



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

Fr. John Carrillo (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Dominic Dopico, Chair

Kristin King, Vice Chair

Dan Braun, Treasurer

Velislava Nikolov, Secretary

Asia Ballew

Sydney Hedges

Michael Loulias

Cheryl Washburn-Lander

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

October 6, 2024

Tone 6 / Eothinon 4;

**Fifteenth Sunday after Pentecost
& Third Sunday of Luke**

The Holy and Glorious Apostle Thomas

Innocent, Apostle to the Americas; Venerable Kendeas of Cyprus



WELCOME TO OUR VISITORS!

We are glad you are with us this morning
to join our worship of the Father, Son & Holy Spirit!

Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all
manner of evil against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection

Tone 6

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion for the Apostle Thomas

Tone 2

You were a disciple of Christ,
and a member of the divine college of Apostles.
Having been weak in faith you doubted the Resurrection of Christ,
but by feeling the wounds you believed in His all-pure Passion:
pray now to Him, O all-praised Thomas, to grant us peace and great mercy.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays**Tone 4**

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 6**

O Lord save Thy people and bless Thine inheritance. (*PS 27/28:9*)

Verse: *To Thee will I cry, O Lord, O my God, do not be silent unto me. (PS 27/28:1)*

EPISTLE READING**2 Corinthians 4:6-15**

Brethren, seeing that it is the God who commanded the light to shine out of darkness, the same also shone in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in earthen vessels, that the exceeding greatness of power is from God, and not from us. We are pressed on every way, yet not distressed; we are perplexed, but not driven to despair; persecuted, but not forsaken; smitten down, but not destroyed; always bearing about in the body the dying of the Lord Jesus, that the life of Jesus may also be manifested in our body. For we who live are always delivered to death for Jesus' sake, that the life of Jesus may also be manifested in our mortal flesh. So, then, death is working in us, but life in you. But having in us the same spirit of faith, according to that which is written, "I believed, and therefore I spoke," we also believe, and therefore we also speak, knowing that the One who raised up the Lord Jesus will also raise us up through Jesus, and will make us stand together with you. For all things are for your sakes, that the grace, which is multiplied through the thanksgiving of many, may abound to the glory of God.

Alleluia Refrain and Psalm verses before the Gospel**Tone 6**

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Vs. 1 He Who dwelleth in the help of the Most High shall abide under the shadow of the protection of the God of Heaven. (*Ps 90/91:1*)

Vs. 2 He will say to the Lord, Thou art my protector and my refuge, my God, in Him will I hope. (*Ps 90/91:2*)

GOSPEL READING

Luke 7:11-16

At that time, Jesus went to a city called Nain, and many of His disciples and a great crowd went with Him. As He drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, He had compassion on her and said to her, "Do not weep." And He came and touched the bier, and the bearers stood still. And Jesus said, "Young man, I say to you: arise." And the dead man sat up, and began to speak. And Jesus gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited His people!"

Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Holy Communion & The Thanksgiving Prayers

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer and a recent Sacramental Confession.

Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, "*Father, bless.*" After this you may take a piece of antidoron (blessed bread) offered in the bowls.

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

At the conclusion of the Divine Liturgy, we offer **Thanksgiving Prayers** for having received the body and blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have partaken and prepare us for our transition from the Kingdom back into "the world." If you have partaken, stay to listen to these prayers after you have venerated the cross. Immediately after, the priest will bless the Agape Meal. **We ask that all your socializing take place outside of the church.**

ANNOUNCEMENTS

SUNDAY RELIGIOUS EDUCATION BEGINS TODAY!

Catechesis of the Good Shepherd (Atrium) for children ages preschool-6th grade begins today. All three levels will meet from 9:00-10:00 a.m. on Sunday mornings.

Level I - Ages 3 (by Sept 1) through Kindergarten	<i>Cheryl Fisher (805) 708-1798</i>
Level II - Grades 1-3	<i>Joanne Gish (805) 729-3443</i>
Level III - Grades 4-6	<i>Jane Meyer (805) 680-2140</i>

If your child has not yet attended please contact the following catechists for a tour or just to let us know you'll be bringing them.

MAY GOD BLESS AND GUIDE OUR NEW PARISH COUNCIL OFFICERS: Dominic Dopico—Chair, Kristin King—Vice Chair, Dan Braun—Treasurer, and Veli Nikolov—Secretary.

GREAT VESPERS NEXT SATURDAY, October 12th, will be READER'S VESPERS.

