



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

**Office hours:** Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

**Pastor:**

Fr. Symeon Halsell

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**Priests attached to the parish:**

Fr. Nicholas Speier (Pastor Emeritus)

frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Parish Council 2023-2024**

Lara Jacobs, Chair

Glenn Hoppe, Vice Chair

Dan Braun, Treasurer

Asia Ballew, Secretary

Dominic Dopico

Kristin King

Michael Loulias

Velislava Nikolov

**Music Director/Administrator:**

Valerie Yova

Office phone: 805-685-5400

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**Teen Program & College/Young Adult**

**Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

## DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

May 26, 2024

**Tone 3 / Eothinon 5; Fourth Sunday of Pascha**

Sunday of the Paralytic

Apostle Karpos of the Seventy;

Apostle Alphaeus and his Children, Martyrs Abercius and Helen



## WELCOME TO OUR VISITORS!

We are glad you are with us this morning  
to join our worship of the Father, Son & Holy Spirit!  
Please join us on the patio after the Liturgy for  
the Agape Meal. We'd love to meet you!

**We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion:**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

*The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion and censes the west side of the Altar Table.*

**Priest:** Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

**People:** Amen.

**Clergy:** Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

**People:** Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

**GREAT LITANY**

**FIRST ANTIPHON**

Verse:        Make a joyful noise to God, all the earth! Sing of His Name, give  
                    glory to His praise!

**Refrain:**        **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

## SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

**Refrain: O Son of God, Who rose from the dead,  
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nation! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit; now and ever and unto ages of ages. Amen.

Only begotten Son...

## THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain: Christ is risen from the dead trampling down death by death,  
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit; now and ever and unto ages of ages. Amen. [Refrain]

## LITTLE ENTRANCE

**In the gathering places bless ye God the Lord from the Springs of Israel.  
O Son of God Who Rose from the dead, save us who sing to Thee, Alleluia!**

### **Troparion of the Resurrection**

**Tone 3**

Let the heavens rejoice and the earth be glad,  
for the Lord hath done a mighty act with His own arm.  
He hath trampled down death by death  
and become the first born from the dead.  
He hath delivered us from the depths of Hades,  
granting the world the great mercy.

**Troparion to St. Athanasius****Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
That He may grant us abundant mercy.

**Kontakion for the Paralytic****Tone 3**

By Your divine intercession, O Lord,  
as You raised up the Paralytic of old,  
so raise up my soul, paralyzed by sins and thoughtless acts;  
so that being saved I may sing to You:  
“Glory to Your power, O compassionate Christ!”

**Kontakion for Pascha**

Thou didst descend into the tomb O Immortal.  
Thou didst destroy the pow'r of death.  
In victory Thou didst arise, O Christ God,  
proclaiming rejoice to the myrrh-bearing women,  
granting peace to Thine apostles,  
and bestowing resurrection on the fallen.

**TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle****Tone 3**

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

**Verse:** Clap your hands all you peoples!  
Shout to God with a voice of joy! (*Ps 46/47:1*)

**THE EPISTLE READING**  
**Acts 9:32-42**

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments, which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**

**Tone 3**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

**Verse:** Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

**GOSPEL READING—John 5:1-15**

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethzatha, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?"

The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

#### **Hymn to the Mother of God (Meglynarion)**

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine, O New Jerusalem! The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the resurrection of your Son, of your Son!

#### **Communion of the Clergy**

Receive the body of Christ. Taste the fountain of immortality.

#### **Communion of the Faithful**

Receive the body of Christ. Taste the fountain of immortality. Alleluia! Alleluia! Alleluia!

**Instead of "We have seen the true light," sing "Christ is Risen" ONCE.**

### **Holy Communion & The Thanksgiving Prayers**

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer and a recent Sacramental Confession.

**Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, "*Father, bless.*" After this you may take a piece of antidoron (blessed bread) offered in the bowls.**

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

At the conclusion of the Divine Liturgy, we offer **Thanksgiving Prayers** for having received the body and blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have partaken and prepare us for our transition from the Kingdom back into "the world." If you have partaken, stay to listen to these prayers after you have venerated the cross. Immediately after, the priest will bless the Agape Meal. **We ask that all your socializing take place outside of the church.**

## **SAOC SUMMER SCHOOL 2024!**

**FOR CHILDREN WHO HAVE JUST COMPLETED GRADES K-6**

Monday, June 17-Friday, June 28 (weekdays only)

Class 8:45 a.m. – 12:00 noon daily

Lunch 12:00 p.m. – 12:30 p.m. daily

Activity 12:30 p.m. – 2:00 p.m. daily

**Please bring a snack & sack lunch EVERY DAY except JUNE 21.**

**ALL FORMS ARE AVAILABLE IN THE LOBBY  
OF THE CHURCH & ON THE WEBSITE AT:**

**<https://www.stathanasius.org/ministries/youth-education/summer-school/>**

**Tuition: \$320 for 1 child/ \$450 for 2 children/\$560 for 3 or more children**

**Tuition assistance is available. Please speak with Fr. Symeon.**

We are accepting applications for **Teen Helpers** who are in Grade 7 or older.  
Helpers must submit a Volunteer Application & Medical Release Form.

