Name, O Christ God;
make all Orthodox Christians glad by your power,
granting them victories over their adversaries//
by bestowing on them the invincible trophy, Your weapon of peace!

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle (Prokeimenon)**Tone 4**

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (Ps 103/104:24)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

EPISTLE READING**Galatians. (2:16-20)**

Brethren, you know that a man is not justified by works of the law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ Who lives in me; and the life I now live in the flesh I live by faith in the Son of God, Who loved me and gave Himself for me.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 1

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

v. Remember Your congregation, which You have purchased of old! (Ps 73/74:2)

v: God is our King before the ages; He has worked salvation in the midst of the earth.
(Ps 73/74:12)

GOSPEL READING

Mark. (8:34-9:1)

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And He said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power."

Meglynarion (Hymn to the Mother of God) for the Feast of the Cross)

Thou art the mystical paradise, O Theotokos, in which blossomed Christ.
Through Him, the life-bearing wood of the Cross was planted upon earth.
Now, at its elevation, as we bow down before it, we magnify Thee.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest!

For the feast of the Cross

The light of Your countenance has shone on us, O Lord. (Ps 4/5:6) Alleluia (3x)

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

Please continue to pray for all of our catechumens, that their minds and hearts will be illuminated as they continue their journey towards baptism and/or chrismation.

Rebecca Beech
Paul Carr
Connor Clements
Kevin Duke
Adam English
Mark Gross
Anthony Salcedo, Ethan, Dominic and Jennifer

CELEBRATIONS THIS WEEK

Wedding Anniversaries

9/18 Josh & Megan Dillon
9/19 Timmy & Teri Palmer

Birthdays

9/17 Christina Lydick
9/18 Jason Wayne
9/20 Dan Braun
9/21 Alexis Rae Florez

Patronal Feast Days

9/17 St. Sophia	Noelle Aviles, Gianna Brunner, Sophia Roberts
9/17 St. Sophia & her 3 daughters	Bella Madrigal
9/20 St. Eustathios	Jason Wayne



Congratulations and many years to Dorothy Alexander, who completed the Masters of Theological Studies Degree with an emphasis in Iconography from the Antiochian House of Studies. She is seen here at her graduation ceremony last week at the Antiochian Village (Ligonier, PA) with Metropolitan SABA, who has blessed her to work under his spiritual authority as an iconographer.



SACRED ARTS FESTIVAL

SAINT ATHANASIOS ORTHODOX CHRISTIAN CHURCH

Produced with the blessing of His Eminence, Metropolitan SABA of the
Antiochian Orthodox Christian Archdiocese of North America

Friday, October 6 – Sunday, October 8, 2023

300 Sumida Gardens Ln., Santa Barbara, CA

Fr. Turbo Qualls, Presenter

Friday, October 6 7:00-8:30 p.m.

Session One: "My Journey to the Ancient Faith – the Royal Path"

Saturday, October 7

1:00 – 2:30 p.m. Session Two: "Wonder as Worship in Orthodox Christian Art"

4:00 -- 5:30 p.m. Session Three: "Wonder as Worship" Part 2

Please no children under 11 yrs. old at the lectures.

Middle school & high school students are welcome & attend for free!



Sunday, October 8 – 3:00 p.m.

Sacred Music Concert featuring the Sacred Arts Festival Choir

Seating is first-come/first-served.

Youth ages 17 yrs. and under are welcome and attend for free. Bring the whole family!

OTHER FESTIVAL ACTIVITIES:

- LITURGICAL SERVICES
- ICON EXHIBIT
- BOOK STORE
- CHURCH TOURS
- WORKSHOPS ON FRIDAY AFTERNOON
IN ICONOGRAPHY, PROSPHORA BAKING & PRAYER ROPE WEAVING
- MEXICAN BARBECUE SATURDAY EVENING

**\$25 package price for all 3 lectures and
the concert in advance**
AT THE DOOR: \$10/lecture & \$5/concert
Saturday supper \$10/person
Friday workshops \$10/person

FOR THE FULL SCHEDULE & TO REGISTER GO TO:

<https://www.stathanasius.org/events/sacred-arts-festival-2023/>

Friday, October 6

1:00 – 4:30 p.m.

Workshops (for individuals 16 yrs. and older) Class size is limited.