Fr. Symeon will be attending the Diocesan Fall Gathering and our other clergy will be away, also.

COLLEGE/YOUNG ADULT DINNER NEXT SUNDAY

Scott and Terri Speier are hosting a dinner next Sunday, October 13, at 5:00 p.m. for all college students/young adults. If you need the address/more info, see Terri or Fr. Symeon.

OKTOBERFEST FAMILY NIGHT THIS THURSDAY, OCT. 10th

JOIN US FOR AN EVENING OF FELLOWSHIP this Thursday evening. Vespers will start at 5:00 p.m. (instead of 5:30 p.m.) and then we will convene on the patio for an OKTOBERFEST-themed dinner. The teens will meet in the Youth and Education Room after dinner, the children will rehearse a play for our St. Nicholas celebration, and the adults will hang out and visit, and maybe have a “surprise” presentation!

THE NEXT MEN'S FELLOWSHIP FIRESIDE GATHERING will be on Thursday, October 17th at 7:00 p.m. at the residence of Jason and Melissa Wayne.

FALL 2024 ADULT CATECHISM CLASSES

On Saturdays from 3-5 p.m.

Schedule

October 19 - Session 3

“The Realm of Redemption: The Church and Its Sacraments”

November 2 - Session 4

“Seeing and Living in the Beauty, Truth and Wisdom of God”

November 9 - Session 5

“The Age to Come: The Second Coming, the Saints”

**AUTUMN SCHEDULE
of
WEEKDAY LITURGICAL SERVICES**

Monday/Wednesday/Friday (Fridays with a priest serving)	Daily Matins	7:00 a.m.
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Tuesday/Thursday	Daily Vespers	5:30 p.m.
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Wednesdays	Akathist or Paraklesis	5:30 p.m.
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Fridays from 9/27-12/20 (except 10/25 & 11/29)	Divine Liturgy	8:30 a.m.
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**WE WILL ALSO CELEBRATE DIVINE LITURGIES
ON THE FOLLOWING DAYS:**

- Fri., Oct 18 8:30 a.m. for Apostle and Evangelist Luke
- Sat., Nov. 2 9:00 a.m. for St. Raphael of Brooklyn
- Sat., Nov 9 9:00 a.m. for Nektarios the Wonderworker
- Wed., Nov 13 7:30 a.m. for St. John Chrysostom
- Fri., Nov 22 8:30 a.m. for St. Iakovos of Evia
- Mon., Dec 2 7:30 a.m. for St. Porphyrios of Athos
- Fri., Dec 20 7:30 a.m. for St. Ignatius/St. John of Kronstadt

OTHER DATES TO KEEP IN MIND:

Thursday, October 10th	October Fest Family Night 5:30 p.m.
Saturday, October 12	Diocesan Fall Gathering in Irvine
Wednesday, November 20	Feast of the Presentation of the Theotokos 5:30pm Matins/6:30 Liturgy
Wednesday, November 27	6:00 p.m. Akathist of Thanksgiving
Thursday, November 28	9:00 a.m. Divine Liturgy (Thanksgiving)
Thursday, December 5	6:00 p.m. Vespers for St. Nicholas

CELEBRATIONS THIS WEEK

Wedding Anniversaries

10/07 Benny & Michelle Madrigal
10/08 Phillip & Natalya Kawahara
10/10 Garrett & Elleney Gish

Birthdays

10/6 Holden Dillon, Todd Easbey
10/9 Jennifer Speier, Jason Wallace
10/10 Michiel de Bruin
10/11 Gage Salinas
10/12 Kaleigh Flores

Patronal Feast Days

10/6 **Apostle Thomas** Adam Carralejo, Craig Speier
10/11 **St. Kenneth of Aghaboe** Ken Gomez
10/12 **St. Martin of Tours** Bob Gundersen, Brody Hansen



Sowing seeds of faith, watering them with love and patience...

Sowing Seeds is a monthly outreach of Ancient Faith Ministries created to connect Orthodox Christian families with pan-Orthodox resources from all across the English-speaking world that support parents and children at every age and every stage, from birth to college.