## **ADULT CATECHISM SPRING/SUMMER 2024**

**On Saturdays from 3-5 p.m.**

**All are welcome, whether new inquirers or long-time Orthodox believers.**

- May 25th - Session 1 "The Life in Christ by Faith:  
The Trinity, Apostolic Tradition, and Scripture"
- June 1 - Session 2 "A Life of Repentance and Holiness"
- June 15 - Session 3 "The Realm of Redemption: The Church and Its Sacraments"
- June 22 - Session 4 "Seeing and Living in the Beauty, Truth and Wisdom of God"
- July 13 - Session 5 "The Age to Come:  
The Second Coming, the Saints, & the Jesus Prayer"

## **ANNOUNCEMENTS**

**THERE IS NO FRIENDS GATHERING TODAY at St. Barbara Monastery.** They hope to resume the Friends Gatherings by July.

**THIS WEDNESDAY WE WILL CELEBRATE THE FEAST OF MID-PENTECOST at 8:30 a.m. with Divine Liturgy.**

**WE HAVE RESUMED OUR WEDNESDAY EVENING SERVICE SCHEDULE.**

Except on days when there are other festal services, we will pray the following schedule:

- First and third Wednesdays — Paraklesis in the field at the Cross at 5:30 p.m.
- Second, fourth and fifth Wednesdays — Akathists for various saints at 5:30 p.m.

**THERE WILL BE NO SERVICE THIS WEDNESDAY EVENING because of the Liturgy in the morning for Mid-Pentecost.**

**CHANGE IN DAILY TRISAGION PRAYERS:**

1. During Bright Week we pray the **Paschal Hours** at home.

Text is here: <https://www.stathanasius.org/resources/downloads-resources/>

2. From Pascha until Pentecost, do not say, “O Heavenly King...”

3. From Pascha until Ascension, replace “Holy God, Holy Mighty...” with “Christ is risen from the dead, trampling down death by death, and upon those in tombs bestowing life.”

**BOOK DRIVE FOR OLIVE CREST/HOPE REFUGE**

Our Women’s Fellowship is coordinating a Book Drive for the residents of Olive Crest. Please see the yellow flyer in the hallway for book suggestions. Donated books may be dropped off in our bookstore.

### **UPCOMING FEAST DAY SERVICES**

Wed., May 29	8:30 a.m.	Liturgy for Feast of Mid-Pentecost
Wed., June 12	5:30 p.m.	Vespers/Liturgy for Feast of Ascension
Sat./Sun. June 22-23	FEAST OF PENTECOST (Regular weekend service schedule) “GREEN POTLUCK” on Sunday for Agape Meal	
Fri. June 28	5:30 p.m. FAMILY NIGHT — Last day of Summer School BBQ Pentecost celebration (Fast-free week)	
Sat. June 29	9:00 a.m.	Liturgy for Feast of SS. Peter & Paul

## The Paschal Greeting in Various Languages

<b>English:</b>	Christ is risen! Indeed He is risen!
<b>Greek:</b>	Christos anesti! Alithos anesti!
<b>Arabic:</b>	Al-Maseeh qam! Haqqan qam!
<b>Slavonic:</b>	Christos voskrese! Voistinu voskrese!
<b>Romanian:</b>	Hristus a inviat! Adevarat a inviat!
<b>Georgian:</b>	Kriste aghdga! Cheshmaritad aghdga!
<b>Amharic:</b>	Kristos tenestwal! Bergit tenestwal!
<b>Albanian:</b>	Krishti u ngjall! Vertete u ngjall!
<b>Syriac:</b>	M'shee ho dkom! Ha koo qam!
<b>Hebrew:</b>	Ha Masheeha houh quam! Be emet quam!
<b>Spanish:</b>	Cristo ha resucitado! En verdad ha resucitado!
<b>French:</b>	Le Christ est resucitee! Vraiment est resucitee!
<b>German:</b>	Christus ist auferstanden! Wahrlich Er ist auferstanden!
<b>Gaelic:</b>	Taw creest ereen! Taw shay ereen guhdyne!
<b>Japanese:</b>	Harisutos fukkatsu! Jitsu ni fukkatsu!
<b>Aleut:</b>	Kristusaq aglagikuk! Angangulakan aglagikuk!

