



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

Fr. John Carrillo (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Dominic Dopico, Chair

Kristin King, Vice Chair

Dan Braun, Treasurer

Velislava Nikolov, Secretary

Asia Ballew

Sydney Hedges

Michael Loulias

Cheryl Washburn-Lander

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

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Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Activities Coordinators

Athanasia Ballew

asiaballew@proton.me

Zac Wood

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DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, May 4, 2025

Tone 2 / Eothinon 4

**Sunday of the Myrrh-Bearing Women,
Pious Joseph of Arimathea
& Righteous Nicodemus**



WELCOME TO OUR VISITORS!

We are glad you are with us this morning
to join our worship of the Father, Son & Holy Spirit!
Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion:

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion and censes the west side of the Altar Table.

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(Once)**

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

**Refrain: O Son of God, Who rose from the dead,
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nation! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit; now and ever and unto ages of ages. Amen.

Only begotten Son...

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain: Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit; now and ever and unto ages of ages. Amen. [Refrain]

LITTLE ENTRANCE

**In the gathering places bless ye God the Lord from the Springs of Israel.
O Son of God Who Rose from the dead, save us who sing to Thee, Alleluia!**

Troparion of the Resurrection

Tone 2

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow'r,
and when Thou didst raise the dead from beneath the earth,
all the pow'rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, glory to Thee.

Troparion of Joseph of Arimathea**Tone 2**

The noble Joseph,
when he had taken down Your most pure Body from the Tree,
wrapped it in fine linen and anointed it with spices,
and placed it in a new tomb.
But You rose on the third day, O Lord, //
granting the world great mercy.

Troparion of the Myrrh-bearing Women**Tone 2**

The angel came to the myrrhbearing women at the tomb and said:
Myrrh is fitting for the dead;
But Christ has shown Himself a stranger to corruption!
So proclaim: The Lord is risen,
Granting the world great mercy.

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
That He may grant us abundant mercy.

Kontakion for Pascha**Tone 8**

Thou didst descend into the tomb O Immortal. Thou didst destroy the pow'r of death. In victory Thou didst arise, O Christ God, proclaiming rejoice to the myrrh-bearing women, granting peace to Thine apostles, and bestowing resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 2**

The Lord is my strength and my song. He has become my salvation.

Verse. The Lord has chastened me severely but He has not given
me over to death.

THE EPISTLE READING

Acts 6:1-7

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the Twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolas, a proselyte of Antioch. These they set before the Apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Alleluia before the Gospel

Tone 2

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: May the Lord hear you in the day of trouble!
May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

GOSPEL READING

Mark 15:43-16:8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Jesus saw where he was laid.

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back -- it was very large.

And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell his disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine, O New Jerusalem! The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the resurrection of your Son, of your Son!

Communion of the Clergy

Receive the body of Christ. Taste the fountain of immortality.

Communion of the Faithful

Receive the body of Christ. Taste the fountain of immortality. Alleluia! Alleluia! Alleluia!

Instead of “We have seen the true light,” sing “Christ is Risen” ONCE.

Holy Communion

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer, fasting, and a recent Sacramental Confession.

Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, “*Father, bless.*” After this you may take a piece of antidoron (blessed bread) offered in the bowls.

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

WEEKDAY SERVICES at ST. ATHANASIUS

We are back into our regular weekday service rhythm.

We have resumed Wednesday evening Paraklesis or Akathist at 5:30 p.m.,
whenever we do not have a Wednesday festal service.

Monday/Wednesday/Friday — Daily Matins at 7:00 a.m.

Tuesday/Thursday — Daily Vespers at 5:30 p.m.

Wednesdays — Paraklesis or Akathist at 5:30 p.m. (See the parish calendar.)

ALSO, PLEASE NOTE THESE UPCOMING FESTAL SERVICES:

Wednesday, May 14 at 9:00 a.m. — Liturgy for Feast of Mid-Pentecost

Wednesday, May 28 at 5:30 p.m. — Vespers & Liturgy for Feast of Ascension

ANNOUNCEMENTS

Check out all of the wonderful photos of PASCHA on our parish website. Many thanks to Nataliya Tinyayeva for her untiring work as our parish photographer. <https://www.stathanasius.org/media/photo-gallery/>

THE YOUNG ADULT FELLOWSHIP will gather today at 5pm for a barbecue and bonfire at the Paul Carr residence. Questions? See Zac Wood or Asia Ballew.

CHANGE IN DAILY TRISAGION PRAYERS:

1. From Pascha until Pentecost, do not say, "O Heavenly King..."
2. From Pascha until Ascension, replace "Holy God, Holy Mighty..." with "Christ is risen from the dead, trampling down death by death, and upon those in tombs bestowing life."

SUMMER SCHOOL SUPPORT

Please consider helping us to keep the cost of our two-week Summer School program affordable for our families. A donation of any size will help us to cover supplies and bus rental for our field trip on the last day. Checks should be made to St. Athanasius Orthodox Church with a memo that says "Summer School."

CELEBRATIONS THIS WEEK

Wedding Anniversaries

5/07 Michael & Margaret Easbey

Birthdays

5/4 Karti Adimulam, Cameron Bobro

5/8 Jane Meyer

5/9 Oliver Landaros

Patronal Feast Days

5/4 St. Monica, Mother of Augustine Amber Brunner, Monica Carralejo, Monica Finley

5/5 St. Irene of Thessalonica Karen Jacobs

5/6 Righteous Job the Longsuffering Adam English

5/8 St. John the Theologian/Evangelist Johnny Heiduk

5/9 St. Christopher of Lycia Chris Robinson

PARISH COUNCIL ELECTIONS

will be on Sunday, June 11, 2025

Nominations closed on April 30th. The nominations will be reviewed by a Nominating Committee and the selected candidates will be submitted to the parish for a vote. We will elect two Council members, and Fr. Symeon can also appoint one member.