- **Iconography** (\$10/person) – Dorothy Alexander & Kh. Cayce-Marie Halsell
Docent-led tour of the icon exhibit in the chapel; How gold is used in iconography, the different types of gilding, and trying out various methods; A teaching on iconography with a live demonstration of egg tempera as used in the Byzantine Tradition.
- **Prospora Baking** (\$10/person)—Fr. John Finley
- **Prayer Rope Weaving** (\$10/person) Sister Photini, other teachers TBA

5:00-6:30 p.m.

Tours of Nave, Bookstore & Icon Exhibit Open

7:00-8:30 p.m.

**Session One: “My Journey to the Ancient Faith – the Royal Path”
Fr. Turbo Qualls**

Dessert Reception, Bookstore & Icon Exhibit open following presentation.

Saturday, October 7

12:00-1:00 p.m.

Tours of Nave, Open House in Atria, Bookstore & Icon Exhibit Open

1:00 – 2:30 p.m.

“Wonder as Worship in Orthodox Christian Art” Part 1 – Fr. Turbo Qualls

2:30 – 3:00 p.m.

Break/Snacks available

3:00-3:45 p.m.

Great Vespers

4:00-5:30 p.m.

“Wonder as Worship” Part 2 – Fr. Turbo Qualls

5:30-6:00 p.m.

Bookstore Open

5:30-7:30 p.m.

Light supper/Mexican BBQ (by pre-registration - \$10/person)

Sunday, October 8

9:00 a.m.

Matins Service

10:00 a.m.

Divine Liturgy followed by Agape Meal

2:00 p.m.

Bookstore Open

3:00 p.m.

Sacred Music Concert featuring the Sacred Arts Festival Choir (\$5/person)

Seating is first-come/first-served.

A reception will follow the concert.

A CALL FOR RARE OR UNIQUE ICONS FOR OUR SACRED ARTS FESTIVAL EXHIBIT

As part of our Sacred Arts Festival (October 6-8) we will, once again, set up an icon exhibit. Our Exhibit Team, (the members of the Icon Guild of our parish) is requesting submissions of **hand-painted** icons from your personal collection that you would be willing to loan the church for this exhibit. If you have one or more icons you would like to submit, please take a photo of each icon (with your phone is fine) and e-mail with a brief description to the church at: **office@stathanasius**. We will forward the photos to the Icon Guild, and they will contact you.

We have limited space, so we may not be able to use every icon that is submitted. Our goal is to be able to display a wide variety of styles and traditions of Orthodox iconography.

**St. Athanasius Icon Guild:
Dorothy Alexander, Asia Ballew, Kh. Cayce-Marie Halsell, Nataliya Tinyayeva**

ANNOUNCEMENTS

FR. NICHOLAS & KH. JAN WILL BE AWAY SEPTEMBER 18-25.

FR. SYMEON WILL BE AWAY SEPTEMBER 25-29.

THE MEN'S FIRESIDE GATHERING WILL BE TOMORROW, Monday, Sept. 18th, at 7:00 p.m. at the home of Fr. Symeon & Kh. Cayce-Marie Halsell. If you need more information, see Howard Lange or Fr. Symeon.

ADULT CATECHISM CLASSES WILL BE ON SATURDAYS FROM 3-5 p.m. in the coming Liturgical Year. The Fall session will meet on the following Saturdays:

Sept. 23 & 30

Oct. 21

Nov. 4 & 18

WE NEED LOTS OF HELP THE WEEKEND OF OUR SACRED ARTS FESTIVAL, OCT. 6-8. (Set-up, clean-up, donations of sweets for the receptions and the Agape Meal on Sunday, and volunteers at the ticket table.) The online sign-up list will be available soon. We will send out an email notice when it is.

IF YOU WOULD LIKE TO JOIN OUR ST. XENIA PRAYER MINISTRY in one of their online (ZOOM) prayer times, contact Dorothy Alexander for the meeting I.D. and password information. (Zoom sessions are currently Mondays at 6:00 p.m. and Thursdays at 7:45 a.m.)

FR. SYMEON will lead the AKATHIST TO OUR SWEETEST LORD, JESUS CHRIST on the following Wednesdays this autumn **AT WESTMONT COLLEGE in the Voskuyl Chapel at 5:30 p.m.**, assisted by our parishioners who are students there. All are welcome!