VIEW THE 1st EDITION & SIGN UP TO RECEIVE THE NEWLETTER:
<https://mailchi.mp/ancientfaith/sowing-seeds-newsletter-signup>

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Abp. Benjamin
Fr. Mathias in Tanzania (OCMC)
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Fr. Turbo & St. Mary parish
Fr. Paul and St. Moses parish
Greg & Margaret Y.
Hoppe Family in Albania (OCMC)
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Temmo K.
Sarah B..
Dn. John & Fay Y.
Samantha & Chris N. & Family
Wade
Amanda Catherine
Penny B.
Kh. Peggy K.
Amanda, Chris & Baby James
Benny & Michelle M.
Chala Family
Kh. Janet Henderson
Stephanie Maly
Nikolov Family
Michael
Audrey D.
Eric J.
Jason T.
Michael J.
Bruce
Monica
Jake

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

OUR CATECHUMENS:

Karti Adimulam
Kevin Duke
Greg & Miki Hammel
Isaak Lau
Matthew, Ashley and Ryan McCauley
Brennan Pawley
Logan Strait
Ethan Salcedo

For repose of the souls of: Theophilus, Maria, Elizabeth Eleana

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of our building. The tables and two enclosed cabinets contain items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. **You can contact Terri at: bookstore@stathanasius.org.**

Payment should be made at time of purchase and placed in the brown lockbox on wall next to Fr. Symeon's office. Make checks payable to **S.A.O.C. Bookstore**.

The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

CALENDAR FOR THE WEEK

Sunday, October 6

9:00 a.m. Matins
 9:00 a.m. Catechesis for children 3 yrs-6th grade
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Religious Education
 11:45 a.m. Agape Meal

Monday, October 7

7:00 a.m. Daily Reader's Matins
 4:00 p.m. St. Xenia Prayer Ministry by Zoom

Tuesday, October 8

5:30 p.m. Daily Vespers

Wednesday, October 9—ST. TIKHON

7:00 a.m. Daily Reader's Matins
 12:00 p.m. St. Xenia Prayer Ministry at the church
 5:30 p.m. Akathist

Thursday, October 10

7:45 a.m. St. Xenia Prayer Ministry by Zoom
 10:00 a.m. Showers of Blessing
 5:00 p.m. Daily Vespers
 5:30 p.m. Family Night Ocktoberfest

Friday, October 11

7:00 a.m. Daily Matins
 8:30 a.m. Divine Liturgy

Saturday, October 12

DIOCESAN FALL GATHERING in IRVINE

5:30 p.m. READER'S VESPERS

Sunday, October 13

9:00 a.m. Matins
 9:00 a.m. Catechesis for children 3 yrs-6th grade
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Religious Education
 11:45 a.m. Agape Meal
 5:00 p.m. Young Adult dinner at S. & Terri Speier's

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

October 6 Meyer
 October 13 Dillon
 October 20 Morrison
 October 27 Fr. Nicholas

READERS

October 6 Gish
 October 12 Alexander
 October 13 Lange
 October 20 Meyer
 October 27 Butler

GREETERS

October 6 K.P. King
 October 13 M. Loulias
 October 20 L. Baker
 October 27 H. Lange

USHERS

October 6 P. King/J. King
 October 13 C. Speier/S. Speier
 October 20 D. Meyer/D. Washburn
 October 27 M. Loulias/D. Alexander

AGAPE MEAL HOSTS

October 6 Team Lander
 October 13 Team Kawahara
 October 20 Team Gish
 October 27 Team Speier

SAINT BARBARA LADIES PHILOPTOCHOS SOCIETY
OF SAINT BARBARA GREEK ORTHODOX CHURCH



**HOLIDAY
GIFT
BOUTIQUE**

**HOLIDAY ITEMS • GIFTS
ANTIQUES • RARE FINDS
AND MORE!**

**SATURDAY, NOVEMBER 16, 2024
10AM - 4PM**

1205 SAN ANTONIO CREEK RD.

**PERFORMANCES BY:
THE HOLLYBERRYS,
CHORAL QUARTET**

&

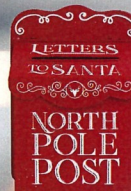
**GEORGE MAMALAKIS,
JAZZ PIANIST**

**WINE TASTING
FROM 12PM - 3PM
COMPLIMENTS OF**

**SANTA BARBARA
WINERY**

**SPECIALTY
BAKED
GOODS!**

**THE NORTH POLE EXPRESS
MAIL DROP-OFF
FOR LETTERS TO SANTA.
(PARENTS: PLEASE INCLUDE A
SELF-ADDRESSED AND STAMPED
ENVELOPE FOR LETTER RETURNS.)**



PROCEEDS TO BENEFIT LOCAL & NATIONAL PHILOPTOCHOS CHOSEN CHARITIES