## \*\*\*\*\* ***CELEBRATIONS THIS WEEK*** \*\*\*\*\*

### **Wedding Anniversaries**

5/27 Andrew & Andrienne Macdonald  
5/30 Stan & Donna Friesen, Steven & Julie Gross

### **Birthdays**

5/27 Adam King  
5/30 Luke Palmer  
5/31 Dana Alexander

### **Patron Saint Feast Days**

5/30 **St. Emmelia, Mother of St. Basil the Great**  
Emma Bobro, Emily King, Amelia Rose Macdonald, Emily Speier  
6/1 **St. Justin Martyr** Justin Brunner

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

His Beatitude, Patriarch John X  
Metropolitan SABA  
Mother Victoria  
Met. Paul & Abp. John  
Abp. Benjamin  
Fr. Mathias in Tanzania (OCMC)  
Fr. Jon B.  
Fr. John & Kh. Diane C.  
Fr. Nicholas & Jan  
Fr. Turbo & St. Mary parish  
Fr. Paul and St. Moses parish  
Greg & Margaret Y.  
Hoppe Family in Albania (OCMC)  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Bob N.  
Kh. Melissa H.  
Jeremiah & Sarah H. (military)  
Lauren & Fernando J. (military)  
Chase K. (military)  
Nick & Kristine J. (military)  
Connor V. (military)  
Julianna & Zaron D. (military)  
P. Speier (military)

Subdn. Matthew W. (seminary)  
Steve T.  
Temmo K.  
Sarah B..  
Dn. John & Fay Y.  
Samantha & Chris N. & Family  
Kevin D. & Family  
Erik L.  
Matthew  
Wade  
Amanda Catherine  
Darcy  
Penny B.  
Nancy & Patrick G.  
Audry D.  
Kh. Peggy K.  
Laura & Jeff & Family  
Amanda, Chris & Baby James  
Benny & Michelle M.  
Evonne C.  
Kh. Janet Henderson  
Stephanie Maly

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

## OUR CATECHUMENS:

Karti Adimulam  
Kevin Duke  
Isaak Lau  
Matthew, Ashley and Ryan McCauley  
Brennan Pawley  
Ethan Salcedo  
Logan Strait

**For repose of the souls of:**

## ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of our building. The tables and two enclosed cabinets contain items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. **You can contact Terri at: [bookstore@stathanasius.org](mailto:bookstore@stathanasius.org).**

Payment should be made at time of purchase and placed in the brown lockbox on wall next to Fr. Symeon's office. Make checks payable to **S.A.O.C. Bookstore**.

The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Temple Fund.**

## CALENDAR FOR THE WEEK

### Sunday, May 26—Sunday of the Paralytic

9:00 a.m. Matins & Religious Ed. ages 3 yrs-6th gr.  
 10:00 a.m. Divine Liturgy  
 11:30 a.m. Teen Religious Ed.  
 11:45 a.m. **POTLUCK FOR MEMORIAL DAY**

### Monday, May 27—MEMORIAL DAY

7:00 a.m. Paschal Daily Reader's Matins  
 5:45 p.m. St. Xenia Prayer Ministry by Zoom

### Tuesday, May 28

5:30 p.m. Daily Vespers

### Wednesday, May 29—MID-PENTECOST

8:30 a.m. Liturgy for Mid-Pentecost  
 12:00 p.m. St. Xenia Prayer Ministry

### Thursday, May 30

7:45 a.m. St. Xenia Prayer Ministry by Zoom  
 10:00 a.m. Showers of Blessing  
 5:30 p.m. Daily Vespers  
 6:00 p.m. Youth Group

### Friday, May 31

7:00 a.m. Paschal Daily Matins with a priest

### Saturday, June—St. Justin Martyr

3:00 p.m. Adult Catechism  
 5:30 p.m. Great Vespers/Confessions

### Sunday, June 2

9:00 a.m. Matins & Religious Ed. ages 3 yrs-6th gr.  
 10:00 a.m. Divine Liturgy/Baptism of Hadleah Gish  
 11:30 a.m. Teen Religious Ed.  
 11:45 a.m. Agape Meal

## SUNDAY MORNING MINISTRIES SCHEDULE

### EUCHARIST BREAD

May 26 Morrison  
 June 2 Fr. J. Finley  
 June 9 Meyer  
 June 16 Hoppe

### READERS

May 26 Alexander  
 May 29 Gish (Mid-Pentecost Liturgy 8:30 a.m.)  
 June 2 Butler  
 June 9 Lange  
 June 12 Kern (Ascension 5:30 p.m.)  
 June 15 Meyer (Vespers)  
 June 16 Kern

### GREETERS

May 26 M. Loulias  
 June 2 K.P. King  
 June 9 H. Lange  
 June 16 G. Hoppe

### USHERS

May 26 C. Speier/S. Speier  
 June 2 P. King/J. King  
 June 9 M. Loulias/K.L. King  
 June 16 S. Speier/C. Speier

### AGAPE MEAL HOSTS

May 26 **MEMORIAL DAY POTLUCK**  
 June 2 Team Kawahara  
 June 9 Team King  
 June 16 **WOMEN'S FELLOWSHIP**  
**for Father's Day**

PHOTOS FROM PASCHA ARE NOW  
ON THE PARISH WEBSITE!

<https://www.stathanasius.org/media/photo-gallery/may-5-2024-holy-pascha/>