WEDNESDAYS at 5:30 p.m.:

September 20

October 4, 11, 18 & 25

November 1 & 8

PRAYERS FOR LOCAL HUMAN TRAFFICKING TASK FORCE AGENCIES

We ask that you keep in prayer those working in our area against Human Trafficking. By following this link you will see an overview of statistics and local agencies on the Task Force engaged in anti-trafficking work. Please keep these agencies on this list in the commemorations of your prayers for their health and salvation and the furtherance of their work to the glory of God. <https://bit.ly/TraffickingTaskForce> (See the back of this bulletin for the list.)

If you would like to receive the parish weekly e-mail reminders, please send your e-mail address to: valerie@stathanasius.org. If you are an active member and are not getting at least one e-mail per week, check your SPAM folder. Some e-mail providers block bulk e-mail programs.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Abp. Benjamin
Temmo K.
Sarah B..
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Kevin D. & Family
Stephan & Rosa K.
Ethan K.
Erik L.
Matthew
Nina & Erik Sr.
Anthony & Christina and Family
Hannah Rose
Leticia B.
Kari H.
Carol J.
Suzi W.
Adam and Family
Madison E.
Susan W.
David W.

Dave D.
Roman N.
Eloise G.

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

The Church & people suffering from the earthquake in Syria and Turkey

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Mother Nektaria, Shamassa Zinetta N.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Symeon's office. Make checks payable to S.A.O.C. **Bookstore.** (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

WEEK #1: IT TAKES A VILLAGE
SANTA BARBARA COUNTY STATISTICS AND ABRIDGED LIST OF TASK FORCE PARTNERS

Below are statistics regarding recent trafficking and a list of many agencies that work together in the Santa Barbara County Human Trafficking Task Force. The list is not exhaustive, but gives a scope of overlapping areas that are involved in combating human trafficking.

Much of the funding for the Task Force is met through a three year grant; the grant's renewal is pending approval this month. Please pray for the grant submission from the SB District Attorney's Office to be approved, as that will provide three years of funding for the Task Force, around 50% of the total budget. Some of the things this will fund are salaries, subject matter expert consultation, survivor consultation, survivor flex funding, survivor emergency funds, an awareness campaign, and a labor trafficking needs assessment.



Health:

Dignity Health
 CommonSpirit Health

Government:

U.S. Department of Labor (DOL)
 --and Wage and Hour Division (WHD)
 Homeland Security
 U.S. Immigration and Customs Enforcement (ICE)
 California Highway Patrol (CHP)

Justice/Legal/Courts:

U.S. Department of Justice (DOJ)
 Santa Barbara County District Attorney's Office
 Court Appointed Special Advocates for Children (CASA)
 Legal Aid Foundation of Santa Barbara County (LAFSBC)

Data and Research:

University of California, Santa Barbara

Investigations:

Sheriff's Office Detectives, SB County
 Federal Bureau of Investigations (FBI)
 District Attorney Investigator, Ventura

Survivor Mentor Support:

Forever Found

Funding/Organizational/Structural Support:

Jr. League
 Santa Barbara Alliance for Community Transformation (SBACT)
 Kingdom Causes, Inc. (KCI)

Prevention:

What is Love Teens
 Pacific Pride Foundation

Mental/Behavioral Health:

Behavioral Wellness, SB County

After Care/Therapeutic Care/Transitional

Housing:

4Kids2Kids
 Living Arrows
 Olive Crest Hope Refuge
 Noah's Anchorage (YMCA)
 Good Samaritan Shelter

Law Enforcement/Intervention:

Santa Barbara Police Department
 Santa Maria Police Department
 Santa Barbara Sheriff's Office
 Ventura Police Department

Social Service/Prevention:

People Helping People (PHP)
 North County Rape Crisis Center
 Santa Barbara County Social Services

Victim Support/Prevention:

Standing Together to End Sexual Assault (STESA)
 Victim Witness, San Luis Obispo County
 Victim Witness Program, Santa Barbara County
 Lideres Campesinas
 Interfaith Collaborative Against Human Trafficking,
 Santa Barbara County (IFC)

Training/Education:

Global Justice Mission