Dominic Dopico and Michael Loulias will be at the end of their 3-year terms on August 31, 2025.

Remaining on the Parish Council are: Kristin King, Dan Braun, Velislava Nikolov, Asia Ballew, Sydney Hedges and Cheryl Washburn-Lander.

FINANCIAL UPDATE

March 2025

	<u>Actual Income</u>	<u>Budget Goal</u>
Tithes received in March	\$ 47,947	\$56,293 (includes \$20,555 for mortgage)
March Temple donations	\$ 4,965	
Temple Fund Balance year-to-date:	\$ 975,989	
Temple Reserve Fund (Emergency Fund)	\$105,583	
Total expenses March 2025		\$65,376
Total income March 2025		<u>\$59,178</u>
DEFICIT for March		\$ 6,198
DEFICIT for the first 3 months:		\$21,729

SAVE THE DATES!

St. Athanasius Summer School

for children who have just completed K-6 grades

June 16-27, 2025

**Registration forms and details
are available in the hallway of the church and
on the parish website at:**

<https://www.stathanasius.org/ministries/youth-education/summer-school/>

**Scholarships are available through the Pastor's Fund.
Speak with Fr. Symeon if your family would like to request assistance.**

**Please consider helping us to keep the cost
affordable for our families
by supporting**

St. Athanasius' two-week Summer School Program.

**A donation of any size will help us to cover supplies and
bus rental for our field trip on the last day.**

**Checks should be made to St. Athanasius Orthodox Church
with a memo that says "Summer School."**

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Abp. Benjamin
Fr. Gabriel in Kenya (OCMC)
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Fr. Turbo & St. Mary parish
Fr. Paul and St. Moses parish
Hieromonk Siloan
Greg & Margaret Y.
Hoppe Family in Albania (OCMC)
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew & Christina
Steve T.
Temmo K.
Dn. John & Fay Y.
Samantha & Chris N. & Family
Wade
Kh. Peggy K.
Amanda, Chris & Baby James
Kh. Janet Henderson
Phyllis M.
Marta C.
Sonia T.
Jon R.
Penny B.
Eden Rose
Suzanne S.
Jen H.
Randall B.
Michael
Fr. Joseph A.
Jim M.
Gayla
Cameron B.

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

OUR CATECHUMENS:

Cameron Crouse
Ethan Salcedo
Logan Strait
Tyler Vrem
Joshua Weiss

For repose of the souls of: Wade V., Dn. George, Kh. Christina O., Fr. David O.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of our building. The tables and two enclosed cabinets contain items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. **You can contact Terri at: bookstore@stathanasius.org.**

Payment should be made at time of purchase and placed in the brown lockbox on wall next to Fr. Symeon's office. Make checks payable to **S.A.O.C. Bookstore**.

The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

CALENDAR FOR THE WEEK

Sunday, May 4—Sunday of the Myrrhbearers

9:00 a.m. Matins & Catechesis for ages 3yrs-6th grade
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Education (Bible Bowl Study)
 11:45 a.m. Agape Meal
 5:00 p.m. Young Adult BBQ & Bonfire

Monday, May 5

7:00 a.m. Paschal Reader's Matins
 3:00 p.m. St. Xenia Prayer Ministry by Zoom
 (Akathist for St. Nikiforos)

Tuesday, May 6

5:30 p.m. Daily Vespers

Wednesday, May 7

7:00 a.m. Paschal Reader's Matins
 11:50 a.m. St. Xenia Prayer Ministry
 5:30 p.m. Paraklesis (out in the field by the cross)

Thursday, May 8—St. John the Apostle & Theologian

7:45 a.m. St. Xenia Prayer Ministry by Zoom
 10:00 a.m. Showers of Blessing
 5:30 p.m. Daily Vespers
 6:30 p.m. Youth Group

Friday, May 9

7:00 a.m. Paschal Daily Matins

Saturday, May 10

5:30 p.m. Great Vespers/Confessions

Sunday, May 11—Sunday of the Paralytic

HAPPY MOTHER'S DAY!

9:00 a.m. Matins & Catechesis for ages 3yrs-6th grade
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Education (Bible Bowl Study)
 11:45 a.m. Agape Meal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCHARIST BREAD

May 4	Meyer
May 11	Morrison
May 18	Fr. Nicholas
May 25	Dillon

READERS

May 4	Alexander
May 11	Meyer
May 14	Kern (Mid-Pentecost)
May 18	Gish
May 25	Lange

GREETERS

May 4	K.P. King/L. Baker
May 11	K.L. King/M. Wayne
May 18	A.G. Butler/C. Clements
May 25	M. Loulias, H. Lange

USHERS

May 4	P. King/J. King
May 11	K.L. King/D. Meyer
May 18	C. Speier/S. Speier
May 25	

AGAPE MEAL HOSTS

May 4	Team Wayne
May 11	MEN'S FELLOWSHIP for Mother's Day
May 18	Team Alexander/Hedges
May 25	MEMORIAL DAY POTLUCK



WHERE IS DN. SCOTT JACOBS?

He is cycling across the United States!

WEEK 2

April 28-May 4, 2025

The week started with our first layover day in Pittsburgh, a city that has remade itself from the old steelmaking days into a place with great character and night-life.

After leaving Pittsburgh, we headed west through a sliver of West Virginia and then into Ohio. Our legs were tested a bit as we rode through the rolling hills of southeastern Ohio, a rural region known for coal mining. The charm of the rolling farmland across this region was a pleasant view of rural America.

Christ is risen!

Dn. Scott

